To the extent these required bylaws conflict with applicable law, applicable law prevails. REOUIRED LSC BYLAWS

ARTICLE 1 NAME, OBJECTIVES, TERRITORY AND JURISDICTION

- 1.1 NAME The name of the corporation shall be Adirondack Swimming, Inc. (ADSI).
- 1.2 OBJECTIVES The objectives and primary purpose of ADSI shall be the education, instruction and training of individuals to develop and improve their capabilities in the sport of swimming. ADSI shall promote swimming for the benefit of swimmers of all ages and abilities, in accordance with the standards, rules, regulations, policies and procedures of FINA, USA Swimming, and ADSI and its Certificate of Incorporation.
- 1.3 GEOGRAPHIC TERRITORY The geographic territory of ADSI is as set forth in Article 603 of the USA Swimming Rules and Regulations.
- 1.4 JURISDICTION ADSI shall have jurisdiction over the sport of swimming as delegated to it as a Local Swimming Committee by USA Swimming to conduct swimming programs consistent with ADSI's objectives and those of USA Swimming and to sanction, approve, observe and oversee competitive swimming events within the Territory and to conduct competitive swimming events within the Territory, its Region and its Zone (as those terms are defined in Part Six of the USA Swimming Rules and Regulations). ADSI shall discharge faithfully its duties and obligations as a Local Swimming Committee of USA Swimming in accordance with these Bylaws, the USA Swimming Rules and Regulations and all applicable policies and procedures.
- 1.5 COMPLIANCE WITH USA SWIMMING AGREEMENTS ADSI shall comply with all agreements between ADSI and USA Swimming.

ARTICLE 2

MEMBERSHIP

- 2.1 MEMBERS The membership of ADSI shall consist of the clubs, organizations and individuals who have registered with ADSI as set forth in the USA Swimming Corporate Bylaws, including the optional categories of seasonal athlete membership, seasonal club membership and flex membership.
 - MEMBERS A Member's status is subject to the Member's continued satisfaction of the criteria for membership and compliance with the Member's responsibilities under these Bylaws, the USA Swimming Corporate Bylaws, the rules, regulations, policies, procedures and code of conduct of ADSI and USA Swimming.
 - .2 MEMBERSHIP A PRIVILEGE NOT A RIGHT Membership in ADSI and USA Swimming is a privilege and shall not be interpreted as a right. Membership may be terminated by the National Board of Review, or the U.S. Center for SafeSport in accordance with the National Board of Review procedures, pursuant to Policy 26.0 of the USA Swimming Operating Policy Manual.

2.2 MEMBERS' RESPONSIBILITIES

- .1 COMPLIANCE Each Group and Individual Member shall abide by the codes of conduct and ethics, policies, procedures, rules and regulations adopted by USA Swimming and ADSI, including its obligations and responsibilities set forth in these Bylaws.
- .2 RESPONSIBILITY FOR INFRACTIONS A Group Member or Individual Member, as defined in the USA Swimming Corporate Bylaws, may be held responsible for infractions of the policies, procedures, rules, regulations or codes of conduct or ethics adopted by USA Swimming or ADSI, including its responsibilities as set forth in these Bylaws.

ARTICLE 3

DUES AND FEES

3.1 MEMBERSHIP FEES - Membership fees shall be as established in the USA Swimming Corporate Bylaws. Local fees, as permitted, shall be as established by the ADSI House of Delegates.

3.2 SANCTION, APPROVAL AND OTHER FEES

- .1 SANCTION AND APPROVAL FEES The ADSI Board of Directors shall establish reasonable fees, procedures, and documentation required of an applicant for a sanction or approval for, or observation of, a swimming competition to be conducted within the Territory.
- .2 SERVICE CHARGES In addition to, or in place of, a sanction or approval fee, the ADSI Board of Directors may establish a reasonable service charge consistent with the nature of the event.
- .3 PAYMENT Each applicant for a sanction, approval or observation shall submit with its application the fees and any service charges specified by ADSI. If any of the sanction or approval fees or service charges are due at a time following the submission for sanction or approval, the applicant shall promptly pay those fees or service charges to ADSI when due in accordance with ADSI's fee schedule.
- .4 FINES The ADSI Board of Directors may establish fines for noncompliance with policies adopted by the ADSI House of Delegates and/or the Board of Directors.
- 3.3 FAILURE TO PAY Membership rights may be suspended in accordance with the USA Swimming Corporate Bylaws (Delinquent Dues and Fees).

ARTICLE 4

HOUSE OF DELEGATES

- 4.1 MEMBERS The House of Delegates of ADSI shall consist of the Group Member Representatives, the Board of Directors Members, certain committee chairs, the Non-Athlete At-Large House Members, and a sufficient number of Athlete At-Large House Members appointed.
 - .1 GROUP MEMBER REPRESENTATIVES Each Group Member in good standing shall appoint from its membership two Group Member Representatives. The appointment shall be in writing, addressed to the Secretary of ADSI and duly certified by the chief executive officer or secretary of the appointing Group Member. The appointing Group Member may withdraw one or more of its Group Member Representatives or one or more of its alternates and substitute a new Group Member Representatives or new alternates by written notice, addressed to the Secretary of ADSI and signed by the chief executive officer or secretary of the appointing Group Member. The representatives of any Group Member are required to be Individual Members of USA Swimming.
 - .2 BOARD OF DIRECTORS Board of Director Members as designated in Section 5. Ex-officio members of the Board of Directors, as well as those Members expressly prohibited from serving as voting members of the Board of Directors by 5.4.2, shall have voice but not vote in the House of Delegates unless appointed Non-Athlete At-Large House Members by the General Chair.
 - .3 NON-ATHLETE AT-LARGE HOUSE MEMBERS Up to five (5) non-athlete members of the House of Delegates may be appointed as At-Large House Members by the General Chair with the advice and consent of the Board of Directors. At-Large House Members shall hold office from the date of appointment through the conclusion of the annual meeting of the House of Delegates following such appointment or until their successors are appointed to the House of Delegates.
 - .4 ATHLETE AT-LARGE HOUSE MEMBERS A sufficient number of athletes to ensure that Athlete Representatives constitute at least 20% of the voting membership of the House of Delegates shall be appointed by the General Chair with advice and consent of the Board of Directors and shall hold office from the date of appointment through the conclusion of the annual meeting of the House of Delegates following such appointment or until their successors are appointed to the House of Delegates.
 - .5 OTHER MEMBERS The Chair of the Governance Committee shall serve as a member of the House of Delegates.
- 4.2 ELIGIBILITY Only Individual Members in good standing shall be eligible to be elected or appointed as at-large

- members of the House of Delegates.
- 4.3 DOUBLE VOTE PROHIBITED An Individual Member entitled to vote in House of Delegates meetings may only have one vote regardless of the number of positions held by such member.
- 4.4 VOICE AND VOTING RIGHTS OF MEMBERS The voice and voting rights of members of the House of Delegates and of individuals shall be as follows:
 - .1 GROUP MEMBER REPRESENTATIVES, BOARD MEMBERS, AT-LARGE HOUSE MEMBERS Each of the Group Member Representatives, the Board Members, the At-Large House Members shall have both voice and vote in meetings of the House of Delegates.
 - .2 INDIVIDUALS Individuals who are not members of the House of Delegates may attend open meetings of the House of Delegates and its committees and be heard at the discretion of the presiding officer.
- 4.5 DUTIES AND POWERS The House of Delegates shall oversee the establishment of policies, procedures and programs. In addition to the duties and powers prescribed in the USA Swimming Rules and Regulations, USA Swimming Corporate Bylaws, or elsewhere in these Bylaws, the House of Delegates shall:
 - .1 Elect the officers listed in Article 6
 - .2 [Intentionally Deleted.]
 - .3 [Intentionally Deleted.]
 - .4 Review, modify and adopt the annual budget of ADSI recommended by the Board of Directors;
 - .5 Call regular and special meetings of the House of Delegates;
 - .6 Ratify or prospectively modify or rescind policy and program established by the Board of Directors, except any action or authorization by the Board of Directors with respect to contracts or upon which any person may have relied shall not be modified or rescinded;
 - .7 Establish joint administrative committees, or undertake joint activities with other sports organizations where deemed helpful or necessary by ADSI;
 - .8 Amend the Bylaws of ADSI in accordance with Section 9.3; and
 - .9 Remove from office any persons elected by the House of Delegates (Board Members or committee chairs or coordinators) who have failed to attend to their official duties or member responsibilities or have done so improperly, or who would be subject to penalty by the National Board of Review for any of the reasons set forth in Article 404 of USA Swimming Rules and Regulations. However, no such individual may be removed without receiving thirty (30) days' written notice by the Secretary or other officer designated by the House of Delegates specifying the alleged deficiency in the performance of the member's responsibilities or specific official duties or other reason and an opportunity to respond in writing within twenty (20) days to such allegations.
- 4.6 ANNUAL AND REGULAR MEETINGS The annual meeting of the House of Delegates of ADSI shall be held in the fall. Regular meetings of the House of Delegates may be held in accordance with a schedule adopted by the Board of Directors.
- 4.7 SPECIAL MEETINGS Special meetings of the House of Delegates may be called by the Board of Directors or the General Chair. Should the Board of Directors or the General Chair fail to call the annual or scheduled regular meetings or should a special meeting be appropriate or helpful, a meeting of the House of Delegates may be called by a petition signed by at least ten (10) group members of the House of Delegates.

- 4.8 MEETING LOCATION AND TIME- Meetings of the House of Delegates may be held at any date, time, and place, including via telecommunication (unless prohibited by state or local laws), as may be fixed in the notice of such meeting. All in-person meetings of the House of Delegates shall take place at a site within the Territory. The House of Delegates or the Board of Directors shall determine the location and time of all meetings of the House of Delegates. All meetings conducted via telecommunications shall include means by which all persons participating in the meeting can hear each other at the same time and which ensures all votes duly cast by voting members are officially recorded.
- 4.9 OPEN MEETINGS/CLOSED SESSIONS House of Delegates meetings shall be open to all members of ADSI. Issues pertaining to personnel, disciplinary action, legal, tax or similar affairs of ADSI shall be deliberated and decided in a closed session which only House of Delegates members may attend. By a majority vote, the House of Delegates may decide to go into closed session on any matter deserving of confidential treatment or of personal concern to any member of the House of Delegates.
- 4.10 QUORUM A quorum of the House of Delegates shall consist of those members present and voting.
- 4.11 VOTING Except as otherwise provided in these Bylaws or the Parliamentary Authority, all motions, orders and other propositions coming before the House of Delegates shall be determined by a majority vote.
- 4.12 PROXY VOTE Voting by proxy in any meeting of the House of Delegates shall not be permitted.

4.13 NOTICES

- .1 TIME Not less than twenty (20) days' written notice shall be given to each member of the House of Delegates for any annual, regular or special meeting of the House of Delegates. See Section 614.1.3 for the various permitted means of notice.
- .2 INFORMATION The notice of a meeting shall contain the time, date and site. For special meetings of the House of Delegates, the expected purpose (which may be general) of the meeting shall be stated. If an expected purpose is the amendment of the Bylaws, a copy of the proposed amendment shall be included in the notice. Failure to have included in the notice any germane amendments subsequently adopted by the House of Delegates at the noticed meeting shall not be the basis for any claim that the amendments as so adopted are invalid.

ARTICLE 5

BOARD OF DIRECTORS

- 5.1 MEMBERS The Board of Directors shall consist of the following officers, committee chairs, coordinators and representatives of ADSI, together with those additional members designated in Sections 5.2 and 5.3:
 - .1 General Chair
 - .2 Administrative Vice-Chair
 - .3 Finance Vice-Chair
 - .4 Coach Representative
 - .5 Athlete Board Representatives (2)
 - .6 Secretary
 - .7 Treasurer
 - .8 Senior Vice-Chair
 - .9 Age Group Vice-Chair
 - .10 Safe Sport Coordinator
 - .11 At-Large Athlete Board Members [as needed]
 - .12 Officials Chair
 - .13 Diversity & Inclusion Coordinator
 - .14 Operational Risk Coordinator
 - .15 Technical Planning Coordinator
 - .16 Registrar
 - .17 Sanctions & Times Coordinator

- 5.2 AT-LARGE BOARD MEMBERS The House of Delegates may specify up to six (6) At-Large positions. Any reduction in the number of At-Large Board Members shall not take effect until the terms of office of the incumbents expire or become vacant. At-Large Board Members will be appointed by the General Chair at the regular meeting of the Board of Directors. Additionally, a sufficient number of Athlete Representatives shall be appointed as At-Large Board Members such that athletes constitute at least twenty percent (20%) of the voting membership of the Board of Directors at any given time (taking into account the Athlete Board Representatives). The Athlete At-Large Board Members shall meet the same requirements as the Athlete Representatives set forth in Section 6.2.1. All At-Large Board Members shall hold office from the date of their appointment through the conclusion of the second annual meeting of the House of Delegates following such appointment, or until their successors are appointed.
- 5.3 EX-OFFICIO MEMBERS - The following persons shall be ex-officio members of the Board of Directors: The immediate past General Chair of ADSI.
- 5.4 LIMITATIONS
 - .1 [Intentionally Deleted.]
 - .2 No employee or paid subcontractor of ADSI may serve as a voting member of the Board of Directors.
- 5.5 VOICE AND VOTING RIGHTS OF BOARD MEMBERS The voice and voting rights of Board Members and individuals shall be as follows:
 - .1 BOARD MEMBERS Each Board Member (other than ex-officio members or those members expressly prohibited from serving as voting members by 5.4.2) shall have both voice and vote in meetings of the Board of Directors and its committees.
 - .2 EX-OFFICIO BOARD MEMBERS The ex-officio members shall have voice but no vote in meetings of the Board of Directors and its committees.
 - .3 GENERAL Anyone may attend open meetings of the Board of Directors and its committees and be heard at the discretion of the presiding officer.
- 5.6 DUTIES AND POWERS The Board of Directors shall act for ADSI and the House of Delegates during the intervals between meetings of the House of Delegates, except that it shall not remove a Board Member, or other person not appointed by the Board of Directors or amend these Bylaws. Any actions taken are subject to the exercise by the House of Delegates of its powers of ratification or prospective modification or rescission. In addition to the powers and duties prescribed in the USA Swimming Rules and Regulations or elsewhere in these Bylaws, the Board of Directors shall have the power and it shall be its duty to:
 - .1 Establish and direct policies, procedures and programs for ADSI;
 - .2 Oversee the conduct by the officers and staff of ADSI of the day-to-day management of the affairs of ADSI;
 - .3 [Intentionally Deleted.]
 - .4 Provide advice and consent to appointments proposed by the General Chair as required under these Bylaws or the ADSI Policies and Procedures;
 - .5 Cause the preparation and presentation to the House of Delegates of the annual budget of ADSI and make a recommendation to the House of Delegates concerning the approval or disapproval thereof;
 - .6 Approve the annual review/audit;
 - .7 Call regular or special meetings of the Board of Directors or the House of Delegates;
 - .8 Retain such independent contractors and employ such persons as the Board shall determine are necessary or

- appropriate to conduct the affairs of ADSI;
- .9 Appoint other officers, agents, or committees or coordinators, to hold office for the terms specified. These appointees shall have the authority and perform the duties as provided in these Bylaws, the ADSI Policies and Procedures or as may be provided in the resolutions appointing them, including any powers of the Board of Directors as may be specified, except as may be inconsistent with any other provision of these Bylaws. To the extent not provided elsewhere in these Bylaws, the Board of Directors may delegate to any officer, agent, or committee or coordinator the power to appoint any such subordinate officers, agents, or committees or coordinators and to prescribe their respective terms of office, authorities and duties; and
- .10 Remove from office any Board Members, committee chairs, or committee members or coordinators of ADSI who were appointed/elected by the Board and who have failed to attend to their official duties or member responsibilities or have done so improperly, or who would be subject to penalty by the National Board of Review for any of the reasons set forth in the National Board of Review procedures, pursuant to Policy 26.0 of the USA Swimming Operating Policy Manual. However, no At-Large Board Member, or committee chair or coordinator may be removed without receiving the thirty (30) days' written notice specifying the alleged deficiency in the performance of the member's responsibilities or specific official duties or other reasons and an opportunity to respond in writing within twenty (20) days to such allegations.
- 5.7 MEETINGS Board of Directors meetings shall be open. Matters relating to personnel, disciplinary action, legal, taxation or similar affairs shall be deliberated and decided in a closed session which only Board Members are entitled to attend. By a majority vote on a motion of a question of privilege, the Board of Directors may decide to go into closed session on any matter deserving of confidential treatment or of personal concern to any member of the Board of Directors.
- 5.8 PARTICIPATION THROUGH COMMUNICATIONS EQUIPMENT Members of the Board of Directors may participate in meetings of the Board of Directors through conference equipment by means of which all persons participating in the meeting can hear each other at the same time. Participation by such means shall constitute presence at a meeting.
- 5.9 REGULAR MEETINGS Regular meetings of the Board of Directors shall be held in accordance with a schedule adopted by the Board of Directors.
- 5.10 SPECIAL MEETINGS Special meetings of the Board of Directors may be called by the General Chair. Should the Board of Directors or the General Chair fail to call regular meetings, or should a special meeting be appropriate or helpful, a meeting of the Board of Directors shall be called at the written request of any three (3) Board Members.
- 5.11 QUORUM A quorum of the Board of Directors shall consist of a majority of the voting members.
- 5.12 VOTING Except as otherwise provided in these Bylaws or the Parliamentary Authority, all motions, orders and other propositions coming before the Board of Directors shall be determined by a majority vote. A motion, order or other proposal the effect of which is to override policy or program established by the House of Delegates shall be determined by a two-thirds vote after at least seven (7) days' written notice.
- 5.13 PROXY VOTE Voting by proxy in any meeting of the Board of Directors shall not be permitted.
- 5.14 ACTION BY WRITTEN CONSENT Any action required or permitted to be taken at any meeting of the Board of Directors may be taken without a meeting if all the Board Members entitled to vote consent to the action in writing and the written consents are filed with the records of the respective meetings. These consents shall be treated for all purposes as votes taken at a meeting.
- 5.15 MAIL/EMAIL VOTE Any action which may be taken at any regular or special meeting of the Board of Directors, except elections, or removals of appointed Board members, committee chairs and members, may be taken without a meeting. If an action is to be taken without a meeting, the Secretary, by first class mail, postage prepaid, or email, shall distribute a ballot to every Board Member entitled to vote on the matter. The ballot shall set forth the proposed action, provide an opportunity to specify approval or disapproval, and provide a reasonable time (but in no event less than the period specified in Section 5.16) within which to return the ballot to the Secretary. Action by ballot shall be valid only

when the number of votes cast in favor of the proposed action within the time period specified constitutes a majority of the votes entitled to be cast.

5.16 NOTICES -

- .1 TIME Not less than six (6) days' written notice shall be given to each Board Member for any annual, regular or special meeting of the Board of Directors. (See Section 614.1.3 for the permitted means of notice.)
- .2 INFORMATION The notice of a meeting shall contain the time, date and site and in the case of special meetings, the expected purpose.

ARTICLE 6 OFFICERS AND DIRECTORS

- 6.1 OFFICERS The officers shall be as listed herein and shall be elected by the House of Delegates at its annual meeting.
 - .1 General Chair
 - .2 Administrative Vice-Chair
 - .3 Finance Vice-Chair
 - .4 Senior Vice-Chair
 - .5 Age Group Vice-Chair
 - .6 Secretary
 - .7 Treasurer (filled by staff and not elected by HOD)

6.2 OTHER DIRECTORS

.1 ATHLETE REPRESENTATIVES

Two (2) Athlete Board Representatives shall be elected, one each year for a two-year term, or until their respective successors are elected. At the time of election, the Athlete Board Representative must (a) be an athlete member in good standing; (b) be at least a sophomore in high school or at least 16 years of age, (c) be currently competing, or have competed within the two (2) immediately preceding years, in a USA Swimming Sanctioned event conducted by ADSI or another LSC; and (d) have his or her place of permanent residence in the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher education). The balloting shall take place via electronic vote and/or at a meeting called for that purpose by the Senior Board Athlete Representative, or failing that, at a time and in a manner designated by the Board of Directors. At least twenty (20) days' written notice of the election shall be given to all clubs. The Athlete Board Representatives elected shall be determined by a plurality of the votes received from voting Group Members (clubs). Each Group Member comprises all athletes aged thirteen (13) years and older and may cast up to three (3) votes, decided in any manner, for the candidate(s) of their choice. Unattached athletes will be represented by a direct vote of each unattached athlete member aged thirteen (13) years and older. Such unattached athletes' votes will be cast proportionately as three votes. In the event of a tie, the outgoing Senior Board Athlete Representative shall have a tie-breaking vote.

.2 COACH REPRESENTATIVE

One (1) Coach Representative shall be elected for a two-year term, or until a successor is elected. The election of the Coach Representative shall be conducted via electronic vote and/or at a meeting called for that purpose by the Coach Representative or the Board of Directors. The Coach Representative elected shall be determined by a plurality of the votes received from voting Group Members (clubs). Each Group Member comprises all Coach Members in good standing and may cast one vote for the candidate of their choice. At least twenty (20) days' written notice of the election shall be given to all clubs. In the event of a tie, the outgoing Coach Representative shall have a tie-breaking vote.

.3 COMMITTEE CHAIRS/COORDINATORS/AT-LARGE BOARD MEMBERS

- A. The following committee chairs/coordinators/at-large Board members shall be elected by the House of Delegates: None
- B. The following committee chairs/coordinators/at-large Board members shall be elected as follows: None
- C. The following committee chairs/coordinators/at-large Board members shall be appointed by the General Chair with advice and consent of the Board of Directors:
 - Technical Planning Coordinator
 - Officials Chair
 - Safe Sport Coordinator
 - Diversity & Inclusion Coordinator
 - Operational Risk Coordinator
 - At-Large Athletes [as needed]
- D. The following committee chairs/coordinators/at-large Board members are filled by staff and shall have voice but no vote:
 - Treasurer
 - Sanctions & Times Coordinator
 - Registrar
- 6.3 ELIGIBILITY Only Individual Members of USA Swimming in good standing shall be eligible to hold office and must maintain their eligibility throughout their term of office.
- 6.4 DOUBLE VOTE PROHIBITED An Individual Member entitled to vote in Board of Directors meetings may only have one vote, regardless of the number of positions held by such Member.
- 6.5 OFFICES SPLIT OR COMBINED -
 - .1 OFFICE HELD BY TWO PERSONS Any office other than General Chair, Finance Vice-Chair and Treasurer, may be held jointly by two Individual Members. Two individuals who are sharing an office shall share one vote.
 - .2 OFFICES COMBINED Any office other than General Chair may be combined with any other office except that the offices of Finance Vice-Chair and Treasurer may not be combined.
- 6.6 TERMS OF OFFICE
 - .1 TERM OF OFFICE The terms of office of all members of the Board of Directors shall be two (2) years.
 - .2 COMMENCEMENT OF TERM Each person elected or appointed to a position shall assume office upon election or appointment and shall serve until a successor is chosen.
 - .3 CONSECUTIVE TERMS LIMITATION Except for the Secretary, no Individual Member who has served two successive terms shall be eligible for re-election or appointment to the same position until a lapse of one term. A portion of any term served to fill a vacancy in the position shall not be considered in the computation of this successive terms limitation.
- 6.7 DUTIES The duties of the officers and other Board Members shall be to attend and participate in all meetings of the House of Delegates and the Board of Directors and as defined in these Bylaws, the ADSI Policies and Procedures, and applicable state laws.
- 6.8 RESIGNATIONS Any officer may resign by submitting a written resignation to the General Chair or the Board of Directors specifying an effective date of the resignation. In the absence of a specified effective date, any such resignation shall take effect upon the appointment or election of a successor.
- 6.9 VACANCIES AND INCAPACITIES -

- .1 OFFICE OF GENERAL CHAIR In the event of a vacancy in the office of General Chair, or of the General Chair's temporary or permanent incapacity, the Administrative Vice-Chair shall become the acting General Chair until an election can be held at the next meeting of the House of Delegates to fill the remaining term, if any, of the former General Chair, or until the General Chair ceases to suffer from any temporary incapacity. While serving as acting General Chair, the Administrative Vice-Chair shall vacate the office of Administrative Vice-Chair, except in the case of the General Chair's temporary incapacity. If the General Chair is to be absent from the Territory, the General Chair may, but is not obligated to, designate the Administrative Vice-Chair as acting General Chair for the duration of the absence.
- .2 OFFICES OF ATHLETE BOARD REPRESENTATIVES OR COACH REPRESENTATIVES OR ANY POSITION ELECTED In the event of a vacancy or of the permanent incapacity of a person holding the office of Athlete Board Representative or Coach Representative, or person who has been elected, the General Chair may appoint, with the advice and consent of the Board of Directors, an eligible member to serve the remainder of the term of office or until the respective body shall elect a successor.
- .3 DETERMINATION OF VACANCY OR INCAPACITY The determination of when an office becomes vacant or an officer becomes incapacitated shall be within the discretion of the Board of Directors or the House of Delegates with the advice and consent of the electing body. The determination as to when the General Chair is temporarily incapacitated shall be made, where the circumstances permit, by the General Chair and otherwise shall be within the discretion of the Board of Directors, subject to any subsequent action by the House of Delegates.
- 6.10 REMOVAL OF DIRECTORS Directors may be removed in accordance with 4.5.9 and 5.6.10 of these Bylaws.

6.11 OFFICERS' POWERS GENERALLY -

- .1 AUTHORITY TO EXECUTE CONTRACTS, ETC. The General Chair, Administrative Vice-Chair and Finance Vice-Chair each may sign and execute in the name of ADSI deeds, mortgages, bonds, contracts, agreements or other instruments duly authorized by the ADSI Policies and Procedures, the Board of Directors or the House of Delegates, except in cases where the signing and execution thereof shall be expressly delegated by the Board of Directors to another officer or agent, expressly requires two or more signatures or is required by law to be otherwise executed. Additional signing authority may be provided by standing resolutions of the Board of Directors or the House of Delegates.
- .2 ADDITIONAL POWERS AND DUTIES Each officer shall have other powers and perform other duties as prescribed in the ADSI Policies and Procedures or by the House of Delegates, the Board of Directors, the General Chair, the respective division chair, the delegating officer, or these Bylaws.
- .3 DELEGATION Officers of ADSI may delegate any portion of their powers or duties to an individual or a committee, except that neither the Finance Vice-Chair nor the Treasurer may delegate duties to the other without the consent of the Board of Directors. In addition, the authority to sign checks, drafts, orders of withdrawal or wire transfers shall not be delegated other than by the Board of Directors. Except as otherwise provided in these Bylaws and with the consent of the Board of Director, any officer may delegate any portion of that officer's powers or duties to the paid staff of ADSI. A delegation of powers or duties shall not relieve the delegating officer of the ultimate responsibility to see that these duties and obligations are properly executed or fulfilled.

6.12 DEPOSITORIES AND BANKING AUTHORITY -

- .1 DEPOSITORIES, ETC. All receipts, income, charges and fees of ADSI shall be deposited to its credit in the banks, trust companies, other depositories or custodians, investment companies or investment management companies as the Board of Directors determines.
- .2 SIGNATURE AUTHORITY All checks, drafts or other orders for the payment or transfer of money, and all notes or other evidences of indebtedness issued in the name of ADSI shall be signed by the General Chair, the Treasurer or other officer or officers or agent or agents of ADSI, and in the manner, as shall be

determined by the Finance Committee or the Board of Directors.

ARTICLE 7 DIVISIONS, COMMITTEES AND COORDINATORS

- 7.1 DIVISIONAL ORGANIZATION AND JURISDICTIONS, STANDING COMMITTEES AND COORDINATORS The divisions of ADSI shall each be chaired as indicted below with respective duties, jurisdiction and responsibilities described in the ADSI Policies and Procedures.
 - .1 ADMINISTRATIVE DIVISION Administrative Vice-Chair
 - .2 AGE GROUP DIVISION Age Group Vice-Chair
 - .3 SENIOR DIVISION Senior Vice-Chair
 - .4 FINANCE DIVISION Finance Vice-Chair
 - .5 ATHLETES DIVISION Senior Athlete Representative
 - .6 COACHES DIVISION Coach Representative
- 7.2 ELECTED, EX OFFICIO AND APPOINTED CHAIRS AND COORDINATORS
 - .1 ELECTED CHAIRS AND COORDINATORS Committee chairs and coordinators who are not Board members, but are elected by the House of Delegates, a committee or division, are as follows: None
 - .2 EX-OFFICIO CHAIR Certain other committee chairs are designated ex-officio by virtue of an office currently held.
 - .3 APPOINTED CHAIRS AND COORDINATORS The chairs of all other committees and all other coordinators shall be appointed by the General Chair with the advice and consent of the Board of Directors and the respective division chair. The appointed committee chair or coordinator shall assume office upon appointment or the date designated by the General Chair and shall serve until a successor is appointed and assumes office.
- 7.3 COMMITTEES In addition to the standing committees listed herein, the Board of Directors and the House of Delegates are each authorized to establish additional committees to meet programming needs. Except as otherwise provided in these Bylaws or the ADSI Policies and Procedures, members of each committee shall be appointed by the General Chair with the advice and consent of the respective division chair and the chair of the committee. Athlete Representatives of each committee shall be appointed by the General Chair with the advice of the Senior Athlete Board Representative. Athlete membership shall constitute at least twenty percent (20%) of the voting membership of every committee. The division chair shall be an ex-officio member, with voice and vote, of each committee within the respective division.

7.4 STANDING COMMITTEES & COORDINATORS

- .1 ATHLETES COMMITTEE
 - A. CHAIR The Senior Athlete Board Representative or his/her designee shall be the chair of the committee.
 - B. MEMBERS The Athletes Committee shall consist of the Athlete Board Representatives and the Athlete At-Large Board members, and include any additional Athlete Representatives.
 - C. DUTIES The Athletes' Committee shall have general charge of the business and affairs of the Athletes of ADSI and shall undertake such activities (a) delegated to it by the Board of Directors or the General Chair or (b) undertaken by the Committee as being in the best interests of the Athlete Members, ADSI, USA Swimming and the sport of swimming.
- .2 FINANCE COMMITTEE
 - A. CHAIR The chair shall be the Finance Vice-Chair.

B. MEMBERS - The members of the Finance Committee shall be the Finance Vice-Chair, the Treasurer, Administrative Vice-Chair, Coach Representative and a sufficient number of Athlete Representatives so as to constitute at least twenty percent (20%) of the voting membership of the Committee.

C. DUTIES -

- (1) To develop, establish where so authorized, or recommend to the Board of Directors, and supervise the execution of policy regarding the investment of ADSI's working capital, funded reserves and endowment funds, within the guidelines, if any, established by the Board of Directors or the House of Delegates. The Finance Committee shall also regularly review ADSI's equipment needs (both operational and office) and the various methods available to finance the acquisition of any needed equipment and make a determination and recommendation of the best financing method.
- (2) To conduct a review or audit or recommend an independent auditor to conduct the required annual review or audit of the books of ADSI. If conducted internally, a minimum of three (3) committee members with a sufficient number of athletes to constitute at least 20% of the voting membership, must conduct the review or audit. The Treasurer cannot be a member of the group performing the audit, but can be present to provide clarification, information and answer questions.
- (3) To submit the review or audit and other reports and make recommendations to the Board of Directors with regard thereto.
- (4) To consult with the officers, committee chairs and coordinators and prepare and present a proposed budget for consideration and approval by the Board of Directors and the House of Delegates. The officers, committee chairs and coordinators shall provide promptly such financial information (current and projected) and budget proposals as the Finance Committee may request. The proposed budget may contain alternatives.
- (5) To complete and submit any state and local reports and filings.

.3 GOVERNANCE COMMITTEE -

A. CHAIR - The chair shall be elected annually by the Governance Committee from among its own members.

B. MEMBERS -

The Governance Committee members shall be appointed by the General Chair with advice and consent of the Board of Directors. The Committee shall be comprised of three (3) nonathlete members and one (1) Athlete Representative. Each non-athlete member shall serve a three-year term, staggered so that one-third (1/3) of such non-athlete members is appointed each year. Athlete member shall serve a one-year term, which can be renewed for up to three years. The term of all Governance Committee members shall commence upon appointment, which will occur at a regularly scheduled meeting of the Board of Directors, and end on the day prior to the appointment of their replacement. No more than one-half (1/2) of the Governance Committee members shall be members of the ADSI Board of Directors at any given time. After completion of two consecutive terms, members are not eligible for re-appointment to the Governance Committee until after a lapse of two years. A portion of any term served to fill a vacancy in the position shall not be considered in the computation of the successive term limitation. In no case shall the General Chair serve on the Governance Committee.

C. QUORUM - When making nominations, a quorum for any meeting of the Governance Committee shall consist of a majority of its voting members. For all other meetings, a quorum shall consist of those members present and voting.

D. DUTIES

- (1) To assist in periodic evaluation of the mission and vision statements and the Bylaws of ADSI;
- (2) To aid in the development of operating policies regarding conflict of interest (Board and staff), document retention, ethics, whistle-blower, procurement, contract review, grievance and other employment-related practices, etc.;
- (3) To aid in the development of personnel practices procedure including job descriptions and annual review of staff;
- (4) To ensure that the Board's focus remains on the strategic plan;
- (5) To aid in the development of expectations and processes for accountability of Board members;

- (6) To develop criteria for the qualities and required characteristics of Board officers;
- (7) To lead Board succession planning by assessing current and anticipated needs for Board composition and identifying and recruiting potential Board members;
- (8) To nominate Board members and other coordinator or chair positions to be elected by the House of Delegates consistent with the matrix of skills, demographics, and talents needed;
- (9) To publish the slate of candidates to the ADSI membership at least twenty (20) days prior to the election. Additional nominations may be made from the floor of the House of Delegates by voting members of the House of Delegates;
- (10) To design and implement Board orientation and an ongoing program of Board education and development; and
- (11) To lead periodic assessment of the Board's performance (as a whole and of individual members) and make recommendations to enhance Board effectiveness.

.4 EXECUTIVE COMMITTEE

- A. AUTHORITY AND POWER The Executive Committee shall have the authority and power to act for the Board of Directors and ADSI between meetings of the Board and the House of Delegates. Limitations to the authority and power of the Executive Committee shall be determined by the Board of Directors and included in the ADSI Policies and Procedures.
- B. MEMBERS The members of the Executive Committee shall be the
 - (1) General Chair, who shall act as chair,
 - (2) Administrative Vice-Chair,
 - (3) Senior Vice-Chair
 - (4) Age Group Vice-Chair
 - (5) Secretary,
 - (6) Finance Vice-Chair,
 - (7) Coach Representative,
 - (8) Senior Athlete Board Representative, and
 - (9) Junior Athlete Board Representative.
- C. MEETINGS AND NOTICE Meetings of the Executive Committee shall be held at any time or place within the Territory when called by the General Chair or any three (3) members of the Committee with a minimum of five (5) days' notice required.
- D. QUORUM A quorum of the Executive Committee shall consist of a majority of the members of the Committee.
- E. REPORT OF ACTION TO BOARD OF DIRECTORS At the next regular or special meeting of the Board of Directors, the Executive Committee shall make a report of its activities since the last Board of Director's meeting for ratification or prospective modification or rescission, provided, however, that any action of the Executive Committee upon which a third party may have relied (e.g., by signing, or authorizing the signing of a contract) may not be modified or rescinded by the Board of Directors or the House of Delegates.
- 7.5 DUTIES OF CHAIRS AND COORDINATORS GENERALLY The duties of the General Chair, the division chairs, committee chairs, and coordinators (in addition to those provided elsewhere in these Bylaws) shall be as follows:
 - .1 Preside at all meetings of the respective division, committee or subcommittee;
 - .2 See that all duties and responsibilities of the coordinator or the respective division, committee or sub-committee in his or her charge are properly and promptly carried out;
 - .3 Appoint such committees or sub-committees as may be necessary to fulfill the duties and responsibilities of the coordinator or division or committee, respectively;

- .4 Communicate with the General Chair, respective division, coordinator, committee or subcommittee members and the Secretary to keep them fully informed;
- .5 Appoint a member as secretary of the committee or subcommittee charged with taking minutes of each meeting and forward reports or minutes of all meetings to the Secretary; and
- .6 Perform the other specific duties listed in ADSI's Policies and Procedures or as may be delegated by the General Chair, the respective division chair or committee chair, the Board of Directors or the House of Delegates.
- 7.6 DUTIES OF COMMITTEES GENERALLY Except as otherwise provided in these Bylaws, the duties of the committees shall be prescribed by the ADSI Policies and Procedures.
- 7.7 REGULAR AND SPECIAL MEETINGS Regular and special meetings of committees or sub-committees of ADSI shall be held as determined by the respective Vice-chairs or committee or sub-committee chair.
- 7.8 OPEN MEETING/CLOSED SESSIONS Meetings of committees and sub-committees, other than a Personnel Committee meeting, shall be open to all members of ADSI. Matters relating to personnel, disciplinary action, legal, taxation and similar affairs shall be deliberated and decided in a closed session which only the respective members are entitled to attend. By a majority vote, a committee or sub-committee may decide to go into closed session on any matter deserving of confidential treatment or of personal concern to any member of the committee or sub-committee.
- 7.9 VOICE AND VOTING RIGHTS OF COMMITTEE MEMBERS Each Committee member shall have both voice and vote in their respective meetings.
- 7.10 ACTION BY WRITTEN CONSENT Any action required or permitted to be taken at any meeting of a committee may be taken without a meeting if all the committee members entitled to vote consent to the action in writing and the written consents are filed with the records of the meetings. These consents shall be treated for all purposes as a vote taken at a meeting.
- 7.11 PARTICIPATION THROUGH COMMUNICATIONS EQUIPMENT Members of any committee may participate in a meeting of the committee or through conference equipment by means of which all persons participating in the meeting can hear each other at the same time. Participation by such means shall constitute presence at a meeting.
- 7.12 QUORUM Except as otherwise provided in these Bylaws or in the resolution or other action establishing a committee, a quorum of any committee shall consist of those members present.
- 7.13 VOTING Except as otherwise provided in these Bylaws or the Parliamentary Authority, all motions, orders and other propositions coming before a committee shall be determined by a majority vote.
- 7.14 PROXY VOTE Voting by proxy in any meeting of a committee shall not be permitted.

7.15 NOTICES

- .1 TIME Except as otherwise provided in these Bylaws or the resolution or other action establishing a committee, not less than five (5) days' written notice shall be given for any meeting of a committee.
- .2 INFORMATION The notice of a meeting shall contain the time, date, and site.
- 7.16 RESIGNATIONS Any committee chair or member or coordinator may resign by submitting a written resignation to the General Chair or the Board of Directors specifying an effective date of the resignation. If such date is not specified, the resignation shall take effect upon the appointment of a successor.
- 7.17 VACANCIES The determination of when the position of an appointed committee chair, committee member or a coordinator becomes vacant or the person becomes incapacitated, if not made by the person, shall be within the discretion of the Board of Directors. In the event of a vacancy or permanent incapacity, the General Chair, with the advice and consent of the Board of Directors and the respective division chair, shall appoint a successor to serve until

the conclusion of the incumbent's term. A temporary incapacity may be left unfilled at the discretion of the General Chair or an appointment may be made for the duration of the temporary incapacity.

- 7.18 DELEGATION With the consent of the Board of Directors or the respective division chair, a committee chair or a coordinator may delegate a portion of their powers or duties to another officer of ADSI, or to another committee, subcommittee, or coordinator, or with the consent of the Board of Directors, to the paid staff of ADSI. Notwithstanding any delegation, the ultimate responsibility for the delegated duties and obligations shall remain with the delegator.
- 7.19 APPLICATION TO COMMITTEES Sections 7.5 through 7.18 shall apply to all committees, unless otherwise provided in these Bylaws, in the resolution creating the committee or in the ADSI Policies and Procedures.

ARTICLE 8 ANNUAL AUDIT, REPORTS AND REMITTANCES

ADSI shall submit any reports and remittances required by the USA Swimming Corporate Bylaws, by the USA Swimming Board of Directors, the President/CEO of USA Swimming or by any agreement between ADSI and USA Swimming. Reports required to be submitted to USA Swimming by ADSI include annual financial and federal tax reports and the annual audit or review.

ARTICLE 9 ORGANIZATION, AMENDMENT OF BYLAWS AND DISSOLUTION

- 9.1 NON-PROFIT AND CHARITABLE PURPOSES -- ADSI is organized exclusively for charitable and educational purposes and for the purpose of fostering national or international amateur sports competition within the meaning of section 501(c)(3) of the IRS Code. Notwithstanding any other provision of these Bylaws, ADSI shall not, except to an insubstantial degree, (1) engage in any activities or exercise any powers that are not in furtherance of the purposes and objectives of ADSI or (2) engage in any activities not permitted to be carried on by: (A) a corporation exempt from federal income tax under such section 501(c)(3) of the IRS Code or (B) a corporation to which contributions, gifts and bequests are deductible under sections 170(c)(2), 2055(a)(2) and 2522(a)(2) of the IRS Code.
- 9.2 DEDICATION OF ASSETS, ETC. The revenues, properties and assets of ADSI are irrevocably dedicated to the purposes set forth in Sections 1.2 and 9.1 of these Bylaws. No part of the net earnings, properties or assets of ADSI shall inure to the benefit of any private person or any member, officer or director of ADSI.
- 9.3 AMENDMENTS Any provision of these Bylaws not mandated by USA Swimming may be amended at any meeting of the ADSI House of Delegates by a two-thirds (2/3) vote of the members present and voting. Amendments so approved shall not take effect until reviewed and approved by the USA Swimming Rules and Regulations Committee. Changes to Required LSC Bylaws shall be effective on the date established in the amending USA Swimming legislation.
- 9.4 DISSOLUTION ADSI may be dissolved only upon a two-thirds (2/3) vote of all the voting members of the House of Delegates. Upon dissolution, the net assets of ADSI shall not inure to the benefit of any private individual, unincorporated organization or corporation, including any member, officer or director of ADSI, but shall be distributed to USA Swimming, to be used exclusively for educational or charitable purposes. If USA Swimming, is not then in existence, or is not then a corporation which is exempt under section 501(c)(3) of the IRS Code and to which contributions, bequests and gifts are deductible under sections 170(c)(2), 2055(a)(2) and 2522(a)(2) of the IRS Code, the net assets of ADSI shall be distributed to a corporation or other organization meeting those criteria and designated by the House of Delegates at the time of dissolution, to be used exclusively for educational or charitable purposes.

ARTICLE 10 INDEMNIFICATION

10.1 INDEMNITY - ADSI shall indemnify, protect and defend, in the manner and to the full extent permitted by law, any Indemnified Person in respect of any threatened, pending or completed action, suit or proceeding, whether or not by or in the right of ADSI, and whether civil, criminal, administrative, investigative or otherwise, by reason of the fact that the Indemnified Person bears or bore one or more of the relationships to ADSI specified in Section 610.3 and was acting or failing to act in one or more of those capacities or reasonably believed that to be the case. Where specifically required by law, this indemnification shall be made only as authorized in the specific case upon a determination, in the

manner provided by law, that indemnification of the Indemnified Person is proper in the circumstances. ADSI may, to the full extent permitted by law, purchase additional insurance to that provided by USA Swimming, and maintain insurance on behalf of any Indemnified Person against any liability that could be asserted against the Indemnified Person.

- 10.2 EXCLUSION The indemnification provided by this Article 610, shall not apply to any Indemnified Party whose otherwise indemnified conduct is finally determined to have been in bad faith, self-dealing, gross negligence, wanton and willful disregard of applicable laws, rules and regulations, of the USA Swimming Rules and Regulations, of the USA Swimming Code of Conduct or these Bylaws or who is convicted of a crime (including felony, misdemeanor and lesser crimes) involving sexual misconduct, child abuse, violation of a law specifically designed to protect minors or similar offenses, or who is found by the National Board of Review, or the U.S. Center for SafeSport to have committed actions which would be the basis for such a conviction and, in each case, the otherwise indemnifiable conduct (or failure to act) was, or was directly related to, the predicate acts of the conviction or finding.
- 10.3 INDEMNIFIED PERSONS As used in this Article 610, "Indemnified Person" shall mean any person who is or was a Board Member, Group Member Representative, officer, official, coach, committee chair or member, coordinator, volunteer, employee or agent of ADSI, or is or was serving at the direct request of ADSI as a director, officer, Group Member Representative, meet director, official, coach, committee chair or member, coordinator, volunteer, employee or agent of another person or entity involved with the sport of swimming.
- EXTENT OF INDEMNITY To the full extent permitted by law, the indemnification provided in this Article shall include expenses (including attorneys' fees, disbursements and expenses), judgments, fines, penalties and amounts paid in settlement, and, except as limited by applicable laws, these expenses shall be paid by ADSI in advance of the final disposition of such action, suit or proceeding. If doubt exists as to the applicability of an exclusion to ADSI's obligation to indemnify, ADSI may require an undertaking from the Indemnified Person obliging him to repay such sums if it is subsequently determined that an exclusion is applicable. In the case of any person engaged in the sport of swimming for compensation or other gain, if ADSI determines that there is reasonable doubt as to such person's ability to make any repayment, ADSI shall not be obligated to make any payments in advance of the final determination. This indemnification shall not be deemed to limit the right of ADSI to indemnify any other person for any such expenses to the full extent permitted by law, nor shall it be deemed exclusive of any other rights to which any Indemnified Person may be entitled under any agreement, vote of members or disinterested directors or otherwise, both as to action in an official capacity and as to action in another capacity while holding such office.
- 10.5 SUCCESSORS, ETC. The indemnification provided by this Article shall continue as to an Indemnified Person who has died or been determined to be legally incompetent and shall apply for the benefit of the successors, guardians, conservators, heirs, executors, administrators and trustees of the Indemnified Person.

ARTICLE 11 PARLIAMENTARY AUTHORITY

ROBERT'S RULES - Robert's Rules of Order Newly Revised shall govern ADSI and any of its constituent or component parts, committees, etc., in the conduct of meetings in all cases to which they apply and in which they are not inconsistent with these Bylaws and any special rules of order ADSI, the House of Delegates, the Board of Directors or its divisions, committees, etc., may adopt.

ARTICLE 12

MISCELLANEOUS

- 12.1 EFFECT OF STATE LAW CHANGES (SEVERABILITY) If any portion of these Bylaws shall be determined by a final judicial decision to be, or as a result of a change in the law of the State of New York become, illegal, invalid or unenforceable, the remainder of these Bylaws shall continue in full force and effect.
- 12.2 FISCAL YEAR The fiscal year of ADSI shall end on the last day of August.
- 12.3 TAX STATUS; INTERPRETATION OF BYLAWS It is intended that ADSI shall have and continue to have the status of an organization which is exempt from federal income taxation under section 501(c)(3) of the IRS Code and to

which contributions, bequests and gifts are deductible for federal income, estate and gift tax purposes under sections 170(c)(2), 2055(a)(2) and 2522(a)(2) of the IRS Code, respectively. Similarly, it is intended that ADSI shall have that or similar status under the applicable state and local laws as will exempt it from taxation to the maximum extent possible to the extent not contrary to applicable federal requirements. These Bylaws shall be interpreted accordingly.

ARTICLE 13

[Intentionally Deleted.]

ARTICLE 14 CONVENTIONS AND DEFINITIONS

14.1 CONVENTIONS -

- .1 TERMS GENERALLY Whenever the context may require, any pronoun or official title shall include the corresponding masculine, feminine and neuter forms. The words "include", "includes" and "including" shall be deemed to be followed by the phrase "without limitation". The singular shall include the plural and the plural shall include the singular as the context may require. Where the context permits, the term "or" shall be interpreted as though it were "and/or". Captions have been used for convenience only and shall not be used in interpreting the Bylaws.
- .2 CAPITALIZED TITLES Capitalized titles, such as Secretary or Treasurer, when appearing alone shall refer to ADSI positions and not to USA Swimming or another organization.
- .3 NOTICE DEEMED GIVEN; LAST KNOWN ADDRESS -
 - A. Notice by Mail Notice given and other writings delivered by first class mail, postage prepaid, and addressed to the last known address shall be deemed given or delivered upon the postmark date for all purposes under these Bylaws.
 - B. Notice by Email Notice given and writings delivered by electronic mail to the last known email address shall be deemed given or delivered for all purposes under these Bylaws.
 - C. Last Known Mail or Email Address For all purposes under these Bylaws, the last known mail or email address of a member of ADSI shall be the mail or email address on file with ADSI or in SWIMS.
- .4 TIME PERIOD CONVENTION In computing time periods established by these Bylaws, the initial time period (days or hours) shall not be included but the last period shall be included.
- .5 WAIVER OF NOTICE CONVENTION Untimely or insufficient notice for any meeting held under the authority of these Bylaws shall be considered to have been waived if a member attends or participates in the meeting to which such notice referred or to which notice was lacking without, at the earliest opportunity, raising an objection of untimely or insufficient notice having been given for such meeting. If the member is a Group Member Representative, then the relevant Group Member shall be treated as having waived the untimely or insufficient notice to the same extent.
- 14.2 DEFINITIONS When used in these Bylaws, the following terms shall have the meanings indicated in this Section, and the definitions of such terms are equally applicable both to the singular and plural forms.
 - .1 ADSI the New York State not-for-profit corporation to which these Bylaws pertain.
 - .2 ARTICLE a principal subdivision of these Bylaws.
 - .3 CERTIFICATE OF INCORPORATION the document filed with New York State's Department of State pursuant to which ADSI was formed.
 - .4 ATHLETE BOARD REPRESENTATIVE an Athlete Member elected to represent athletes in the House of Delegates and on the Board of Directors.

- .5 ATHLETE REPRESENTATIVE shall be (a) an athlete member in good standing; (b) currently competing, or have competed within the two (2) immediately preceding years, in a USA Swimming sanctioned event conducted by Adriondack Swimming or another LSC; and (c) have his or her place of permanent residence in the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher education).
- .6 BOARD MEMBER a member of the Board of Directors, including the At-Large Board Members.
- .7 BOARD OF DIRECTORS the Board of Directors of ADSI.
- .8 BYLAWS these bylaws as adopted and amended from time to time by, and in effect for, ADSI.
- .9 COACH REPRESENTATIVE a Coach Member elected to represent the coaches in the House of Delegates and on the Board of Directors.
- .10 FINA the Federation Internationale de Natation, the international governing body for the sport of swimming.
- .11 GROUP MEMBER REPRESENTATIVE an individual appointed to represent a Group Member (inclusive of club members and organizational members) in the House of Delegates.
- .12 HOUSE OF DELEGATES the House of Delegates of ADSI as established by Article 4 of these Bylaws.
- .12 IMMEDIATE PAST GENERAL CHAIR the individual who is the immediate past General Chair of ADSI.
- .14 IRS CODE the current United States Internal Revenue Code.
- .15 LOCAL SWIMMING COMMITTEE / LSC ADSI as defined by the USA Swimming Corporate Bylaws.
- .16 MEMBER a Group Member or an Individual Member.
- .17 NATIONAL BOARD OF REVIEW the National Board of Review of USA Swimming established in accordance with the National Board of Review procedures, pursuant to Policy 26.0 of the USA Swimming Operating Policy Manual. Where the context requires, a reference to the National Board of Review shall include a reference to the USA Swimming Board of Directors when that body is acting upon an appeal from the National Board of Review.
- .18 POLICIES AND PROCEDURES the principles, rules, and guidelines of ADSI, as amended and adopted by the Board of Directors or the House of Delegates.
- .19 SECTION a subdivision of the Articles of these Bylaws.
- .20 TERRITORY the geographic territory over which ADSI has jurisdiction as a Local Swimming Committee.
- .21 USA SWIMMING USA Swimming, Inc., a Colorado nonprofit corporation which is the national governing body for the United States for the sport of swimming.