

Tri-Meet – CVSL

Johnstown Sea Otters / Clarks Sports Center/ Gloversville Lasers

Saturday, November 18, 2006

Host: Gloversville YMCA Laser Swim Team

Held under the Approval of USA Swimming, Inc and Adirondack Swimming, Inc.

USA Swimming, Inc. Insurance applies to Only those attendees who are Currently and Properly Registered and Certified with USA Swimming, Inc. Attendees who are Not USA Swimming, Inc. Registered are offered No Insurance Coverage at this event. All USA-S Registered Athletes must be under the direct supervision of a currently registered and certified USA-S Coach. AD06 Approved#2.

Place: Gloversville Middle School Pool, Gloversville, NY
6 lane, 25 yard short course pool with Colorado Timing System

Time: 9:15 am warmups / 10:00 am start

Meet Directors: Mark Mosconi
Meet Marshall: Tom Komp
Meet Referee: Jen Bailey

Attending Teams: Johnstown Sea Otters / Clark Sports Center/ Gloversville Lasers

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on November 18, 2006
Rules from the current USA Swimming Technical Rules will be in effect.
Entries must be submitted on floppy diskette or CD using the Hy-Tek Meet Manager or Team Manager Software.
Teams can also e-mail their entries to mlawlor@citlink.net
Team entries must be received by **Wednesday, November 15, 2006**
Swimmers may enter 2 individual events plus 1 relay and 1 additional Exhibition event
Adirondack Swimming does not accept NT (no time) Entries and these entries will not be imported to the meet.

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.
ALL Adirondack Swimmers MUST be Registered with the AD Registrar by the Meet Entry Deadline.
All Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered swimmers will be removed from the meet.
Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org
Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or registrar@adirondackswimming.org

Swimming Events:

All events will be swum as timed finals and will be deck seeded. Each swimmer may enter 3 individual events

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Warm-ups will begin at 9:15 am.

8 & under:	9:15 to 9:25 am
9 – 12	9:25 – 9:40 am
13 & over:	9:40 to 9:55 am

Timers:

Clubs will be required to provide 4 timers each for duration of meet.
Swimmers have to provide their own timers and counters for the 500 Free.

Meet Policy:

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.**

Services:

Food concession will be available at the meet.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

Awards Ribbons will be given out to places 1 thru 3 for individual events and 1st place for relays

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<i>GIRLS</i>	<i>EVENTS</i>	<i>BOYS</i>
1	200 Open(Ladder) Medley Relay	2
3	200 Mixed Open Medley Relay	
5	Open 400 IM	6
7	13-14 50 Free	8
9	15-18 50 Free	10
11	8 & Under 25 Fly	12
13	9-10 50 Fly	14
15	11-12 50 Fly	16
17	Open 100 Fly	18
19	8 & Under 25 Back	20
21	9-10 50 Back	22
23	11-12 50 Back	24
25	Open 100 Back	26
27	8 & Under 25 Breast	28
29	9-10 50 Breast	30
31	11-12 50 Breast	32
33	Open 100 Breast	34
35	7 & Under 25 Free	36
37	8 & Under 25 Free	38
39	9-10 50 Free	40
41	11-12 50 Free	42
43	Open 100 Free	44
45	8 & Under 100 IM	46
47	9-10 100 IM	48
49	11-12 100 IM	50
51	Open 200 IM	52
53	8 & Under Mixed 100 Free Relay	
54	9-10 Mixed 200 Free Relay	
55	11-12 Mixed 200 Free Relay	
56	13-14 Mixed 200 Free Relay	
57	15-18 Mixed 200 Free Relay	
59	Open 500 Free	60