

Hawks Solstice Splash
December 9-10, 2006
RCS Aquatics Center
Ravena-Coeymans-Selkirk High School
2025 Route 9W
Ravena, NY 12143

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD06-405
Kim Crouse, General Chairman

Host: Hawks Swimming Association

Place: RCS Aquatics Center
Ravena-Coeymans-Selkirk High School
2025 Route 9W
Ravena, NY 12143

Short course 25 yards
Daktronics Electronic Timing System

Time: Saturday, December 9 and Sunday December 10, 2006. Official warm-up times will be posted to the Hawks website (www.hawksswimming.org) and the Adirondack website (www.adirondackswimming.org) by December 3, 2006. They will also be mailed to the clubs meet contact.

Meet Director: Chris Joyce (845) 457-6027 web@hawksswimming.org
38 Corbett Rd.
Montgomery, NY 12549

Meet Marshall: Stacy Delarede

Meet Referee: Raeann Burns (518)756-3846 BurnsSwimmers@aol.com

Entry Rules:

Swimmers may enter up to five (5) individual events and 2 relays per day.

The eligibility of a swimmer will be determined by his or her age on **December 9, 2006**.

Rules from the current USA Swimming Technical Rules will be in effect.

Entries should be emailed to Chris Joyce (web@hawksswimming.org). Confirmation of receipt will be sent within one business day.

Team entries must be received by **December 1, 2006**.

Adirondack Swimming does not accept NT (no time) Entries and these entries will not be imported to the meet.

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Adirondack Swimmers MUST be Registered with the AD Registrar by the Meet Entry Deadline.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#)).

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or registrar@adirondackswimming.org

Swimming Events:

All events are timed finals. A maximum of 5 Individual and 2 Relays may be entered per day.

25 yard events will be started from the shallow end of the pool.

There is a positive check-in for all 400 IM, 500 and 1650 events. Times for check-in will be emailed to team contacts, and posted on the Hawks website (www.hawksswimming.org) and the Adirondack website (www.adirondackswimming.org) by 12/3/2006

Relays:

Relay sheets will be issued with scratch sheets. Swimmers names must be listed in the order they will swim. Relay Sheets for the opening medley relay are due forty-five minutes before the end of warm-ups. Relay sheets for Freestyle relay will be due during the session.

Scratches:

Positive check-in is required for all distance events by 7:30 A.M. Failure to check-in will result in swimmer being scratched.

Deck seeding will be in effect. Scratch sheets will be issued to coaches prior to each session. Scratch sheets are due forty-five minutes before the end of warm-ups. Failure to comply will result in all of a teams entries being scratched from that session.

In the event the meet is over subscribed cuts will be made on a last-in first-out basis.

Host club reserves right to swim all of its swimmers

In addition Distance Sessions will be limited to 2 hours. Scratches will be based on date received.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Warm-up times are tentative. Official warm-up times will be posted on the AD Swimming and Hawks web site and emailed to coaches by 12/3/2006

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).
If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached, Adirondack) ONLY at a fee of \$100.
DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.

Timers:

Clubs will be required to provide timers based upon their number of entries.
Swimmers have to provide their own timers and counters for the 400 IM's, 500's and 1650's.

Meet Policy:

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Timers on Shift. All Officials and Coaches are required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.**

Smoking and the consumption of alcohol are prohibited on school grounds.
Consumption of food is prohibited outside the cafeteria.
Glass containers are prohibited on the pool deck.

Services:

Food will be available in a concession stand. There will also be a variety of t-shirts, goggles, swim suits and other swim merchandise available.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

The entry fees are \$3.25 per individual event, (these include the \$.40 travel fund surcharge), and \$6.00 per relay (including the \$1.00 travel fund surcharge). There is also a \$1 per swimmer surcharge.
Make your entry check payable to **Hawks Swimming** and mail your to;

**Chris Joyce
38 Corbett Rd.
Montgomery, NY 12549**

To save mailing costs and avoid damage, Entries must be emailed and will be entered to the meet upon receipt of your check

Awards:

For individual events medals will be awarded for 1st - 3, ribbons for 4 - 8th place. For relays, medals will be awarded to the 1st - 3rd place teams

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact

**Chris Joyce (845) 457-6027 web@hawksswimming.org
38 Corbett Rd.
Montgomery, NY 12549**

Hawks Solstice Splash
RCS Aquatics Center - Ravena-Coeymans-Selkirk High School

SESSION 1

Saturday December 9, 2006

WARM-UPS 7:30 AM ... SESSION BEGINS 8:15AM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
1	Open 1650 Freestyle	2

SESSION 2

Saturday December 9, 2006

WARM-UPS 1/2 hour after Session 1 ... SESSION BEGINS 1 hour after warm-up begins

3	11-12 200 Medley Relay	4
5	Open 400 Medley Relay	6
7	11-12 200 IM	8
9	Open 200 IM	10
11	11-12 100 Freestyle	12
13	Open 50 Freestyle	14
15	11-12 50 Backstroke	16
17	Open 200 Backstroke	18
19	11-12 100 Breaststroke	20
21	Open 100 Breaststroke	22
23	11-12 50 Butterfly	24
25	Open 200 Butterfly	26
27	11-12 200 Freestyle Relay	28
29	Open 200 Freestyle Relay	30

SESSION 3

Saturday December 9, 2006

WARM-UPS 1/2 hour after Session 2 ... SESSION BEGINS 1 hour after warm-up begins

31	8 & Under 100 Medley Relay	32
33	10 & Under 200 Medley Relay	34
35	13-14 400 Medley Relay	36
37	8 & Under 25 Freestyle	38
39	10 & Under 100 Freestyle	40
41	13-14 100 Freestyle	42
43	8 & Under 50 Backstroke	44
45	10 & Under 50 Backstroke	46
47	13-14 200 Backstroke	48
49	8 & Under 25 Breaststroke	50
51	10 & Under 100 Breaststroke	52
53	13-14 100 Breaststroke	54
55	8 & Under 50 Butterfly	56
57	10 & Under 50 Butterfly	58
59	13-14 200 Butterfly	60
61	8 & Under 100 Freestyle Relay	62
63	10 & Under 200 Freestyle Relay	64
65	13-14 200 Freestyle Relay	66

SESSION 4
Sunday December 10, 2006
WARM-UPS 7:30 AM ... SESSION BEGINS 8:00AM

67	Open 500 Freestyle	68
69	Open 400 IM	70

SESSION 5
Sunday December 10, 2006
WARM-UPS 1/2 hour after Session 1 ... SESSION BEGINS 1 hour after warm-up begins

71	11-12 50 Freestyle	72
73	Open 100 Freestyle	74
75	11-12 100 Backstroke	76
77	Open 100 Backstroke	78
79	11-12 50 Breaststroke	80
81	Open 200 Breaststroke	82
83	11-12 100 Butterfly	84
85	Open 100 Butterfly	86
87	11-12 200 Freestyle	88
89	Open 200 Freestyle	90
91	11-12 400 Freestyle Relay	92
93	Open 400 Freestyle Relay	94

SESSION 6
Sunday December 9, 2006
WARM-UPS 1/2 hour after Session 2 ... SESSION BEGINS 1 hour after warm-up begins

95	8 & Under 100 IM	96
97	10 & Under 200 IM	98
99	13-14 200 IM	100
101	8 & Under 50 Freestyle	102
103	10 & Under 50 Freestyle	104
105	13-14 50 Freestyle	106
107	8 & Under 25 Backstroke	108
109	10 & Under 100 Backstroke	110
111	13-14 100 Backstroke	112
113	8 & Under 50 Breaststroke	114
115	10 & Under 50 Breaststroke	116
117	13-14 200 Breaststroke	118
119	8 & Under 25 Butterfly	120
121	10 & Under 100 Butterfly	122
123	13-14 100 Butterfly	124
125	10 & Under 200 Freestyle	126
127	13-14 200 Freestyle	128
129	10 & Under 400 Freestyle Relay	130
131	13-14 400 Freestyle Relay	132

Hawks Swimming Association

ENTRY FEE CALCULATION SHEET Hawks Solstice Splash, Ravena, NY, December 9-10, 2006

MEET _____
TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Girls Individual Entries	_____	X \$3.25 = \$	_____
Number of Girl Swimmers	_____	X \$1.00 = \$	_____
Number of Girls Relays	_____	X \$6.00 = \$	_____
Number of Boys Individual Entries	_____	X \$3.25 = \$	_____
Number of Boy Swimmers	_____	X \$1.00 = \$	_____
Number of Boys Relays	_____	X \$6.00 = \$	_____

Total Entry Fee Due\$_____

Master Entry Sheet Fee (if applicable)\$_____

Total Amount Due and Enclosed\$_____

MAKE CHECKS PAYABLE TO Hawks Swimming Association

This form Must be returned with Entry Report, Check and Hy-Tek Disk

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY**

**Hawks Swimming Association assumes no responsibility
for meet close-out due to late entries**

ENTRY DEADLINE.. December 1, 2006

Mail Entries, Entry Report, This Form and Check to: Chris Joyce (845) 457-6027
38 Corbett Rd.
Montgomery, NY 12549

*Entries May be sent E-mail to: web@hawksswimming.org
*Your Team Check Must be received to have entries added to the meet.