

DECEMBER SUPER SPLASH

December 6-7, 2008 Skidmore College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD09-002
Kim Crouse, General Chairman

Host: Glens Falls YMCA Gators Swim Team

Place: SKIDMORE COLLEGE, SARATOGA SPRINGS, NY
Short Course 25 yard, 6 lane pool, continuous warm-up pool
Colorado Starting and Timing System

Time: SATURDAY DECEMBER 6
SESSION I (POSITIVE CHECK-IN) – WARM-UP 1:00PM, SESSION START 2:00PM

SUNDAY DECEMBER 7
SESSION II (SCRATCH SHEETS) – WARM-UP 7:00AM, SESSION START 8:00AM
SESSION III (POSITIVE CHECK-IN) – WARM-UP 12:00PM, SESSION START 12:30PM
SESSION IV (SCRATCH SHEETS) – WARM-UP 2:30PM, SESSION START 3:30PM

Meet Director: CARLA BURHOE (480-3111, trburhoe@roadrunner.com)

Meet Marshall: JODIE MELOFCHIK

Meet Referee: JoAnn Faucett, faucettjm@aol.com

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **December 6, 2008**.

A swimmer may enter five (5) individual events per day. **If a swimmer chooses to swim the 500 Freestyle on Sunday afternoon, that must be included as one of their five (5) events.**

The meet committee reserves the right to return entries whose inclusion would extend the meet over the allotted time.

Rules from the current USA Swimming Technical Rules will be in effect.

Entries must be submitted electronically, using the Hy-Tek Meet Manager or Team Manager Software. Entries may be submitted on CD or Floppy Disk or via e-mail. Team entries must be received by **Friday November 21, 2008**.

Adirondack Swimming does not accept NT (no time) Entries and these entries will not be imported to the meet.

Please send entries to – Kathy Cerny (798-3430, kcerny@adelphia.net)

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Adirondack Swimmers MUST be Registered with the AD Registrar by the Meet Entry Deadline.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or registrar@adirondackswimming.org

Swimming Events/Scratches:

This meet will **NOT** be pre-seeded. Sessions I & III will be positive check-in. Swimmers will be asked to positively check-in for the 400 IM, 1000 FREE and 500 FREE. Sessions II & IV will be seeded during warm-up after scratch sheets are turned in by the coaches of each team. All coaches will be given scratch sheets in their meet packet upon their arrival. Coaches will be responsible for scratching any swimmers that may not be in attendance or may be dropping events for that particular session (Sessions II and/or IV). A scratch deadline will be given for each session (sometime during the first half of warm-up) to allow the meet committee enough time to seed the meet. Swimmers are allowed to swim up to five events per day. All events are timed finals. All events will be swum slow to fast.

Relays:

Relays will be swum as timed finals.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Warm-up assignments will be determined by the meet committee based on the number of entries received by each team. They will be emailed to the team contacts prior to the start of the meet.

Session I (Sat) – 1:00pm

Session II (Sun) – 7:00am

Session III (Sun) – 12:00pm

Session IV (Sun) – 2:30pm

*continuous warm-up/warm-down will be available throughout the meet.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).
If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached, Adirondack) ONLY at a fee of \$100.
DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.

Timers:

Clubs will be required to provide timers based upon their number of entries.
Swimmers have to provide their own timers for the 400 IM, 1000 Free and 500 Free.

Meet Policy:

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck. If, at and AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.**

Services:

A concession stand will be available throughout the meet. No food is to be consumed on the pool deck.
A hospitality room will be available for officials and coaches only in the office off of the pool deck.
Host team will be selling meet t-shirts, sweatshirts and miscellaneous swimming supplies.
Smoking is not permitted in the building.
No glass containers allowed in the pool area.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Parking:

All Parents and Swimmers will be required to park in West Lot across the street from the pool. Coaches and Officials will be allowed to park in the parking lot outside of the pool but will be required to show their USA Swimming Cards in order to gain access to this lot.

Entries AND Fees:

Entries must be submitted digitally using the Hy-tek Meet Manager or Team Manager software. For the purpose of the deadline, a completed team entry will consist of all entry information using Hy-tek to prepare the entries. A check in the amount of \$25 payable to Glens Falls YMCA Gators must accompany any Team that chooses to submit entries in a different format than Hy-tek. Glens Falls is not responsible for any entry errors submitted by the teams. Entries must be received by **Friday November 21, 2008**. Email entries as an attachment to kcerny@adelphia.net allowing time for entry fees to arrive at the following address before due date.

An entry summary sheet is also included to compute your team entry fees. No team entries will be accepted without the required fees.

- The entry fees are \$3.50 per individual event (these include the \$.50 travel fund surcharge).
- \$6.00 per relay (including the \$1.00 travel fund surcharge).
- There is also a \$1.00 per swimmer surcharge.

Make your entry check payable to **GLENS FALLS YMCA GATORS** and mail your check and hard copy of entry to:

**Kathy Cerny
Glens Falls YMCA Gators
600 Glen Street
Glens Falls, NY 12801**

To save mailing costs and avoid damage, Entries may be emailed and will be entered to the meet upon receipt of your check

Awards:

Ind. Event Medals for 1st thru 6th places; Ind. Event Ribbons for 7th thru 12th places; Relay Event Medals for 1st thru 3rd places.

Scoring:

The meet will not be scored.

Time Trials:

Time trials will not be offered.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

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SESSION I – SATURDAY DECEMBER 6, 2008
WARM-UPS 1:00PM SESSION BEGINS 2:00PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
1	OPEN 400 IM	2
3	OPEN 1000 FREE	4

Events will be swum slow to fast

Swimmers may swim a maximum of 2 Events

SESSION II – SUNDAY DECEMBER 7, 2008
WARM-UPS 7:00AM SESSION BEGINS 8:00AM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
5	10&U 200 FR	6
7	13-14 200 FR	8
9	10&U 100 FLY	10
11	13-14 200 FLY	12
13	10&U 100 BACK	14
15	13-14 200 BACK	16
17	10&U 100 BREAST	18
19	13-14 200 BREAST	20
21	10&U 200 IM	22
23	13-14 200 IM	24
25	10&U 200 MED REL	26
27	13-14 200 MED REL	28

Events will be swum slow to fast

SESSION III – SUNDAY DECEMBER 7, 2008
WARM-UPS 12:00PM SESSION BEGINS 12:30PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
29	OPEN 500 FREE	30

Events will be swum slow to fast

SESSION IV – SUNDAY DECEMBER 7, 2008
WARM-UPS 2:30PM SESSION BEGINS 3:30PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
31	11-12 200 FR	32
33	15&O 200 FR	34
35	11-12 200 FLY	36
37	15&O 200 FLY	38
39	11-12 200 BACK	40
41	15&O 200 BACK	42
43	11-12 200 BREAST	44
45	15&O 200 BREAST	46
47	11-12 200 IM	48
49	15&O 200 IM	50
51	11-12 200 MED REL	52
53	15&O 200 MED REL	54

Events will be swum slow to fast

"GLENS FALLS YMCA GATORS"

ENTRY FEE CALCULATION SHEET:
DECEMBER SUPER SPLASH DECEMBER 6-7, 2008 @ SKIDMORE COLLEGE

MEET _____
TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Girls Individual Entries	_____	X \$3.50 = \$	_____
Number of Girl Swimmers	_____	X \$1.00 = \$	_____
Number of Girls Relays	_____	X \$6.00 = \$	_____
Number of Boys Individual Entries	_____	X \$3.50 = \$	_____
Number of Boy Swimmers	_____	X \$1.00 = \$	_____
Number of Boys Relays	_____	X \$6.00 = \$	_____

Total Entry Fee Due\$_____

Master Entry Sheet Fee (if applicable)\$_____

Total Amount Due and Enclosed\$_____

MAKE CHECKS PAYABLE TO "GLENS FALLS YMCA"

This form Must be returned with Entry Report, Check and Hy-Tek Disk

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY
GLENS FALLS YMCA GATORS assumes no responsibility
for meet close-out due to late entries**

**ENTRY DEADLINE..
FRIDAY NOVEMBER 21, 2008**

Mail Entries, Entry Report, This Form and Check to:
KATHY CERNY 600 GLEN ST. GLENS FALLS, NY 12801

***Entries May be sent E-mail to: kcerny@adelphia.net**

**Your Team Check Must be received to have entries added to the meet.*