

Clinton Cuda Colgate Classic Invitational Meet
July 3, 4, and 5, 2009
Colgate University

SANCTION: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming, Inc. Sanction AD09-024
Kim Crouse, General Chairman

HOST: Clinton Cuda Swim Club

PLACE: Lineberry Natatorium - Colgate University, Hamilton, NY
6 Lane 50 Meter indoor pool with retractable roof, Warm-up pool. Colorado Timing System

MEET DIRECTORS: **Scott Risucci** (sdrisucci@yahoo.com), Phone (315) 735-6954

MEET MARSHALL: **Bill Boyce**

MEET REFEREE: **JoAnn Faucett**

TIME SCHEDULE:

Friday-Session 1	Warm-up	12:00 PM
(13-14, Senior)	Positive Check In	12:20 PM at the latest
	Start	1:00 PM
Friday-Session 2	Warm-up	4:30 PM
(10 & U, 11-12)	Positive Check In	4:30 PM at the latest
	Start	5:00 PM
Saturday-Sunday AM	Warm-up	7:30 AM
(13-14/Senior)	Positive Check In	7:50 AM at the latest
	Start	8:30 AM
Saturday-Sunday PM	Warm-up	2:00 PM
(11-12, 9-10, 8 & Under)	Positive Check In	2:15 PM at the latest
	Start	2:40 PM
Saturday-Sunday Finals	Warm-up	5:30 PM
(11-12, 13-14, Senior)	Start	6:30 PM

Please note:

Saturday and Sunday Afternoon sessions and finals may be subject to earlier time changes if entries allow.

ENTRY RULES:

The eligibility of a swimmer to participate in a particular age group will be determined by his/her age on the first day of the meet.

Rules from current U.S. Swimming Technical Rules will be in effect.

Entries must be submitted on floppy diskette or CD using the HY-Tek Meet Manager or Team Manager Software.

Team entries must be received by **June 24, 2009**.

Teams must e-mail their entries to: ajparadis@yahoo.com

Send all forms and payment to: Andre Paradis 30 Hartford Terr New Hartford, New York 13413

USA SWIMMING REGISTRATIONS:

All swimmers must be currently registered with USA Swimming, Inc.

Registrations may be obtained from your club registrar.

ALL Adirondack Swimmers MUST be registered with the AD Registrar by the Meet Entry deadline.

All Adirondack meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web site www.adirondackswimming.org.

Direct all registration questions to the Adirondack Registrar, Kathleen Furman (518-384-0223) or registrar@adirondackswimming.org.

SWIMMING EVENTS:

A swimmer may enter **THREE EVENTS PER DAY** plus relays.

Only official entry sheets or duplicates can be accepted.

Please note that there are no cut-off times except for the 400 IM.

The 1500 freestyle will be limited to 1 heat per age group and sex, maximum of 4 heats. A list of alternates will be kept if scratches occur.

Anyone not swimming will be reimbursed.

We will swim alternately regardless of age, fastest heat of girls, fastest heat of boys and combined age and sex after first 2 heats. These events will be scored separately. A swimmer may enter **THREE EVENTS PER DAY** plus relays.

ENTRY PREFERENCE WILL BE GIVEN TO ADIRONDACK SWIMMERS WHO ARE ZONE TEAM APPLICANTS.

All entries will be meter seed times.

NOTE: Entries per session will be limited by the 4 hours per session rule. The Clinton Swim Club reserves the right to limit the number of entries based on the postmark of the entry and/or the entry times.

CHECK IN:

This is a positive check in meet. You must check in for **ALL** events at the timing table. If a swimmer fails to show up to a positive check in race, they will be scratched from there next event.

RELAYS:

All Relays will be swam as timed finals and will be swam during prelims.

FINALS and BONUS HEAT:

Those events that have trials, will have finals and a bonus heat conducted during the finals session. The top twelve swimmers of each age group will qualify, the top 6 swimming finals, the next 6 swimming the bonus heat.

SCRATCHES:

Swimmers that qualify for finals will have 30 minutes from the event announcement after trials to inform the announcer of their intent to scratch. Failure to notify the announcer so that an alternate can be called for finals will result in the swimmer being disqualified for the remainder of the meet. Any swimmers who check in for a timed final event and fail to show at the blocks to swim will be disqualified from the remainder of the meet. There will be an exception for 8 & under and 9-10 year olds that do not report to the blocks after checking in.

WARM-UPS:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to cooperate fully with club officials and marshals in charge of the area. The official Adirondack warm-up guidelines will be followed.

Please see table above for warm-up times.

DECK ENTRIES:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions:

1. Deck entries are NOT Allowed during Championship Meets.

2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck entries, to UN-AD (unattached Adirondack) ONLY at a fee of \$ 100.00 DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.

4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and Meet Referee.

TIMERS:

Clubs will be required to provide back-up timers based on the number of entries for trials and finals.

Swimmers in the 1500 Freestyle must provide their own timer and lap counter.

MEET POLICY:

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.**

If, at and AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

SERVICES:

There will be a concession stand available to purchase food and drink all three days.

The Deep End vendor will be available for all your swim apparel and equipment needs.

DISABLED ATHLETES:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the meet director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

ENTRY FEES:

An entry summary sheet is also included to compute your team entry fee if needed. The entry fees are \$4.00 per individual event for 9-10 and 8 & Under events and \$4.50 for all other age groups (which includes a \$0.50 travel fund surcharge). Relays are \$6.00 (including the \$1.00 travel fund surcharge). In addition, a surcharge of \$1.00 **per swimmer** will be charged with entry fee. No entries will be accepted unless accompanied by the required entry fee and master list.

Checks are to be made to: **CLINTON SWIM CLUB** and to be mailed to:

Andre Paradis 30 Hartford Terr., New Hartford, New York 13413

Phone 315-735-7115 or email ajparadis@yahoo.com

ENTRY DEADLINE: THURSDAY, JUNE 24, 2009

AWARDS:

Trophies will be awarded to the high point team and runner-up and a small team category champion and runner-up. Small team will be those with 10 members or less. Custom ribbons for individual events 1 - 6 places and relays 1 - 3 places.

SCORING:

Finals and consolations will be scored according to USA Swimming rules:

Individual – 16 -13 -12 -11 -10 -9 -7- 5 - 4 – 3 - 2-1

Relays - 32 -26 -24 -22 -20 -18 -14 -10 – 8 – 6 – 4 –2

OFFICIALS:

There will be an officials meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

HOTEL ACCOMODATIONS (SUGGESTIONS):

MOTEL LISTS ARE INCLUDED - COLGATE UNIVERSITY DORMITORIES ARE AVAILABLE FOR ALL SWIMMERS, COACHES, AND PARENTS ON A FIRST COME FIRST SERVE BASIS AND MAY BE LIMITED. PLEASE CHECK WEBSITE FOR UPDATED INFORMATION AS IT BECOMES AVAILABLE.

Colgate Dorms :

<http://www.colgate.edu/summerprograms>

**Clinton Cuda Colgate Classic Invitational Meet
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**Friday, July 3, 2009
Warm-ups begin at 12:00 PM; Session starts at 1:00 PM
Positive Check In by 12:20 PM**

Girls Events	Qualifying Times	Age Group	Event Description	Qualifying Times	Boys Events
1		13-14	200 Free Relay		2
3		Senior	200 Free Relay		4
5	6:03.19	13-14	400 IM	5:46.79	6
7	5:56.99	Senior	400 IM	5:25.49	8
9		13-14	400 Freestyle		10
11		Senior	400 Freestyle		12

**Friday, July 3, 2009
Warm-ups begin at 4:30 PM; Session starts at 5:00 PM
Positive Check In by 4:30 PM**

Girls Events	Qualifying Times	Age Group	Event Description	Qualifying Times	Boys Events
13		10 & Under	200 IM		14
15		11-12	200 IM		16
17		10 & Under	200 Freestyle		18
19		11-12	400 Freestyle		20

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**Saturday, July 4, 2009
Warm-ups begin at 7:30 AM; Session starts at 8:30 AM
Positive Check In by 7:50 AM**

Girls Events	Age Group	Event Description	Boys Events
21	13-14	100 Freestyle	22
23	Senior	100 Freestyle	24
25	13-14	100 Butterfly	26
27	Senior	100 Butterfly	28
29	13-14	100 Breaststroke	30
31	Senior	100 Breaststroke	32
33	13-14	200 Backstroke	34
35	Senior	200 Backstroke	36
37	13-14	200 Freestyle	38
39	Senior	200 Freestyle	40
41	13-14	400 Medley Relay	42
43	Senior	400 Medley Relay	44

TIMED FINALS AFTER EVENT 44

Girls Events	Age Group	Event Description	Boys Events
45	13-14	1500 Freestyle	46
47	Senior	1500 Freestyle	48

**Saturday, July 4, 2009
Warm-ups begin at 2:00 PM; Session starts at 2:40 PM
Positive Check In by 2:15 PM**

Girls Events	Age Group	Event Description	Boys Events
49	8 & Under	50 Butterfly	50
51	10 & Under	50 Butterfly	52
53	11-12	50 Butterfly	54
55	8 & Under	50 Breaststroke	56
57	10 & Under	50 Breaststroke	58
59	11-12	50 Breaststroke	60
61	10 Under	100 Backstroke	62
63	11-12	100 Backstroke	64
65	8 & Under	100 Freestyle	66
67	10 & Under	100 Freestyle	68
69	11-12	100 Freestyle	70
71	10 & Under	200 Medley Relay	72
73	11-12	200 Medley Relay	74

**Clinton Cuda Colgate Classic Invitational Meet
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**Saturday, July 4, 2009 - FINALS
Warm-ups begin at 5:30 PM; Session starts at 6:30 PM**

Girls Events	Age Group	Event Description	Boys Events
21	13-14	100 Freestyle	22
23	Senior	100 Freestyle	24
53	11-12	50 Butterfly	54
25	13-14	100 Butterfly	26
27	Senior	100 Butterfly	28
59	11-12	50 Breaststroke	60
29	13-14	100 Breaststroke	30
31	Senior	100 Breaststroke	32
63	11-12	100 Backstroke	64
33	13-14	200 Backstroke	34
35	Senior	200 Backstroke	36
69	11-12	100 Freestyle	70
37	13-14	200 Freestyle	38
39	Senior	200 Freestyle	40

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**Sunday, July 5, 2008
Warm-ups begin at 7:30 AM; Session starts at 8:30 AM
Positive Check In by 7:50 AM**

Girls Events	Age Group	Event Description	Boys Events
75	13-14	200 IM	76
77	Senior	200 IM	78
79	13-14	50 Freestyle	80
81	Senior	50 Freestyle	82
83	13-14	200 Breaststroke	84
85	Senior	200 Breaststroke	86
87	13-14	100 Backstroke	88
89	Senior	100 Backstroke	90
91	13-14	200 Butterfly	92
93	Senior	200 Butterfly	94
95	13-14	400 Free Relay	96
97	Senior	400 Free Relay	98

**Sunday, July 5, 2008
Warm-ups begin at 2:00 PM; Session starts at 2:40 PM
Positive Check In by 2:15 PM**

Girls Events	Age Group	Event Description	Boys Events
99	11-12	200 Freestyle	100
101	8 & Under	50 Freestyle	102
103	10 & Under	50 Freestyle	104
105	11-12	50 Freestyle	106
107	10 & Under	100 Breaststroke	108
109	11-12	100 Breaststroke	110
111	8 & Under	50 Backstroke	112
113	10 & Under	50 Backstroke	114
115	11-12	50 Backstroke	116
117	10 & Under	100 Butterfly	118
119	11-12	100 Butterfly	120
121	10 & Under	200 Free Relay	122
123	11-12	200 Free Relay	124

**Clinton Cuda Colgate Classic Invitational Meet
July 4, 5, and 6, 2008
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**Sunday, July 5, 2008 - FINALS
Warm-ups begin at 5:30 PM; Session starts at 6:30 PM**

Girls Events	Age Group	Event Description	Boys Events
99	11-12	200 Freestyle	100
75	13-14	200 IM	76
77	Senior	200 IM	78
105	11-12	50 Freestyle	106
79	13-14	50 Freestyle	80
81	Senior	50 Freestyle	82
109	11-12	100 Breaststroke	110
83	13-14	200 Breaststroke	84
85	Senior	200 Breaststroke	86
115	11-12	50 Backstroke	116
87	13-14	100 Backstroke	88
89	Senior	100 Backstroke	90
119	11-12	100 Butterfly	120
91	13-14	200 Butterfly	92
93	Senior	200 Butterfly	94

Clinton Cuda Swim Club

ENTRY FEE CALCULATION SHEET:

Colgate Classic Invitational, Colgate University

July 3, 4, and 5, 2009

MEET _____

TEAM NAME _____

CONTACT PERSON _____

PHONE NUMBER _____

E-Mail ADDRESS _____

Number of Girls Individual Entries 11 & Over	_____	X \$ 4.50 = \$	_____
Number of Girls Individual Entries 10 & Under	_____	X \$ 4.00 = \$	_____
Number of Girl Swimmers	_____	X \$ 1.00 = \$	_____
Number of Girls Relays	_____	X \$ 6.00 = \$	_____
Number of Boys Individual Entries 11 & Over	_____	X \$ 4.50 = \$	_____
Number of Boys Individual Entries 10 & U	_____	X \$ 4.00 = \$	_____
Number of Boy Swimmers	_____	X \$ 1.00 = \$	_____
Number of Boys Relays	_____	X \$ 6.00 = \$	_____
Total Entry Fee Due		\$	_____
Master Entry Sheet Fee (if applicable)		\$	_____
Total Amount Due and Enclosed		\$	_____

MAKE CHECKS PAYABLE TO "CLINTON SWIM CLUB"

This form Must be returned with Check and Hard Copy of Entry Report

Entries will be posted to the meet program upon RECEIPT OF CHECK ONLY

Clinton Swim Club assumes no responsibility for meet close-out due to late entries **ENTRY DEADLINE..June 24, 2009**

Mail to:Andre Paradis 30 Hartford Terr., New Hartford, New York 13413

- Entries must be sent email to ajparadis@yahoo.com*

Questions: Andre Paradis 315-735-7115

**This form, entry report and Your Team Check Must be received to have entries added to the meet.*

Hotel Information

Bouckville 13310

Hinman's Motel

Route 20
Bouckville, NY 13310
315-893-1801

Canastota 13032

Days Inn Canastota

North Peterboro St.
Canastota, NY 13032
315-697-3309

Fax: 315-697-5541
www.daysinn.com

Graziano's Rodeway Inn

409 North Peterboro St.
Canastota, NY 13032
315-697-8384
Fax: 315-697-8389
www.choicehotels.com

Sharway Motel

3669 Seneca Turnpike
Route 5
Canastota, NY 13032

Cazenovia 13035

Cazenovia Motel

2392 US Route 20
Cazenovia, NY 13035
315-655-9101
Fax: 315-655-3288
www.cazenovia.us/cazmotel

Lincklaen House

79 Albany St.
Cazenovia, NY 13035
315-655-3461

Fax: 315-655-5443
www.lincklaenhouse.com

Hamilton 13346

Colgate Inn

1 Payne St.
Hamilton, NY 13346
315-824-2300
Fax: 315-824-4500
www.colgateinn.com
wbeIII@colgateinn.com

Wendt University Inn

175 Utica St.
NYS Route 12B

Hamilton, NY 13346
315-824-4400
800-218-5449
Fax: 315-824-4425
www.wendttinn.com

White Eagle Conference Center

West Lake Road
Hamilton, NY 13346
315-824-2002
Fax: 315-824-6785
www.whiteagle.com

Madison 13402

Madison Motor Court

7591 Route 20
Madison, NY 13402
315-893-1818

Oneida 13421

Oneida Community Mansion

170 Kenwood Ave.
Oneida, NY 13421
315-363-0745

Fax: 315-363-4580
www.oneidacommunity.org

Super 8 Motel

215 Genesee St
Oneida, NY 13421
315-363-5168
Fax: 315-363-4628
www.super8.com

Verona 13478

Turning Stone Resort and Casino

5218 Patrick Road
Verona, NY 13478
1-800-771-7711
www.turning-stone.com

Verona Hotel

5693 E Main St
Verona, NY 13478
315 363-9895

Villages at Turning Stone Rv

Route 365
Verona, NY 13478
315-361-7711

Inn at Turning Stone

5558 W Main St
Verona, NY 13478
315-363-0096
www.turning-stone.com

Vernon 13476

Coachway Motel

4484 Verona St
Vernon, NY 13476
315-829-2380

Westshore Hotel

4554 Verona St
Vernon, NY 13476
315-829-6111

Jenkins House at Woodlawn

4 Ward St
Vernon, NY 13476
315-829-2459