

Ocean Blue @ RPI hosted by the Delmar Dolphins, November 1, 2008

MEET CHANGES

1. **The morning session will start at 9:00am**, rather than the previously posted time of 8:30am.

Remember: Swimmers in the 500 yard freestyle must check-in by 11am (and provide their own lane timers and lap counters). Swimmers in the 400 yard IM must check-in by 1:30 p.m (and provide their own lane timers).