

Ravena Autumn Breeze
October 10, 2009
RCS Aquatics Center
Ravena-Coeymans-Selkirk High School
2025 Route 9W
Ravena, NY 12143

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD10-002
Kim Crouse, General Chairman

Host: Ravena Swim Club

Place: RCS Aquatics Center
Ravena-Coeymans-Selkirk High School
2025 Route 9W
Ravena, NY 12143

Short Course 25 yards
Daktronics Electronic Timing System

Time: Session 1 Warm Ups at 7:00AM Meet Starts at 8:00AM
Mid-Session Warm Ups at 12:15PM Meet Starts at 12:45PM - POSITIVE CHECK IN ends at 12:15
Session 2 Warm Ups not before 1:30PM Meet Starts at 2:15PM

Meet Directors: Tim Lenny - TLENNY@MHONLINE.NET

Meet Marshall: Cremilda Dias

Meet Referee: Raeann Burns

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on October 10, 2009.

Rules from the current USA Swimming Technical Rules will be in effect.

A swimmer may enter five events per day plus relays.

Entries must be submitted via email using Hy-Tek software and must be received by October 1, 2009, by 5:00PM to Raeann Burns burnsswimmers@aol.com. FOR THE 500'S WE WILL ONLY TAKE THE FIRST 18 ENTRIES. Raeann will notify the teams if their swimmers are in the 500. Any other entries for the 500's will be on standby. The standby will be counted as part of the total # of events. Ravena will notify the standby swimmers if they can swim the event at the meet. The 4 hour session limit applies to this meet. If the meet should be oversubscribed the Meet Director and the Meet Referee will jointly determine the best solution in the interest of the swimmers.

All swimmers entries must be cutoff time and slower.

Adirondack Swimming does not accept NT (no time) Entries and these entries will not be imported to the meet.

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc.

Registrations may be obtained from your club registrar.

ALL Adirondack Swimmers **MUST** be Registered with the AD Registrar by the Meet Entry Deadline.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or kfurman@adirondackswimming.org

Swimming Events:

All events will be swum as timed final. Swimmers and coaches are responsible for knowing the events for which they are entered. The 500's will be an open combined boys and girls event, which will be limited to three heats. First 18 entries will be entered in the meet. All other 500 entries after first 18 will be on standby and team will be notified who will be on standby.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries. A schedule will be provided on the AD Web Site after all entries have been received. Swimmers must provide their own timers and counters for the 500's.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).
If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached, Adirondack) ONLY at a fee of \$100.
DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.

Meet Policy:

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.**
If, at and AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Services:

Food will be available at the concession in the RCS Cafeteria. There also will be a variety of goggles, t-shirts, swim suits and other swim merchandise available.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is also included to compute your team fees. The entry fees are \$3.50 per individual event, (these include the \$.50 travel fund surcharge), and \$6.00 per relay (including \$1.00 travel fund surcharge). There is also a \$1.00 per swimmer surcharge. Make your entry check payable to **Ravena Swim Club** and mail your check to:

Raeann Burns

801 SR 143

Ravena, NY 12143 (518)694-3764 burnsswimmers@aol.com

To save mailing costs and avoid damage, Entries may be emailed and will be entered to the meet upon receipt of your check

Awards:

For individual events ribbons will be awarded for 1st - 12th place. For relays, ribbons will be awarded to the 1st - 3rd place teams. Each heat winner will receive an Autumn Breeze tee shirt.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact Tim Lenny TLENNY@MHONLINE.NET

Ravena Autumn Breeze

RCS Aquatics Center - Ravena-Coeymans-Selkirk High School

SESSION 1

Saturday October 10, 2009

WARM-UPS 7:00AM SESSION BEGINS 8:00AM

ENTRIES MUST BE SLOWER THAN CUTOFF TIMES

Girls' Event Number	Cutoff Times	Event	Cutoff Times	Boys' Event Number
1	2:51.79	11-12 200 Yd. IM	2:49.69	2
3	1:34.39	10 & Under 100 Yd. IM	1:31.39	4
5	37.09	11-12 50 Yd. Backstroke	36.79	6
7	43.49	10 & Under 50 Yd. Backstroke	43.89	8
9	1:08.29	11-12 100 Yd. Freestyle	1:08.09	10
11	1:22.09	10 & Under 100 Yd. Freestyle	1:19.99	12
13	41.09	11-12 50 Yd. Breaststroke	41.09	14
15	47.79	10 & Under 50 Yd. Breaststroke	48.19	16
17	1:20.59	11-12 100 Yd. Butterfly	1:19.29	18
19	42.99	10 & Under 50 Yd. Butterfly	41.99	20
21	32.19	11-12 50 Yd. Freestyle	30.99	22
23	36.19	10 & Under 50 Yd. Freestyle	35.59	24
25	1:21.89	11-12 100 Yd. Backstroke	1:19.09	26
27	1:33.99	10 & Under 100 Yd. Backstroke	1:32.49	28
29	No Cut time	11-12 200 Yd. Freestyle Relay	No Cut time	30
31	No Cut time	10 & Under 200 Yd. Freestyle Relay	No Cut time	32

MID-DAY SESSION

Warm ups will begin at 12:15pm. Meet will start at 12:45pm. Positive check in ends at 12:15

MAXIMUM OF THREE HEATS ONLY

ENTRIES MUST BE SLOWER THAN CUTOFF TIMES

COMBINED GIRLS AND BOYS	Cutoff Times	Event
Event 33 & 34	6:07.00	Open 500 Yd. Freestyle

AFTERNOON SESSION

Warm-ups: Not before 1:30 P.M. Meet start 2:15pm.

8 & under for 1st 20 min./Senior for 2nd 20 min./Combined last 10 min.

ENTRIES MUST BE SLOWER THAN CUTOFF TIMES

Girls' Events Number	Cutoff Times	Event	Cutoff Times	Boys' Events Number
35	2:40.69	Senior 200 Yd. IM	2:26.99	36
37	1:34.39	8 & Under 100 Yd. IM	1:31.39	38
39	1:06.19	Senior 100 Yd. Freestyle	59.99	40
41	36.19	8 & Under 50 Yd. Freestyle	35.59	42
43	1:13.29	Senior 100 Yd. Backstroke	1:10.29	44
45	No Cut time	8 & Under 25 Yd. Backstroke	No Cut time	46
47	1:12.39	Senior 100 Yd. Butterfly	1:05.59	48
49	No Cut time	8 & Under 25 Yd. Butterfly	No Cut time	50
51	1:22.69	Senior 100 Yd. Breaststroke	1:14.99	52
53	No Cut time	8 & Under 25 Yd. Breaststroke	No Cut time	54
55	30.49	Senior 50 Yd. Freestyle	27.59	56
57	No Cut time	8 & Under 25 Yd. Freestyle	No Cut time	58
59	No Cut time	Senior 200 Yd. Medley Relay	No Cut time	60
61	No Cut time	8 & Under 100 Yd. Medley Relay	No Cut time	62
63		Open 200 Freestyle		

Entry Fee: \$3.50 Per Event + \$1.00 per Swimmer Surcharge
May Swim a Maximum of 5 Individual Events plus Relays

"RAVENA SWIM CLUB"

ENTRY FEE CALCULATION SHEET "Ravena Autumn Breeze, Ravena, NY, October 10, 2009"

MEET _____
TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Girls Individual Entries _____	X \$3.50 = \$ _____
Number of Girl Swimmers _____	X \$1.00 = \$ _____
Number of Girls Relays _____	X \$6.00 = \$ _____
Number of Boys Individual Entries _____	X \$3.50 = \$ _____
Number of Boy Swimmers _____	X \$1.00 = \$ _____
Number of Boys Relays _____	X \$6.00 = \$ _____
Total Entry Fee Due	\$ _____
Master Entry Sheet Fee (if applicable)	\$ _____
Total Amount Due and Enclosed	\$ _____

MAKE CHECKS PAYABLE TO "RAVENA SWIM CLUB"

This form **Must** be returned with Entry Report, Check and Hy-Tek Disk

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY
"RAVENA SWIM CLUB" assumes no responsibility
for meet close-out due to late entries
ENTRY DEADLINE "OCTOBER 1, 2009"**

Mail Entries, Entry Report, This Form and Check to:

Raeann Burns
801 SR 143
Ravena, NY 12143
(518)694-3764

***Entries May be sent E-mail to: burnsswimmers@aol.com**

**Your Team Check Must be received to have entries added to the meet.*