

OCEAN BLUE INVITATIONAL SWIM MEET

Sunday, October 18, 2009

RPI ROBISON POOL, Troy, New York

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc. Sanction # AD10-003
Kim Crouse, General Chairperson

Host: Delmar Dolphins Swim Club, Inc.

Place: RPI Robison Pool, Rensselaer Polytechnic Institute, Troy, New York
Short Course, 25-yard, 8-lane pool with continuous warm-up/warm-down area
Colorado automatic timing system with beeper start and scoreboard readouts

Co-Meet Directors: Michael Clarke (mcclarke@carrowmorrisclarkes.com)

Meet Marshall: Chris Hettie

Meet Referee: JoAnn Faucett

Safety Officer: Michelle Wheeler

Session	Age Groups	Warm-up Time	Meet Start Time
Morning (Events 1-30)	8 & Under, 10 & Under	8 & Under: 8:00am – 8:20am. 10 & Under: 8:20 - 8:40 a.m. Combined: 8:40 - 8:50 a.m.	9:00 a.m.
Mid-day (Events 31-34)	12 & Under 13 & Over 500 yd. Freestyle	No Specific Warm-up. Use continuous warm-up area.	Immediately after Event 30
Afternoon (Events 35-84)	11 - 12 13 - 14 15 & Over Senior	Not before 12:30 p.m. 11 & 12 for 1 st 20 min. 13 & Over for 2 nd 20 min. Combined for last 10 min.	Not before 1:30 p.m.

Please note: Any age group may swim Senior events.

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on October 18, 2009. A swimmer may enter **FIVE** events plus **TWO** relays. Rules from the current USA Swimming Technical Rules will be in effect. Entries must be submitted via email or CD using the Hy-Tek Meet Manager or Team Manager Software. **Entries must be received by Friday, October 9, 2009.** Adirondack Swimming does not accept NT (no time) entries and these entries will not be imported to the meet. Teams can e-mail their entries to dwightcheu@gmail.com. All sessions in this meet are subject to the 4 hour session limit, per USA Swimming Rules. If the meet should be oversubscribed, the Meet Referee and Meet Directors will determine how excess entries will be handled, in the best interest of the swimmers.

USA Swimming Registration:

- All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.
- ALL Adirondack Swimmers MUST be Registered with the AD Registrar by the Meet Entry Deadline.
- All Adirondack Meets are reconciled for current USA Swimming Registration.
- Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))
- Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org
- Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or <mailto:kfurman@adirondackswimming.org>

Swimming Events:

THIS IS A PRE-SEEDED MEET. All events will be timed finals, except the 400 and 500 yards events which require positive check-in. Swimmers in the 500 yard freestyle (Events 31 - 34) must check-in by 11:00 a.m. The 500 yard freestyle will be swum starting with the fastest heat of girls, fastest heat of boys, then combined. Swimmers in the 400 yard IM (Events 83 & 84) must check-in by 1:30 p.m.

Scratches:

Swimmers in events 31 - 34 and events 83 & 84 who do not positively check in by the deadlines will be scratched.
Coaches – be sure your swimmers check-in.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area. Swimmers and coaches are expected to follow the Adirondack Safety Guidelines which have been provided to all clubs and should be consulted for other warm-up procedures.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions:

1. Deck Entries are NOT Allowed during Championship Meets.
2. Athlete must be USA-S Registered and show USA-S ID (those already in meet have been confirmed registered).
If an athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached Adirondack) swimmers ONLY at a fee of \$100. DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Timers:

Clubs will be required to provide timers based upon their number of entries. Lane assignments will be posted at the pool and in the program. Swimmers must provide their own timers for the 400 IM's and 500's. Swimmers must provide their own lap counters for the 500's.

Meet Policy:

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members and cleaning up the debris in their area. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck. If at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.**

Services:

A meet program will be available for sale. A variety of breakfast, lunch and snack items will be available in the "Dolphin Café".

Swimming supplies will be available downstairs. No food or drink is to be consumed in the pool area.

Glass containers are prohibited in the pool area.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is also included to compute your team entry fees. The entry fees are \$3.50 per individual event (including the \$.50 travel fund surcharge), and \$6.00 per relay event (including the \$1.00 travel fund surcharge). There is also a \$1.00 per swimmer surcharge.

All Manual (non-electronic) Entries are Subject to a \$1.00 Surcharge Per Entry, Individual or Relay.

Entries must be received by Friday, October 9, 2009.

Make your team entry check payable to **Delmar Dolphins Swim Club, Inc.** and mail your check to:

Dwight Cheu (e-mail: [dwightcheu@gmail.com](mailto:dwrightcheu@gmail.com))
69 Cambridge Drive
Glenmont, NY 12077
518-478-9225

To save mailing costs, Entries may be emailed and will be entered to the meet upon receipt of your check

Awards:

Individual events ribbons will be awarded for 1st – 8th Place. Relay events ribbons will be awarded for 1st – 3rd Place.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting. New officials are welcome to shadow at this meet.

If you have any questions please contact: Michael Clarke 478-0578 or Dwight Cheu: 478.9225

DELMAR DOLPHINS "THE OCEAN BLUE" INVITATIONAL - EVENTS
Sunday October 18th, 2009

MORNING SESSION

Warm Up: 8 & Under: 8:00 – 8:20 a.m., 10 & Under: 8:20 - 8:40 a.m., Combined: 8:40 - 8:50 a.m.

Meet Start – 9:00 A.M.

<u>Girls' Event Number</u>	<u>Event</u>	<u>Boys' Event Number</u>
1	10 & Under 100 Backstroke	2
3	8 & Under 100 IM	4
5	10 & Under 100 IM	6
7	8 & Under 25 Backstroke	8
9	10 & Under 50 Backstroke	10
11	8 & Under 50 Freestyle	12
13	10 & Under 100 Freestyle	14
15	8 & Under 25 Breaststroke	16
17	10 & Under 50 Breaststroke	18
19	8 & Under 25 Butterfly	20
21	10 & Under 50 Butterfly	22
23	8 & Under 25 Freestyle	24
25	10 & Under 50 Freestyle	26
27	8 & Under 100 Medley Relay	28
29	10 & Under 200 Freestyle Relay	30

Mid Day Session

Meet Start: Immediately following Event #30.

<u>Girls' Event Number</u>	<u>Event</u>	<u>Boys' Event Number</u>
31	12 & Under 500 Freestyle	32
33	13 & Up 500 Freestyle	34

Afternoon Session

Warm-ups: Not before 12:30 p.m., 11 & 12 for 1st 20 min., 13 & Older for 2nd 20 min., Combined for last 10 min

Meet Start: Not Before 1:30 P.M.

<u>Girls' Event Number</u>	<u>Event</u>	<u>Boys' Event Number</u>
35	15 & Up 50 Freestyle	36
37	13-14 50 Freestyle	38
39	11-12 50 Freestyle	40
41	15 & Up 200 IM	42
43	13-14 200 IM	44
45	11-12 200 IM	46
47	15 & Up 100 Freestyle	48
49	13-14 100 Freestyle	50
51	11-12 100 Freestyle	52
53	15 & Up 100 Backstroke	54
55	13 -14 100 Backstroke	56
57	11-12 100 Backstroke	58
59	15 & Up 100 Breaststroke	60
61	13-14 100 Breaststroke	62
63	11-12 50 Breaststroke	64
65	15 & Up 100 Butterfly	66
67	13-14 100 Butterfly	68
69	11-12 50 Butterfly	70
71	15 & Up 200 Freestyle	72
73	13-14 200 Freestyle	74
75	11-12 200 Freestyle Relay	76
77	15 & Up 200 Freestyle Relay	78
79	13-14 200 Freestyle Relay	80
81	Open 400 Medley Relay	82
83	Open 400 IM	84

Entry Fee: \$3.50 Per Event + \$1.00 per Swimmer Surcharge
May Swim a Maximum of 5 Individual Events and 2 Relays

Delmar Dolphins Swim Club
Entry Fee Calculation Sheet
Ocean Blue Invitational, October 18, 2009

MEET _____
TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-MAIL ADDRESS _____

NUMBER OF GIRLS INDIVIDUAL ENTRIES	_____	X \$3.50=	\$ _____
NUMBER OF GIRL SWIMMERS	_____	X \$1.00=	\$ _____
NUMBER OF GIRL RELAYS	_____	X \$6.00=	\$ _____
NUMBER OF BOYS INDIVIDUAL ENTRIES	_____	X \$3.50=	\$ _____
NUMBER OF BOY SWIMMERS	_____	X \$1.00=	\$ _____
NUMBER OF BOY RELAYS	_____	X \$6.00=	\$ _____
NUMBER OF MANUAL ENTRIES	_____	X \$1.00=	\$ _____

TOTAL ENTRY FEE DUE.....\$ _____

TOTAL ENCLOSED.....\$ _____

MAKE CHECKS PAYABLE TO “Delmar Dolphins Swim Club”

E-MAIL ENTRIES TO: **dwightcheu@gmail.com**

**ENTRIES WILL BE POSTED TO THE MEET PROGRAM UPON
RECEIPT OF CHECK**

**THE DELMAR DOLPHINS ASSUMES NO RESPONSIBILITY FOR
MEET CLOSE-OUT DUE TO LATE ENTRIES**

ENTRY DEADLINE

Friday, October 9, 2009

MAIL ENTRIES, ENTRY REPORT, THIS FORM AND CHECK TO:

Dwight Cheu
69 Cambridge Drive
Glenmont, NY 12077
518-478-9225

e-mail: **dwightcheu@gmail.com**