

DECEMBER SUPER SPLASH

December 5-6, 2009 Skidmore College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD10-006
Carolyn Manor, General Chair

Host: Glens Falls YMCA Gators Swim Team

Place: SKIDMORE COLLEGE, SARATOGA SPRINGS, NY
Short Course 25 yard, 6 lane pool, continuous warm-up pool
Colorado Starting and Timing System

Time: SATURDAY DECEMBER 5
SESSION I (SCRATCH SHEETS) – WARM-UP 1:00PM, SESSION START 2:00PM

SUNDAY DECEMBER 6
SESSION II (SCRATCH SHEETS) – WARM-UP 7:00AM, SESSION START 8:00AM
SESSION III (POSITIVE CHECK-IN) – WARM-UP 12:00PM, SESSION START 12:30PM
SESSION IV (SCRATCH SHEETS) – WARM-UP 2:30PM, SESSION START 3:30PM

Meet Director: Bryan Woodward, (508) 863-1115
Meet Marshall: JODIE MELOFCHIK
Meet Referee: JoAnn Faucett, faucettjm@aol.com

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **December 5, 2009**.
A swimmer may enter five (5) individual events per day, plus 1 relay. **If a swimmer chooses to swim the 1000 Freestyle on Sunday afternoon, that must be included as one of their five (5) events.**

The meet committee reserves the right to return entries whose inclusion would extend the meet over the allotted time.

Rules from the current USA Swimming Technical Rules will be in effect.

Entries must be submitted electronically, using the Hy-Tek Meet Manager or Team Manager Software. Entries may be submitted on CD of Floppy Disk or via e-mail. Team entries must be received by **Tuesday November 24, 2009**.

Please send entries to – Kathy Cerny (798-3430, kcerny@adelphia.net)

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Adirondack Swimmers MUST be Registered with the AD Registrar by the Meet Entry Deadline.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or kfurman@adirondackswimming.org

Swimming Events/Scratches:

This meet will **NOT** be pre-seeded. Session III will be positive check-in. Swimmers will be asked to positively check-in for the 1000 FREE. Sessions I, II & IV will be seeded during warm-up after scratch sheets are turned in by the coaches of each team. All coaches will be given scratch sheets in their meet packet upon their arrival. Coaches will be responsible for scratching any swimmers that may not be in attendance or may be dropping events for that particular session (Sessions I, II and/or IV). A scratch deadline will be given for each session (sometime during the first half of warm-up) to allow the meet committee enough time to seed the meet. Swimmers are allowed to swim up to five events per day plus 1 relay. All events are timed finals. All events will be swum slow to fast except the 1000 FREE which will be fast to slow. **The 1000 FREE will be swum combined fastest to slowest and will be limited to 9 heats.** Teams with swimmers that are cut from the 1000 FREE will receive a refund for that event. If the meet is oversubscribed, the meet director and meet referee will work together to determine a solution in the best interest of the swimmers.

Relays:

Relays will be swum as timed finals.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Warm-up assignments will be determined by the meet committee based on the number of entries received by each team. They will be emailed to the team contacts and posted to the AD Web Site, prior to the start of the meet.

Session I (Sat) – 1:00pm

Session II (Sun) – 7:00am

Session III (Sun) – 12:00pm

Session IV (Sun) – 2:30pm

*continuous warm-up/warm-down will be available throughout the meet.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).
If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached, Adirondack) ONLY at a fee of \$100.
DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Timers:

Clubs will be required to provide timers based upon their number of entries.
Swimmers have to provide their own timers for the 400 IM and 1000 Free.

Meet Policy:

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck. If, at and AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.**

Services:

A concession stand will be available throughout the meet. No food is to be consumed on the pool deck.
A hospitality room will be available for officials and coaches only in the office off of the pool deck.
Host team will be selling meet t-shirts, sweatshirts and miscellaneous swimming supplies.
Smoking is not permitted in the building.
No glass containers allowed in the pool area.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Parking:

All Parents and Swimmers will be required to park in West Lot across the street from the pool. Coaches and Officials will be allowed to park in the parking lot outside of the pool but will be required to show their USA Swimming Cards in order to gain access to this lot.

Entries AND Fees:

Entries must be submitted digitally using the Hy-tek Meet Manager or Team Manager software. For the purpose of the deadline, a completed team entry will consist of all entry information using Hy-tek to prepare the entries. Glens Falls is not responsible for any entry errors submitted by the teams. Entries must be received by **Tuesday November 24, 2009**. Email entries as an attachment to kcerny@adelphia.net allowing time for entry fees to arrive at the following address before due date.

An entry summary sheet is also included to compute your team entry fees. No team entries will be accepted without the required fees.

- The entry fees are \$3.75 per individual event (including the \$.50 travel fund surcharge).
- \$6.00 per relay (including the \$1.00 travel fund surcharge).
- There is also a \$1.00 per swimmer surcharge.
- All Manual (non-electronic) Entries are Subject to a \$1.00 Surcharge Per Entry, Individual or Relay.

Make your entry check payable to **GLENS FALLS YMCA GATORS** and mail your check and hard copy of entry to:

Kathy Cerny
Glens Falls YMCA Gators
600 Glen Street
Glens Falls, NY 12801

To save mailing costs and avoid damage, Entries may be emailed and will be entered to the meet upon receipt of your check

Awards:

Ind. Event Ribbons for 1st thru 6th places; Relay Event Ribbons for 1st thru 3rd places.

**Awards for all 50 yard events will be divided into age groupings (8&under, 9-10, 11-12, 13-14, 15&Over)

Scoring:

The meet will not be scored.

Time Trials:

Time trials will not be offered.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

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SESSION I – SATURDAY DECEMBER 5, 2009
WARM-UPS 1:00PM SESSION BEGINS 2:00PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
1	10 & Under 50 FLY	2
3	11 & Over 50 FLY	4
5	10 & Under 50 BACK	6
7	11 & Over 50 BACK	8
9	OPEN 200 FREE	10
11	10 & Under 50 BRST	12
13	11 & Over 50 BRST	14
15	10 & Under 50 FREE	16
17	11 & Over 50 FREE	18
	10 MINUTE BREAK	
19	OPEN 400 IM	20

Events will be swum slow to fast

*Swimmers may swim a maximum of
5 Individual Events Per Day(Including 1000FR)* Plus 1 Relay

SESSION II – SUNDAY DECEMBER 6, 2009
WARM-UPS 7:00AM SESSION BEGINS 8:00AM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
21	10 & Under 100 FREE	22
23	13-14 100 FREE	24
25	10 & Under 100 FLY	26
27	13-14 200 FLY	28
29	10&U 100 BACK	30
31	13-14 200 BACK	32
33	10&U 100 BREAST	34
35	13-14 200 BREAST	36
37	10&U 200 IM	38
39	13-14 200 IM	40
41	10&U 200 MED REL	42
43	13-14 200 MED REL	44

Events will be swum slow to fast

SESSION III – SUNDAY DECEMBER 6, 2009
WARM-UPS 12:00PM SESSION BEGINS 12:30PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
45	OPEN 1000 FREE	46

Events will be swum combined fast to slow

SESSION IV – SUNDAY DECEMBER 6, 2009
WARM-UPS 2:30PM SESSION BEGINS 3:30PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
47	11-12 100 FREE	48
49	15&O 100 FREE	50
51	11-12 200 FLY	52
53	15&O 200 FLY	54
55	11-12 200 BACK	56
57	15&O 200 BACK	58
59	11-12 200 BREAST	60
61	15&O 200 BREAST	62
63	11-12 200 IM	64
65	15&O 200 IM	66
67	11-12 200 MED REL	68
69	15&O 200 MED REL	70

Events will be swum slow to fast

*Swimmers may swim a maximum of
5 Individual Events Per Day(Including 1000FR)* Plus 1 Relay

"GLENS FALLS YMCA GATORS"

ENTRY FEE CALCULATION SHEET:

DECEMBER SUPER SPLASH DECEMBER 5-6, 2009 @ SKIDMORE COLLEGE

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Girls Individual Entries	_____	X \$3.75 = \$_____
Number of Girl Swimmers	_____	X \$1.00 = \$_____
Number of Girls Relays	_____	X \$6.00 = \$_____
Number of Boys Individual Entries	_____	X \$3.75 = \$_____
Number of Boy Swimmers	_____	X \$1.00 = \$_____
Number of Boys Relays	_____	X \$6.00 = \$_____
Number of Manual Entries	_____	X \$1.00 = \$_____

Total Entry Fee Due\$_____

Master Entry Sheet Fee (if applicable)\$_____

Total Amount Due and Enclosed\$_____

MAKE CHECKS PAYABLE TO "GLENS FALLS YMCA"

This form Must be returned with Entry Report, Check and Hy-Tek Disk

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY
GLENS FALLS YMCA GATORS assumes no responsibility
for meet close-out due to late entries**

**ENTRY DEADLINE..
TUESDAY NOVEMBER 24, 2009**

Mail Entries, Entry Report, This Form and Check to:
KATHY CERNY 600 GLEN ST. GLENS FALLS, NY 12801

***Entries May be sent E-mail to: kcerny@adelphia.net**

**Your Team Check Must be received to have entries added to the meet.*