

# Hawks Trials and Finals

## January 29-31, 2010

### Valley Central Natatorium

#### 1175 Route 17K

#### Montgomery, NY 12549

**Sanction:** Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD10-012  
Carolyn Manor, General Chairman

**Host:** Hawks Swimming Association, Ltd.

**Place:** Valley Central Natatorium. 1175 Route 17K, Montgomery, NY 12549  
**8 Lane Indoor Short Course 25 yard pool with non-turbulent lane dividers**  
**Colorado Timing System, 8 Lane display scoreboard**

**Pool Depths:** Start End ... 1 meter 13' 0", 5 meters 12'0" Turn End ... 1 meter 3' 6", 5 meters 4'0"

**Time:** Friday January 29, Saturday January 30 and Sunday January 31, 2010. Official warm-up times will be posted on the Hawks website ([www.hawksswimming.org](http://www.hawksswimming.org)) and the Adirondack website ([www.adirondackswimming.org](http://www.adirondackswimming.org)) by January 25, 2010. Times will also be emailed to club contacts by January 25, 2010.

**Meet Director:** Chris Joyce (845)457-6027 cell (845) 527-2653 ... [web@hawksswimming.org](mailto:web@hawksswimming.org)  
38 Corbett Rd. Montgomery, NY 12549

**Meet Marshall:** Mike Gulitti

**Meet Referee:** Mark Amodio ... [amodio@vassar.edu](mailto:amodio@vassar.edu) ... (914) 456-6791

#### Entry Rules:

The eligibility of a swimmer will be determined by his or her age on January 29, 2010.

Rules from the current USA Swimming Technical Rules will be in effect.

Entries must be submitted electronically, using the Hy-Tek Meet Manager or Team Manager Software.

Entries may be submitted via e-mail to: [web@hawksswimming.org](mailto:web@hawksswimming.org)

Team entries must be received by January 20, 2010.

In the event the meet is oversubscribed, a joint decision of the meet director and meet referee will determine the resolution, in the best interest of the swimmers.

#### USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Adirondack Swimmers MUST be Registered with the AD Registrar by the Meet Entry Deadline.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site [www.adirondackswimming.org](http://www.adirondackswimming.org)

Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or [kfurman@adirondackswimming.org](mailto:kfurman@adirondackswimming.org)

#### Swimming Events:

**Swimmers, who have entries Exclusively in the Saturday and/or Sunday Timed Finals Sessions (3 and 6) (10 & under and 8 & under) may swim 5 events per day plus 1 relay.**

**Swimmers with entries in the Friday Session (1), may swim 3 events.**

**Swimmers with ANY Entries in the Saturday and/or Sunday Prelims Sessions (2 and 5), may swim 3 events per day.**

**Entry Fees are as follows:**

**Timed Final Events: \$4.00 per event, which includes the \$.50 AD Travel Fund Charge.**

**Prelims and Finals Events: \$4.50 per event, which includes the \$.50 AD Travel Fund Charge.**

**Relays: \$6.00 per event, which includes the \$1.00 AD Travel Fund Charge.**

**Plus a \$1.00 per swimmer Surcharge.**

**All Manual (non-electronic) or Deck Entries, Individual or Relay, are subject to a \$1.00 Surcharge, per entry.**

#### Relays:

Relay sheets will be issued during the session. Swimmers names must be listed in the order they are swimming.

#### Scratches:

Positive check in is required for all timed final and prelim events. Check-in cutoff is 45 minutes prior to session start time.

#### Finals Scratch Procedure:

1. A swimmer qualifying for a consolation final or final race following preliminaries must notify the Clerk of Course within thirty (30) minutes after the announcement of the qualifiers for that race that he/she may not intend to compete and further declare his/her final intentions within thirty (30) minutes following his/her last individual preliminary event.
2. Swimmers must compete in all final races in which he/she has qualified unless final intention to scratch is declared. Failure to compete in a consolation or final race for which a swimmer had qualified will result in the swimmer being barred from the remainder of the meet unless such failure is excused by the Meet Referee.

### **Warm-Ups:**

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

**Warm-up times are tentative. Final announcement of warm-up times will be emailed to the teams and posted on the Hawks and AD websites by 1/23/2010.**

### **Deck Entries:**

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).  
**If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached, Adirondack) ONLY at a fee of \$102.**  
**DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.**
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. All Deck Entries, Individual or Relay, are subject to a \$1.00 Surcharge per entry.

### **Timers:**

Clubs will be required to provide timers based upon their number of entries.  
Swimmers have to provide their own timers and counters for all Friday events.

### **Meet Policy:**

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.** If, at and AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

### **Services:**

**Food and Beverages will be available at a concession stand.**  
**There will be a variety of t-shirts, goggles, swim suits and other merchandise available.**

### **Disabled Athletes:**

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

### **Awards:**

For all events, awards will be for 1st - 8th place

### **Officials:**

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

### **Note:**

**NYS Law prohibits smoking on school property.**  
**Camera cell phones & video recording devices are not permitted in the locker rooms.**  
**Shoes or sandals must be worn by swimmers when not on deck (no Exceptions).**

If you have any questions please contact

Chris Joyce (845)457-6027 cell (845) 527-2653

[web@hawksswimming.org](mailto:web@hawksswimming.org)

38 Corbett Rd.  
Montgomery, NY 12549

# Hawks Trials and Finals

## Friday ... January 29, 2010

### Session 1

#### Warm-ups 3:30PM Session Begins 4:30PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
1	12 & Under 200 IM	2
3	Open 400 IM	4
5	12 & Under 200 Freestyle	6
7	Open 500 Freestyle	8
9	Open 1650 Freestyle	10

Swimmers may swim 3 events on Friday  
ALL Swimmers in Friday Session MUST Provide their own Timers and Lap Counters

# Hawks Trials and Finals

## Saturday ... January 30, 2010

### Session 2 - Prelims

#### Warm-ups 8:00AM Session Begins 9:00AM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
11	12 & Under 100 IM	12
13	13-14 200 IM	14
15	Open 200 IM	16
17	12 & Under 50 Backstroke	18
19	13-14 100 Backstroke	20
21	Open 100 Backstroke	22
23	12 & Under 100 Butterfly	24
25	13-14 200 Butterfly	26
27	Open 200 Butterfly	28
29	12 & Under 50 Breaststroke	30
31	13-14 100 Breaststroke	32
33	Open 100 Breaststroke	34
35	12 & Under 200 Freestyle	36
37	13-14 200 Freestyle	38
39	Open 200 Freestyle	40

Swimmers May Enter 3 Events Maximum on Saturday  
If swimming ANY Events from this session on Saturday

### Session 3 - Timed Finals

#### Warm-ups 12:00 Noon Session Begins 1:00PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
41	10 & Under 200 IM	42
43	8 & Under 50 Backstroke	44
45	10 & Under 50 Backstroke	46
47	10 & Under 100 Butterfly	48
49	8 & Under 100 Butterfly	50
51	10 & Under 50 Freestyle	52
53	8 & Under 50 Freestyle	54
55	10 & Under 100 Breaststroke	56
57	8 & Under 100 Breaststroke	58
59	10 & Under 200 Medley Relay	60

Swimmers May Enter 5 Individual Events and 1 Relay on Saturday  
If swimming EXCLUSIVELY in this session on Saturday

### Session 4 - Finals

#### Warm-ups 4:00PM Session Begins 5:00PM

All Events are The Same as Session 2 - Prelims

# Hawks Trials and Finals

## Sunday ... January 31, 2010

### Session 5 - Prelims

#### Warm-ups 8:00AM Session Begins 9:00AM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
61	12 & Under 100 Freestyle	62
63	13-14 100 Freestyle	64
65	Open 100 Freestyle	66
67	12 & Under 100 Backstroke	68
69	13-14 200 Backstroke	70
71	Open 200 Backstroke	72
73	12 & Under 50 Butterfly	74
75	13-14 100 Butterfly	76
77	Open 100 Butterfly	78
79	12 & Under 100 Breaststroke	80
81	13-14 200 Breaststroke	82
83	Open 200 Breaststroke	84
85	12 & Under 50 Freestyle	86
87	13-14 50 Freestyle	88
89	Open 50 Freestyle	90

Swimmers May Enter 3 Events Maximum on Sunday  
If swimming ANY Events from this session on Sunday

### Session 6 - Timed Finals

#### Warm-ups 12:00 Noon Session Begins 1:00PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
91	10 & Under 100 IM	92
93	8 & Under 100 IM	94
95	10 & Under 100 Backstroke	96
97	8 & Under 100 Backstroke	98
99	10 & Under 50 Butterfly	100
101	8 & Under 50 Butterfly	102
103	10 & Under 100 Freestyle	104
105	8 & Under 100 Freestyle	106
107	10 & Under 50 Breaststroke	108
109	8 & Under 50 Breaststroke	110
111	10 & Under 200 Freestyle	112

Swimmers May Enter 5 Individual Events and 1 Relay on Sunday  
If swimming EXCLUSIVELY in this session on Sunday

### Session 7 - Finals

#### Warm-ups 4:00PM Session Begins 5:00PM

All Events are The Same as Session 5 - Prelims

# Hawks Swimming Association, Ltd.

## ENTRY FEE CALCULATION SHEET

Hawks Prelims and Finals January 29-31, 2010 Montgomery, NY 12549

TEAM NAME \_\_\_\_\_  
CONTACT PERSON \_\_\_\_\_  
PHONE NUMBER \_\_\_\_\_  
E-Mail ADDRESS \_\_\_\_\_

Number of Individual Entries Prelims/Finals	_____	X \$4.50 = \$	_____
Number of Individual Entries Timed Finals	_____	X \$4.00 = \$	_____
Number of Swimmers	_____	X \$1.00 = \$	_____
Number of Relays	_____	X \$6.00 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____

Total Entry Fee Due .....\$\_\_\_\_\_

Total Amount Due and Enclosed .....\$\_\_\_\_\_

*MAKE CHECKS PAYABLE TO "Hawks Swimming Association"*

This form Must be returned with, Check

**Entries will be posted to the meet program  
upon RECEIPT OF CHECK ONLY**  
*Hawks Swimming Association, Ltd.*  
**assumes no responsibility  
for meet close-out due to late entries**  
**ENTRY DEADLINE.. 1/20/2010**

Mail This Form and Check to:

Chris Joyce  
38 Corbett Rd.  
Montgomery, NY 12549

**Entries Must be sent E-mail to: [web@hawksswimming.org](mailto:web@hawksswimming.org)**