

Hawks Time Trials

Held During the Hawks Trials and Finals Meet

January 30, 2010

Valley Central Natatorium

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # **AD10-012TT**
Kim Crouse, General Chairman

Host: **Hawks Swimming Association, Ltd.**

Place: Valley Central Natatorium
1175 Route 17K
Montgomery, NY 12549
8 Lane Indoor Short Course 25 yard pool with non-turbulent lane dividers
Colorado Timing System, 8 Lane display scoreboard

Pool Depths: Start End ... 1 meter 13' 0", 5 meters 12'0" Turn End ... 1 meter 3' 6", 5 meters 4'0"

Time: Saturday January 30. Official warm-up times will be announced during the Hawks Trials and Finals meet.

Meet Director: Chris Joyce (845)457-6027 cell (845) 527-2653, web@hawksswimming.org
38 Corbett Rd. Montgomery, NY 12549

Meet Marshall: Mike Gulitti

Meet Referee: Mark Amodio, amodio@vassar.edu (914) 456-6791

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on 1/30/2010.
Rules from the current USA Swimming Technical Rules will be in effect.
Entries must be submitted during the Trials and Finals Sessions
All Swimmers entering Time Trials must be entered in the Trials and Finals meet.

Swimming Events:

Time Trial Entry Fees are \$8.00 per Relay Team

Relay sheets will be issued during the session. Swimmers names must be listed in the order they are swimming.

Timers:

Swimmers have to provide their own timers and counters for all Time Trial events.

ALL CONDITIONS, AS STATED IN THE MEET ANNOUNCEMENT FOR THE HAWKS "TRIAL AND FINALS" MEET APPLY TO THE TIME TRIALS. PLEASE REFER TO THIS ANNOUNCEMENT FOR COMPLETE MEET INFORMATION AND CONDITIONS.

If you have any questions please contact

Chris Joyce (845)457-6027 cell (845) 527-2653
web@hawksswimming.org
38 Corbett Rd.
Montgomery, NY 12549

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GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
1	Open 200 Free Relay	2
3	Open 200 Medley Relay	4
5	Open 400 Free Relay	6
7	Open 400 Medley Relay	8
9	Open 800 Free Relay	10

Hawks Swimming Association, Ltd.
ENTRY FEE CALCULATION SHEET
Hawks Time Trials
Held During the Hawks "Trials and Finals" Meet
January 30, 2010

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Relay Teams Entered _____ X \$8.00 = \$_____

Total Amount Due and Enclosed\$_____

MAKE CHECKS PAYABLE TO "Hawks Swimming Association"

Please bring this form to the computer table
with your relay sheets and total fee due.

Announcements will be made at the meet with further instructions.