

16th ANNUAL THOROUGHbred SPLASH INVITATIONAL

January 31, 2010 Skidmore College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD10-015
Carolyn Manor, General Chairman

Host: Saratoga YMCA Stingrays

Place: Skidmore College Swimming Pool Saratoga Springs, New York
Short Course 25 yard, 6 lane pool, continuous warm up pool, Colorado Starting and Timing System
Pool Depths ... Start End at 1 meter=4'0", 5 meters=4'4" ... Turn End at 1 meter=10'0", 5 meters=9'0"

Meet Director: Paul Sorel (587-3329, jsorel1@nycap.rr.com)

Meet Marshall: Jim Carswell

Meet Referee: JoAnn Faucett

Meet Entries: Pat Bonga (stingrays@ymcasaratoga.org)

Entry Rules:

Swimmers entering events with cutoff times must have entry times faster than the specified cut off time.

The eligibility of a swimmer will be determined by his or her age on January 31, 2010.

Rules from the current USA Swimming Technical Rules will be in effect.

Entries must be submitted on floppy diskette or CD using the Hy-Tek Meet Manager or Team Manage Software.

Teams can also e-mail their entries to: stingrays@ymcasaratoga.org

Team entries must be received by: **January 17, 2010.**

If the meet is oversubscribed, the meet director and meet referee will jointly determine a resolution, in the best interest of the swimmers.

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Adirondack Swimmers MUST be Registered with the AD Registrar by the Meet Entry Deadline.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed.

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or kfurman@adirondackswimming.org

Swimming Events:

Positive check in will be required for the 500 yard freestyle only, prior to the start of Session II. This is a pre-seeded meet. All events will be swum as timed finals. A swimmer may enter FOUR (4) events plus ONE (1) relay. All qualifying times must be faster than the qualifying times listed on the events page.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

- Session I Warm-ups 7:00-7:50 AM, Session Start 8:00 AM
- Session II 10 minute warm-up period for 500 Free, immediately following event 30 and no earlier than 11:00 AM
- Session III Warm-ups 12:00 PM-12:50 PM, Session Start 1:00 PM

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions:

1. Deck Entries are NOT Allowed during Championship Meets.
2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).
If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached, Adirondack) ONLY at a fee of \$100.
DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are subject to a \$1.00 Surcharge, per entry, which applies to all entries, individual or relays.

Timers:

Clubs will be required to provide timers based upon their number of entries.

Swimmers have to provide their own timers for the 500 Freestyle

Meet Policy:

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are required to display USA Swimming credentials (USA Swimming Membership Card) while on deck.**

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Services:

Meet programs will be available for sale at the entrance to the Sports Center. Swim apparel and equipment will be available for sale in the Sports Center main lobby. Hot and cold food will be on sale throughout the meet in the main lobby of the Sports Center. No food or drink will be allowed in the pool area. Smoking is NOT permitted in the facility. Parents, coaches and swimmers are not to bring containers of any sort into the pool area.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.50 per individual event (these include the \$.50 travel fund surcharge), and \$6.00 per relay (including the \$1.00 travel fund surcharge). There is also a \$1 per swimmer surcharge. All Manual (non-electronic) entries are subject to a \$1.00 Surcharge per entry, Individual or Relay.

Make your entry check payable to **Saratoga YMCA Stingrays** and mail your check to:

Pat Bonga, c/o YMCA of Saratoga, PO Box 4610, Saratoga Springs, NY 12866

To save mailing costs and avoid damage, entries may be emailed and will be entered to the meet upon receipt of your check

Awards:

Individual event medals will be awarded for 1st-6th place. Relay event ribbons will be awarded to the 1st-3rd place teams.

Officials:

There will be an officials meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in officials' room before the start of officials meeting.

If you have any questions please contact Paul Sorel at 518-587-3329 or jsorel1@nycap.rr.com

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January 31, 2010 Skidmore College

Session I

WARM-UPS 7:00 AM- 7:50 AM ... SESSION BEGINS 8:00AM

GIRLS EVENTS	QUALIFYING TIMES Faster Than	AGE GROUP	EVENT DESCRIPTION	QUALIFYING TIMES Faster Than	BOYS EVENTS
1	1:50.00	9-10	100 Y Individual Medley	1:52.00	2
3		11-12	200 Y Individual Medley		4
5		9-10	50 Y Butterfly		6
7		11-12	50 Y Butterfly		8
9		9-10	100 Y Freestyle		10
11		11-12	100 Y Freestyle		12
13		9-10	50 Y Backstroke		14
15		11-12	50 Y Backstroke		16
17		9-10	50 Y Freestyle		18
19		11-12	50 Y Freestyle		20
21		9-10	50 Y Breast		22
23		11-12	50 Y Breast		24
25	2:54.00	9-10	200 Y Freestyle	2:54.00	26
27	2:35.00	11-12	200 Y Freestyle	2:35.00	28
29		9-10	200 Y Mixed Free Relay*		29
30		11-12	200 Y Mixed Free Relay*		30

Session II

10 minute Warm-ups for 500 Free immediately following Event 30 but not earlier than 11:00AM

31	6:20.00	Open	500Y Freestyle**	6:15.00	32
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Session III

WARM-UPS 12:00 PM to 12:50 PM... SESSION BEGINS 1:00PM

GIRLS EVENTS	QUALIFYING TIMES Faster Than	AGE GROUP	EVENT DESCRIPTION	QUALIFYING TIMES Faster Than	BOYS EVENTS
33	1:44.00	8 & under	100 Y Freestyle	1:44.00	34
35	2:26.00	13 & over	200 Y Freestyle	2:24.00	36
37		8 & under	25 Y Butterfly		38
39		13 & over	100 Y Butterfly		40
41		8 & under	25 Y Backstroke		42
43		13 & over	100 Y Backstroke		44
45		8 & under	25 Y Freestyle		46
47		13 & over	100 Y Freestyle		48
49		8 & under	25 Y Breaststroke		50
51		13 & over	100 Y Breaststroke		52
53		8 & under	100 Y Individual Medley		54
55		13 & over	200 Y Individual Medley		56
57		8 & under	50 Y Freestyle		58
59		13 & over	50 Y Freestyle		60
61		8 & under	100 Y Mixed Free Relay*		61
62		13 & over	200 Y Mixed Free Relay*		62

* Each relay team must have at least **one male** and **one female** swimmer.

** Swimmers must provide their own lap counters and lane timers for the 500 Free. Flip cards will be available on deck.

Note: The 500 Freestyle events will be swum combined, without regard to age or gender.

Saratoga YMCA Stingrays
16th ANNUAL THOROUGHBRED SPLASH INVITATIONAL
Skidmore College, January 31, 2010

ENTRY FEE CALCULATION SHEET

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Girls Individual Entries	_____	X \$3.50 = \$	_____
Number of Girl Swimmers	_____	X \$1.00 = \$	_____
Number of Girls Relays	_____	X \$6.00 = \$	_____
Number of Boys Individual Entries	_____	X \$3.50 = \$	_____
Number of Boy Swimmers	_____	X \$1.00 = \$	_____
Number of Boys Relays	_____	X \$6.00 = \$	_____
Number of Manual Entries	_____	X \$1.00 = \$	_____

Total Entry Fee Due\$ _____

Master Entry Sheet Fee (if applicable)\$ _____

Total Amount Due and Enclosed\$ _____

ENTRY DEADLINE: January 17th

MAKE CHECKS PAYABLE TO: Saratoga YMCA Stingrays

Mail Entries, Entry Report, this Form and check to:

Pat Bonga
c/o YMCA of Saratoga
PO Box 4610 Saratoga Springs NY, 12866

***Entries may be sent by e-mail to: Pat Bonga (stingrays@ymcasaratoga.org)**

This form must be returned with Entry Report, Check & Hy-Tek Disk

**Entries will be posted to the meet program
Upon RECEIPT OF CHECK ONLY**

**Saratoga YMCA Stingrays assumes no responsibility for meet close-out
due to late entries.**

**Your team check must be received to have entries added to the meet.*