

**CHANGE NOTICE**  
**League Championships**  
**Central Valley Swim League**  
**Lynch Middle School**  
**February 27, 2010**

**Held under the Approval of Adirondack Swimming, Inc. Approval # APP10-007**

USA Swimming, Inc. Insurance applies to Only those attendees who are Currently and Properly Registered and Certified with USA Swimming, Inc. Attendees who are Not USA Swimming, Inc. Registered are offered No Insurance Coverage at this event. All USA-S Registered Athletes must be under the direct supervision of a currently registered and certified USA-S Coach. Coaches must display current USA Swimming Membership Card showing current Certifications.

In granting this Approval it is understood and agreed that USA Swimming, Inc. and Adirondack Swimming, Inc. shall be free from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.

**In preparing the league championship meet, on oversight caused us to omit separate 8 & Under events for the following;**

**50 yard Fly, Back, Breast and Free**

**In lieu of a complete meet rewrite, we have changed the following events to "Multi Age" events.**

**Events 11/12, 21/22, 31/32, 43/44**

**All of these events are still listed as 10 & Under events and will be seeded and swum with all ages, 10 & Under.**

**Scoring, however, will be broken down in 2 age groups, 8 & Under and 9-10. Awards will be given to the swimmers in both age groups, as if there were two unique events.**