

CHANGE NOTICE

**2010 AD Silver Short Course Championships
March 5, 6, 7, 2010
RPI, Robison Pool
Sanction #AD10-022**

**Based on the estimated Timeline of the meet, with all entries in,
the following changes have been made to the
warm-up schedules and start schedules for Silver Championships**

Session 1 (Friday)

No changes to original schedule

Warm-ups 2:00 pm / Meet Start 3:00 pm

Session 2 (Saturday Girls 12 & Under)

Warm-ups begin for teams at 7:20 am / Meet Start at 8:05 am

NOTE: Albany Starfish & Schdy Shark Girls will warm-up from 7:00 to 7:20 am

Session 3 (Saturday Boys 12 & Under)

Warm-ups will now start at 12:00 noon / Meet Start Time of 12:55 pm

Session 4 (Saturday Girls & Boys 13 & Over)

Warm-ups will begin at 3:00 pm / Meet Start 3:55 pm

Session 5 (Sunday Girls 12 & Under)

Warm-ups begin for teams at 7:20 am / Meet Start at 8:05 am

NOTE: Albany Starfish & Schdy Shark Girls will warm-up from 7:00 to 7:20 am

Session 6 (Sunday Boys 12 & Under)

Warm-ups will now begin at 12:30 pm / Meet Start Time of 1:25 pm

Session 7 (Sunday Girls & Boys 13 & Over)

Warm-ups will now begin at 3:45 pm (or immediately after the conclusion of Session 6) Meet Start Time of 4:40 pm

**Please be certain to inform your swimmers and coaches of these changes.
Thank you for your understanding.**