

## **CHANGE NOTICE**

**2010 AD GOLD Short Course Championships**

**March 19-21, 2010**

**RPI, Robison Pool**

**Sanction #AD10-023**

**Based on the estimated timeline of the meet, with all entries in, the following change has been made to the warm-up schedule, positive check-in deadline and start schedule for Gold Championships:**

**Session 5** (Saturday afternoon, 12 & Under) will start ½ hour later than originally published

Warm-ups begin at 12:00 noon

Positive Check-in deadline is 12:00 noon (all 10&unders, and 11-12 200 back)

Session Starts at 12:45 pm

There are no time changes for the other sessions.

**Please be certain to inform your swimmers and coaches of these changes. Thank you for your understanding.**