

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Event 1 Girls 400 LC Meter Freestyle

Meet Record: 4:33.57 # 7/31/2004 Holly V Furman SCHE -AD
 2009AD LC Di: 4:26.09 ! 7/7/1998 Kim Black SHAK-NI
 2009AD LC Re: 4:26.64 7/10/2009 Aimee Hooper at Niagara Long C ALBS-AD

Name	Age	Team	Finals Time	Points
1 Hooper, Aimee J	16	Albany Starfish Swim Club-AD	4:31.90#	16
2 Samson, Olivia N	16	Albany Starfish Swim Club-AD	4:34.33	13
3 Zhou, Kina Y	15	Albany Starfish Swim Club-AD	4:38.64	12
4 Terwilliger, Emma K	15	Albany Starfish Swim Club-AD	4:40.02	11
5 Orr, Katie E	15	Albany Starfish Swim Club-AD	4:40.14	10
6 Rowe, Katie A	16	Schenectady Swim Club-AD	4:40.87	9
7 Powhida, Bethany C	16	Delmar Dolphins Swim Club, Inc.-AD	4:41.88	7
8 Smachlo, Julia P	15	Albany Starfish Swim Club-AD	4:43.80	5
9 Jordan, Maggie A	15	Schenectady Swim Club-AD	4:46.50	4
10 Bopp, Amy L	15	Schenectady Swim Club-AD	4:47.64	3
11 Dougherty, Sarah E	17	Albany Starfish Swim Club-AD	4:50.32	2
12 Liu, Lisa	15	Albany Starfish Swim Club-AD	4:51.57	1
13 Swett, Sara E	15	Schenectady Swim Club-AD	4:53.49	
14 Whitaker, Emily E	17	Albany Starfish Swim Club-AD	4:55.38	
15 Hallam, Dana L	17	Albany Starfish Swim Club-AD	5:01.36	
16 Higgins, Kristin E	16	Glens Falls YMCA Gators-AD	5:01.69	
17 Romanov, Katie G	15	Schenectady Swim Club-AD	5:03.84	
18 Sara, Siena E	15	Glens Falls YMCA Gators-AD	5:05.16	
19 Ludeke, Kelly E	16	Schenectady Swim Club-AD	5:11.94	
20 Wilcox, Mackenzie L	17	Clifton Park-Halfmoon Piranhas-AD	5:11.98	
21 Grygiel, Catherine C	15	Albany Starfish Swim Club-AD	5:12.40	
22 Korzun, Deb L	18	Schenectady Swim Club-AD	5:13.36	
23 Simon, Chelsey L	16	Clinton Cuda Swim Club-AD	5:15.31	
24 Prendeville, Hanna M	16	Glens Falls YMCA Gators-AD	5:19.00	
25 Madore, Julia L	15	New Hartford Aquatics-AD	5:21.39	
26 Papaleo, Cassie R	15	Clinton Cuda Swim Club-AD	5:22.80	
27 Graham, Meg E	16	Schenectady Swim Club-AD	5:33.84	
28 Thesier, Brittney M	15	Swim Strong Aquatic Club-AD	5:43.41	
29 Sauter, Nicole M	17	Schenectady Swim Club-AD	5:51.83	
30 Marilley, Alex T	16	Swim Strong Aquatic Club-AD	5:58.15	
31 Cleworth, Maddie C	16	Schenectady Swim Club-AD	6:05.37	
32 Williams, Johanna T	15	Greater Glens Falls Flyers-AD	7:05.33	
33 Stevens, Ali V	11	Hawks-AD	7:30.21	

Event 2 Boys 400 LC Meter Freestyle

Meet Record: 4:15.35 # 7/31/2004 Rob S Manor SCHE -AD
 2009AD LC Di: 4:05.76 ! 7/3/2009 Dan O'Connor at Clinton Cudas SYCH-NI
 2009AD LC Re: 4:02.99 8/10/2009 Frankie Dyer at 2009 Speedo Ju ALBS-AD

Name	Age	Team	Finals Time	Points
1 Dyer, Frankie K	18	Albany Starfish Swim Club-AD	4:14.06#	16
2 Lanzi, Antonio J	16	Albany Starfish Swim Club-AD	4:18.81	13
3 Romanov, Greg W	17	Schenectady Swim Club-AD	4:21.81	12
4 DeMaria, Frankie M	18	Albany Starfish Swim Club-AD	4:22.12	11
5 Hooper, Nick R	15	Albany Starfish Swim Club-AD	4:24.11	10
6 Nichols, Troy R	18	Schenectady Swim Club-AD	4:30.15	9
7 Smachlo, Alex A	17	Albany Starfish Swim Club-AD	4:31.66	7
8 MacDonald, Seth M	15	Clinton Cuda Swim Club-AD	4:34.40	5
9 Nichols, Taylor P	15	Schenectady Swim Club-AD	4:38.54	4

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(Event 2 Boys 400 LC Meter Freestyle)

Name	Age	Team	Finals Time	Points
10 Caron, Nolan J	17	Schenectady Swim Club-AD	4:44.38	3
11 Barno, Michael R	18	Schenectady Swim Club-AD	4:52.20	2
12 Zyniecki, Reid M	15	Albany Starfish Swim Club-AD	4:57.64	1
13 Mattice, Greg A	16	Schenectady Swim Club-AD	5:05.10	
--- Bullis, Andrew D	16	Schenectady Swim Club-AD	NS	

Event 3 Girls 13-14 400 LC Meter Freestyle

Meet Record:	4:39.78	# 8/4/2001	Karly A Brooks	SCHE
2009AD LC Di:	4:29.56	! 7/7/1991	Elizabeth Rossi	WHPL-MA
2009AD LC Re:	4:30.60	8/10/1995	Stacy Wells	CLIN-AD

Name	Age	Team	Finals Time	Points
1 Beckford, Gabriela E	14	Albany Starfish Swim Club-AD	4:51.75	16
2 Pucciarelli, Julia M	14	Albany Starfish Swim Club-AD	4:56.51	13
3 Dougherty, Erin B	14	Albany Starfish Swim Club-AD	4:57.52	12
4 Cahill, Kaitlin E	14	Albany Starfish Swim Club-AD	4:59.52	11
5 Rupert, Emma E	13	So. Saratoga YMCA Barracudas-AD	5:02.89	10
6 Pettit, Meghan K	14	Schenectady Swim Club-AD	5:03.00	9
7 Haraden, Karly J	14	Schenectady Swim Club-AD	5:03.66	7
8 Melofchik, Gloria M	14	Glens Falls YMCA Gators-AD	5:07.58	5
9 Leombruno, Rachel D	14	Glens Falls YMCA Gators-AD	5:08.29	4
10 Barno, Katie M	14	Schenectady Swim Club-AD	5:08.41	3
11 Wurth, Rachel E	14	Albany Starfish Swim Club-AD	5:12.15	2
12 Noga, Stephanie L	14	Clinton Cuda Swim Club-AD	5:15.83	1
13 McElrath, Madelaine E	13	Albany Starfish Swim Club-AD	5:18.82	
14 Wang, Jessica J	13	Albany Starfish Swim Club-AD	5:22.24	
15 Heyde, Julianne R	14	Albany Starfish Swim Club-AD	5:26.03	
16 Cowley, Hannah P	14	Schenectady Swim Club-AD	5:28.19	
17 Ferlo, Angela J	14	Schenectady Swim Club-AD	5:32.34	
18 King, Emily R	14	Schenectady Swim Club-AD	5:38.21	
19 Richer, Corinne H	14	Clinton Cuda Swim Club-AD	5:39.90	
20 Jennings, Alyssa M	14	Clinton Cuda Swim Club-AD	5:57.90	
21 Resila, Stephanie L	14	Albany Starfish Swim Club-AD	6:04.28	

Event 4 Boys 13-14 400 LC Meter Freestyle

Meet Record:	4:20.45	# 7/1988	Jim Wells - Leat	LEATHERSTOCKING
2009AD LC Di:	4:18.61	! 7/7/1988	Jim Wells	LEAT-AD
2009AD LC Re:	4:18.61	7/30/1988	Jim Wells	LEAT-AD

Name	Age	Team	Finals Time	Points
1 Sharkey, Ryan P	14	Schenectady Swim Club-AD	4:28.21	16
2 Rowledge, Bobby B	14	Schenectady Swim Club-AD	4:35.95	13
3 Karlok, Dylan J	14	Albany Starfish Swim Club-AD	4:47.86	12
4 Lee, Alex J	14	Albany Starfish Swim Club-AD	4:51.05	11
5 Frandsen, Garret E	14	Glens Falls YMCA Gators-AD	5:04.70	10
6 Beaudoin, Brandon T	14	Schenectady Swim Club-AD	5:09.72	9
7 Goodspeed, Evan J	13	Duanesburg Electric Eels-AD	5:10.22	7
8 Strayer, Aidan H	13	Albany Starfish Swim Club-AD	5:16.58	5
9 Costello, Zack S	13	Albany Starfish Swim Club-AD	5:34.43	4
10 Kuyl, Emile V	13	Hawks-AD	5:40.55	3
11 Duguay, Tylor M	14	Glens Falls YMCA Gators-AD	5:48.33	2
12 Angelini, Harry P	13	New Hartford Aquatics-AD	6:02.55	1
13 Adeson, Jonah E	13	Glens Falls YMCA Gators-AD	6:19.98	

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Event 5 Girls 100 LC Meter Breaststroke

Meet Record: 1:15.52 # 7/30/2004 Dani M Stein SCHE -AD
 2009AD LC Di: 1:14.08 ! 5/13/2006 Lindsey Norberg at New Hartfor ITAC-NI
 2009AD LC Re: 1:13.13 8/7/2006 Briana L. Borgolini at 2006 Sp SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Bopp, Amy L	15	Schenectady Swim Club-AD	1:13.90	1:13.63!	16
2 Barbour, Kelsey T	18	Schenectady Swim Club-AD	1:21.18	1:17.57	13
3 Sternbach, Talia J	15	Albany Starfish Swim Club-AD	1:21.40	1:19.65	12
4 Hooper, Aimee J	16	Albany Starfish Swim Club-AD	1:21.05	1:19.89	11
5 Beckford, Kiersten B	16	Albany Starfish Swim Club-AD	1:23.83	1:23.04	10
6 Duchesne, Courtney M	18	Schenectady Swim Club-AD	1:21.83	1:23.23	9
B - Final					
7 Hyde, Emily A	16	Clinton Cuda Swim Club-AD	1:24.28	1:23.20	7
8 O'Donnell, Katie E	20	Delmar Dolphins Swim Club, Inc.-AD	1:26.43	1:24.50	5
9 Terwilliger, Emma K	15	Albany Starfish Swim Club-AD	1:27.78	1:24.51	4
10 Buyaskas, Kelly A	15	Schenectady Swim Club-AD	1:24.93	1:24.82	3
11 Ludeke, Kelly E	16	Schenectady Swim Club-AD	1:27.43	1:27.20	2
12 Broder, Alissa R	15	Albany Starfish Swim Club-AD	1:26.92	1:27.92	1

Event 5 Girls 100 LC Meter Breaststroke

Meet Record: 1:15.52 # 7/30/2004 Dani M Stein SCHE -AD
 2009AD LC Di: 1:14.08 ! 5/13/2006 Lindsey Norberg at New Hartfor ITAC-NI
 2009AD LC Re: 1:13.13 8/7/2006 Briana L. Borgolini at 2006 Sp SCHE-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Bopp, Amy L	15	Schenectady Swim Club-AD		1:13.90! q
2 Hooper, Aimee J	16	Albany Starfish Swim Club-AD		1:21.05 q
3 Barbour, Kelsey T	18	Schenectady Swim Club-AD		1:21.18 q
4 Sternbach, Talia J	15	Albany Starfish Swim Club-AD		1:21.40 q
5 Duchesne, Courtney M	18	Schenectady Swim Club-AD		1:21.83 q
6 Beckford, Kiersten B	16	Albany Starfish Swim Club-AD		1:23.83 q
7 Hyde, Emily A	16	Clinton Cuda Swim Club-AD		1:24.28 q
8 Buyaskas, Kelly A	15	Schenectady Swim Club-AD		1:24.93 q
9 Boyce, Lauren R	18	Clinton Cuda Swim Club-AD		1:25.49 q
10 O'Donnell, Katie E	20	Delmar Dolphins Swim Club, Inc.-AD		1:26.43 q
11 Broder, Alissa R	15	Albany Starfish Swim Club-AD		1:26.92 q
12 Ludeke, Kelly E	16	Schenectady Swim Club-AD		1:27.43 q
13 Terwilliger, Emma K	15	Albany Starfish Swim Club-AD		1:27.78
14 Powell, Lily F	18	Delmar Dolphins Swim Club, Inc.-AD		1:28.94
15 Prendeville, Hanna M	16	Glens Falls YMCA Gators-AD		1:29.02
16 Hallam, Dana L	17	Albany Starfish Swim Club-AD		1:31.02
17 MacDonald, Hanlon M	16	Delmar Dolphins Swim Club, Inc.-AD		1:31.21
18 Ouyang, Annie W	16	Clifton Park-Halfmoon Piranhas-AD		1:33.68
19 Liu, Lisa	15	Albany Starfish Swim Club-AD		1:38.97
20 Grygiel, Catherine C	15	Albany Starfish Swim Club-AD		1:39.98
21 Chen, Jessica A	15	Albany Starfish Swim Club-AD		1:50.70

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Event 6 Boys 100 LC Meter Breaststroke

Meet Record: 1:08.63 # 7/1996 Mike Coley - Cdac CDAC
 2009AD LC Di: 1:06.81 ! 7/2/2010 Christian Higgins at Clinton C WYW-CT
 2009AD LC Re: 1:06.50 6/15/2009 Andrew Guinther at Charlotte U GLFY-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Rohr, Alex F	20	Schenectady Swim Club-AD	1:14.86	1:11.35	16
2 Rappold, Timothy S	18	Schenectady Swim Club-AD	1:14.06	1:11.86	13
3 Lednev, Alexander I	16	Delmar Dolphins Swim Club, Inc.-AD	1:14.68	1:13.45	12
4 Sharkey, Dylan J	16	Schenectady Swim Club-AD	1:15.26	1:14.86	11
5 Ongkingco, Justin F	16	Swim Strong Aquatic Club-AD	1:17.19	1:16.39	10
6 Kearney, Thomas J	16	Albany Starfish Swim Club-AD	1:16.19	1:16.49	9
B - Final					
7 Resila, Nate J	18	Albany Starfish Swim Club-AD	1:17.33	1:18.37	7
8 Rolleston, Matthew D	15	Glens Falls YMCA Gators-AD	1:20.07	1:20.59	5
9 Zyniecki, Reid M	15	Albany Starfish Swim Club-AD	1:23.51	1:22.05	4
10 Mattice, Greg A	16	Schenectady Swim Club-AD	1:25.16	1:24.36	3
11 Strayer, Ethan C	16	Albany Starfish Swim Club-AD	1:30.98	1:29.83	2

Event 6 Boys 100 LC Meter Breaststroke

Meet Record: 1:08.63 # 7/1996 Mike Coley - Cdac CDAC
 2009AD LC Di: 1:06.81 ! 7/2/2010 Christian Higgins at Clinton C WYW-CT
 2009AD LC Re: 1:06.50 6/15/2009 Andrew Guinther at Charlotte U GLFY-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Rappold, Timothy S	18	Schenectady Swim Club-AD		1:14.06	q
2 Lednev, Alexander I	16	Delmar Dolphins Swim Club, Inc.-AD		1:14.68	q
3 Rohr, Alex F	20	Schenectady Swim Club-AD		1:14.86	q
4 Sharkey, Dylan J	16	Schenectady Swim Club-AD		1:15.26	q
5 Kearney, Thomas J	16	Albany Starfish Swim Club-AD		1:16.19	q
6 Ongkingco, Justin F	16	Swim Strong Aquatic Club-AD		1:17.19	q
7 Resila, Nate J	18	Albany Starfish Swim Club-AD		1:17.33	q
8 Rolleston, Matthew D	15	Glens Falls YMCA Gators-AD		1:20.07	q
9 Zyniecki, Reid M	15	Albany Starfish Swim Club-AD		1:23.51	q
10 Mattice, Greg A	16	Schenectady Swim Club-AD		1:25.16	q
11 Strayer, Ethan C	16	Albany Starfish Swim Club-AD		1:30.98	q

Event 7 Girls 13-14 100 LC Meter Breaststroke

Meet Record: 1:18.79 # 7/1999 Allison DeSanti - Glfy GLENS FALLS
 2009AD LC Di: 1:14.08 ! 5/13/2006 Lindsey Norberg at Colgate May ITAC-NI
 2009AD LC Re: 1:13.13 8/7/2006 Briana L. Borgolini at 2006 Sp SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD	1:23.43	1:22.99	16
2 Rupert, Emma E	13	So. Saratoga YMCA Barracudas-AD	1:24.16	1:23.43	13
3 Dougherty, Erin B	14	Albany Starfish Swim Club-AD	1:25.03	1:23.87	12
4 Beckford, Gabriela E	14	Albany Starfish Swim Club-AD	1:24.27	1:24.18	11
5 Pettit, Meghan K	14	Schenectady Swim Club-AD	1:23.95	1:24.27	10
6 Cahill, Kaitlin E	14	Albany Starfish Swim Club-AD	1:27.62	1:24.81	9
B - Final					
7 Schwarz, Susie D	13	Albany Starfish Swim Club-AD	1:28.53	1:27.53	7
8 Cowley, Hannah P	14	Schenectady Swim Club-AD	1:29.49	1:28.90	5
9 Vandervort, Jenna L	13	Albany Starfish Swim Club-AD	1:30.29	1:29.07	4

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B - Final ... (Event 7 Girls 13-14 100 LC Meter Breaststroke)

Name	Age	Team	Prelim Time	Finals Time	Points
10 Noga, Stephanie L	14	Clinton Cuda Swim Club-AD	1:33.26	1:30.91	3
11 Matuszyk, Grace E	14	Albany Starfish Swim Club-AD	1:29.60	1:31.03	2
12 Lenney, Morgan E	14	Albany Starfish Swim Club-AD	1:34.36	1:32.19	1

Event 7 Girls 13-14 100 LC Meter Breaststroke

Meet Record:	1:18.79	# 7/1999	Allison DeSanti - Glfy	GLENS FALLS
2009AD LC Di:	1:14.08	! 5/13/2006	Lindsey Norberg at Colgate May	ITAC-NI
2009AD LC Re:	1:13.13	8/7/2006	Briana L. Borgolini at 2006 Sp	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD		1:23.43	q
2 Pettit, Meghan K	14	Schenectady Swim Club-AD		1:23.95	q
3 Rupert, Emma E	13	So. Saratoga YMCA Barracudas-AD		1:24.16	q
4 Beckford, Gabriela E	14	Albany Starfish Swim Club-AD		1:24.27	q
5 Dougherty, Erin B	14	Albany Starfish Swim Club-AD		1:25.03	q
6 Cahill, Kaitlin E	14	Albany Starfish Swim Club-AD		1:27.62	q
7 Schwarz, Susie D	13	Albany Starfish Swim Club-AD		1:28.53	q
8 Cowley, Hannah P	14	Schenectady Swim Club-AD		1:29.49	q
9 Matuszyk, Grace E	14	Albany Starfish Swim Club-AD		1:29.60	q
10 Vandervort, Jenna L	13	Albany Starfish Swim Club-AD		1:30.29	q
11 Noga, Stephanie L	14	Clinton Cuda Swim Club-AD		1:33.26	q
12 Lenney, Morgan E	14	Albany Starfish Swim Club-AD		1:34.36	q
13 McElrath, Madelaine E	13	Albany Starfish Swim Club-AD		1:35.05	
14 Resila, Stephanie L	14	Albany Starfish Swim Club-AD		1:35.44	
15 Max, Mallory M	13	Clinton Cuda Swim Club-AD		1:36.77	
16 Prestia, Nikki M	13	Hawks-AD		1:37.27	
17 Schmitz, Stef R	14	Schenectady Swim Club-AD		1:37.59	
18 Wuerdeman, Emma E	14	Greater Glens Falls Flyers-AD		1:38.13	
19 Gulitti, Emily R	14	Hawks-AD		1:39.02	
20 Marilley, Julia M	13	Swim Strong Aquatic Club-AD		1:41.59	
21 Heyde, Julianne R	14	Albany Starfish Swim Club-AD		1:43.11	
22 Jennings, Alyssa M	14	Clinton Cuda Swim Club-AD		1:43.78	
23 Risucci, Domenica N	13	Clinton Cuda Swim Club-AD		1:44.31	
24 Weaver, Mary Kate C	14	Uncle Sam Swim Club-AD		1:47.00	
25 Morgan, Stephanie V	13	Schenectady Swim Club-AD		1:48.76	
26 Moulton, Allie H	13	New Hartford Aquatics-AD		1:53.35	
27 D'Ambrosio, Julia F	13	New Hartford Aquatics-AD		1:53.69	
28 Nolan, Sarah A	13	Schenectady Swim Club-AD		1:59.72	

Event 8 Boys 13-14 100 LC Meter Breaststroke

Meet Record:	1:13.25	# 7/1984	Matt Vicinanza - Sche	SCHENECTADY
2009AD LC Di:	1:12.43	! 7/28/2006	Shayne P. Buckley at Adirondac	SCHE-AD
2009AD LC Re:	1:11.52	5/19/2007	Shayne P. Buckley at New Hartf	SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Smith, Quinn P	14	Schenectady Swim Club-AD	1:15.12	1:14.83	16
2 Gordon, Ryan D	14	Albany Starfish Swim Club-AD	1:16.68	1:16.95	13
3 Chalermkraivuth, James	14	Albany Starfish Swim Club-AD	1:18.94	1:17.93	12
4 Bullis, Grant R	14	Schenectady Swim Club-AD	1:18.56	1:18.08	11
5 Sharkey, Ryan P	14	Schenectady Swim Club-AD	1:21.59	1:19.54	10
6 Brosnihan, Niko S	14	Uncle Sam Swim Club-AD	1:22.05	1:22.75	9

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B - Final ... (Event 8 Boys 13-14 100 LC Meter Breaststroke)

Name	Age	Team	Prelim Time	Finals Time	Points
B - Final					
7	Beaudoin, Brandon T	14 Schenectady Swim Club-AD	1:23.28	1:22.49	7
8	Gulitti, Nicholas R	14 Hawks-AD	1:24.33	1:23.10	5
9	Frandsen, Garret E	14 Glens Falls YMCA Gators-AD	1:27.32	1:25.43	4
10	Colby, Brennan J	14 Schenectady Swim Club-AD	1:29.31	1:29.18	3
11	Lee, Alex J	14 Albany Starfish Swim Club-AD	1:30.04	1:29.38	2
12	Rifkind, Mitchell A	14 Hawks-AD	1:29.72	1:30.35	1

Event 8 Boys 13-14 100 LC Meter Breaststroke

Meet Record:	1:13.25	# 7/1984	Matt Vicinanza - Sche	SCHENECTADY
2009AD LC Di:	1:12.43	! 7/28/2006	Shayne P. Buckley at Adirondac	SCHE-AD
2009AD LC Re:	1:11.52	5/19/2007	Shayne P. Buckley at New Hartf	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1	Smith, Quinn P	14 Schenectady Swim Club-AD		1:15.12 q
2	Gordon, Ryan D	14 Albany Starfish Swim Club-AD		1:16.68 q
3	Bullis, Grant R	14 Schenectady Swim Club-AD		1:18.56 q
4	Chalermkraivuth, James	14 Albany Starfish Swim Club-AD		1:18.94 q
5	Sharkey, Ryan P	14 Schenectady Swim Club-AD		1:21.59 q
6	Brosnihan, Niko S	14 Uncle Sam Swim Club-AD		1:22.05 q
7	Beaudoin, Brandon T	14 Schenectady Swim Club-AD		1:23.28 q
8	Gulitti, Nicholas R	14 Hawks-AD		1:24.33 q
9	Frandsen, Garret E	14 Glens Falls YMCA Gators-AD		1:27.32 q
10	Colby, Brennan J	14 Schenectady Swim Club-AD		1:29.31 q
11	Rifkind, Mitchell A	14 Hawks-AD		1:29.72 q
12	Lee, Alex J	14 Albany Starfish Swim Club-AD		1:30.04 q
13	Goodspeed, Evan J	13 Duanesburg Electric Eels-AD		1:30.73
14	Karlok, Dylan J	14 Albany Starfish Swim Club-AD		1:30.79
15	Angelini, Harry P	13 New Hartford Aquatics-AD		1:32.04
16	Kuyl, Emile V	13 Hawks-AD		1:37.85
17	Costello, Zack S	13 Albany Starfish Swim Club-AD		1:45.87
18	Duguay, Tylor M	14 Glens Falls YMCA Gators-AD		1:52.20

Event 9 Girls 11-12 50 LC Meter Breaststroke

Meet Record:	36.54	# 7/27/2007	Amy Bopp	SCHE-AD
2009AD LC Di:	35.98	! 8/2/1999	Karly Brooks	SCHE-AD
2009AD LC Re:	35.88	8/8/2007	Amy L. Bopp at Eastern Zone Ag	SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1	Samson, Julia E	12 Albany Starfish Swim Club-AD	37.85	38.27	16
2	LaQue, Sydney L	12 Schenectady Swim Club-AD	40.28	41.08	13
3	Misener, Riley M	11 Schenectady Swim Club-AD	42.11	41.09	12
4	Livingston, Maddie P	12 Schenectady Swim Club-AD	41.56	42.03	11
5	Nelson, Rebecca M	12 Duanesburg Electric Eels-AD	42.42	42.40	10
6	March, Nicole D	12 Albany Starfish Swim Club-AD	43.49	43.94	9
B - Final					
7	Bacon, Miranda A	11 Schenectady Swim Club-AD	43.53	44.36	7
8	Marvin, Aurielle E	11 Clifton Park-Halfmoon Piranhas-AD	44.35	45.25	5
9	Barno, Emily R	11 Schenectady Swim Club-AD	45.92	45.56	4
10	Decker, Haley P	12 Clinton Cuda Swim Club-AD	45.73	45.57	3
11	Broder, Emily B	12 Albany Starfish Swim Club-AD	44.89	45.99	2

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

B - Final ... (Event 9 Girls 11-12 50 LC Meter Breaststroke)

Name	Age	Team	Prelim Time	Finals Time	Points
12 Dantino, Taylor M	11	New Hartford Aquatics-AD	46.56	48.39	1

Event 9 Girls 11-12 50 LC Meter Breaststroke

Meet Record:	36.54	#	7/27/2007	Amy Bopp	SCHE-AD
2009AD LC Di:	35.98	!	8/2/1999	Karly Brooks	SCHE-AD
2009AD LC Re:	35.88		8/8/2007	Amy L. Bopp at Eastern Zone Ag	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Samson, Julia E	12	Albany Starfish Swim Club-AD		37.85	q
2 LaQue, Sydney L	12	Schenectady Swim Club-AD		40.28	q
3 Livingston, Maddie P	12	Schenectady Swim Club-AD		41.56	q
4 Misener, Riley M	11	Schenectady Swim Club-AD		42.11	q
5 Nelson, Rebecca M	12	Duanesburg Electric Eels-AD		42.42	q
6 March, Nicole D	12	Albany Starfish Swim Club-AD		43.49	q
7 Bacon, Miranda A	11	Schenectady Swim Club-AD		43.53	q
8 Marvin, Aurielle E	11	Clifton Park-Halfmoon Piranhas-AD		44.35	q
9 Broder, Emily B	12	Albany Starfish Swim Club-AD		44.89	q
10 Decker, Haley P	12	Clinton Cuda Swim Club-AD		45.73	q
11 Barno, Emily R	11	Schenectady Swim Club-AD		45.92	q
12 Dantino, Taylor M	11	New Hartford Aquatics-AD		46.56	q
13 Hyde, Abigail L	11	Clinton Cuda Swim Club-AD		46.95	
14 Larrabee, Caitlyn E	11	Schenectady Swim Club-AD		48.65	
15 Sullivan, Shea E	12	Schenectady Swim Club-AD		49.14	
16 McGee, Emma K	11	Schenectady Swim Club-AD		50.13	
17 Madore, Laura M	12	New Hartford Aquatics-AD		50.58	
18 Caher, Norah K	11	Clifton Park-Halfmoon Piranhas-AD		50.90	
19 Sheppard, Braylin E	11	New Hartford Aquatics-AD		51.01	
20 Kosakowski, Leigha M	11	Unattached-AD		51.56	
21 Larkin, Maggie H	11	Albany Starfish Swim Club-AD		52.23	
22 Hill, Lizzy B	12	New Hartford Aquatics-AD		53.41	
23 Kulosman, Merima	11	New Hartford Aquatics-AD		53.60	
24 Hale, Georgia L	12	Swim Strong Aquatic Club-AD		55.88	
25 Schlesinger, Zoe M	12	Albany Starfish Swim Club-AD		57.93	
26 Marsh, Caelan L	12	Hawks-AD		59.20	
27 Stevens, Ali V	11	Hawks-AD		59.21	
28 Lecakes, Kyra E	12	Albany Starfish Swim Club-AD		1:00.22	
29 Nyman, Iida A	11	Clifton Park-Halfmoon Piranhas-AD		1:02.77	
30 LaFlamme, Darby L	11	Albany Starfish Swim Club-AD		1:03.85	
31 Waddell, Maddie R	11	Clifton Park-Halfmoon Piranhas-AD		1:06.17	

Event 10 Boys 11-12 50 LC Meter Breaststroke

Meet Record:	36.05	#	7/1999	Julio Vidal -albs	ALBANY STARFISH
2009AD LC Di:	32.81	!	7/1/1992	Anthony Robinson	WILT-CT
2009AD LC Re:	35.05		8/10/1999	Julio Vidal	ALBS-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD	36.39	36.40	16
2 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD	40.27	39.86	13
3 Gordon, Luther W	12	Albany Starfish Swim Club-AD	40.05	39.91	12
4 Davis, Clark J	12	Schenectady Swim Club-AD	40.83	41.31	11
5 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD	41.60	42.59	10

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****A - Final ... (Event 10 Boys 11-12 50 LC Meter Breaststroke)**

Name	Age	Team	Prelim Time	Finals Time	Points
6 Ludeke, Chris E	12	Schenectady Swim Club-AD	41.73	42.96	9

B - Final

7 Walton, Matthew T	12	Greater Glens Falls Flyers-AD	43.36	41.63	7
8 Sweeney, Sean P	12	Hawks-AD	43.58	43.52	5
9 Mosier, John D	12	Duanesburg Electric Eels-AD	47.11	47.37	4
10 Osika, Thomas A	12	Greater Glens Falls Flyers-AD	46.92	47.58	3
11 Salis, Thomas W	11	Glens Falls YMCA Gators-AD	47.95	47.61	2
12 Cazer, Benjamin J	12	Albany Starfish Swim Club-AD	48.82	49.01	1

Event 10 Boys 11-12 50 LC Meter Breaststroke

Meet Record:	36.05	# 7/1999	Julio Vidal -albs	ALBANY STARFISH
2009AD LC Di:	32.81	! 7/1/1992	Anthony Robinson	WILT-CT
2009AD LC Re:	35.05	8/10/1999	Julio Vidal	ALBS-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD		36.39 q
2 Gordon, Luther W	12	Albany Starfish Swim Club-AD		40.05 q
3 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD		40.27 q
4 Davis, Clark J	12	Schenectady Swim Club-AD		40.83 q
5 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD		41.60 q
6 Ludeke, Chris E	12	Schenectady Swim Club-AD		41.73 q
7 Walton, Matthew T	12	Greater Glens Falls Flyers-AD		43.36 q
8 Sweeney, Sean P	12	Hawks-AD		43.58 q
9 Osika, Thomas A	12	Greater Glens Falls Flyers-AD		46.92 q
10 Mosier, John D	12	Duanesburg Electric Eels-AD		47.11 q
11 Salis, Thomas W	11	Glens Falls YMCA Gators-AD		47.95 q
12 Cazer, Benjamin J	12	Albany Starfish Swim Club-AD		48.82 q
13 Ouyang, Andy H	12	Clifton Park-Halfmoon Piranhas-AD		49.88
14 Colby, Bryan R	12	Schenectady Swim Club-AD		49.94
15 Migliorato, Shawn P	11	Hawks-AD		52.81
16 Pritchard, Robert R	11	Albany Starfish Swim Club-AD		55.63
17 Noeker, Brian S	11	Schenectady Swim Club-AD		55.86
18 Dixon, Tristan C	12	Duanesburg Electric Eels-AD		57.75
19 Williams, Andrew G	11	Greater Glens Falls Flyers-AD		1:06.86
20 Kennedy, Levi C	11	Hawks-AD		1:15.80

Event 11 Girls 10 & Under 50 LC Meter Breaststroke

Meet Record:	40.78	# 7/1992	Holly Myers - King	KINGSTON
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Name	Age	Team	Finals Time	Points
1 Lau, Christina N	10	Albany Starfish Swim Club-AD	46.59	16
2 Nelson, Olivia K	10	Duanesburg Electric Eels-AD	47.20	13
3 Morgan, Liz P	10	Schenectady Swim Club-AD	50.48	12
4 Stansbury, Clare E	10	Albany Starfish Swim Club-AD	51.22	11
5 Pritchard, Jane Y	10	Albany Starfish Swim Club-AD	51.82	10
6 Zwijacz, Alexei N	9	So. Saratoga YMCA Barracudas-AD	52.02	9
7 Dong, Yunfan	9	Albany Starfish Swim Club-AD	52.20	7
8 Dontino, Amanda R	9	New Hartford Aquatics-AD	52.63	5
9 Misener, Jacqueline M	9	Schenectady Swim Club-AD	52.87	4
10 Pepe, Makayla M	10	New Hartford Aquatics-AD	53.65	3
11 Cazer, Kelly A	10	Albany Starfish Swim Club-AD	54.18	2
12 Bushway, Isabel M	9	Albany Starfish Swim Club-AD	54.24	1

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Results

(Event 11 Girls 10 & Under 50 LC Meter Breaststroke)

Name	Age	Team	Finals Time	Points
13 Falvo, Alexis E	10	Clinton Cuda Swim Club-AD	54.38	
14 McGraw, Caroline B	9	Albany Starfish Swim Club-AD	54.39	
15 Woods, Samantha N	10	Clifton Park-Halfmoon Piranhas-AD	55.56	
16 Smith, Bailey C	10	Schenectady Swim Club-AD	55.78	
17 Marsh, Samantha A	10	Hawks-AD	56.42	
18 Moruzzi, Anne F	10	So. Saratoga YMCA Barracudas-AD	58.25	
19 Wurth, Kristen S	10	Albany Starfish Swim Club-AD	58.27	
20 Bushway, Evelyn G	8	Albany Starfish Swim Club-AD	58.57	
21 Reyes, Monica R	8	Kingston Swim Club-AD	58.83	
22 Bacon, Abby P	9	Schenectady Swim Club-AD	59.77	
23 Mizbani, Mariah C	10	Albany Starfish Swim Club-AD	1:00.95	
24 Paige, Kamryn M	10	Duanesburg Electric Eels-AD	1:03.35	
25 Woods, Brianna M	8	Clifton Park-Halfmoon Piranhas-AD	1:04.37	
26 Matoske, Angelica M	9	Albany Starfish Swim Club-AD	1:09.88	
27 Bushway, Lillian B	8	Albany Starfish Swim Club-AD	1:13.21	
28 Heyde, Alaina J	7	Albany Starfish Swim Club-AD	1:14.59	
29 Scoons, Savvy S	8	Albany Starfish Swim Club-AD	1:24.09	
--- Pelaez, Isabel B	10	Albany Starfish Swim Club-AD	DQ	

Event 12 Boys 10 & Under 50 LC Meter Breaststroke

Meet Record:	41.51 # 7/1994	Bobby Crow - Usam	UNCLE SAM		
Name	Age	Team	Finals Time	Points	
1 Doyle, Connor H	10	Delmar Dolphins Swim Club, Inc.-AD	47.85	16	
2 Hale, Josh C	9	Swim Strong Aquatic Club-AD	50.77	13	
3 Ren, Erik Z	10	Albany Starfish Swim Club-AD	51.85	12	
4 McElrath, Ian T	10	Albany Starfish Swim Club-AD	52.65	11	
5 Zhou, Allen G	9	Albany Starfish Swim Club-AD	53.32	10	
6 Chen, James H	10	Albany Starfish Swim Club-AD	57.36	9	
7 Kaltak, Kevin S	10	Clinton Cuda Swim Club-AD	58.08	7	
8 Kuyl, Leo	9	Hawks-AD	58.39	5	
9 Arazi, Yannai R	9	Schenectady Swim Club-AD	59.23	4	
10 Wilkinson, Ryan J	9	Glens Falls YMCA Gators-AD	1:01.51	3	
11 Galvin, Michael J	10	Albany Starfish Swim Club-AD	1:02.16	2	
12 LaFlamme, Owen C	10	Albany Starfish Swim Club-AD	1:02.48	1	
13 Liu, Stanley	10	Albany Starfish Swim Club-AD	1:03.46		
14 Haraden, Dylan T	10	Schenectady Swim Club-AD	1:03.76		
15 Grygiel, Bobby M	10	Albany Starfish Swim Club-AD	1:05.59		
16 Klinkner, Grant T	9	Clinton Cuda Swim Club-AD	1:23.51		
--- Drahos, Joseph A	10	Glens Falls YMCA Gators-AD	NS		

Event 13 Girls 200 LC Meter IM

Meet Record:	2:26.81 # 8/4/2001	Tori I Delollo	Bluefins		
2009AD LC Di:	2:25.11 ! 7/28/2006	Karly Brooks at Adirondack Lon	SCHE-AD		
2009AD LC Re:	2:24.22 8/8/2001	Karly Brooks	SCHE-AD		
Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Zhou, Kina Y	15	Albany Starfish Swim Club-AD	2:29.88	2:26.63#	16
2 Bopp, Amy L	15	Schenectady Swim Club-AD	2:33.52	2:29.34	13
3 O'Donnell, Katie E	20	Delmar Dolphins Swim Club, Inc.-AD	2:33.05	2:30.25	12
4 Samson, Olivia N	16	Albany Starfish Swim Club-AD	2:30.93	2:31.37	11
5 Powhida, Bethany C	16	Delmar Dolphins Swim Club, Inc.-AD	2:33.30	2:33.35	10
6 Manor, Laura J	18	Schenectady Swim Club-AD	2:31.86	2:33.51	9

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

B - Final ... (Event 13 Girls 200 LC Meter IM)

Name	Age	Team	Prelim Time	Finals Time	Points
B - Final					
7 Orr, Katie E	15	Albany Starfish Swim Club-AD	2:35.33	2:31.76	7
8 Sternbach, Talia J	15	Albany Starfish Swim Club-AD	2:34.69	2:32.28	5
9 Dougherty, Sarah E	17	Albany Starfish Swim Club-AD	2:38.75	2:37.16	4
10 Smachlo, Julia P	15	Albany Starfish Swim Club-AD	2:40.47	2:37.77	3
11 Barbour, Kelsey T	18	Schenectady Swim Club-AD	2:40.24	2:38.82	2
12 Hyde, Emily A	16	Clinton Cuda Swim Club-AD	2:39.81	2:38.88	1

Event 13 Girls 200 LC Meter IM

Meet Record:	2:26.81	# 8/4/2001	Tori I Delollo	Bluefins
2009AD LC Di:	2:25.11	! 7/28/2006	Karly Brooks at Adirondack Lon	SCHE-AD
2009AD LC Re:	2:24.22	8/8/2001	Karly Brooks	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Zhou, Kina Y	15	Albany Starfish Swim Club-AD		2:29.88 q
2 Samson, Olivia N	16	Albany Starfish Swim Club-AD		2:30.93 q
3 Manor, Laura J	18	Schenectady Swim Club-AD		2:31.86 q
4 O'Donnell, Katie E	20	Delmar Dolphins Swim Club, Inc.-AD		2:33.05 q
5 Powhida, Bethany C	16	Delmar Dolphins Swim Club, Inc.-AD		2:33.30 q
6 Bopp, Amy L	15	Schenectady Swim Club-AD		2:33.52 q
7 Sternbach, Talia J	15	Albany Starfish Swim Club-AD		2:34.69 q
8 Orr, Katie E	15	Albany Starfish Swim Club-AD		2:35.33 q
9 Dougherty, Sarah E	17	Albany Starfish Swim Club-AD		2:38.75 q
10 Hyde, Emily A	16	Clinton Cuda Swim Club-AD		2:39.81 q
11 Barbour, Kelsey T	18	Schenectady Swim Club-AD		2:40.24 q
12 Smachlo, Julia P	15	Albany Starfish Swim Club-AD		2:40.47 q
13 Powell, Lily F	18	Delmar Dolphins Swim Club, Inc.-AD		2:40.57
14 Boyce, Lauren R	18	Clinton Cuda Swim Club-AD		2:40.75
15 Terwilliger, Emma K	15	Albany Starfish Swim Club-AD		2:41.06
16 Whitaker, Emily E	17	Albany Starfish Swim Club-AD		2:41.14
17 Beckford, Kiersten B	16	Albany Starfish Swim Club-AD		2:41.47
18 MacDonald, Hanlon M	16	Delmar Dolphins Swim Club, Inc.-AD		2:41.94
19 Sara, Siena E	15	Glens Falls YMCA Gators-AD		2:41.95
20 Higgins, Kristin E	16	Glens Falls YMCA Gators-AD		2:43.77
21 O'Donnell, Tara K	15	Delmar Dolphins Swim Club, Inc.-AD		2:44.83
22 Duchesne, Courtney M	18	Schenectady Swim Club-AD		2:46.93
23 Prendeville, Hanna M	16	Glens Falls YMCA Gators-AD		2:47.15
24 Romanov, Katie G	15	Schenectady Swim Club-AD		2:47.55
25 Buyaskas, Kelly A	15	Schenectady Swim Club-AD		2:48.94
26 Melnik, Amy E	16	Albany Starfish Swim Club-AD		2:50.32
27 Hallam, Dana L	17	Albany Starfish Swim Club-AD		2:50.65
28 Mone, Alexis J	17	Schenectady Swim Club-AD		2:51.40
29 Wilcox, Mackenzie L	17	Clifton Park-Halfmoon Piranhas-AD		2:51.98
30 Papaleo, Cassie R	15	Clinton Cuda Swim Club-AD		2:52.02
31 Simon, Chelsey L	16	Clinton Cuda Swim Club-AD		2:55.59
32 Wilkinson, Melissa L	15	Glens Falls YMCA Gators-AD		2:57.78
33 Grygiel, Catherine C	15	Albany Starfish Swim Club-AD		2:59.62
34 Madore, Julia L	15	New Hartford Aquatics-AD		3:00.72
35 Graham, Meg E	16	Schenectady Swim Club-AD		3:02.58
36 Cleworth, Maddie C	16	Schenectady Swim Club-AD		3:12.61
37 Williams, Johanna T	15	Greater Glens Falls Flyers-AD		3:44.97

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****Event 14 Boys 200 LC Meter IM**

Meet Record: 2:15.43 # 7/31/2004 Rob S Manor SCHE -AD
2009AD LC Di: 2:12.25 ! 7/24/2009 Frankie Dyer at Adirondack Ope ALBS-AD
2009AD LC Re: 2:08.79 8/6/2009 Shayne P. Buckley at 2009 Spee SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Dyer, Frankie K	18	Albany Starfish Swim Club-AD	2:20.31	2:14.10#	16
2 Nichols, Troy R	18	Schenectady Swim Club-AD	2:20.51	2:15.26#	13
3 Lanzi, Antonio J	16	Albany Starfish Swim Club-AD	2:21.04	2:18.06	12
4 Hooper, Nick R	15	Albany Starfish Swim Club-AD	2:22.96	2:21.37	11
5 Lednev, Alexander I	16	Delmar Dolphins Swim Club, Inc.-AD	2:24.01	2:23.73	10
6 DeMaria, Frankie M	18	Albany Starfish Swim Club-AD	2:21.94	2:29.95	9
B - Final					
7 Rohr, Alex F	20	Schenectady Swim Club-AD	2:24.90	2:19.41	7
8 Romanov, Greg W	17	Schenectady Swim Club-AD	2:24.89	2:22.40	5
9 MacDonald, Seth M	15	Clinton Cuda Swim Club-AD	2:26.05	2:22.76	4
10 Sharkey, Dylan J	16	Schenectady Swim Club-AD	2:24.96	2:22.93	3
11 Rappold, Timothy S	18	Schenectady Swim Club-AD	2:24.88	2:25.79	2
12 Dugan, Mike R	18	Albany Starfish Swim Club-AD	2:24.44	2:26.11	1

Event 14 Boys 200 LC Meter IM

Meet Record: 2:15.43 # 7/31/2004 Rob S Manor SCHE -AD
2009AD LC Di: 2:12.25 ! 7/24/2009 Frankie Dyer at Adirondack Ope ALBS-AD
2009AD LC Re: 2:08.79 8/6/2009 Shayne P. Buckley at 2009 Spee SCHE-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Dyer, Frankie K	18	Albany Starfish Swim Club-AD		2:20.31 q
2 Nichols, Troy R	18	Schenectady Swim Club-AD		2:20.51 q
3 Lanzi, Antonio J	16	Albany Starfish Swim Club-AD		2:21.04 q
4 DeMaria, Frankie M	18	Albany Starfish Swim Club-AD		2:21.94 q
5 Hooper, Nick R	15	Albany Starfish Swim Club-AD		2:22.96 q
6 Lednev, Alexander I	16	Delmar Dolphins Swim Club, Inc.-AD		2:24.01 q
7 Dugan, Mike R	18	Albany Starfish Swim Club-AD		2:24.44 q
8 Rappold, Timothy S	18	Schenectady Swim Club-AD		2:24.88 q
9 Romanov, Greg W	17	Schenectady Swim Club-AD		2:24.89 q
10 Rohr, Alex F	20	Schenectady Swim Club-AD		2:24.90 q
11 Sharkey, Dylan J	16	Schenectady Swim Club-AD		2:24.96 q
12 MacDonald, Seth M	15	Clinton Cuda Swim Club-AD		2:26.05 q
13 Nichols, Taylor P	15	Schenectady Swim Club-AD		2:28.50
14 Kearney, Thomas J	16	Albany Starfish Swim Club-AD		2:31.65
15 Caron, Nolan J	17	Schenectady Swim Club-AD		2:35.00
16 Ongkingco, Justin F	16	Swim Strong Aquatic Club-AD		2:36.09
17 Rolleston, Matthew D	15	Glens Falls YMCA Gators-AD		2:37.64
18 Resila, Nate J	18	Albany Starfish Swim Club-AD		2:38.45
19 Strayer, Ethan C	16	Albany Starfish Swim Club-AD		2:51.41

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Event 15 Girls 13-14 200 LC Meter IM

Meet Record: 2:27.25 # 8/4/2001 Karly A Brooks SCHE
 2009AD LC Di: 2:27.25 ! 8/3/2001 Karly Brooks at Adirondack Dis SCHE-AD
 2009AD LC Re: 2:24.22 8/8/2001 Karly Brooks SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Beckford, Gabriela E	14	Albany Starfish Swim Club-AD	2:39.02	2:33.16	16
2 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD	2:37.80	2:37.35	13
3 Cahill, Kaitlin E	14	Albany Starfish Swim Club-AD	2:41.78	2:38.85	12
4 Melofchik, Gloria M	14	Glens Falls YMCA Gators-AD	2:43.47	2:43.10	11
5 Rupert, Emma E	13	So. Saratoga YMCA Barracudas-AD	2:42.96	2:44.38	10
6 Pettit, Meghan K	14	Schenectady Swim Club-AD	2:44.02	2:45.20	9
B - Final					
7 Haraden, Karly J	14	Schenectady Swim Club-AD	2:44.35	2:42.13	7
8 Schwarz, Susie D	13	Albany Starfish Swim Club-AD	2:48.85	2:45.19	5
9 Lenney, Morgan E	14	Albany Starfish Swim Club-AD	2:49.21	2:46.11	4
10 Wang, Jessica J	13	Albany Starfish Swim Club-AD	2:48.56	2:46.25	3
11 Wurth, Rachel E	14	Albany Starfish Swim Club-AD	2:49.96	2:46.89	2
12 Pucciarelli, Julia M	14	Albany Starfish Swim Club-AD	2:46.09	2:49.36	1

Event 15 Girls 13-14 200 LC Meter IM

Meet Record: 2:27.25 # 8/4/2001 Karly A Brooks SCHE
 2009AD LC Di: 2:27.25 ! 8/3/2001 Karly Brooks at Adirondack Dis SCHE-AD
 2009AD LC Re: 2:24.22 8/8/2001 Karly Brooks SCHE-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD		2:37.80	q
2 Beckford, Gabriela E	14	Albany Starfish Swim Club-AD		2:39.02	q
3 Cahill, Kaitlin E	14	Albany Starfish Swim Club-AD		2:41.78	q
4 Rupert, Emma E	13	So. Saratoga YMCA Barracudas-AD		2:42.96	q
5 Melofchik, Gloria M	14	Glens Falls YMCA Gators-AD		2:43.47	q
6 Pettit, Meghan K	14	Schenectady Swim Club-AD		2:44.02	q
7 Haraden, Karly J	14	Schenectady Swim Club-AD		2:44.35	q
8 Pucciarelli, Julia M	14	Albany Starfish Swim Club-AD		2:46.09	q
9 Wang, Jessica J	13	Albany Starfish Swim Club-AD		2:48.56	q
10 Schwarz, Susie D	13	Albany Starfish Swim Club-AD		2:48.85	q
11 Lenney, Morgan E	14	Albany Starfish Swim Club-AD		2:49.21	q
12 Wurth, Rachel E	14	Albany Starfish Swim Club-AD		2:49.96	q
13 Matuszyk, Grace E	14	Albany Starfish Swim Club-AD		2:53.26	
14 Max, Mallory M	13	Clinton Cuda Swim Club-AD		2:53.77	
15 Cowley, Hannah P	14	Schenectady Swim Club-AD		2:55.19	
16 Ferlo, Angela J	14	Schenectady Swim Club-AD		2:56.36	
17 Schmitz, Stef R	14	Schenectady Swim Club-AD		2:57.28	
18 Noga, Stephanie L	14	Clinton Cuda Swim Club-AD		3:00.31	
19 Vandervort, Jenna L	13	Albany Starfish Swim Club-AD		3:01.63	
20 Wuerdeman, Emma E	14	Greater Glens Falls Flyers-AD		3:02.79	
21 Bollinger, Hannah K	13	Clinton Cuda Swim Club-AD		3:03.63	
22 Prestia, Nikki M	13	Hawks-AD		3:05.61	
23 Gulitti, Emily R	14	Hawks-AD		3:06.61	
24 Morgan, Stephanie V	13	Schenectady Swim Club-AD		3:08.92	
25 Richer, Corinne H	14	Clinton Cuda Swim Club-AD		3:13.56	
26 Jennings, Alyssa M	14	Clinton Cuda Swim Club-AD		3:16.45	

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Preliminaries ... (Event 15 Girls 13-14 200 LC Meter IM)

Name	Age	Team	Seed Time	Prelim Time
27 King, Emily R	14	Schenectady Swim Club-AD		3:17.63
28 Weaver, Mary Kate C	14	Uncle Sam Swim Club-AD		3:21.50
29 Risucci, Domenica N	13	Clinton Cuda Swim Club-AD		3:27.55
30 D'Ambrosio, Julia F	13	New Hartford Aquatics-AD		4:04.56
--- Nolan, Sarah A	13	Schenectady Swim Club-AD		DQ
--- Moulton, Allie H	13	New Hartford Aquatics-AD		DQ

Event 16 Boys 13-14 200 LC Meter IM

Meet Record:	2:20.13	#	8/1988	Jim Wells - Leat	LEATHERSTOCKING
2009AD LC Di:	2:17.58	!	7/28/2006	Shayne P. Buckley at Adirondac	SCHE-AD
2009AD LC Re:	2:16.15		8/10/1990	Patrick O'Keefe	GLFY-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Sharkey, Ryan P	14	Schenectady Swim Club-AD	2:24.26	2:22.56	16
2 Smith, Quinn P	14	Schenectady Swim Club-AD	2:26.41	2:24.70	13
3 Gordon, Ryan D	14	Albany Starfish Swim Club-AD	2:36.12	2:27.14	12
4 Rowledge, Bobby B	14	Schenectady Swim Club-AD	2:29.21	2:28.48	11
5 Bullis, Grant R	14	Schenectady Swim Club-AD	2:36.41	2:35.91	10
6 Chalermkraivuth, James	14	Albany Starfish Swim Club-AD	2:41.29	2:41.12	9
B - Final					
7 Karlok, Dylan J	14	Albany Starfish Swim Club-AD	2:43.88	2:39.65	7
8 Beaudoin, Brandon T	14	Schenectady Swim Club-AD	2:45.17	2:40.68	5
9 Brosnihan, Niko S	14	Uncle Sam Swim Club-AD	2:41.65	2:41.13	4
10 Gulitti, Nicholas R	14	Hawks-AD	2:45.56	2:42.77	3
11 Frandsen, Garret E	14	Glens Falls YMCA Gators-AD	2:46.13	2:46.26	2
12 Strayer, Aidan H	13	Albany Starfish Swim Club-AD	2:50.85	2:50.54	1

Event 16 Boys 13-14 200 LC Meter IM

Meet Record:	2:20.13	#	8/1988	Jim Wells - Leat	LEATHERSTOCKING
2009AD LC Di:	2:17.58	!	7/28/2006	Shayne P. Buckley at Adirondac	SCHE-AD
2009AD LC Re:	2:16.15		8/10/1990	Patrick O'Keefe	GLFY-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Sharkey, Ryan P	14	Schenectady Swim Club-AD		2:24.26 q
2 Smith, Quinn P	14	Schenectady Swim Club-AD		2:26.41 q
3 Rowledge, Bobby B	14	Schenectady Swim Club-AD		2:29.21 q
4 Gordon, Ryan D	14	Albany Starfish Swim Club-AD		2:36.12 q
5 Bullis, Grant R	14	Schenectady Swim Club-AD		2:36.41 q
6 Chalermkraivuth, James	14	Albany Starfish Swim Club-AD		2:41.29 q
7 Brosnihan, Niko S	14	Uncle Sam Swim Club-AD		2:41.65 q
8 Karlok, Dylan J	14	Albany Starfish Swim Club-AD		2:43.88 q
9 Beaudoin, Brandon T	14	Schenectady Swim Club-AD		2:45.17 q
10 Gulitti, Nicholas R	14	Hawks-AD		2:45.56 q
11 Frandsen, Garret E	14	Glens Falls YMCA Gators-AD		2:46.13 q
12 Strayer, Aidan H	13	Albany Starfish Swim Club-AD		2:50.85 q
13 Rifkind, Mitchell A	14	Hawks-AD		2:55.26
14 Colby, Brennan J	14	Schenectady Swim Club-AD		2:56.23
15 Kuyl, Emile V	13	Hawks-AD		3:03.16
16 Angelini, Harry P	13	New Hartford Aquatics-AD		3:12.30
17 Duguay, Tylor M	14	Glens Falls YMCA Gators-AD		3:18.19
18 Adeson, Jonah E	13	Glens Falls YMCA Gators-AD		3:27.10

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Event 17 Girls 11-12 200 LC Meter IM

Meet Record: 2:33.26 # 7/1993 Erin Lanzafame - Clin CLINTON
 2009AD LC Di: 2:32.88 ! 7/30/1993 Erin Lanzafame CLIN-AD
 2009AD LC Re: 2:29.70 8/15/1993 Erin Lanzafame CLIN-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Samson, Julia E	12	Albany Starfish Swim Club-AD	2:37.94	2:37.15	16
2 Dougherty, Hannah M	11	Albany Starfish Swim Club-AD	2:42.79	2:41.24	13
3 Caron, Allison M	12	Schenectady Swim Club-AD	2:48.08	2:46.47	12
4 Blom, Danielle M	12	Clinton Cuda Swim Club-AD	2:46.45	2:47.53	11
5 Killane, Tarah M	12	Clifton Park-Halfmoon Piranhas-AD	2:54.39	2:53.46	10
6 Kolakowski, Elle L	12	Schenectady Swim Club-AD	2:56.11	3:00.03	9
B - Final					
7 March, Nicole D	12	Albany Starfish Swim Club-AD	2:58.43	2:56.89	7
8 Nelson, Rebecca M	12	Duanesburg Electric Eels-AD	2:59.42	3:00.24	5
9 Brook, Sabrina M	12	Schenectady Swim Club-AD	3:02.82	3:00.65	4
10 Decker, Haley P	12	Clinton Cuda Swim Club-AD	3:01.89	3:00.79	3
11 Moruzzi, Samantha A	12	So. Saratoga YMCA Barracudas-AD	3:03.35	3:04.65	2
12 Broder, Emily B	12	Albany Starfish Swim Club-AD	3:02.64	3:06.00	1

Event 17 Girls 11-12 200 LC Meter IM

Meet Record: 2:33.26 # 7/1993 Erin Lanzafame - Clin CLINTON
 2009AD LC Di: 2:32.88 ! 7/30/1993 Erin Lanzafame CLIN-AD
 2009AD LC Re: 2:29.70 8/15/1993 Erin Lanzafame CLIN-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Samson, Julia E	12	Albany Starfish Swim Club-AD		2:37.94	q
2 Dougherty, Hannah M	11	Albany Starfish Swim Club-AD		2:42.79	q
3 Blom, Danielle M	12	Clinton Cuda Swim Club-AD		2:46.45	q
4 Caron, Allison M	12	Schenectady Swim Club-AD		2:48.08	q
5 Killane, Tarah M	12	Clifton Park-Halfmoon Piranhas-AD		2:54.39	q
6 Kolakowski, Elle L	12	Schenectady Swim Club-AD		2:56.11	q
7 March, Nicole D	12	Albany Starfish Swim Club-AD		2:58.43	q
8 Nelson, Rebecca M	12	Duanesburg Electric Eels-AD		2:59.42	q
9 Decker, Haley P	12	Clinton Cuda Swim Club-AD		3:01.89	q
10 Broder, Emily B	12	Albany Starfish Swim Club-AD		3:02.64	q
11 Brook, Sabrina M	12	Schenectady Swim Club-AD		3:02.82	q
12 Moruzzi, Samantha A	12	So. Saratoga YMCA Barracudas-AD		3:03.35	q
13 Livingston, Maddie P	12	Schenectady Swim Club-AD		3:05.91	
14 Dontino, Taylor M	11	New Hartford Aquatics-AD		3:06.13	
15 Misener, Riley M	11	Schenectady Swim Club-AD		3:10.92	
16 Griffith, Emma C	12	Albany Starfish Swim Club-AD		3:12.75	
17 Bacon, Miranda A	11	Schenectady Swim Club-AD		3:12.91	
18 McGee, Emma K	11	Schenectady Swim Club-AD		3:13.18	
19 Schmidt, Elizabeth M	12	Duanesburg Electric Eels-AD		3:13.61	
20 Madore, Laura M	12	New Hartford Aquatics-AD		3:16.31	
21 Marvin, Aurielle E	11	Clifton Park-Halfmoon Piranhas-AD		3:17.70	
22 Stebbins-Hopkins, Olivia J	11	Unattached-AD		3:18.93	
23 Miskewicz, Catrin C	12	Delmar Dolphins Swim Club, Inc.-AD		3:21.45	
24 Barno, Emily R	11	Schenectady Swim Club-AD		3:22.10	
25 Falasco, Gabriella A	12	Glens Falls YMCA Gators-AD		3:24.59	
26 Sheppard, Braylin E	11	New Hartford Aquatics-AD		3:25.13	

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Results

Preliminaries ... (Event 17 Girls 11-12 200 LC Meter IM)

Name	Age	Team	Seed Time	Prelim Time
27 Kosakowski, Leigha M	11	Unattached-AD		3:31.35
28 Sullivan, Shea E	12	Schenectady Swim Club-AD		3:32.86
29 Larkin, Maggie H	11	Albany Starfish Swim Club-AD		3:35.78
30 Marsh, Caelan L	12	Hawks-AD		3:40.74
31 Gossin, Camille E	11	Clinton Cuda Swim Club-AD		3:44.96
32 Larrabee, Caitlyn E	11	Schenectady Swim Club-AD		3:45.42
33 Kulosman, Merima	11	New Hartford Aquatics-AD		3:46.52
34 LaFlamme, Darby L	11	Albany Starfish Swim Club-AD		3:51.52
35 Hill, Lizzy B	12	New Hartford Aquatics-AD		3:53.37
36 Caher, Norah K	11	Clifton Park-Halfmoon Piranhas-AD		3:57.18
37 Stevens, Ali V	11	Hawks-AD		3:58.75
38 Nyman, Iida A	11	Clifton Park-Halfmoon Piranhas-AD		4:09.43
--- Hyde, Abigail L	11	Clinton Cuda Swim Club-AD		DQ

Event 18 Boys 11-12 200 LC Meter IM

Meet Record:	2:28.97	#	7/1999	Julio Vidal - Albs	ALBANY STARFISH
2009AD LC Di:	2:28.30	!	7/7/1992	Anthony Robinson	WILT-CT
2009AD LC Re:	2:26.40		8/10/1999	Julio Vidal	ALBS-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD	2:37.70	2:36.50	16
2 Smachlo, Miles A	12	Albany Starfish Swim Club-AD	2:40.65	2:41.23	13
3 Trzewik-Quinn, Seamus	11	Hawks-AD	2:47.98	2:46.06	12
4 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD	2:48.29	2:50.01	11
5 Walton, Matthew T	12	Greater Glens Falls Flyers-AD	2:50.61	2:52.49	10
6 Cleworth, Calvin W	12	Schenectady Swim Club-AD	2:50.21	2:54.16	9
B - Final					
7 Ludeke, Chris E	12	Schenectady Swim Club-AD	2:54.10	2:54.21	7
8 Davis, Clark J	12	Schenectady Swim Club-AD	2:54.58	2:55.09	5
9 Conway, Joseph D	12	Schenectady Swim Club-AD	2:59.24	2:56.10	4
10 Sausto, Dan J	11	Albany Starfish Swim Club-AD	2:55.99	3:00.45	3
11 Sweeney, Sean P	12	Hawks-AD	3:04.64	3:08.09	2
12 Osika, Thomas A	12	Greater Glens Falls Flyers-AD	3:07.00	3:08.71	1

Event 18 Boys 11-12 200 LC Meter IM

Meet Record:	2:28.97	#	7/1999	Julio Vidal - Albs	ALBANY STARFISH
2009AD LC Di:	2:28.30	!	7/7/1992	Anthony Robinson	WILT-CT
2009AD LC Re:	2:26.40		8/10/1999	Julio Vidal	ALBS-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD		2:37.70 q
2 Smachlo, Miles A	12	Albany Starfish Swim Club-AD		2:40.65 q
3 Trzewik-Quinn, Seamus	11	Hawks-AD		2:47.98 q
4 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD		2:48.29 q
5 Cleworth, Calvin W	12	Schenectady Swim Club-AD		2:50.21 q
6 Walton, Matthew T	12	Greater Glens Falls Flyers-AD		2:50.61 q
7 McColgan, Jimmy K	12	Hawks-AD		2:50.96 q
8 Ludeke, Chris E	12	Schenectady Swim Club-AD		2:54.10 q
9 Davis, Clark J	12	Schenectady Swim Club-AD		2:54.58 q
10 Sausto, Dan J	11	Albany Starfish Swim Club-AD		2:55.99 q
11 Conway, Joseph D	12	Schenectady Swim Club-AD		2:59.24 q
12 Sweeney, Sean P	12	Hawks-AD		3:04.64 q

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Results

Preliminaries ... (Event 18 Boys 11-12 200 LC Meter IM)

Name	Age	Team	
13 Osika, Thomas A	12	Greater Glens Falls Flyers-AD	3:07.00
14 Hess, Brian H	12	Hawks-AD	3:12.44
15 Haraden, Jesse A	12	Schenectady Swim Club-AD	3:15.71
16 Salis, Thomas W	11	Glens Falls YMCA Gators-AD	3:20.28
17 Kearney, Matthew S	11	Albany Starfish Swim Club-AD	3:29.58
18 Cazer, Benjamin J	12	Albany Starfish Swim Club-AD	3:31.42
19 Wilkinson, Matthew J	11	Glens Falls YMCA Gators-AD	3:31.66
20 Ouyang, Andy H	12	Clifton Park-Halfmoon Piranhas-AD	3:35.84
21 Noeker, Brian S	11	Schenectady Swim Club-AD	3:47.64
--- Pritchard, Robert R	11	Albany Starfish Swim Club-AD	DQ
--- Williams, Andrew G	11	Greater Glens Falls Flyers-AD	DQ
--- Kennedy, Levi C	11	Hawks-AD	DQ

Event 19 Girls 10 & Under 200 LC Meter IM

Meet Record: 2:45.48 # 7/1998		Kailey Morris - Albs		ALBANY STARFISH	
Name	Age	Team	Finals Time	Points	
1 Dixon, Alexandra M	10	Duanesburg Electric Eels-AD	2:56.68	16	
2 Serotta, Lauren M	10	Albany Starfish Swim Club-AD	3:04.78	13	
3 Lau, Christina N	10	Albany Starfish Swim Club-AD	3:17.21	12	
4 Pritchard, Jane Y	10	Albany Starfish Swim Club-AD	3:19.48	11	
5 Morgan, Liz P	10	Schenectady Swim Club-AD	3:21.41	10	
6 Misener, Jacqueline M	9	Schenectady Swim Club-AD	3:28.03	9	
7 Stansbury, Clare E	10	Albany Starfish Swim Club-AD	3:32.38	7	
8 Pepe, Makayla M	10	New Hartford Aquatics-AD	3:34.37	5	
9 Smith, Bailey C	10	Schenectady Swim Club-AD	3:34.50	4	
10 Cazer, Kelly A	10	Albany Starfish Swim Club-AD	3:37.82	3	
11 Schmidt, Allison K	10	Duanesburg Electric Eels-AD	3:40.02	2	
12 McGraw, Caroline B	9	Albany Starfish Swim Club-AD	3:42.62	1	
13 Bushway, Isabel M	9	Albany Starfish Swim Club-AD	3:43.75		
14 Moruzzi, Anne F	10	So. Saratoga YMCA Barracudas-AD	3:44.22		
15 Marsh, Samantha A	10	Hawks-AD	3:46.94		
16 Gordon, Jessica K	8	Albany Starfish Swim Club-AD	3:50.84		
17 Reyes, Monica R	8	Kingston Swim Club-AD	3:52.96		
18 Wurth, Kristen S	10	Albany Starfish Swim Club-AD	3:54.65		
19 Matoske, Angelica M	9	Albany Starfish Swim Club-AD	4:10.50		
20 Mizbani, Mariah C	10	Albany Starfish Swim Club-AD	4:19.45		
21 Bacon, Abby P	9	Schenectady Swim Club-AD	4:20.06		
--- Lipkin, Elaine M	10	Albany Starfish Swim Club-AD	DQ		

Event 20 Boys 10 & Under 200 LC Meter IM

Meet Record: 2:50.81 # 7/1994		Aaron Schneider - Colo		COLONIE	
Name	Age	Team	Finals Time	Points	
1 Zwijacz, Zachary A	10	So. Saratoga YMCA Barracudas-AD	2:56.05	16	
2 Doyle, Connor H	10	Delmar Dolphins Swim Club, Inc.-AD	3:02.88	13	
3 McElrath, Ian T	10	Albany Starfish Swim Club-AD	3:31.12	12	
4 Hale, Josh C	9	Swim Strong Aquatic Club-AD	3:35.86	11	
5 Trzewik-Quinn, Tadeusz K	8	Hawks-AD	3:42.65	10	
6 Arazi, Yannai R	9	Schenectady Swim Club-AD	3:52.00	9	
7 Haraden, Dylan T	10	Schenectady Swim Club-AD	3:54.52	7	
8 Chen, James H	10	Albany Starfish Swim Club-AD	3:54.59	5	
9 Nyman, Jesse K	8	Clifton Park-Halfmoon Piranhas-AD	3:55.88	4	

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Name	Age	Team	Finals Time	Points
10 Zhou, Allen G	9	Albany Starfish Swim Club-AD	3:57.93	3
11 Kuyl, Leo	9	Hawks-AD	4:05.44	2
12 LaFlamme, Owen C	10	Albany Starfish Swim Club-AD	4:12.85	1
13 Grygiel, Bobby M	10	Albany Starfish Swim Club-AD	4:21.21	
--- Kaltak, Kevin S	10	Clinton Cuda Swim Club-AD	DQ	

Event 21 Girls 100 LC Meter Butterfly

Meet Record:	1:05.15	# 8/3/2001	Jen A Eberst	Bluefins
2009AD LC Di:	1:01.49	! 7/7/1996	Richelle Depold	CDAC-AD
2009AD LC Re:	1:01.49	7/10/1996	Richelle Depold	CDAC-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Zhou, Kina Y	15	Albany Starfish Swim Club-AD	1:08.08	1:06.09	16
2 Hooper, Aimee J	16	Albany Starfish Swim Club-AD	1:07.58	1:07.28	13
3 Jordan, Maggie A	15	Schenectady Swim Club-AD	1:08.38	1:08.29	12
4 Rowe, Katie A	16	Schenectady Swim Club-AD	1:08.27	1:08.35	11
5 O'Donnell, Katie E	20	Delmar Dolphins Swim Club, Inc.-AD	1:10.61	1:08.94	10
6 Samson, Olivia N	16	Albany Starfish Swim Club-AD	1:08.99	1:10.46	9
B - Final					
7 Powhida, Bethany C	16	Delmar Dolphins Swim Club, Inc.-AD	1:11.83	1:10.98	7
8 Swett, Sara E	15	Schenectady Swim Club-AD	1:12.02	1:11.53	5
9 McFadden, Sara B	18	Schenectady Swim Club-AD	1:12.20	1:12.04	4
10 Manor, Laura J	18	Schenectady Swim Club-AD	1:11.64	1:13.08	3
11 Melnik, Amy E	16	Albany Starfish Swim Club-AD	1:13.15	1:14.68	2
12 Murphy, Kenna R	19	Schenectady Swim Club-AD	1:13.75	1:15.47	1

Event 21 Girls 100 LC Meter Butterfly

Meet Record:	1:05.15	# 8/3/2001	Jen A Eberst	Bluefins
2009AD LC Di:	1:01.49	! 7/7/1996	Richelle Depold	CDAC-AD
2009AD LC Re:	1:01.49	7/10/1996	Richelle Depold	CDAC-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Hooper, Aimee J	16	Albany Starfish Swim Club-AD		1:07.58 q
2 Zhou, Kina Y	15	Albany Starfish Swim Club-AD		1:08.08 q
3 Rowe, Katie A	16	Schenectady Swim Club-AD		1:08.27 q
4 Jordan, Maggie A	15	Schenectady Swim Club-AD		1:08.38 q
5 Samson, Olivia N	16	Albany Starfish Swim Club-AD		1:08.99 q
6 O'Donnell, Katie E	20	Delmar Dolphins Swim Club, Inc.-AD		1:10.61 q
7 Manor, Laura J	18	Schenectady Swim Club-AD		1:11.64 q
8 Powhida, Bethany C	16	Delmar Dolphins Swim Club, Inc.-AD		1:11.83 q
9 Swett, Sara E	15	Schenectady Swim Club-AD		1:12.02 q
10 McFadden, Sara B	18	Schenectady Swim Club-AD		1:12.20 q
11 Melnik, Amy E	16	Albany Starfish Swim Club-AD		1:13.15 q
12 Murphy, Kenna R	19	Schenectady Swim Club-AD		1:13.75 q
13 Dougherty, Sarah E	17	Albany Starfish Swim Club-AD		1:13.96
14 Sternbach, Talia J	15	Albany Starfish Swim Club-AD		1:14.20
15 Powell, Lily F	18	Delmar Dolphins Swim Club, Inc.-AD		1:14.45
16 Hyde, Emily A	16	Clinton Cuda Swim Club-AD		1:15.52
17 Buyaskas, Kelly A	15	Schenectady Swim Club-AD		1:16.50
18 Boyce, Lauren R	18	Clinton Cuda Swim Club-AD		1:16.71
19 Wilkinson, Melissa L	15	Glens Falls YMCA Gators-AD		1:17.19

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Results

Preliminaries ... (Event 21 Girls 100 LC Meter Butterfly)

Name	Age	Team	Seed Time	Prelim Time
20 Whitaker, Emily E	17	Albany Starfish Swim Club-AD		1:17.62
21 Higgins, Kristin E	16	Glens Falls YMCA Gators-AD		1:17.92
22 O'Donnell, Tara K	15	Delmar Dolphins Swim Club, Inc.-AD		1:18.05
23 Simon, Chelsey L	16	Clinton Cuda Swim Club-AD		1:19.02
24 Mone, Alexis J	17	Schenectady Swim Club-AD		1:19.80
25 Wilcox, Mackenzie L	17	Clifton Park-Halfmoon Piranhas-AD		1:21.90
26 Ouyang, Annie W	16	Clifton Park-Halfmoon Piranhas-AD		1:22.84
27 Papaleo, Cassie R	15	Clinton Cuda Swim Club-AD		1:24.02
28 Graham, Meg E	16	Schenectady Swim Club-AD		1:24.97
29 Madore, Julia L	15	New Hartford Aquatics-AD		1:27.26
30 Chen, Jessica A	15	Albany Starfish Swim Club-AD		1:31.13
31 Thesier, Brittney M	15	Swim Strong Aquatic Club-AD		1:31.86
32 Marilley, Alex T	16	Swim Strong Aquatic Club-AD		1:35.32
33 Williams, Johanna T	15	Greater Glens Falls Flyers-AD		1:46.69

Event 22 Boys 100 LC Meter Butterfly

Meet Record:	59.15	#	7/27/2007	Spencer Booth	SCHE
2009AD LC Di:	57.70	!	7/25/2008	Spencer Booth at 2008 Adironda	SCHE-AD
2009AD LC Re:	54.90		8/6/2009	Spencer Booth at 2009 Speedo C	SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Dugan, Mike R	18	Albany Starfish Swim Club-AD	1:01.41	59.02#	16
2 Dyer, Frankie K	18	Albany Starfish Swim Club-AD	1:01.98	1:00.95	13
3 Smachlo, Alex A	17	Albany Starfish Swim Club-AD	1:02.82	1:02.38	12
4 Lanzi, Antonio J	16	Albany Starfish Swim Club-AD	1:03.02	1:02.71	11
5 Lednev, Alexander I	16	Delmar Dolphins Swim Club, Inc.-AD	1:02.99	1:03.52	10
6 Barno, Michael R	18	Schenectady Swim Club-AD	1:05.11	1:05.35	9
B - Final					
7 DeMaria, Frankie M	18	Albany Starfish Swim Club-AD	1:05.26	1:04.20	7
8 Hooper, Nick R	15	Albany Starfish Swim Club-AD	1:06.97	1:05.15	5
9 MacDonald, Seth M	15	Clinton Cuda Swim Club-AD	1:07.25	1:05.89	4
10 Sharkey, Liam C	18	Schenectady Swim Club-AD	1:07.84	1:08.01	3
11 Rolleston, Matthew D	15	Glens Falls YMCA Gators-AD	1:08.13	1:08.37	2
12 Resila, Nate J	18	Albany Starfish Swim Club-AD	1:08.73	1:12.26	1

Event 22 Boys 100 LC Meter Butterfly

Meet Record:	59.15	#	7/27/2007	Spencer Booth	SCHE
2009AD LC Di:	57.70	!	7/25/2008	Spencer Booth at 2008 Adironda	SCHE-AD
2009AD LC Re:	54.90		8/6/2009	Spencer Booth at 2009 Speedo C	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Dugan, Mike R	18	Albany Starfish Swim Club-AD		1:01.41 q
2 Dyer, Frankie K	18	Albany Starfish Swim Club-AD		1:01.98 q
3 Smachlo, Alex A	17	Albany Starfish Swim Club-AD		1:02.82 q
4 Lednev, Alexander I	16	Delmar Dolphins Swim Club, Inc.-AD		1:02.99 q
5 Lanzi, Antonio J	16	Albany Starfish Swim Club-AD		1:03.02 q
6 Barno, Michael R	18	Schenectady Swim Club-AD		1:05.11 q
7 DeMaria, Frankie M	18	Albany Starfish Swim Club-AD		1:05.26 q
8 Hooper, Nick R	15	Albany Starfish Swim Club-AD		1:06.97 q
9 MacDonald, Seth M	15	Clinton Cuda Swim Club-AD		1:07.25 q
10 Sharkey, Liam C	18	Schenectady Swim Club-AD		1:07.84 q
11 Rolleston, Matthew D	15	Glens Falls YMCA Gators-AD		1:08.13 q

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Results

Preliminaries ... (Event 22 Boys 100 LC Meter Butterfly)

Name	Age	Team	Seed Time	Prelim Time
12 Resila, Nate J	18	Albany Starfish Swim Club-AD		1:08.73 q
13 Kearney, Thomas J	16	Albany Starfish Swim Club-AD		1:09.94
14 Ongkingco, Justin F	16	Swim Strong Aquatic Club-AD		1:14.36
15 Mattice, Greg A	16	Schenectady Swim Club-AD		1:15.30
16 Strayer, Ethan C	16	Albany Starfish Swim Club-AD		1:22.46
--- Bullis, Andrew D	16	Schenectady Swim Club-AD		NS

Event 23 Girls 13-14 100 LC Meter Butterfly

Meet Record:	1:06.23	#	7/1995	Lauren Donohue - Sche	SCHENECTADY
2009AD LC Di:	1:05.56	!	7/7/1995	Lauren Donohue	SCHE-AD
2009AD LC Re:	1:05.03		8/6/2009	Amy L. Bopp at 2009 Speedo Cha	SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD	1:13.50	1:10.71	16
2 Dougherty, Erin B	14	Albany Starfish Swim Club-AD	1:13.60	1:12.36	13
3 Barno, Katie M	14	Schenectady Swim Club-AD	1:12.96	1:12.83	12
4 Schwarz, Susie D	13	Albany Starfish Swim Club-AD	1:14.74	1:13.11	11
5 McElrath, Madelaine E	13	Albany Starfish Swim Club-AD	1:15.69	1:16.58	10
6 Wang, Jessica J	13	Albany Starfish Swim Club-AD	1:15.83	1:17.07	9
B - Final					
7 Leombruno, Rachel D	14	Glens Falls YMCA Gators-AD	1:17.76	1:15.98	7
8 Melofchik, Gloria M	14	Glens Falls YMCA Gators-AD	1:21.09	1:18.95	5
9 Pucciarelli, Julia M	14	Albany Starfish Swim Club-AD	1:19.71	1:19.08	4
10 Lenney, Morgan E	14	Albany Starfish Swim Club-AD	1:22.24	1:19.88	3
11 Ferlo, Angela J	14	Schenectady Swim Club-AD	1:22.66	1:20.11	2
12 Wurth, Rachel E	14	Albany Starfish Swim Club-AD	1:21.50	1:20.63	1

Event 23 Girls 13-14 100 LC Meter Butterfly

Meet Record:	1:06.23	#	7/1995	Lauren Donohue - Sche	SCHENECTADY
2009AD LC Di:	1:05.56	!	7/7/1995	Lauren Donohue	SCHE-AD
2009AD LC Re:	1:05.03		8/6/2009	Amy L. Bopp at 2009 Speedo Cha	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Barno, Katie M	14	Schenectady Swim Club-AD		1:12.96 q
2 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD		1:13.50 q
3 Dougherty, Erin B	14	Albany Starfish Swim Club-AD		1:13.60 q
4 Schwarz, Susie D	13	Albany Starfish Swim Club-AD		1:14.74 q
5 McElrath, Madelaine E	13	Albany Starfish Swim Club-AD		1:15.69 q
6 Wang, Jessica J	13	Albany Starfish Swim Club-AD		1:15.83 q
7 Leombruno, Rachel D	14	Glens Falls YMCA Gators-AD		1:17.76 q
8 Pucciarelli, Julia M	14	Albany Starfish Swim Club-AD		1:19.71 q
9 Melofchik, Gloria M	14	Glens Falls YMCA Gators-AD		1:21.09 q
10 Wurth, Rachel E	14	Albany Starfish Swim Club-AD		1:21.50 q
11 Lenney, Morgan E	14	Albany Starfish Swim Club-AD		1:22.24 q
12 Ferlo, Angela J	14	Schenectady Swim Club-AD		1:22.66 q
13 Haraden, Karly J	14	Schenectady Swim Club-AD		1:22.67
14 Moras, Kristen E	14	Adirondack Bluefins-AD		1:22.68
15 Wuerdeman, Emma E	14	Greater Glens Falls Flyers-AD		1:22.81
16 Max, Mallory M	13	Clinton Cuda Swim Club-AD		1:22.96
17 Heyde, Julianne R	14	Albany Starfish Swim Club-AD		1:23.03

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Preliminaries ... (Event 23 Girls 13-14 100 LC Meter Butterfly)

Name	Age	Team	Seed Time	Prelim Time
18 Matuszyk, Grace E	14	Albany Starfish Swim Club-AD		1:23.39
19 Gulitti, Emily R	14	Hawks-AD		1:26.05
20 Bollinger, Hannah K	13	Clinton Cuda Swim Club-AD		1:28.71
21 Schmitz, Stef R	14	Schenectady Swim Club-AD		1:29.06
22 Morgan, Stephanie V	13	Schenectady Swim Club-AD		1:33.01
23 Prestia, Nikki M	13	Hawks-AD		1:35.67
24 King, Emily R	14	Schenectady Swim Club-AD		1:35.70
25 Richer, Corinne H	14	Clinton Cuda Swim Club-AD		1:38.79
26 Moulton, Allie H	13	New Hartford Aquatics-AD		1:41.08
27 D'Ambrosio, Julia F	13	New Hartford Aquatics-AD		2:27.41

Event 24 Boys 13-14 100 LC Meter Butterfly

Meet Record:	1:02.93	#	7/1999	Travis Knop - Clin	CLINTON
2009AD LC Di:	1:01.81	!	7/2/2010	Kaz Takabayashi at Clinton Cud	GLAS-CT
2009AD LC Re:	59.81		8/10/1990	Patrick O'Keefe	GLFY-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Smith, Quinn P	14	Schenectady Swim Club-AD	1:06.36	1:04.63	16
2 Rowledge, Bobby B	14	Schenectady Swim Club-AD	1:05.31	1:05.12	13
3 Lee, Alex J	14	Albany Starfish Swim Club-AD	1:05.57	1:05.82	12
4 Gordon, Ryan D	14	Albany Starfish Swim Club-AD	1:09.96	1:07.91	11
5 Bullis, Grant R	14	Schenectady Swim Club-AD	1:11.95	1:11.94	10
6 Gulitti, Nicholas R	14	Hawks-AD	1:20.03	1:19.16	9
B - Final					
7 Strayer, Aidan H	13	Albany Starfish Swim Club-AD	1:27.04	1:22.43	7
8 Colby, Brennan J	14	Schenectady Swim Club-AD	1:28.86	1:25.72	5
9 Rifkind, Mitchell A	14	Hawks-AD	1:29.06	1:28.42	4
10 Adeson, Jonah E	13	Glens Falls YMCA Gators-AD	1:37.77	1:34.70	3

Event 24 Boys 13-14 100 LC Meter Butterfly

Meet Record:	1:02.93	#	7/1999	Travis Knop - Clin	CLINTON
2009AD LC Di:	1:01.81	!	7/2/2010	Kaz Takabayashi at Clinton Cud	GLAS-CT
2009AD LC Re:	59.81		8/10/1990	Patrick O'Keefe	GLFY-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Rowledge, Bobby B	14	Schenectady Swim Club-AD		1:05.31 q
2 Lee, Alex J	14	Albany Starfish Swim Club-AD		1:05.57 q
3 Smith, Quinn P	14	Schenectady Swim Club-AD		1:06.36 q
4 Gordon, Ryan D	14	Albany Starfish Swim Club-AD		1:09.96 q
5 Bullis, Grant R	14	Schenectady Swim Club-AD		1:11.95 q
6 Gulitti, Nicholas R	14	Hawks-AD		1:20.03 q
7 Strayer, Aidan H	13	Albany Starfish Swim Club-AD		1:27.04 q
8 Colby, Brennan J	14	Schenectady Swim Club-AD		1:28.86 q
9 Rifkind, Mitchell A	14	Hawks-AD		1:29.06 q
10 Adeson, Jonah E	13	Glens Falls YMCA Gators-AD		1:37.77 q

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Event 25 Girls 11-12 50 LC Meter Butterfly

Meet Record: 31.01 # 7/27/2007 Maggie Jordan SCHENECTADY
 2009AD LC Di: 30.41 ! 7/30/2000 Kailey Morris ALBS-AD
 2009AD LC Re: 30.34 8/8/2007 Maggie Jordan at Eastern Zone SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Kolakowski, Elle L	12	Schenectady Swim Club-AD	35.60	35.05	16
2 March, Nicole D	12	Albany Starfish Swim Club-AD	35.55	35.18	13
3 Brook, Sabrina M	12	Schenectady Swim Club-AD	36.53	36.01	12
4 Livingston, Maddie P	12	Schenectady Swim Club-AD	36.65	36.22	11
5 Decker, Haley P	12	Clinton Cuda Swim Club-AD	38.25	37.46	10
6 Williams, Annie K	11	Glens Falls YMCA Gators-AD	36.62	37.51	9
B - Final					
7 McElrath, Emma M	11	Albany Starfish Swim Club-AD	38.66	37.24	7
8 Falasco, Gabriella A	12	Glens Falls YMCA Gators-AD	39.84	37.87	5
9 Griffith, Emma C	12	Albany Starfish Swim Club-AD	39.37	38.31	4
10 Dontino, Taylor M	11	New Hartford Aquatics-AD	39.34	39.16	3
11 Barno, Emily R	11	Schenectady Swim Club-AD	40.04	39.28	2
12 Broder, Emily B	12	Albany Starfish Swim Club-AD	39.73	39.66	1

Event 25 Girls 11-12 50 LC Meter Butterfly

Meet Record: 31.01 # 7/27/2007 Maggie Jordan SCHENECTADY
 2009AD LC Di: 30.41 ! 7/30/2000 Kailey Morris ALBS-AD
 2009AD LC Re: 30.34 8/8/2007 Maggie Jordan at Eastern Zone SCHE-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 March, Nicole D	12	Albany Starfish Swim Club-AD		35.55	q
2 Kolakowski, Elle L	12	Schenectady Swim Club-AD		35.60	q
3 Brook, Sabrina M	12	Schenectady Swim Club-AD		36.53	q
4 Williams, Annie K	11	Glens Falls YMCA Gators-AD		36.62	q
5 Livingston, Maddie P	12	Schenectady Swim Club-AD		36.65	q
6 Decker, Haley P	12	Clinton Cuda Swim Club-AD		38.25	q
7 McElrath, Emma M	11	Albany Starfish Swim Club-AD		38.66	q
8 Dontino, Taylor M	11	New Hartford Aquatics-AD		39.34	q
9 Griffith, Emma C	12	Albany Starfish Swim Club-AD		39.37	q
10 Broder, Emily B	12	Albany Starfish Swim Club-AD		39.73	q
11 Falasco, Gabriella A	12	Glens Falls YMCA Gators-AD		39.84	q
12 Barno, Emily R	11	Schenectady Swim Club-AD		40.04	q
13 Madore, Laura M	12	New Hartford Aquatics-AD		40.29	
14 Misener, Riley M	11	Schenectady Swim Club-AD		41.50	
15 Sullivan, Shea E	12	Schenectady Swim Club-AD		43.12	
16 Stebbins-Hopkins, Olivia J	11	Unattached-AD		44.34	
17 Schmidt, Elizabeth M	12	Duanesburg Electric Eels-AD		44.44	
18 McGee, Emma K	11	Schenectady Swim Club-AD		44.93	
19 LaFlamme, Darby L	11	Albany Starfish Swim Club-AD		45.75	
20 Sheppard, Braylin E	11	New Hartford Aquatics-AD		45.85	
21 Hyde, Abigail L	11	Clinton Cuda Swim Club-AD		46.84	
22 Bacon, Miranda A	11	Schenectady Swim Club-AD		47.60	
23 Larrabee, Caitlyn E	11	Schenectady Swim Club-AD		50.62	
24 Kulosman, Merima	11	New Hartford Aquatics-AD		51.48	
25 Hale, Georgia L	12	Swim Strong Aquatic Club-AD		51.58	
26 Larkin, Maggie H	11	Albany Starfish Swim Club-AD		52.18	

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Results

Preliminaries ... (Event 25 Girls 11-12 50 LC Meter Butterfly)

Name	Age	Team	Seed Time	Prelim Time
27 Schlesinger, Zoe M	12	Albany Starfish Swim Club-AD		52.30
28 Stevens, Ali V	11	Hawks-AD		54.47
29 Hill, Lizzy B	12	New Hartford Aquatics-AD		55.19
30 Gossin, Camille E	11	Clinton Cuda Swim Club-AD		55.59
31 Nyman, Iida A	11	Clifton Park-Halfmoon Piranhas-AD		55.85
32 Waddell, Maddie R	11	Clifton Park-Halfmoon Piranhas-AD		1:12.26
--- Lecakes, Kyra E	12	Albany Starfish Swim Club-AD		DQ
--- Caher, Norah K	11	Clifton Park-Halfmoon Piranhas-AD		DQ

Event 26 Boys 11-12 50 LC Meter Butterfly

Meet Record:	29.91	#	7/2000	Mike DeRocco - Sche	SCHENECTADY
2009AD LC Di:	29.91	!	7/30/2000	Mike DeRocco	SCHE-AD
2009AD LC Re:	29.85		7/1/2000	Michael DeRocco	SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Smachlo, Miles A	12	Albany Starfish Swim Club-AD	31.49	31.60	16
2 Walton, Matthew T	12	Greater Glens Falls Flyers-AD	33.42	32.56	13
3 McColgan, Jimmy K	12	Hawks-AD	33.87	33.59	12
4 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD	35.33	35.35	11
5 Cleworth, Calvin W	12	Schenectady Swim Club-AD	37.18	36.63	10
6 Conway, Joseph D	12	Schenectady Swim Club-AD	37.07	37.88	9
B - Final					
7 Gordon, Luther W	12	Albany Starfish Swim Club-AD	37.41	37.06	7
8 Hess, Brian H	12	Hawks-AD	38.71	37.50	5
9 Mosier, John D	12	Duanesburg Electric Eels-AD	38.63	38.64	4
10 Osika, Thomas A	12	Greater Glens Falls Flyers-AD	39.68	40.06	3
11 Haraden, Jesse A	12	Schenectady Swim Club-AD	42.95	40.22	2
12 Colby, Bryan R	12	Schenectady Swim Club-AD	42.64	40.95	1

Event 26 Boys 11-12 50 LC Meter Butterfly

Meet Record:	29.91	#	7/2000	Mike DeRocco - Sche	SCHENECTADY
2009AD LC Di:	29.91	!	7/30/2000	Mike DeRocco	SCHE-AD
2009AD LC Re:	29.85		7/1/2000	Michael DeRocco	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Smachlo, Miles A	12	Albany Starfish Swim Club-AD		31.49 q
2 Walton, Matthew T	12	Greater Glens Falls Flyers-AD		33.42 q
3 McColgan, Jimmy K	12	Hawks-AD		33.87 q
4 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD		35.33 q
5 Conway, Joseph D	12	Schenectady Swim Club-AD		37.07 q
6 Cleworth, Calvin W	12	Schenectady Swim Club-AD		37.18 q
7 Gordon, Luther W	12	Albany Starfish Swim Club-AD		37.41 q
8 Mosier, John D	12	Duanesburg Electric Eels-AD		38.63 q
9 Hess, Brian H	12	Hawks-AD		38.71 q
10 Osika, Thomas A	12	Greater Glens Falls Flyers-AD		39.68 q
11 Colby, Bryan R	12	Schenectady Swim Club-AD		42.64 q
12 Haraden, Jesse A	12	Schenectady Swim Club-AD		42.95 q
13 Kearney, Matthew S	11	Albany Starfish Swim Club-AD		43.96
14 Wilkinson, Matthew J	11	Glens Falls YMCA Gators-AD		47.10
15 Noeker, Brian S	11	Schenectady Swim Club-AD		51.50
16 Cazer, Benjamin J	12	Albany Starfish Swim Club-AD		51.60

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Preliminaries ... (Event 26 Boys 11-12 50 LC Meter Butterfly)

Name	Age	Team	Seed Time	Prelim Time
17 Dixon, Tristan C	12	Duanesburg Electric Eels-AD		52.15
18 Pritchard, Robert R	11	Albany Starfish Swim Club-AD		53.48
19 Williams, Andrew G	11	Greater Glens Falls Flyers-AD		1:02.72
20 Kennedy, Levi C	11	Hawks-AD		1:10.01

Event 27 Girls 10 & Under 50 LC Meter Butterfly

Meet Record:	32.69	#	7/1998	Kailey Morris - Albs	ALBANY STARFISH	
Name	Age	Team			Finals Time	Points
1 Dixon, Alexandra M	10	Duanesburg Electric Eels-AD			36.04	16
2 Serotta, Lauren M	10	Albany Starfish Swim Club-AD			36.38	13
3 Falvo, Alexis E	10	Clinton Cuda Swim Club-AD			37.03	12
4 Dong, Yunfan	9	Albany Starfish Swim Club-AD			41.44	11
5 Morgan, Liz P	10	Schenectady Swim Club-AD			42.33	10
6 Lau, Christina N	10	Albany Starfish Swim Club-AD			42.54	9
7 Pritchard, Jane Y	10	Albany Starfish Swim Club-AD			44.94	7
*8 Stansbury, Clare E	10	Albany Starfish Swim Club-AD			46.26	4.50
*8 Moruzzi, Anne F	10	So. Saratoga YMCA Barracudas-AD			46.26	4.50
10 Misener, Jacqueline M	9	Schenectady Swim Club-AD			46.82	3
*11 Matoske, Angelica M	9	Albany Starfish Swim Club-AD			46.96	1.50
*11 Marsh, Samantha A	10	Hawks-AD			46.96	1.50
*13 McGraw, Caroline B	9	Albany Starfish Swim Club-AD			47.01	
*13 Paige, Kamryn M	10	Duanesburg Electric Eels-AD			47.01	
15 Smith, Bailey C	10	Schenectady Swim Club-AD			47.67	
16 Schmidt, Allison K	10	Duanesburg Electric Eels-AD			48.07	
17 Wurth, Kristen S	10	Albany Starfish Swim Club-AD			48.42	
18 Zwijacz, Alexei N	9	So. Saratoga YMCA Barracudas-AD			48.45	
*19 Cazer, Kelly A	10	Albany Starfish Swim Club-AD			49.23	
*19 Pepe, Makayla M	10	New Hartford Aquatics-AD			49.23	
*21 Nelson, Olivia K	10	Duanesburg Electric Eels-AD			50.40	
*21 Dontino, Amanda R	9	New Hartford Aquatics-AD			50.40	
23 Woods, Samantha N	10	Clifton Park-Halfmoon Piranhas-AD			51.55	
24 Lipkin, Elaine M	10	Albany Starfish Swim Club-AD			52.92	
*25 Bushway, Isabel M	9	Albany Starfish Swim Club-AD			55.32	
*25 Bushway, Lillian B	8	Albany Starfish Swim Club-AD			55.32	
27 Reyes, Monica R	8	Kingston Swim Club-AD			56.13	
28 Bacon, Abby P	9	Schenectady Swim Club-AD			58.91	
29 Mizbani, Mariah C	10	Albany Starfish Swim Club-AD			1:03.12	
30 Bushway, Evelyn G	8	Albany Starfish Swim Club-AD			1:05.91	
31 Heyde, Alaina J	7	Albany Starfish Swim Club-AD			1:06.39	
--- Pelaez, Isabel B	10	Albany Starfish Swim Club-AD			DQ	

Event 28 Boys 10 & Under 50 LC Meter Butterfly

Meet Record:	33.67	#	7/1993	Oliver Ruff - Nhkn	NEW HARTFORD	
Name	Age	Team			Finals Time	Points
1 Zwijacz, Zachary A	10	So. Saratoga YMCA Barracudas-AD			34.79	16
2 Doyle, Connor H	10	Delmar Dolphins Swim Club, Inc.-AD			37.91	13
3 Hale, Josh C	9	Swim Strong Aquatic Club-AD			48.54	12
4 McElrath, Ian T	10	Albany Starfish Swim Club-AD			48.91	11
5 Nyman, Jesse K	8	Clifton Park-Halfmoon Piranhas-AD			49.28	10
6 Liu, Stanley	10	Albany Starfish Swim Club-AD			49.39	9
7 Kaltak, Kevin S	10	Clinton Cuda Swim Club-AD			52.30	7
8 Wilkinson, Ryan J	9	Glens Falls YMCA Gators-AD			53.43	5

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****(Event 28 Boys 10 & Under 50 LC Meter Butterfly)**

Name	Age	Team	Finals Time	Points
9 Chen, James H	10	Albany Starfish Swim Club-AD	53.56	4
10 Zhou, Allen G	9	Albany Starfish Swim Club-AD	53.81	3
11 Galvin, Michael J	10	Albany Starfish Swim Club-AD	54.21	2
12 Haraden, Dylan T	10	Schenectady Swim Club-AD	54.36	1
13 Ren, Erik Z	10	Albany Starfish Swim Club-AD	54.78	
14 Arazi, Yannai R	9	Schenectady Swim Club-AD	57.99	
15 Kuyl, Leo	9	Hawks-AD	1:03.91	
16 Grygiel, Bobby M	10	Albany Starfish Swim Club-AD	1:05.34	
--- LaFlamme, Owen C	10	Albany Starfish Swim Club-AD	DQ	
--- Klinkner, Grant T	9	Clinton Cuda Swim Club-AD	DQ	
--- Drahos, Joseph A	10	Glens Falls YMCA Gators-AD	NS	

Event 29 Girls 11-12 200 LC Meter Backstroke

Meet Record:	2:42.22	#	7/27/2007	Maggie Jordan	SCHE-AD
2009AD LC Di:	2:39.82	!	7/24/2009	Jennifer L. Lucius at Adironda	ALBS-AD
2009AD LC Re:	2:33.87		7/15/1998	Karly Brooks at CT Sr Open	SCHE-AD

Name	Age	Team	Finals Time	Points
1 Caron, Allison M	12	Schenectady Swim Club-AD	2:41.23#	16
2 Blom, Danielle M	12	Clinton Cuda Swim Club-AD	2:47.03	13
3 Dougherty, Hannah M	11	Albany Starfish Swim Club-AD	2:48.23	12
4 McElrath, Emma M	11	Albany Starfish Swim Club-AD	2:50.83	11
5 Nelson, Rebecca M	12	Duanesburg Electric Eels-AD	2:51.01	10
6 Killane, Tarah M	12	Clifton Park-Halfmoon Piranhas-AD	2:51.80	9
7 LaQue, Sydney L	12	Schenectady Swim Club-AD	2:54.47	7
8 Kolakowski, Elle L	12	Schenectady Swim Club-AD	2:58.91	5
9 Moruzzi, Samantha A	12	So. Saratoga YMCA Barracudas-AD	3:03.09	4
10 Williams, Annie K	11	Glens Falls YMCA Gators-AD	3:08.17	3
11 Miskewicz, Catrin C	12	Delmar Dolphins Swim Club, Inc.-AD	3:13.15	2
12 Marvin, Aurielle E	11	Clifton Park-Halfmoon Piranhas-AD	3:14.46	1
13 Falasco, Gabriella A	12	Glens Falls YMCA Gators-AD	3:21.78	
14 Marsh, Caelan L	12	Hawks-AD	3:37.19	

Event 30 Boys 11-12 200 LC Meter Backstroke

Meet Record:	2:39.15	#	7/30/2004	Samuel P Wilshire	SCHE -AD
2009AD LC Di:	2:38.83	!	7/25/2008	Ryan P. Sharkey at 2008 Adiron	SCHE-AD
2009AD LC Re:	2:36.80		8/11/2004	Samuel P. Wilshire at Eastern	SCHE-AD

Name	Age	Team	Finals Time	Points
1 Trzewik-Quinn, Seamus	11	Hawks-AD	2:41.01	16
2 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD	2:45.61	13
3 McColgan, Jimmy K	12	Hawks-AD	2:46.98	12
4 Gordon, Luther W	12	Albany Starfish Swim Club-AD	2:52.25	11
5 Davis, Clark J	12	Schenectady Swim Club-AD	2:52.49	10
6 Sausto, Dan J	11	Albany Starfish Swim Club-AD	2:57.76	9
7 Salis, Thomas W	11	Glens Falls YMCA Gators-AD	3:10.83	7
8 Migliorato, Shawn P	11	Hawks-AD	3:11.44	5
9 Hess, Brian H	12	Hawks-AD	3:12.63	4
10 Colby, Bryan R	12	Schenectady Swim Club-AD	3:18.03	3
11 Wilkinson, Matthew J	11	Glens Falls YMCA Gators-AD	3:31.02	2
12 Ouyang, Andy H	12	Clifton Park-Halfmoon Piranhas-AD	3:37.22	1

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Event 31 Girls 400 LC Meter Freestyle Relay

Meet Record: 4:08.34 # 8/3/2001 Adirondack Bluefins
 L HOTALING, E MCDONOUGH, J EBERST, T DELOLLO
 2009AD LC Di: 4:01.70 ! 7/30/1998 Shak SHAK-NI
 2009AD LC Re: 4:02.79 7/22/2007 Schenectady SC - K Brooks, K B SCHE-AD
 arbour, S Yan, C Brauer

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD	A	4:10.26	32
1) Terwilliger, Emma K 15	2) Orr, Katie E 15	3) Whitaker, Emily E 17	4) Samson, Olivia N 16
2 Albany Starfish Swim Club-AD	B	4:10.92	26
1) Liu, Lisa 15	2) Zhou, Kina Y 15	3) Melnik, Amy E 16	4) Hooper, Aimee J 16
3 Albany Starfish Swim Club-AD	C	4:27.92	24
1) Beckford, Kiersten B 16	2) Sternbach, Talia J 15	3) Smachlo, Julia P 15	4) Dougherty, Sarah E 17
4 Glens Falls YMCA Gators-AD	A	4:32.35	22
1) Leombruno, Rachel D 14	2) Sara, Siena E 15	3) Melofchik, Gloria M 14	4) Higgins, Kristin E 16
5 Clinton Cuda Swim Club-AD	A	4:35.64	20
1) Hyde, Emily A 16	2) Simon, Chelsey L 16	3) Papaleo, Cassie R 15	4) Boyce, Lauren R 18
6 Duanesburg Electric Eels-AD	A	5:15.15	18
1) Dixon, Alexandra M 10	2) Nelson, Rebecca M 12	3) Schmidt, Elizabeth M 12	4) Schmidt, Allison K 10
7 Hawks-AD	A	5:42.86	14
1) Marsh, Caelan L 12	2) Prestia, Nikki M 13	3) Stevens, Ali V 11	4) Gulitti, Emily R 14
--- Clifton Park-Halfmoon Piranhas-	A	SCR	
--- Delmar Dolphins Swim Club, Inc.-	A	SCR	

Event 32 Boys 400 LC Meter Freestyle Relay

Meet Record: 3:46.58 # 7/27/2007 Schenectady SCHE-AD
 C Lotano, R Brauer, T Parkes, A Kalish
 2009AD LC Di: 3:39.31 ! 7/24/2009 Albany Starfish Swim Club ALBS-AD
 F. DeMaria, M. Dugan, A. Lanzi, F. Dyer
 2009AD LC Re: 3:31.45 8/6/2009 Schenectady Swim Club SCHE-AD
 , W. Booth, S. BUCKLEY, A. Kalish

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD	B	3:48.19	32
1) Hooper, Nick R 15	2) Resila, Nate J 18	3) DeMaria, Frankie M 18	4) Dyer, Frankie K 18
2 Albany Starfish Swim Club-AD	A	3:48.51	26
1) Smachlo, Alex A 17	2) Kearney, Thomas J 16	3) Lanzi, Antonio J 16	4) Dugan, Mike R 18
3 Hawks-AD	A	4:44.55	24
1) Kuyl, Emile V 13	2) Rifkind, Mitchell A 14	3) McColgan, Jimmy K 12	4) Gulitti, Nicholas R 14
4 Glens Falls YMCA Gators-AD	A	4:55.50	22
1) Rolleston, Matthew D 15	2) Frandsen, Garret E 14	3) Duguay, Tylor M 14	4) Adeson, Jonah E 13
5 Duanesburg Electric Eels-AD	A	5:40.14	20
1) Goodspeed, Evan J 13	2) Goodspeed, Cameron J 8	3) Dixon, Tristan C 12	4) Mosier, John D 12
--- Clifton Park-Halfmoon Piranhas-	A	SCR	

Event 33 Girls 13-14 400 LC Meter Freestyle Relay

Meet Record: 4:18.08 # 7/1988 Colonie Aquatics
 2009AD LC Di: 4:13.04 ! 7/25/2008 Albany Starfish Swim Club ALBS-AD
 A. Hooper, S. Liu, E. Terwilliger, O. Samson
 2009AD LC Re: 4:17.86 7/3/2009 Albany Starfish Swim Club ALBS-AD
 K. Orr, G. Beckford, K. Cahill, S. Liu

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD	A	4:24.61	32
1) Pucciarelli, Julia M 14	2) Cahill, Kaitlin E 14	3) Lucius, Jennifer L 13	4) Beckford, Gabriana E 14
2 Schenectady Swim Club-AD	A	4:33.69	26
1) Pettit, Meghan K 14	2) Haraden, Karly J 14	3) Cowley, Hannah P 14	4) Barno, Katie M 14

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(Event 33 Girls 13-14 400 LC Meter Freestyle Relay)

Team	Relay	Finals Time	Points
3 Albany Starfish Swim Club-AD	B	4:40.12	24
1) Schwarz, Susie D 13	2) Heyde, Julianne R 14	3) Dougherty, Erin B 14	4) McElrath, Madelaine E 13
4 Albany Starfish Swim Club-AD	C	4:47.03	22
1) Wurth, Rachel E 14	2) Wang, Jessica J 13	3) Matuszyk, Grace E 14	4) Lenney, Morgan E 14
5 Schenectady Swim Club-AD	B	4:57.27	20
1) Schmitz, Stef R 14	2) Ferlo, Angela J 14	3) Morgan, Stephanie V 13	4) King, Emily R 14
6 Clinton Cuda Swim Club-AD	A	4:58.13	18
1) Richer, Corinne H 14	2) Max, Mallory M 13	3) Bollinger, Hannah K 13	4) Noga, Stephanie L 14

Event 34 Boys 13-14 400 LC Meter Freestyle Relay

Meet Record:	4:02.54	# 7/1995	Schenectady	
2009AD LC Di:	4:01.36	! 7/28/2006	Schenectady Swim Club - G. Rom	SCHE-AD
			anov, T. Nichols, M. Barno, S. Buckley	
2009AD LC Re:	4:01.36	7/28/2006	Schenectady	SCHE-AD
			G Romanov, T Nichols, M Barno, S Buckley	

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD	A	4:03.77	32
1) Karlok, Dylan J 14	2) Lee, Alex J 14	3) Chalermkraivuth, James 14	4) Gordon, Ryan D 14
2 Schenectady Swim Club-AD	A	4:04.74	26
1) Bullis, Grant R 14	2) Rowledge, Bobby B 14	3) Sharkey, Ryan P 14	4) Smith, Quinn P 14
--- Glens Falls YMCA Gators-AD	A	SCR	

Event 35 Girls 11-12 400 LC Meter Freestyle Relay

Meet Record:	4:26.10	# 7/1999	Schenectady	
2009AD LC Di:	4:26.10	! 7/30/1999	Schenectady	SCHE-AD
2009AD LC Re:	4:26.10	7/30/1999	Schenectady Swim Club -K Brook	SCHE-AD
			s, D Stein, A Catroppa, K Schadow	

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD	A	4:39.74	32
1) Samson, Julia E 12	2) March, Nicole D 12	3) Broder, Emily B 12	4) Dougherty, Hannah M 11
2 Schenectady Swim Club-AD	A	4:44.16	26
1) Caron, Allison M 12	2) Kolakowski, Elle L 12	3) Brook, Sabrina M 12	4) LaQue, Sydney L 12
3 Clinton Cuda Swim Club-AD	A	5:26.37	24
1) Decker, Haley P 12	2) Gossin, Camille E 11	3) Hyde, Abigail L 11	4) Blom, Danielle M 12
4 Schenectady Swim Club-AD	B	5:27.13	22
1) Barno, Emily R 11	2) Bacon, Miranda A 11	3) Sullivan, Shea E 12	4) Livingston, Maddie P 12
5 Albany Starfish Swim Club-AD	B	5:27.99	20
1) Larkin, Maggie H 11	2) Griffith, Emma C 12	3) McElrath, Emma M 11	4) LaFlamme, Darby L 11
6 New Hartford Aquatics-AD	A	5:31.40	18
1) Madore, Laura M 12	2) Sheppard, Braylin E 11	3) Kulosman, Merima 11	4) Dontino, Taylor M 11
7 Clifton Park-Halfmoon Piranhas-	A	6:41.04	14
1) Chen, Melanie A 12	2) Marvin, Aurielle E 11	3) Caher, Norah K 11	4) Nyman, Iida A 11
--- Schenectady Swim Club-AD	C	SCR	

Event 36 Boys 11-12 400 LC Meter Freestyle Relay

Meet Record:	4:43.96	# 7/1998	Schenectady	
2009AD LC Di:	4:25.14	! 8/15/1976	Watertown	WATR-AD
2009AD LC Re:	4:25.14	8/15/1976	Watertown	WATR-AD

Team	Relay	Finals Time	Points
1 Hawks-AD	A	4:47.49	32
1) McColgan, Jimmy K 12	2) Sweeney, Sean P 12	3) Migliorato, Shawn P 11	4) Trzewik-Quinn, Seamus 11
2 Schenectady Swim Club-AD	A	4:48.53	26
1) Davis, Clark J 12	2) Cleworth, Calvin W 12	3) Haraden, Jesse A 12	4) Ludeke, Chris E 12

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(Event 36 Boys 11-12 400 LC Meter Freestyle Relay)

Team	Relay	Finals Time	Points
3 Albany Starfish Swim Club-AD	A	5:06.45	24
1) Gordon, Luther W 12	2) Kearney, Matthew S 11	3) Sausto, Dan J 11	4) Smachlo, Miles A 12

Event 39 Girls 11-12 400 LC Meter Freestyle

Meet Record: 4:50.25 # 7/28/2007	Katherine Orr	SCHE-AD
2009AD LC Di: 4:36.69 ! 7/8/1989	Jessica Knapp	WHPL-MR
2009AD LC Re: 4:41.31 8/15/1993	Stacy Wells	CLIN-AD

Name	Age	Team	Finals Time	Points
1 Samson, Julia E	12	Albany Starfish Swim Club-AD	4:50.50	16
2 Dougherty, Hannah M	11	Albany Starfish Swim Club-AD	4:51.68	13
3 Killane, Tarah M	12	Clifton Park-Halfmoon Piranhas-AD	5:13.05	12
4 Blom, Danielle M	12	Clinton Cuda Swim Club-AD	5:15.91	11
5 Caron, Allison M	12	Schenectady Swim Club-AD	5:17.69	10
6 McElrath, Emma M	11	Albany Starfish Swim Club-AD	5:23.43	9
7 LaQue, Sydney L	12	Schenectady Swim Club-AD	5:27.22	7
8 Moruzzi, Samantha A	12	So. Saratoga YMCA Barracudas-AD	5:32.21	5
9 Brook, Sabrina M	12	Schenectady Swim Club-AD	5:32.57	4
10 Griffith, Emma C	12	Albany Starfish Swim Club-AD	5:43.18	3
11 Williams, Annie K	11	Glens Falls YMCA Gators-AD	5:44.96	2
12 Stebbins-Hopkins, Olivia J	11	Unattached-AD	6:00.02	1
13 Miskewicz, Catrin C	12	Delmar Dolphins Swim Club, Inc.-AD	6:00.87	
14 Kosakowski, Leigha M	11	Unattached-AD	6:17.53	
15 Gossin, Camille E	11	Clinton Cuda Swim Club-AD	6:40.21	

Event 40 Boys 11-12 400 LC Meter Freestyle

Meet Record: 4:36.68 # 7/1986	Jim Wells - Leat	LEATHERSTOCKING
2009AD LC Di: 4:36.68 ! 8/1/1986	Jim Wells	LEAT-AD
2009AD LC Re: 4:34.03 8/10/1986	Jim Wells	LEAT-AD

Name	Age	Team	Finals Time	Points
1 Smachlo, Miles A	12	Albany Starfish Swim Club-AD	4:55.92	16
2 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD	5:03.11	13
3 Trzewik-Quinn, Seamus	11	Hawks-AD	5:11.44	12
4 Ludeke, Chris E	12	Schenectady Swim Club-AD	5:14.24	11
5 Cleworth, Calvin W	12	Schenectady Swim Club-AD	5:26.28	10
6 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD	5:31.12	9
7 Sausto, Dan J	11	Albany Starfish Swim Club-AD	5:31.19	7
8 Haraden, Jesse A	12	Schenectady Swim Club-AD	5:35.08	5
9 Migliorato, Shawn P	11	Hawks-AD	5:37.07	4
10 Mosier, John D	12	Duanesburg Electric Eels-AD	5:41.36	3
11 Conway, Joseph D	12	Schenectady Swim Club-AD	5:41.59	2
12 Sweeney, Sean P	12	Hawks-AD	5:50.57	1

Event 41 Girls 10 & Under 400 LC Meter Freestyle

Meet Record: 5:34.84 # 8/1/2004	Aimee J Hooper	Starfish
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Name	Age	Team	Finals Time	Points
1 Dixon, Alexandra M	10	Duanesburg Electric Eels-AD	5:23.85#	16
2 Serotta, Lauren M	10	Albany Starfish Swim Club-AD	5:53.03	13
--- Dong, Yunfan	9	Albany Starfish Swim Club-AD	NS	

Event 42 Boys 10 & Under 400 LC Meter Freestyle

Meet Record: 5:30.80 # 8/1/2004	Alex I Lednev	DOLFINS
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Name	Age	Team	Finals Time	Points
1 Trzewik-Quinn, Tadeusz K	8	Hawks-AD	6:30.65	16

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(Event 42 Boys 10 & Under 400 LC Meter Freestyle)

Name	Age	Team	Finals Time	Points
2 Galvin, Michael J	10	Albany Starfish Swim Club-AD	7:28.41	13
3 Ren, Erik Z	10	Albany Starfish Swim Club-AD	7:28.76	12

Event 43 Girls 200 LC Meter Freestyle

Meet Record:	2:10.54	# 8/3/2001	Tori I Delollo	Bluefins
2009AD LC Di:	2:05.72	! 7/6/2001	Kim Black	SHAK-NI
2009AD LC Re:	2:07.01	7/10/2009	Aimee Hooper at Niagara Long C	ALBS-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Hooper, Aimee J	16	Albany Starfish Swim Club-AD	2:12.16	2:08.66#	16
2 Samson, Olivia N	16	Albany Starfish Swim Club-AD	2:14.26	2:10.24#	13
3 Orr, Katie E	15	Albany Starfish Swim Club-AD	2:12.96	2:11.15	12
4 Terwilliger, Emma K	15	Albany Starfish Swim Club-AD	2:15.52	2:12.61	11
5 Zhou, Kina Y	15	Albany Starfish Swim Club-AD	2:15.61	2:13.43	10
6 Bopp, Amy L	15	Schenectady Swim Club-AD	2:15.64	2:16.32	9
B - Final					
7 Smachlo, Julia P	15	Albany Starfish Swim Club-AD	2:16.37	2:13.73	7
8 Rowe, Katie A	16	Schenectady Swim Club-AD	2:16.20	2:14.87	5
9 Liu, Lisa	15	Albany Starfish Swim Club-AD	2:16.30	2:14.93	4
10 Powhida, Bethany C	16	Delmar Dolphins Swim Club, Inc.-AD	2:16.30	2:15.88	3
11 Whitaker, Emily E	17	Albany Starfish Swim Club-AD	2:17.79	2:17.35	2
12 Jordan, Maggie A	15	Schenectady Swim Club-AD	2:20.42	2:18.67	1

Event 43 Girls 200 LC Meter Freestyle

Meet Record:	2:10.54	# 8/3/2001	Tori I Delollo	Bluefins
2009AD LC Di:	2:05.72	! 7/6/2001	Kim Black	SHAK-NI
2009AD LC Re:	2:07.01	7/10/2009	Aimee Hooper at Niagara Long C	ALBS-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Hooper, Aimee J	16	Albany Starfish Swim Club-AD		2:12.16 q
2 Orr, Katie E	15	Albany Starfish Swim Club-AD		2:12.96 q
3 Samson, Olivia N	16	Albany Starfish Swim Club-AD		2:14.26 q
4 Terwilliger, Emma K	15	Albany Starfish Swim Club-AD		2:15.52 q
5 Zhou, Kina Y	15	Albany Starfish Swim Club-AD		2:15.61 q
6 Bopp, Amy L	15	Schenectady Swim Club-AD		2:15.64 q
7 Rowe, Katie A	16	Schenectady Swim Club-AD		2:16.20 q
*8 Liu, Lisa	15	Albany Starfish Swim Club-AD		2:16.30 q
*8 Powhida, Bethany C	16	Delmar Dolphins Swim Club, Inc.-AD		2:16.30 q
10 Smachlo, Julia P	15	Albany Starfish Swim Club-AD		2:16.37 q
11 Whitaker, Emily E	17	Albany Starfish Swim Club-AD		2:17.79 q
12 Jordan, Maggie A	15	Schenectady Swim Club-AD		2:20.42 q
13 Swett, Sara E	15	Schenectady Swim Club-AD		2:20.86
14 Melnik, Amy E	16	Albany Starfish Swim Club-AD		2:21.32
15 O'Donnell, Katie E	20	Delmar Dolphins Swim Club, Inc.-AD		2:21.49
16 MacDonald, Hanlon M	16	Delmar Dolphins Swim Club, Inc.-AD		2:21.81
17 Dougherty, Sarah E	17	Albany Starfish Swim Club-AD		2:22.35
18 Higgins, Kristin E	16	Glens Falls YMCA Gators-AD		2:23.49
19 Romanov, Katie G	15	Schenectady Swim Club-AD		2:23.80
20 O'Donnell, Tara K	15	Delmar Dolphins Swim Club, Inc.-AD		2:23.81
21 Powell, Lily F	18	Delmar Dolphins Swim Club, Inc.-AD		2:24.31
22 Hyde, Emily A	16	Clinton Cuda Swim Club-AD		2:25.48

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Name	Age	Team	Seed Time	Prelim Time
23 Hallam, Dana L	17	Albany Starfish Swim Club-AD		2:26.09
24 Walters, Tess T	15	Albany Starfish Swim Club-AD		2:26.95
25 Sara, Siena E	15	Glens Falls YMCA Gators-AD		2:27.63
26 Korzun, Deb L	18	Schenectady Swim Club-AD		2:28.14
27 Ludeke, Kelly E	16	Schenectady Swim Club-AD		2:28.29
28 Prendeville, Hanna M	16	Glens Falls YMCA Gators-AD		2:28.71
29 Wilcox, Mackenzie L	17	Clifton Park-Halfmoon Piranhas-AD		2:30.47
30 Grygiel, Catherine C	15	Albany Starfish Swim Club-AD		2:30.64
31 Papaleo, Cassie R	15	Clinton Cuda Swim Club-AD		2:30.90
32 Murphy, Kenna R	19	Schenectady Swim Club-AD		2:31.35
33 Jesaitis, Katie I	17	Clifton Park-Halfmoon Piranhas-AD		2:31.89
34 Mone, Alexis J	17	Schenectady Swim Club-AD		2:33.60
35 Madore, Julia L	15	New Hartford Aquatics-AD		2:33.77
36 Simon, Chelsey L	16	Clinton Cuda Swim Club-AD		2:34.13
37 Enright, Julia M	16	Adirondack Bluefins-AD		2:34.35
38 Graham, Meg E	16	Schenectady Swim Club-AD		2:34.89
39 Grossman, Amanda A	15	Uncle Sam Swim Club-AD		2:35.40
40 Thesier, Brittney M	15	Swim Strong Aquatic Club-AD		2:35.76
41 Wilkinson, Melissa L	15	Glens Falls YMCA Gators-AD		2:35.97
42 Smith, Madasyn L	16	Unattached-AD		2:39.67
43 Talarico, Maggie R	15	New Hartford Aquatics-AD		2:40.23
44 Sacco, Alyssa A	17	New Hartford Aquatics-AD		2:40.88
45 Sauter, Nicole M	17	Schenectady Swim Club-AD		2:45.22
46 Evolo, Alexandria M	16	Clinton Cuda Swim Club-AD		2:46.83
47 Chen, Jessica A	15	Albany Starfish Swim Club-AD		2:55.73

Event 44 Boys 200 LC Meter Freestyle

Meet Record:	2:00.31	#	7/27/2007	Spencer Booth	SCHENECTADY
2009AD LC Di:	1:57.44	!	7/25/2008	Spencer Booth at 2008 Adironda	SCHE-AD
2009AD LC Re:	1:52.73		8/10/2009	Frankie Dyer at 2009 Speedo Ju	ALBS-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Dyer, Frankie K	18	Albany Starfish Swim Club-AD	2:01.17	1:55.23!	16
2 Nichols, Troy R	18	Schenectady Swim Club-AD	2:01.68	1:59.10#	13
3 Lanzi, Antonio J	16	Albany Starfish Swim Club-AD	2:05.52	2:01.60	12
4 Smachlo, Alex A	17	Albany Starfish Swim Club-AD	2:05.60	2:03.53	11
5 DeMaria, Frankie M	18	Albany Starfish Swim Club-AD	2:03.72	2:06.27	10
6 Dugan, Mike R	18	Albany Starfish Swim Club-AD	2:03.49	2:09.42	9
B - Final					
7 Romanov, Greg W	17	Schenectady Swim Club-AD	2:06.98	2:02.22	7
8 Hooper, Nick R	15	Albany Starfish Swim Club-AD	2:05.63	2:03.68	5
9 MacDonald, Seth M	15	Clinton Cuda Swim Club-AD	2:09.23	2:07.03	4
10 Noga, Nicholas W	17	Clinton Cuda Swim Club-AD	2:09.84	2:11.30	3
11 Romero, Jorge A	17	Clifton Park-Halfmoon Piranhas-AD	2:13.80	2:13.36	2
12 Rolleston, Matthew D	15	Glens Falls YMCA Gators-AD	2:13.98	2:16.97	1

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****Event 44 Boys 200 LC Meter Freestyle**

Meet Record: 2:00.31 # 7/27/2007 **Spencer Booth** **SCHENECTADY**
2009AD LC Di: 1:57.44 ! 7/25/2008 **Spencer Booth at 2008 Adironda** **SCHE-AD**
2009AD LC Re: 1:52.73 8/10/2009 **Frankie Dyer at 2009 Speedo Ju** **ALBS-AD**

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1	Dyer, Frankie K	18 Albany Starfish Swim Club-AD		2:01.17	q
2	Nichols, Troy R	18 Schenectady Swim Club-AD		2:01.68	q
3	Dugan, Mike R	18 Albany Starfish Swim Club-AD		2:03.49	q
4	DeMaria, Frankie M	18 Albany Starfish Swim Club-AD		2:03.72	q
5	Lanzi, Antonio J	16 Albany Starfish Swim Club-AD		2:05.52	q
6	Smachlo, Alex A	17 Albany Starfish Swim Club-AD		2:05.60	q
7	Hooper, Nick R	15 Albany Starfish Swim Club-AD		2:05.63	q
8	Romanov, Greg W	17 Schenectady Swim Club-AD		2:06.98	q
9	MacDonald, Seth M	15 Clinton Cuda Swim Club-AD		2:09.23	q
10	Noga, Nicholas W	17 Clinton Cuda Swim Club-AD		2:09.84	q
11	Romero, Jorge A	17 Clifton Park-Halfmoon Piranhas-AD		2:13.80	q
12	Rolleston, Matthew D	15 Glens Falls YMCA Gators-AD		2:13.98	q
13	Moscattello, Nick J	18 Albany Starfish Swim Club-AD		2:14.91	
14	Bullis, Andrew D	16 Schenectady Swim Club-AD		2:14.99	
15	Ongkingco, Justin F	16 Swim Strong Aquatic Club-AD		2:15.86	
16	Kearney, Thomas J	16 Albany Starfish Swim Club-AD		2:16.90	
17	Barno, Michael R	18 Schenectady Swim Club-AD		2:19.06	
18	Zyniecki, Reid M	15 Albany Starfish Swim Club-AD		2:20.29	
19	Weiler, Joe D	17 Albany Starfish Swim Club-AD		2:24.04	
20	Mattice, Greg A	16 Schenectady Swim Club-AD		2:24.91	
21	Strayer, Ethan C	16 Albany Starfish Swim Club-AD		2:26.23	
22	Wei, Nathan J	15 Albany Starfish Swim Club-AD		2:38.12	
23	Tao, Liangyu	15 Clifton Park-Halfmoon Piranhas-AD		2:45.77	

Event 45 Girls 13-14 200 LC Meter Freestyle

Meet Record: 2:13.75 # 7/1999 **Lindsay McKenna - Hac** **HELDERBERG AQUAT**
2009AD LC Di: 2:09.28 ! 7/11/2009 **Brittany Friese at 2009 Hawks** **NBS-MR**
2009AD LC Re: 2:10.91 3/6/2008 **Aimee Hooper at Long Island Sp** **ALBS-AD**

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1	Beckford, Gabriela E	14 Albany Starfish Swim Club-AD	2:19.81	2:14.41	16
2	Cahill, Kaitlin E	14 Albany Starfish Swim Club-AD	2:22.15	2:17.99	13
3	Dougherty, Erin B	14 Albany Starfish Swim Club-AD	2:23.23	2:22.84	12
4	Melofchik, Gloria M	14 Glens Falls YMCA Gators-AD	2:26.51	2:24.52	11
5	Pucciarelli, Julia M	14 Albany Starfish Swim Club-AD	2:24.72	2:25.98	10
6	Pettit, Meghan K	14 Schenectady Swim Club-AD	2:26.56	2:27.48	9
B - Final					
7	Leombruno, Rachel D	14 Glens Falls YMCA Gators-AD	2:26.62	2:23.73	7
8	Barno, Katie M	14 Schenectady Swim Club-AD	2:29.73	2:26.33	5
9	Wurth, Rachel E	14 Albany Starfish Swim Club-AD	2:29.32	2:26.84	4
10	Noga, Stephanie L	14 Clinton Cuda Swim Club-AD	2:29.91	2:29.54	3
11	McElrath, Madelaine E	13 Albany Starfish Swim Club-AD	2:31.80	2:29.62	2
12	Schmitz, Stef R	14 Schenectady Swim Club-AD	2:31.59	2:30.02	1

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Event 45 Girls 13-14 200 LC Meter Freestyle

Meet Record: 2:13.75 # 7/1999 Lindsay McKenna - Hac HELDERBERG AQUAT
 2009AD LC Di: 2:09.28 ! 7/11/2009 Brittany Friese at 2009 Hawks NBS-MR
 2009AD LC Re: 2:10.91 3/6/2008 Aimee Hooper at Long Island Sp ALBS-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Beckford, Gabriela E	14	Albany Starfish Swim Club-AD		2:19.81 q
2 Cahill, Kaitlin E	14	Albany Starfish Swim Club-AD		2:22.15 q
3 Dougherty, Erin B	14	Albany Starfish Swim Club-AD		2:23.23 q
4 Pucciarelli, Julia M	14	Albany Starfish Swim Club-AD		2:24.72 q
5 Melofchik, Gloria M	14	Glens Falls YMCA Gators-AD		2:26.51 q
6 Pettit, Meghan K	14	Schenectady Swim Club-AD		2:26.56 q
7 Leombruno, Rachel D	14	Glens Falls YMCA Gators-AD		2:26.62 q
8 Wurth, Rachel E	14	Albany Starfish Swim Club-AD		2:29.32 q
9 Barno, Katie M	14	Schenectady Swim Club-AD		2:29.73 q
10 Noga, Stephanie L	14	Clinton Cuda Swim Club-AD		2:29.91 q
11 Schmitz, Stef R	14	Schenectady Swim Club-AD		2:31.59 q
12 McElrath, Madelaine E	13	Albany Starfish Swim Club-AD		2:31.80 q
13 Ferlo, Angela J	14	Schenectady Swim Club-AD		2:32.61
14 Eisnor, Elizabeth L	14	Clifton Park-Halfmoon Piranhas-AD		2:33.15
15 Lenney, Morgan E	14	Albany Starfish Swim Club-AD		2:33.78
16 Cowley, Hannah P	14	Schenectady Swim Club-AD		2:33.91
17 Heyde, Julianne R	14	Albany Starfish Swim Club-AD		2:34.78
18 Max, Mallory M	13	Clinton Cuda Swim Club-AD		2:36.62
19 Moras, Kristen E	14	Adirondack Bluefins-AD		2:37.42
20 Vandervort, Jenna L	13	Albany Starfish Swim Club-AD		2:39.09
21 Bollinger, Hannah K	13	Clinton Cuda Swim Club-AD		2:39.42
22 Morgan, Stephanie V	13	Schenectady Swim Club-AD		2:39.94
23 King, Emily R	14	Schenectady Swim Club-AD		2:41.07
24 Richer, Corinne H	14	Clinton Cuda Swim Club-AD		2:42.72
25 Gulitti, Emily R	14	Hawks-AD		2:48.98
26 Jennings, Alyssa M	14	Clinton Cuda Swim Club-AD		2:53.32
27 Weber Pierson, Jasmine K	13	New Hartford Aquatics-AD		2:54.28
28 Jesaitis, Kelsey I	13	Clifton Park-Halfmoon Piranhas-AD		2:55.67
29 Moulton, Allie H	13	New Hartford Aquatics-AD		2:57.77
30 D'Ambrosio, Julia F	13	New Hartford Aquatics-AD		3:18.68
--- Weaver, Mary Kate C	14	Uncle Sam Swim Club-AD		SCR

Event 46 Boys 13-14 200 LC Meter Freestyle

Meet Record: 2:03.12 # 7/1988 Jim Wells - Leat LEATHERSTOCKING
 2009AD LC Di: 2:03.12 ! 8/1/1988 Jim Wells LEAT-AD
 2009AD LC Re: 1:59.70 8/10/1988 Jim Wells LEAT-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Sharkey, Ryan P	14	Schenectady Swim Club-AD	2:08.72	2:07.78	16
2 Gordon, Ryan D	14	Albany Starfish Swim Club-AD	2:13.55	2:10.40	13
3 Rowledge, Bobby B	14	Schenectady Swim Club-AD	2:15.04	2:13.14	12
4 Lee, Alex J	14	Albany Starfish Swim Club-AD	2:15.55	2:13.64	11
5 Karlok, Dylan J	14	Albany Starfish Swim Club-AD	2:16.17	2:16.72	10
6 Frandsen, Garret E	14	Glens Falls YMCA Gators-AD	2:23.59	2:23.70	9
B - Final					
7 Goodspeed, Evan J	13	Duanesburg Electric Eels-AD	2:28.81	2:24.75	7

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B - Final ... (Event 46 Boys 13-14 200 LC Meter Freestyle)

Name	Age	Team	Prelim Time	Finals Time	Points
8 Gulitti, Nicholas R	14	Hawks-AD	2:28.56	2:25.71	5
9 Strayer, Aidan H	13	Albany Starfish Swim Club-AD	2:32.72	2:29.91	4
10 Costello, Zack S	13	Albany Starfish Swim Club-AD	2:37.06	2:32.95	3
11 Rifkind, Mitchell A	14	Hawks-AD	2:39.18	2:33.38	2
--- Beaudoin, Brandon T	14	Schenectady Swim Club-AD	2:29.42	DQ	

Event 46 Boys 13-14 200 LC Meter Freestyle

Meet Record:	2:03.12	# 7/1988	Jim Wells - Leat	LEATHERSTOCKING
2009AD LC Di:	2:03.12	! 8/1/1988	Jim Wells	LEAT-AD
2009AD LC Re:	1:59.70	8/10/1988	Jim Wells	LEAT-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Sharkey, Ryan P	14	Schenectady Swim Club-AD		2:08.72	q
2 Gordon, Ryan D	14	Albany Starfish Swim Club-AD		2:13.55	q
3 Rowledge, Bobby B	14	Schenectady Swim Club-AD		2:15.04	q
4 Lee, Alex J	14	Albany Starfish Swim Club-AD		2:15.55	q
5 Karlok, Dylan J	14	Albany Starfish Swim Club-AD		2:16.17	q
6 Frandsen, Garret E	14	Glens Falls YMCA Gators-AD		2:23.59	q
7 Gulitti, Nicholas R	14	Hawks-AD		2:28.56	q
8 Goodspeed, Evan J	13	Duanesburg Electric Eels-AD		2:28.81	q
9 Beaudoin, Brandon T	14	Schenectady Swim Club-AD		2:29.42	q
10 Strayer, Aidan H	13	Albany Starfish Swim Club-AD		2:32.72	q
11 Costello, Zack S	13	Albany Starfish Swim Club-AD		2:37.06	q
12 Rifkind, Mitchell A	14	Hawks-AD		2:39.18	q
13 Rowley, Benjamin E	13	Greater Glens Falls Flyers-AD		2:43.62	
14 Yates, Dylan W	13	Clifton Park-Halfmoon Piranhas-AD		2:45.17	
15 Duguay, Tylor M	14	Glens Falls YMCA Gators-AD		2:46.95	
16 Angelini, Harry P	13	New Hartford Aquatics-AD		2:47.21	
17 Burdge, Eric J	13	Clifton Park-Halfmoon Piranhas-AD		2:55.99	
18 Adeson, Jonah E	13	Glens Falls YMCA Gators-AD		3:01.18	

Event 47 Girls 11-12 200 LC Meter Freestyle

Meet Record:	2:17.12	# 7/1993	Erin Lanzafame - Clin	CLINTON
2009AD LC Di:	2:14.98	! 7/6/1995	Lindsey Wolf	OMNI-MR
2009AD LC Re:	2:13.38	8/15/1993	Erin Lanzafame	CLIN-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Samson, Julia E	12	Albany Starfish Swim Club-AD	2:19.46	2:18.51	16
2 Dougherty, Hannah M	11	Albany Starfish Swim Club-AD	2:21.11	2:20.91	13
3 Blom, Danielle M	12	Clinton Cuda Swim Club-AD	2:28.94	2:29.44	12
4 Caron, Allison M	12	Schenectady Swim Club-AD	2:31.56	2:29.70	11
5 Killane, Tarah M	12	Clifton Park-Halfmoon Piranhas-AD	2:29.61	2:29.85	10
6 LaQue, Sydney L	12	Schenectady Swim Club-AD	2:31.07	2:33.11	9
B - Final					
7 Sandwick, Samantha K	12	Albany Starfish Swim Club-AD	2:31.72	2:29.74	7
8 Broder, Emily B	12	Albany Starfish Swim Club-AD	2:32.55	2:32.70	5
9 McElrath, Emma M	11	Albany Starfish Swim Club-AD	2:35.96	2:32.77	4
10 Kolakowski, Elle L	12	Schenectady Swim Club-AD	2:32.44	2:32.99	3
11 Decker, Haley P	12	Clinton Cuda Swim Club-AD	2:35.72	2:33.39	2
12 Moruzzi, Samantha A	12	So. Saratoga YMCA Barracudas-AD	2:36.42	2:38.36	1

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Event 47 Girls 11-12 200 LC Meter Freestyle

Meet Record: 2:17.12 # 7/1993 Erin Lanzafame - Clin CLINTON
 2009AD LC Di: 2:14.98 ! 7/6/1995 Lindsey Wolf OMNI-MR
 2009AD LC Re: 2:13.38 8/15/1993 Erin Lanzafame CLIN-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Samson, Julia E	12	Albany Starfish Swim Club-AD		2:19.46 q
2 Dougherty, Hannah M	11	Albany Starfish Swim Club-AD		2:21.11 q
3 Blom, Danielle M	12	Clinton Cuda Swim Club-AD		2:28.94 q
4 Killane, Tarah M	12	Clifton Park-Halfmoon Piranhas-AD		2:29.61 q
5 LaQue, Sydney L	12	Schenectady Swim Club-AD		2:31.07 q
6 Caron, Allison M	12	Schenectady Swim Club-AD		2:31.56 q
7 Sandwick, Samantha K	12	Albany Starfish Swim Club-AD		2:31.72 q
8 Kolakowski, Elle L	12	Schenectady Swim Club-AD		2:32.44 q
9 Broder, Emily B	12	Albany Starfish Swim Club-AD		2:32.55 q
10 Decker, Haley P	12	Clinton Cuda Swim Club-AD		2:35.72 q
11 McElrath, Emma M	11	Albany Starfish Swim Club-AD		2:35.96 q
12 Moruzzi, Samantha A	12	So. Saratoga YMCA Barracudas-AD		2:36.42 q
13 Williams, Annie K	11	Glens Falls YMCA Gators-AD		2:41.22
14 Griffith, Emma C	12	Albany Starfish Swim Club-AD		2:42.19
15 March, Nicole D	12	Albany Starfish Swim Club-AD		2:43.40
16 Marvin, Aurielle E	11	Clifton Park-Halfmoon Piranhas-AD		2:45.59
17 Piascik, Rebecca N	12	Albany Starfish Swim Club-AD		2:45.74
18 Schmidt, Elizabeth M	12	Duanesburg Electric Eels-AD		2:49.88
19 Miskewicz, Catrin C	12	Delmar Dolphins Swim Club, Inc.-AD		2:51.30
20 McGee, Emma K	11	Schenectady Swim Club-AD		2:51.51
21 Barno, Emily R	11	Schenectady Swim Club-AD		2:55.27
22 Falasco, Gabriella A	12	Glens Falls YMCA Gators-AD		2:55.30
23 McMichael, Chelsey N	12	New Hartford Aquatics-AD		2:58.00
24 Sheppard, Braylin E	11	New Hartford Aquatics-AD		2:59.53
25 Ludowieg, Andrea V	12	New Hartford Aquatics-AD		3:00.75
26 Zhou, Iris X	12	Albany Starfish Swim Club-AD		3:03.38
27 Oliver, Hayley R	11	New Hartford Aquatics-AD		3:05.15
28 Sullivan, Shea E	12	Schenectady Swim Club-AD		3:06.34
29 Gossin, Camille E	11	Clinton Cuda Swim Club-AD		3:07.00
30 Cardillo, Alexa L	12	Clinton Cuda Swim Club-AD		3:10.72
31 Hill, Lizzy B	12	New Hartford Aquatics-AD		3:10.94
32 Larrabee, Caitlyn E	11	Schenectady Swim Club-AD		3:14.85
--- LaFlamme, Darby L	11	Albany Starfish Swim Club-AD		DQ

Event 48 Boys 11-12 200 LC Meter Freestyle

Meet Record: 2:11.35 # 8/1986 Jim Wells - Leat LEATHERSTOCKING
 2009AD LC Di: 2:11.35 ! 8/2/1986 Jim Wells LEAT-AD
 2009AD LC Re: 2:11.35 8/10/1986 Jim Wells LEAT-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD	2:20.75	2:18.31	16
2 Smachlo, Miles A	12	Albany Starfish Swim Club-AD	2:22.00	2:20.22	13
3 Enright, Mark C	12	Adirondack Bluefins-AD	2:24.86	2:23.83	12
4 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD	2:24.58	2:24.67	11
5 Walton, Matthew T	12	Greater Glens Falls Flyers-AD	2:23.75	2:25.03	10
6 Trzewik-Quinn, Seamus	11	Hawks-AD	2:29.63	2:29.73	9

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B - Final ... (Event 48 Boys 11-12 200 LC Meter Freestyle)

Name	Age	Team	Prelim Time	Finals Time	Points
B - Final					
7 Ludeke, Chris E	12	Schenectady Swim Club-AD	2:31.62	2:29.14	7
8 Gordon, Luther W	12	Albany Starfish Swim Club-AD	2:31.50	2:29.68	5
9 McColgan, Jimmy K	12	Hawks-AD	2:34.96	2:34.84	4
10 Davis, Clark J	12	Schenectady Swim Club-AD	2:39.98	2:39.11	3
11 Sweeney, Sean P	12	Hawks-AD	2:40.50	2:42.43	2
12 Migliorato, Shawn P	11	Hawks-AD	2:42.43	2:42.48	1

Event 48 Boys 11-12 200 LC Meter Freestyle

Meet Record:	2:11.35	# 8/1986	Jim Wells - Leat	LEATHERSTOCKING
2009AD LC Di:	2:11.35	! 8/2/1986	Jim Wells	LEAT-AD
2009AD LC Re:	2:11.35	8/10/1986	Jim Wells	LEAT-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD		2:20.75 q
2 Smachlo, Miles A	12	Albany Starfish Swim Club-AD		2:22.00 q
3 Walton, Matthew T	12	Greater Glens Falls Flyers-AD		2:23.75 q
4 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD		2:24.58 q
5 Enright, Mark C	12	Adirondack Bluefins-AD		2:24.86 q
6 Trzewik-Quinn, Seamus	11	Hawks-AD		2:29.63 q
7 Gordon, Luther W	12	Albany Starfish Swim Club-AD		2:31.50 q
8 Ludeke, Chris E	12	Schenectady Swim Club-AD		2:31.62 q
9 McColgan, Jimmy K	12	Hawks-AD		2:34.96 q
10 Davis, Clark J	12	Schenectady Swim Club-AD		2:39.98 q
11 Sweeney, Sean P	12	Hawks-AD		2:40.50 q
12 Draper, Bobby P	12	Clinton Cuda Swim Club-AD		2:40.97 q
13 Migliorato, Shawn P	11	Hawks-AD		2:42.43
14 Mosier, John D	12	Duanesburg Electric Eels-AD		2:42.62
15 Haraden, Jesse A	12	Schenectady Swim Club-AD		2:42.75
16 Conway, Joseph D	12	Schenectady Swim Club-AD		2:42.76
17 Sausto, Dan J	11	Albany Starfish Swim Club-AD		2:42.99
18 Reilly, Connor K	12	Delmar Dolphins Swim Club, Inc.-AD		2:43.59
19 Osika, Thomas A	12	Greater Glens Falls Flyers-AD		2:44.74
20 Miao, Frank Z	12	Albany Starfish Swim Club-AD		2:46.06
21 Colby, Bryan R	12	Schenectady Swim Club-AD		2:51.68
22 Salis, Thomas W	11	Glens Falls YMCA Gators-AD		2:53.22
23 Hess, Brian H	12	Hawks-AD		2:56.40
24 Kearney, Matthew S	11	Albany Starfish Swim Club-AD		2:56.89
25 Cazer, Benjamin J	12	Albany Starfish Swim Club-AD		2:57.74
26 Ouyang, Andy H	12	Clifton Park-Halfmoon Piranhas-AD		3:08.12
27 Wilkinson, Matthew J	11	Glens Falls YMCA Gators-AD		3:12.04
28 Noeker, Brian S	11	Schenectady Swim Club-AD		3:17.01
29 Wilkerson, Noah C	12	Albany Starfish Swim Club-AD		3:19.21

Event 49 Girls 10 & Under 200 LC Meter Freestyle

Meet Record:	2:23.32	# 7/1998	Kailey Morris - Albs	ALBANY STARFISH
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Name	Age	Team	Finals Time	Points
1 Dixon, Alexandra M	10	Duanesburg Electric Eels-AD	2:35.54	16
2 Madden, Sydney A	10	Clinton Cuda Swim Club-AD	2:43.45	13
3 Serotta, Lauren M	10	Albany Starfish Swim Club-AD	2:43.83	12
4 Pepe, Makayla M	10	New Hartford Aquatics-AD	3:00.46	11

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Name	Age	Team	Finals Time	Points
5 Morgan, Liz P	10	Schenectady Swim Club-AD	3:02.06	10
6 Misener, Jacqueline M	9	Schenectady Swim Club-AD	3:02.53	9
7 Stansbury, Clare E	10	Albany Starfish Swim Club-AD	3:09.80	7
8 Smith, Bailey C	10	Schenectady Swim Club-AD	3:15.90	5
9 Matoske, Angelica M	9	Albany Starfish Swim Club-AD	3:19.16	4
10 Wurth, Kristen S	10	Albany Starfish Swim Club-AD	3:21.06	3
11 Hamlin, Katherine S	10	Clinton Cuda Swim Club-AD	3:27.35	2
12 McGraw, Caroline B	9	Albany Starfish Swim Club-AD	3:29.31	1
13 Liu, Samantha	10	Albany Starfish Swim Club-AD	3:36.36	
14 Pang, Cindy J	9	Albany Starfish Swim Club-AD	3:56.59	

Event 50 Boys 10 & Under 200 LC Meter Freestyle

Meet Record: 2:25.68 # 8/1984		Jim Wells - Nhkn	NEW HARTFORD	
Name	Age	Team	Finals Time	Points
1 Zwijacz, Zachary A	10	So. Saratoga YMCA Barracudas-AD	2:42.04	16
2 Doyle, Connor H	10	Delmar Dolphins Swim Club, Inc.-AD	2:42.26	13
3 McElrath, Ian T	10	Albany Starfish Swim Club-AD	3:05.13	12
4 Yu, Steven	10	Albany Starfish Swim Club-AD	3:07.33	11
5 Kaltak, Kevin S	10	Clinton Cuda Swim Club-AD	3:09.39	10
6 Wilkinson, Ryan J	9	Glens Falls YMCA Gators-AD	3:14.67	9
7 Haraden, Dylan T	10	Schenectady Swim Club-AD	3:17.10	7
8 Liu, Stanley	10	Albany Starfish Swim Club-AD	3:18.20	5
9 Arazi, Yannai R	9	Schenectady Swim Club-AD	3:28.50	4
10 Zhou, Allen G	9	Albany Starfish Swim Club-AD	3:30.72	3
11 Galvin, Michael J	10	Albany Starfish Swim Club-AD	3:32.74	2
12 Ren, Erik Z	10	Albany Starfish Swim Club-AD	3:38.64	1
13 LaFlamme, Owen C	10	Albany Starfish Swim Club-AD	3:46.23	

Event 51 Girls 50 LC Meter Freestyle

Meet Record: 27.75 # 8/4/2001		Laura M Hotaling	Bluefins		
2009AD LC Di: 27.26 ! 8/6/1993		Richelle Depold	COLO-AD		
2009AD LC Re: 26.08 7/15/1993		Richelle Depold	COLO-AD		
Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Bickel, Jenna R	16	Delmar Dolphins Swim Club, Inc.-AD	28.62	28.20	16
2 Zhou, Kina Y	15	Albany Starfish Swim Club-AD	28.41	28.24	13
3 Beckford, Kiersten B	16	Albany Starfish Swim Club-AD	29.28	28.81	12
4 Samson, Olivia N	16	Albany Starfish Swim Club-AD	29.00	28.83	11
5 Jordan, Maggie A	15	Schenectady Swim Club-AD	29.33	28.91	10
6 Melnik, Amy E	16	Albany Starfish Swim Club-AD	29.34	29.17	9
B - Final					
7 O'Donnell, Katie E	20	Delmar Dolphins Swim Club, Inc.-AD	29.69	29.40	7
8 Sternbach, Talia J	15	Albany Starfish Swim Club-AD	29.52	29.43	5
9 Terwilliger, Emma K	15	Albany Starfish Swim Club-AD	29.61	29.44	4
10 Liu, Lisa	15	Albany Starfish Swim Club-AD	30.01	29.66	3
11 MacDonald, Hanlon M	16	Delmar Dolphins Swim Club, Inc.-AD	30.09	29.74	2
12 Ludeke, Erin M	18	Schenectady Swim Club-AD	29.96	30.29	1

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****Event 51 Girls 50 LC Meter Freestyle**

Meet Record:	27.75	#	8/4/2001	Laura M Hotaling	Bluefins
2009AD LC Di:	27.26	!	8/6/1993	Richelle Depold	COLO-AD
2009AD LC Re:	26.08		7/15/1993	Richelle Depold	COLO-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Zhou, Kina Y	15	Albany Starfish Swim Club-AD		28.41 q
2 Bickel, Jenna R	16	Delmar Dolphins Swim Club, Inc.-AD		28.62 q
3 Samson, Olivia N	16	Albany Starfish Swim Club-AD		29.00 q
4 Beckford, Kiersten B	16	Albany Starfish Swim Club-AD		29.28 q
5 Jordan, Maggie A	15	Schenectady Swim Club-AD		29.33 q
6 Melnik, Amy E	16	Albany Starfish Swim Club-AD		29.34 q
7 Sternbach, Talia J	15	Albany Starfish Swim Club-AD		29.52 q
8 Terwilliger, Emma K	15	Albany Starfish Swim Club-AD		29.61 q
9 O'Donnell, Katie E	20	Delmar Dolphins Swim Club, Inc.-AD		29.69 q
10 Ludeke, Erin M	18	Schenectady Swim Club-AD		29.96 q
11 Liu, Lisa	15	Albany Starfish Swim Club-AD		30.01 q
12 MacDonald, Hanlon M	16	Delmar Dolphins Swim Club, Inc.-AD		30.09 q
13 Whitaker, Emily E	17	Albany Starfish Swim Club-AD		30.29
14 Barbour, Kelsey T	18	Schenectady Swim Club-AD		30.37
15 Papaleo, Cassie R	15	Clinton Cuda Swim Club-AD		30.43
16 Powell, Lily F	18	Delmar Dolphins Swim Club, Inc.-AD		30.56
17 Hallam, Dana L	17	Albany Starfish Swim Club-AD		30.64
18 Ludeke, Kelly E	16	Schenectady Swim Club-AD		30.80
19 O'Donnell, Tara K	15	Delmar Dolphins Swim Club, Inc.-AD		30.86
20 Wilcox, Mackenzie L	17	Clifton Park-Halfmoon Piranhas-AD		30.87
21 Rokos, Sam R	16	Duanesburg Electric Eels-AD		31.02
22 Walters, Tess T	15	Albany Starfish Swim Club-AD		31.39
23 Kaucic, Catherine	15	Albany Starfish Swim Club-AD		31.49
24 Hoskinson, Emily M	18	Schenectady Swim Club-AD		31.57
25 McFadden, Sara B	18	Schenectady Swim Club-AD		31.59
26 Korzun, Deb L	18	Schenectady Swim Club-AD		31.61
*27 Murphy, Kenna R	19	Schenectady Swim Club-AD		31.68
*27 Sacco, Alyssa A	17	New Hartford Aquatics-AD		31.68
29 Grossman, Amanda A	15	Uncle Sam Swim Club-AD		31.72
30 Buyaskas, Kelly A	15	Schenectady Swim Club-AD		31.86
31 Duchesne, Courtney M	18	Schenectady Swim Club-AD		31.87
32 Wilkinson, Melissa L	15	Glens Falls YMCA Gators-AD		31.88
33 Simon, Chelsey L	16	Clinton Cuda Swim Club-AD		31.89
34 Romanov, Katie G	15	Schenectady Swim Club-AD		31.92
35 Marilley, Alex T	16	Swim Strong Aquatic Club-AD		32.09
36 Sara, Siena E	15	Glens Falls YMCA Gators-AD		32.34
37 Enright, Julia M	16	Adirondack Bluefins-AD		32.59
38 Talarico, Maggie R	15	New Hartford Aquatics-AD		32.68
39 Grygiel, Catherine C	15	Albany Starfish Swim Club-AD		32.77
40 Ouyang, Annie W	16	Clifton Park-Halfmoon Piranhas-AD		33.09
41 Thesier, Brittney M	15	Swim Strong Aquatic Club-AD		33.17
42 Evolo, Alexandria M	16	Clinton Cuda Swim Club-AD		33.22
43 Smith, Madasyn L	16	Unattached-AD		33.56
44 Madore, Julia L	15	New Hartford Aquatics-AD		33.63
45 Chen, Jessica A	15	Albany Starfish Swim Club-AD		33.70
46 Graham, Meg E	16	Schenectady Swim Club-AD		33.83

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Preliminaries ... (Event 51 Girls 50 LC Meter Freestyle)

Name	Age	Team	Seed Time	Prelim Time
47 Broder, Alissa R	15	Albany Starfish Swim Club-AD		34.43
48 Cleworth, Maddie C	16	Schenectady Swim Club-AD		34.58
49 Sauter, Nicole M	17	Schenectady Swim Club-AD		37.17

Event 52 Boys 50 LC Meter Freestyle

Meet Record:	25.14	#	8/4/2001	Mike M Murray	Bluefins
2009AD LC Di:	24.18	!	7/5/1987	Stephen Sheedy	MAR-MR
2009AD LC Re:	23.82		7/22/2004	George K. Gleason at The 2004	SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Dyer, Frankie K	18	Albany Starfish Swim Club-AD	25.01	23.93!	16
2 Dugan, Mike R	18	Albany Starfish Swim Club-AD	26.19	24.58#	13
3 Johnson, Jake C	19	Clifton Park-Halfmoon Piranhas-AD	25.30	25.12#	12
4 Lanzi, Antonio J	16	Albany Starfish Swim Club-AD	26.11	25.67	11
5 Nichols, Troy R	18	Schenectady Swim Club-AD	25.95	25.78	10
6 Resila, Nate J	18	Albany Starfish Swim Club-AD	26.11	26.33	9
B - Final					
7 Barno, Michael R	18	Schenectady Swim Club-AD	27.32	26.15	7
8 DeMaria, Frankie M	18	Albany Starfish Swim Club-AD	26.77	26.28	5
9 Boese, Sam S	16	Albany Starfish Swim Club-AD	26.98	26.99	4
10 Sharkey, Dylan J	16	Schenectady Swim Club-AD	26.98	27.13	3
11 Ongkingco, Justin F	16	Swim Strong Aquatic Club-AD	26.81	27.25	2
12 Noga, Nicholas W	17	Clinton Cuda Swim Club-AD	27.13	27.65	1

Event 52 Boys 50 LC Meter Freestyle

Meet Record:	25.14	#	8/4/2001	Mike M Murray	Bluefins
2009AD LC Di:	24.18	!	7/5/1987	Stephen Sheedy	MAR-MR
2009AD LC Re:	23.82		7/22/2004	George K. Gleason at The 2004	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Dyer, Frankie K	18	Albany Starfish Swim Club-AD		25.01# q
2 Johnson, Jake C	19	Clifton Park-Halfmoon Piranhas-AD		25.30 q
3 Nichols, Troy R	18	Schenectady Swim Club-AD		25.95 q
*4 Resila, Nate J	18	Albany Starfish Swim Club-AD		26.11 q
*4 Lanzi, Antonio J	16	Albany Starfish Swim Club-AD		26.11 q
6 Dugan, Mike R	18	Albany Starfish Swim Club-AD		26.19 q
7 DeMaria, Frankie M	18	Albany Starfish Swim Club-AD		26.77 q
8 Ongkingco, Justin F	16	Swim Strong Aquatic Club-AD		26.81 q
*9 Boese, Sam S	16	Albany Starfish Swim Club-AD		26.98 q
*9 Sharkey, Dylan J	16	Schenectady Swim Club-AD		26.98 q
11 Noga, Nicholas W	17	Clinton Cuda Swim Club-AD		27.13 q
12 Barno, Michael R	18	Schenectady Swim Club-AD		27.32 q
13 Nichols, Taylor P	15	Schenectady Swim Club-AD		27.48
14 Kearney, Thomas J	16	Albany Starfish Swim Club-AD		27.59
15 Sharkey, Liam C	18	Schenectady Swim Club-AD		27.63
16 Romero, Jorge A	17	Clifton Park-Halfmoon Piranhas-AD		27.71
17 Moscatello, Nick J	18	Albany Starfish Swim Club-AD		27.92
18 Caron, Nolan J	17	Schenectady Swim Club-AD		29.13
19 Zyniecki, Reid M	15	Albany Starfish Swim Club-AD		29.34
20 Strayer, Ethan C	16	Albany Starfish Swim Club-AD		29.41
21 Bullis, Andrew D	16	Schenectady Swim Club-AD		29.57

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Preliminaries ... (Event 52 Boys 50 LC Meter Freestyle)

Name	Age	Team	Seed Time	Prelim Time
22 Weiler, Joe D	17	Albany Starfish Swim Club-AD		29.64
23 Nelson, Cody T	16	Duanesburg Electric Eels-AD		29.65
24 Wei, Nathan J	15	Albany Starfish Swim Club-AD		31.17
--- Tao, Liangyu	15	Clifton Park-Halfmoon Piranhas-AD		DQ

Event 53 Girls 13-14 50 LC Meter Freestyle

Meet Record:	28.30	# 7/1997	Elissa Kline - Glfy	GLENS FALLS
2009AD LC Di:	28.18	! 7/7/1986	Kate Tallet	CHEN-AD
2009AD LC Re:	27.63	8/10/1988	Richelle Depold	COLO-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Beckford, Gabriela E	14	Albany Starfish Swim Club-AD	29.40	28.74	16
2 Cahill, Kaitlin E	14	Albany Starfish Swim Club-AD	30.00	29.33	13
3 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD	29.90	29.42	12
4 Schwarz, Susie D	13	Albany Starfish Swim Club-AD	30.52	30.26	11
5 Melofchik, Gloria M	14	Glens Falls YMCA Gators-AD	31.00	30.39	10
6 Rupert, Emma E	13	So. Saratoga YMCA Barracudas-AD	30.87	30.54	9
B - Final					
7 Leombruno, Rachel D	14	Glens Falls YMCA Gators-AD	31.35	31.07	7
8 Lenney, Morgan E	14	Albany Starfish Swim Club-AD	31.52	31.22	5
9 Barno, Katie M	14	Schenectady Swim Club-AD	31.51	31.30	4
10 Heyde, Julianne R	14	Albany Starfish Swim Club-AD	31.75	31.31	3
11 Pettit, Meghan K	14	Schenectady Swim Club-AD	31.05	31.37	2
12 Matuszyk, Grace E	14	Albany Starfish Swim Club-AD	31.11	31.44	1

Event 53 Girls 13-14 50 LC Meter Freestyle

Meet Record:	28.30	# 7/1997	Elissa Kline - Glfy	GLENS FALLS
2009AD LC Di:	28.18	! 7/7/1986	Kate Tallet	CHEN-AD
2009AD LC Re:	27.63	8/10/1988	Richelle Depold	COLO-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Beckford, Gabriela E	14	Albany Starfish Swim Club-AD		29.40 q
2 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD		29.90 q
3 Cahill, Kaitlin E	14	Albany Starfish Swim Club-AD		30.00 q
4 Schwarz, Susie D	13	Albany Starfish Swim Club-AD		30.52 q
5 Rupert, Emma E	13	So. Saratoga YMCA Barracudas-AD		30.87 q
6 Melofchik, Gloria M	14	Glens Falls YMCA Gators-AD		31.00 q
7 Pettit, Meghan K	14	Schenectady Swim Club-AD		31.05 q
8 Matuszyk, Grace E	14	Albany Starfish Swim Club-AD		31.11 q
9 Leombruno, Rachel D	14	Glens Falls YMCA Gators-AD		31.35 q
10 Barno, Katie M	14	Schenectady Swim Club-AD		31.51 q
11 Lenney, Morgan E	14	Albany Starfish Swim Club-AD		31.52 q
12 Heyde, Julianne R	14	Albany Starfish Swim Club-AD		31.75 q
13 McElrath, Madelaine E	13	Albany Starfish Swim Club-AD		31.83
14 Moras, Kristen E	14	Adirondack Bluefins-AD		31.89
15 Bollinger, Hannah K	13	Clinton Cuda Swim Club-AD		32.16
16 Eisnor, Elizabeth L	14	Clifton Park-Halfmoon Piranhas-AD		32.18
17 Marshall, Natalie C	14	Greater Glens Falls Flyers-AD		32.39
18 Wurth, Rachel E	14	Albany Starfish Swim Club-AD		32.56
19 Max, Mallory M	13	Clinton Cuda Swim Club-AD		32.61
20 Schmitz, Stef R	14	Schenectady Swim Club-AD		32.69

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Preliminaries ... (Event 53 Girls 13-14 50 LC Meter Freestyle)

Name	Age	Team	Seed Time	Prelim Time
21 Ferlo, Angela J	14	Schenectady Swim Club-AD		32.80
22 Marilley, Julia M	13	Swim Strong Aquatic Club-AD		32.83
23 Cowley, Hannah P	14	Schenectady Swim Club-AD		32.93
24 Resila, Stephanie L	14	Albany Starfish Swim Club-AD		34.29
25 Morgan, Stephanie V	13	Schenectady Swim Club-AD		34.37
26 Gulitti, Emily R	14	Hawks-AD		34.52
27 Richer, Corinne H	14	Clinton Cuda Swim Club-AD		34.56
28 Smiljic, Evonna	13	Clinton Cuda Swim Club-AD		34.96
29 Prestia, Nikki M	13	Hawks-AD		34.99
30 Jesaitis, Kelsey I	13	Clifton Park-Halfmoon Piranhas-AD		35.01
31 Wei, Carissa L	13	Albany Starfish Swim Club-AD		35.02
32 Weber Pierson, Jasmine K	13	New Hartford Aquatics-AD		35.21
33 Risucci, Domenica N	13	Clinton Cuda Swim Club-AD		35.45
34 King, Emily R	14	Schenectady Swim Club-AD		35.53
35 Moulton, Allie H	13	New Hartford Aquatics-AD		35.85
36 Weaver, Mary Kate C	14	Uncle Sam Swim Club-AD		36.00
37 Jennings, Alyssa M	14	Clinton Cuda Swim Club-AD		36.20
38 Cardillo, Miranda M	13	Clinton Cuda Swim Club-AD		39.68
39 D'Ambrosio, Julia F	13	New Hartford Aquatics-AD		42.77
40 Nolan, Sarah A	13	Schenectady Swim Club-AD		47.36

Event 54 Boys 13-14 50 LC Meter Freestyle

Meet Record:	26.27	#	7/1995	Brian Washburn - Hac	HELDERBERG
2009AD LC Di:	25.21	!	7/1/1988	Jim Wells	LEAT-AD
2009AD LC Re:	25.05		8/10/1988	Jim Wells	LEAT-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Smith, Quinn P	14	Schenectady Swim Club-AD	27.37	26.45	16
2 Gordon, Ryan D	14	Albany Starfish Swim Club-AD	27.47	27.31	13
3 Karlok, Dylan J	14	Albany Starfish Swim Club-AD	27.81	27.54	12
4 Lee, Alex J	14	Albany Starfish Swim Club-AD	28.16	28.23	11
5 Kuyl, Emile V	13	Hawks-AD	30.37	29.61	10
6 Frandsen, Garret E	14	Glens Falls YMCA Gators-AD	29.81	29.63	9
B - Final					
7 Colby, Brennan J	14	Schenectady Swim Club-AD	30.42	30.61	7
8 Goodspeed, Evan J	13	Duanesburg Electric Eels-AD	31.26	30.91	5
9 Rowley, Benjamin E	13	Greater Glens Falls Flyers-AD	32.27	31.31	4
10 Costello, Zack S	13	Albany Starfish Swim Club-AD	33.94	32.66	3
11 Yates, Dylan W	13	Clifton Park-Halfmoon Piranhas-AD	33.56	33.35	2
12 Angelini, Harry P	13	New Hartford Aquatics-AD	33.51	33.62	1

Event 54 Boys 13-14 50 LC Meter Freestyle

Meet Record:	26.27	#	7/1995	Brian Washburn - Hac	HELDERBERG
2009AD LC Di:	25.21	!	7/1/1988	Jim Wells	LEAT-AD
2009AD LC Re:	25.05		8/10/1988	Jim Wells	LEAT-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
*1 Smith, Quinn P	14	Schenectady Swim Club-AD		27.37 q
*1 Brosnihan, Niko S	14	Uncle Sam Swim Club-AD		27.37 q
3 Gordon, Ryan D	14	Albany Starfish Swim Club-AD		27.47 q
4 Karlok, Dylan J	14	Albany Starfish Swim Club-AD		27.81 q
5 Lee, Alex J	14	Albany Starfish Swim Club-AD		28.16 q

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Preliminaries ... (Event 54 Boys 13-14 50 LC Meter Freestyle)

Name	Age	Team	Seed Time	Prelim Time
6 Frandsen, Garret E	14	Glens Falls YMCA Gators-AD		29.81 q
7 Kuyl, Emile V	13	Hawks-AD		30.37 q
8 Colby, Brennan J	14	Schenectady Swim Club-AD		30.42 q
9 Goodspeed, Evan J	13	Duanesburg Electric Eels-AD		31.26 q
10 Rowley, Benjamin E	13	Greater Glens Falls Flyers-AD		32.27 q
11 Angelini, Harry P	13	New Hartford Aquatics-AD		33.51 q
12 Yates, Dylan W	13	Clifton Park-Halfmoon Piranhas-AD		33.56 q
13 Costello, Zack S	13	Albany Starfish Swim Club-AD		33.94
14 Duguay, Tylor M	14	Glens Falls YMCA Gators-AD		34.67
15 Adeson, Jonah E	13	Glens Falls YMCA Gators-AD		37.40

Event 55 Girls 11-12 50 LC Meter Freestyle

Meet Record:	29.43	#	7/1993	Erin Lanzafame - Clin	CLINTON
2009AD LC Di:	29.04	!	6/20/1993	M Lavery & Erin Lanzafame	
2009AD LC Re:	28.69		6/15/1993	Erin Lanzafame	CLIN-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Kolakowski, Elle L	12	Schenectady Swim Club-AD	31.97	31.22	16
2 McElrath, Emma M	11	Albany Starfish Swim Club-AD	31.46	31.43	13
3 LaQue, Sydney L	12	Schenectady Swim Club-AD	31.44	31.53	12
4 Broder, Emily B	12	Albany Starfish Swim Club-AD	32.07	32.17	11
5 Brook, Sabrina M	12	Schenectady Swim Club-AD	32.31	32.62	10
6 Williams, Annie K	11	Glens Falls YMCA Gators-AD	32.42	32.69	9
B - Final					
7 Evans, Sarah R	12	Albany Starfish Swim Club-AD	33.15	32.46	7
8 Decker, Haley P	12	Clinton Cuda Swim Club-AD	33.70	32.89	5
9 Livingston, Maddie P	12	Schenectady Swim Club-AD	32.74	32.91	4
10 Nelson, Rebecca M	12	Duanesburg Electric Eels-AD	33.25	32.93	3
11 Dontino, Taylor M	11	New Hartford Aquatics-AD	32.93	33.50	2
12 Griffith, Emma C	12	Albany Starfish Swim Club-AD	33.33	33.69	1

Event 55 Girls 11-12 50 LC Meter Freestyle

Meet Record:	29.43	#	7/1993	Erin Lanzafame - Clin	CLINTON
2009AD LC Di:	29.04	!	6/20/1993	M Lavery & Erin Lanzafame	
2009AD LC Re:	28.69		6/15/1993	Erin Lanzafame	CLIN-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 LaQue, Sydney L	12	Schenectady Swim Club-AD		31.44 q
2 McElrath, Emma M	11	Albany Starfish Swim Club-AD		31.46 q
3 Kolakowski, Elle L	12	Schenectady Swim Club-AD		31.97 q
4 Broder, Emily B	12	Albany Starfish Swim Club-AD		32.07 q
5 Brook, Sabrina M	12	Schenectady Swim Club-AD		32.31 q
6 Williams, Annie K	11	Glens Falls YMCA Gators-AD		32.42 q
7 Livingston, Maddie P	12	Schenectady Swim Club-AD		32.74 q
8 Dontino, Taylor M	11	New Hartford Aquatics-AD		32.93 q
9 Evans, Sarah R	12	Albany Starfish Swim Club-AD		33.15 q
10 Nelson, Rebecca M	12	Duanesburg Electric Eels-AD		33.25 q
11 Griffith, Emma C	12	Albany Starfish Swim Club-AD		33.33 q
12 Decker, Haley P	12	Clinton Cuda Swim Club-AD		33.70 q
13 Barno, Emily R	11	Schenectady Swim Club-AD		34.03

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Preliminaries ... (Event 55 Girls 11-12 50 LC Meter Freestyle)

Name	Age	Team	Seed Time	Prelim Time
14 Stebbins-Hopkins, Olivia J	11	Unattached-AD		34.15
15 McMichael, Chelsey N	12	New Hartford Aquatics-AD		34.31
16 Falasco, Gabriella A	12	Glens Falls YMCA Gators-AD		34.36
17 Sullivan, Shea E	12	Schenectady Swim Club-AD		34.45
18 Butkowski, Tawnie M	12	Greater Glens Falls Flyers-AD		34.51
19 Bacon, Miranda A	11	Schenectady Swim Club-AD		35.60
20 Schmidt, Elizabeth M	12	Duanesburg Electric Eels-AD		35.65
21 Marsh, Caelan L	12	Hawks-AD		35.67
22 Sheppard, Braylin E	11	New Hartford Aquatics-AD		35.69
23 Misener, Riley M	11	Schenectady Swim Club-AD		36.16
24 LaFlamme, Darby L	11	Albany Starfish Swim Club-AD		37.21
25 Cheung, Shirley L	11	Albany Starfish Swim Club-AD		37.26
26 Ludowieg, Andrea V	12	New Hartford Aquatics-AD		37.48
27 Larrabee, Caitlyn E	11	Schenectady Swim Club-AD		37.52
28 Hale, Georgia L	12	Swim Strong Aquatic Club-AD		37.95
29 Miskewicz, Catrin C	12	Delmar Dolphins Swim Club, Inc.-AD		38.05
30 Ficano, Gabi A	11	New Hartford Aquatics-AD		38.53
31 Larkin, Maggie H	11	Albany Starfish Swim Club-AD		38.87
32 Cardillo, Alexa L	12	Clinton Cuda Swim Club-AD		38.97
33 McGee, Emma K	11	Schenectady Swim Club-AD		39.07
34 Hill, Lizzy B	12	New Hartford Aquatics-AD		39.41
35 Gossin, Camille E	11	Clinton Cuda Swim Club-AD		39.68
36 Hyde, Abigail L	11	Clinton Cuda Swim Club-AD		40.68
37 Zegger, Cate Q	11	Schenectady Swim Club-AD		40.78
38 Schlesinger, Zoe M	12	Albany Starfish Swim Club-AD		42.23
39 Stevens, Ali V	11	Hawks-AD		42.66
40 Nyman, Iida A	11	Clifton Park-Halfmoon Piranhas-AD		44.56
41 Chen, Melanie A	12	Clifton Park-Halfmoon Piranhas-AD		45.16
42 Caher, Norah K	11	Clifton Park-Halfmoon Piranhas-AD		46.29
43 Lecakes, Kyra E	12	Albany Starfish Swim Club-AD		47.34
44 Zheng, Joyce	12	Albany Starfish Swim Club-AD		51.78
45 Waddell, Maddie R	11	Clifton Park-Halfmoon Piranhas-AD		52.27
--- Oliver, Hayley R	11	New Hartford Aquatics-AD		DQ

Event 56 Boys 11-12 50 LC Meter Freestyle

Meet Record:	27.87	#	7/1999	Julio Vidal - Albs	ALBANY STARFISH
2009AD LC Di:	27.28	!	7/3/1986	Jim Wells	LEAT-AD
2009AD LC Re:	27.28		7/15/1986	Jim Wells	LEAT-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD	28.99	28.16	16
2 Walton, Matthew T	12	Greater Glens Falls Flyers-AD	28.64	29.09	13
3 Enright, Mark C	12	Adirondack Bluefins-AD	31.23	30.47	12
4 Sweeney, Sean P	12	Hawks-AD	30.66	30.52	11
5 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD	30.92	30.59	10
6 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD	30.74	30.86	9
B - Final					
7 McColgan, Jimmy K	12	Hawks-AD	32.21	31.92	7
*8 Buckingham, Erik K	12	Clinton Cuda Swim Club-AD	32.61	32.87	4.50
*8 Cleworth, Calvin W	12	Schenectady Swim Club-AD	33.73	32.87	4.50
10 Ludeke, Chris E	12	Schenectady Swim Club-AD	32.48	32.91	3

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

B - Final ... (Event 56 Boys 11-12 50 LC Meter Freestyle)

Name	Age	Team	Prelim Time	Finals Time	Points
11 Osika, Thomas A	12	Greater Glens Falls Flyers-AD	33.47	33.77	2
12 Migliorato, Shawn P	11	Hawks-AD	33.49	34.52	1

Event 56 Boys 11-12 50 LC Meter Freestyle

Meet Record:	27.87	#	7/1999	Julio Vidal - Albs	ALBANY STARFISH
2009AD LC Di:	27.28	!	7/3/1986	Jim Wells	LEAT-AD
2009AD LC Re:	27.28		7/15/1986	Jim Wells	LEAT-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Walton, Matthew T	12	Greater Glens Falls Flyers-AD		28.64	q
2 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD		28.99	q
3 Sweeney, Sean P	12	Hawks-AD		30.66	q
4 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD		30.74	q
5 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD		30.92	q
6 Enright, Mark C	12	Adirondack Bluefins-AD		31.23	q
7 McColgan, Jimmy K	12	Hawks-AD		32.21	q
8 Ludeke, Chris E	12	Schenectady Swim Club-AD		32.48	q
9 Buckingham, Erik K	12	Clinton Cuda Swim Club-AD		32.61	q
10 Osika, Thomas A	12	Greater Glens Falls Flyers-AD		33.47	q
11 Migliorato, Shawn P	11	Hawks-AD		33.49	q
12 Cleworth, Calvin W	12	Schenectady Swim Club-AD		33.73	q
13 Hess, Brian H	12	Hawks-AD		33.88	
14 Reilly, Connor K	12	Delmar Dolphins Swim Club, Inc.-AD		34.12	
15 Mosier, John D	12	Duanesburg Electric Eels-AD		34.39	
16 Draper, Bobby P	12	Clinton Cuda Swim Club-AD		34.41	
17 Dixon, Tristan C	12	Duanesburg Electric Eels-AD		35.44	
18 Haraden, Jesse A	12	Schenectady Swim Club-AD		35.45	
19 Colby, Bryan R	12	Schenectady Swim Club-AD		35.47	
20 Kearney, Matthew S	11	Albany Starfish Swim Club-AD		37.02	
21 Wilkinson, Matthew J	11	Glens Falls YMCA Gators-AD		37.16	
22 Rokos, Tim R	12	Duanesburg Electric Eels-AD		37.96	
23 Cazer, Benjamin J	12	Albany Starfish Swim Club-AD		38.37	
24 Noeker, Brian S	11	Schenectady Swim Club-AD		39.35	
25 Pritchard, Robert R	11	Albany Starfish Swim Club-AD		39.45	
26 Lampman, Jack R	12	Albany Starfish Swim Club-AD		40.84	
27 Moon, Spencer J	11	Adirondack Bluefins-AD		42.82	
28 Argentine, Leonard J	11	Clinton Cuda Swim Club-AD		43.39	
29 Kennedy, Levi C	11	Hawks-AD		52.13	
30 Hou, Roger	11	Albany Starfish Swim Club-AD		52.99	

Event 57 Girls 10 & Under 50 LC Meter Freestyle

Meet Record:	31.18	#	7/1998	Kailey Morris - Albs	ALBANY STARFISH
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Name	Age	Team	Finals Time	Points
1 Dixon, Alexandra M	10	Duanesburg Electric Eels-AD	33.03	16
2 Serotta, Lauren M	10	Albany Starfish Swim Club-AD	34.05	13
3 Madden, Sydney A	10	Clinton Cuda Swim Club-AD	35.22	12
4 Lau, Christina N	10	Albany Starfish Swim Club-AD	35.33	11
5 Falvo, Alexis E	10	Clinton Cuda Swim Club-AD	35.62	10
6 Dong, Yunfan	9	Albany Starfish Swim Club-AD	36.36	9
7 Pritchard, Jane Y	10	Albany Starfish Swim Club-AD	36.93	7
8 Schmidt, Allison K	10	Duanesburg Electric Eels-AD	37.55	5

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****(Event 57 Girls 10 & Under 50 LC Meter Freestyle)**

Name	Age	Team	Finals Time	Points
9 Nelson, Olivia K	10	Duanesburg Electric Eels-AD	37.62	4
10 Morgan, Liz P	10	Schenectady Swim Club-AD	37.67	3
11 Marsh, Samantha A	10	Hawks-AD	37.74	2
12 Walters, Julia G	10	Albany Starfish Swim Club-AD	38.29	1
13 Paige, Kamryn M	10	Duanesburg Electric Eels-AD	38.86	
14 Pepe, Makayla M	10	New Hartford Aquatics-AD	38.95	
15 Misener, Jacqueline M	9	Schenectady Swim Club-AD	38.98	
16 Bushway, Isabel M	9	Albany Starfish Swim Club-AD	39.81	
17 Lipkin, Elaine M	10	Albany Starfish Swim Club-AD	39.89	
18 Seemann, Anya V	9	Albany Starfish Swim Club-AD	40.12	
19 Cazer, Kelly A	10	Albany Starfish Swim Club-AD	40.24	
20 Wadsworth, Taylor E	9	Albany Starfish Swim Club-AD	40.40	
21 Wurth, Kristen S	10	Albany Starfish Swim Club-AD	40.62	
22 Matoske, Angelica M	9	Albany Starfish Swim Club-AD	40.69	
23 Draper, Marian E	10	Clinton Cuda Swim Club-AD	40.74	
24 Dontino, Amanda R	9	New Hartford Aquatics-AD	40.97	
25 Moruzzi, Anne F	10	So. Saratoga YMCA Barracudas-AD	41.31	
26 Mizbani, Mariah C	10	Albany Starfish Swim Club-AD	41.36	
27 Recco, Taylor R	9	Clinton Cuda Swim Club-AD	41.47	
28 Tang, Ella S	10	Albany Starfish Swim Club-AD	41.68	
29 Smith, Bailey C	10	Schenectady Swim Club-AD	41.86	
30 Braga, Dana D	10	Albany Starfish Swim Club-AD	41.92	
31 Woods, Samantha N	10	Clifton Park-Halfmoon Piranhas-AD	42.62	
32 Liu, Samantha	10	Albany Starfish Swim Club-AD	43.09	
33 Derosia, Chloe E	9	Delmar Dolphins Swim Club, Inc.-AD	43.56	
34 Zwijacz, Alexei N	9	So. Saratoga YMCA Barracudas-AD	43.85	
35 Bacon, Abby P	9	Schenectady Swim Club-AD	43.86	
36 Whitney, Sierra G	10	Albany Starfish Swim Club-AD	43.99	
37 Hamlin, Katherine S	10	Clinton Cuda Swim Club-AD	44.82	
38 Pelaez, Isabel B	10	Albany Starfish Swim Club-AD	45.96	
39 D'Amato, Malena	9	Albany Starfish Swim Club-AD	1:04.30	
40 Hemminger, Sara K	10	Swim Strong Aquatic Club-AD	1:10.85	

Event 58 Boys 10 & Under 50 LC Meter Freestyle

Meet Record:	31.04 # 7/1997	Julio Vidal - Albs	ALBANY STARFISH	
Name	Age	Team	Finals Time	Points
1 Hale, Josh C	9	Swim Strong Aquatic Club-AD	36.64	16
2 Smiljic, Alex	10	Clinton Cuda Swim Club-AD	38.76	13
3 McElrath, Ian T	10	Albany Starfish Swim Club-AD	38.99	12
4 Haraden, Dylan T	10	Schenectady Swim Club-AD	39.37	11
5 Kaltak, Kevin S	10	Clinton Cuda Swim Club-AD	40.26	10
6 Liu, Stanley	10	Albany Starfish Swim Club-AD	40.52	9
7 Galvin, Michael J	10	Albany Starfish Swim Club-AD	40.63	7
8 Wilkinson, Ryan J	9	Glens Falls YMCA Gators-AD	40.77	5
9 Ren, Erik Z	10	Albany Starfish Swim Club-AD	41.26	4
10 Nhan, Justin	10	Albany Starfish Swim Club-AD	41.28	3
11 Oberting, Addison N	9	Albany Starfish Swim Club-AD	45.04	2
12 Kuyl, Leo	9	Hawks-AD	47.07	1
13 Grygiel, Bobby M	10	Albany Starfish Swim Club-AD	47.88	
14 John, Asher H	9	Albany Starfish Swim Club-AD	49.06	
15 Klinkner, Grant T	9	Clinton Cuda Swim Club-AD	50.40	
16 Schnell, Evan S	9	Albany Starfish Swim Club-AD	1:04.68	

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Event 59 Girls 8 & Under 50 LC Meter Freestyle

Meet Record: 35.66 # 7/1992 Laura Tyler - Clin CLINTON
 2009AD LC Di: 34.58 ! 7/30/1992 Laura Tyler CLIN-AD
 2009AD LC Re: 34.58 7/30/1992 Laura Tyler CLIN-AD

Name	Age	Team	Finals Time	Points
1 Reyes, Monica R	8	Kingston Swim Club-AD	38.60	16
2 Bushway, Lillian B	8	Albany Starfish Swim Club-AD	43.34	13
3 Gordon, Jessica K	8	Albany Starfish Swim Club-AD	43.61	12
4 Wang, Emily M	8	Albany Starfish Swim Club-AD	45.24	11
5 Miller, Erin E	8	Albany Starfish Swim Club-AD	45.25	10
6 Leung, Adelaide Y	7	Albany Starfish Swim Club-AD	47.13	9
7 Stan, Stefi	8	Albany Starfish Swim Club-AD	48.31	7
8 Jensen, Jordan G	8	Schenectady Swim Club-AD	48.95	5
9 Gerstler, Kaitlyn M	8	Albany Starfish Swim Club-AD	49.20	4
10 Yu, Emily	7	Albany Starfish Swim Club-AD	49.42	3
11 Silverberg, Ada E	8	Albany Starfish Swim Club-AD	50.19	2
12 Woods, Brianna M	8	Clifton Park-Halfmoon Piranhas-AD	50.41	1
13 Heyde, Alaina J	7	Albany Starfish Swim Club-AD	50.96	
14 Bushway, Evelyn G	8	Albany Starfish Swim Club-AD	51.50	
15 Conway, MaryKate K	8	Schenectady Swim Club-AD	52.75	
16 Spooneybarger, Morgan C	8	Swim Strong Aquatic Club-AD	53.26	
17 Scoons, Savvy S	8	Albany Starfish Swim Club-AD	55.41	
18 Spooneybarger, Chloe M	8	Swim Strong Aquatic Club-AD	1:03.50	
19 Lorch, Abby G	6	Clifton Park-Halfmoon Piranhas-AD	1:06.22	

Event 60 Boys 8 & Under 50 LC Meter Freestyle

Meet Record: 35.32 # 8/1980 Rodney Van Tassell-MBSC MBSC
 2009AD LC Di: 35.32 ! 8/7/1980 Rodney Van Tassell MBSC-AD
 2009AD LC Re: 34.39 7/30/1982 Jim Wells NHKN-AD

Name	Age	Team	Finals Time	Points
1 Trzewik-Quinn, Tadeusz K	8	Hawks-AD	39.71	16
2 Ward, Scott T	8	Albany Starfish Swim Club-AD	40.37	13
3 Carlos, Thanny J	8	Swim Strong Aquatic Club-AD	42.67	12
4 Goodspeed, Cameron J	8	Duanesburg Electric Eels-AD	42.80	11
5 Rowley, Aidan J	8	Greater Glens Falls Flyers-AD	43.66	10
6 Nyman, Jesse K	8	Clifton Park-Halfmoon Piranhas-AD	45.37	9
7 Haraden, Brady J	8	Schenectady Swim Club-AD	49.04	7
--- Liu, Bryan	8	Albany Starfish Swim Club-AD	NS	

Event 61 Girls 200 LC Meter Breaststroke

Meet Record: 2:42.86 # 7/31/2004 Dani M Stein SCHE -AD
 2009AD LC Di: 2:42.86 ! 7/30/2004 Dani Stein at Adirondack Long SCHE-AD
 2009AD LC Re: 2:38.64 8/7/2006 Briana L. Borgolini at Tt- 200 SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Bopp, Amy L	15	Schenectady Swim Club-AD	2:44.66	2:43.13	16
2 Barbour, Kelsey T	18	Schenectady Swim Club-AD	2:53.32	2:47.27	13
3 Sternbach, Talia J	15	Albany Starfish Swim Club-AD	2:56.47	2:48.83	12
4 Hyde, Emily A	16	Clinton Cuda Swim Club-AD	2:58.48	2:54.19	11
5 Duchesne, Courtney M	18	Schenectady Swim Club-AD	3:01.32	2:56.49	10
6 Manor, Laura J	18	Schenectady Swim Club-AD	3:00.53	2:59.87	9
B - Final					
7 Bickel, Jenna R	16	Delmar Dolphins Swim Club, Inc.-AD	3:01.55	2:57.99	7

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B - Final ... (Event 61 Girls 200 LC Meter Breaststroke)

Name	Age	Team	Prelim Time	Finals Time	Points
8 Prendeville, Hanna M	16	Glens Falls YMCA Gators-AD	3:04.45	2:59.79	5
9 Smachlo, Julia P	15	Albany Starfish Swim Club-AD	3:03.65	3:02.78	4
10 Dougherty, Sarah E	17	Albany Starfish Swim Club-AD	3:10.86	3:06.72	3
11 Buyaskas, Kelly A	15	Schenectady Swim Club-AD	3:03.77	3:07.31	2
12 Ludeke, Kelly E	16	Schenectady Swim Club-AD	3:06.91	3:07.47	1

Event 61 Girls 200 LC Meter Breaststroke

Meet Record:	2:42.86	# 7/31/2004	Dani M Stein	SCHE -AD
2009AD LC Di:	2:42.86	! 7/30/2004	Dani Stein at Adirondack Long	SCHE-AD
2009AD LC Re:	2:38.64	8/7/2006	Briana L. Borgolini at Tt- 200	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Bopp, Amy L	15	Schenectady Swim Club-AD		2:44.66	q
2 Barbour, Kelsey T	18	Schenectady Swim Club-AD		2:53.32	q
3 Sternbach, Talia J	15	Albany Starfish Swim Club-AD		2:56.47	q
4 Hyde, Emily A	16	Clinton Cuda Swim Club-AD		2:58.48	q
5 Manor, Laura J	18	Schenectady Swim Club-AD		3:00.53	q
6 Duchesne, Courtney M	18	Schenectady Swim Club-AD		3:01.32	q
7 Bickel, Jenna R	16	Delmar Dolphins Swim Club, Inc.-AD		3:01.55	q
8 Smachlo, Julia P	15	Albany Starfish Swim Club-AD		3:03.65	q
9 Buyaskas, Kelly A	15	Schenectady Swim Club-AD		3:03.77	q
10 Prendeville, Hanna M	16	Glens Falls YMCA Gators-AD		3:04.45	q
11 Ludeke, Kelly E	16	Schenectady Swim Club-AD		3:06.91	q
12 Dougherty, Sarah E	17	Albany Starfish Swim Club-AD		3:10.86	q
13 Broder, Alissa R	15	Albany Starfish Swim Club-AD		3:15.33	
14 Enright, Julia M	16	Adirondack Bluefins-AD		3:19.96	
15 Ouyang, Annie W	16	Clifton Park-Halfmoon Piranhas-AD		3:22.80	
16 Rokos, Sam R	16	Duanesburg Electric Eels-AD		3:32.97	
17 Evolo, Alexandria M	16	Clinton Cuda Swim Club-AD		3:43.16	

Event 62 Boys 200 LC Meter Breaststroke

Meet Record:	2:32.29	# 7/31/2004	Bojan X Jovanovic	SPAR -AD
2009AD LC Di:	2:21.76	! 7/2/2010	Christian Higgins at Clinton C	WYW-CT
2009AD LC Re:	2:25.24	8/6/2007	Shayne Buckley	SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Rappold, Timothy S	18	Schenectady Swim Club-AD	2:40.01	2:35.19	16
2 Rohr, Alex F	20	Schenectady Swim Club-AD	2:40.85	2:36.87	13
3 Lanzi, Antonio J	16	Albany Starfish Swim Club-AD	2:40.15	2:38.44	12
4 Lednev, Alexander I	16	Delmar Dolphins Swim Club, Inc.-AD	2:39.01	2:41.87	11
5 Sharkey, Dylan J	16	Schenectady Swim Club-AD	2:47.39	2:48.06	10
6 Ongkingco, Justin F	16	Swim Strong Aquatic Club-AD	2:55.14	2:56.30	9
B - Final					
7 Resila, Nate J	18	Albany Starfish Swim Club-AD	3:00.08	2:54.50	7
8 Zyniecki, Reid M	15	Albany Starfish Swim Club-AD	2:59.71	2:54.52	5
9 Mattice, Greg A	16	Schenectady Swim Club-AD	3:08.56	3:04.62	4
10 Nelson, Cody T	16	Duanesburg Electric Eels-AD	3:10.70	3:12.01	3

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Event 62 Boys 200 LC Meter Breaststroke

Meet Record: 2:32.29 # 7/31/2004 Bojan X Jovanovic SPAR-AD
 2009AD LC Di: 2:21.76 ! 7/2/2010 Christian Higgins at Clinton C WYW-CT
 2009AD LC Re: 2:25.24 8/6/2007 Shayne Buckley SCHE-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1	Lednev, Alexander I	16 Delmar Dolphins Swim Club, Inc.-AD		2:39.01	q
2	Rappold, Timothy S	18 Schenectady Swim Club-AD		2:40.01	q
3	Lanzi, Antonio J	16 Albany Starfish Swim Club-AD		2:40.15	q
4	Rohr, Alex F	20 Schenectady Swim Club-AD		2:40.85	q
5	Sharkey, Dylan J	16 Schenectady Swim Club-AD		2:47.39	q
6	Ongkingco, Justin F	16 Swim Strong Aquatic Club-AD		2:55.14	q
7	Zyniecki, Reid M	15 Albany Starfish Swim Club-AD		2:59.71	q
8	Resila, Nate J	18 Albany Starfish Swim Club-AD		3:00.08	q
9	Mattice, Greg A	16 Schenectady Swim Club-AD		3:08.56	q
10	Nelson, Cody T	16 Duanesburg Electric Eels-AD		3:10.70	q
11	Tao, Liangyu	15 Clifton Park-Halfmoon Piranhas-AD		3:28.55	q

Event 63 Girls 13-14 200 LC Meter Breaststroke

Meet Record: 2:48.80 # 8/1977 Lisa Robbiano - Colo COLONIE
 2009AD LC Di: 2:44.41 ! 7/24/2009 Amy L. Bopp at Adirondack Open SCHE-AD
 2009AD LC Re: 2:38.64 8/7/2006 Briana L. Borgolini at Tt- 200 SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1	Pettit, Meghan K	14 Schenectady Swim Club-AD	3:02.48	3:00.14	16
2	Rupert, Emma E	13 So. Saratoga YMCA Barracudas-AD	3:05.48	3:00.82	13
3	Dougherty, Erin B	14 Albany Starfish Swim Club-AD	3:07.77	3:05.20	12
4	Cahill, Kaitlin E	14 Albany Starfish Swim Club-AD	3:08.03	3:05.59	11
5	Matuszyk, Grace E	14 Albany Starfish Swim Club-AD	3:11.86	3:08.61	10
6	Cowley, Hannah P	14 Schenectady Swim Club-AD	3:12.49	3:12.20	9
B - Final					
7	Vandervort, Jenna L	13 Albany Starfish Swim Club-AD	3:12.73	3:05.91	7
8	Schwarz, Susie D	13 Albany Starfish Swim Club-AD	3:15.66	3:09.23	5
9	Haraden, Karly J	14 Schenectady Swim Club-AD	3:15.76	3:11.66	4
10	Noga, Stephanie L	14 Clinton Cuda Swim Club-AD	3:19.46	3:16.05	3
11	Wang, Jessica J	13 Albany Starfish Swim Club-AD	3:18.88	3:18.75	2
12	Prestia, Nikki M	13 Hawks-AD	3:26.24	3:27.74	1

Event 63 Girls 13-14 200 LC Meter Breaststroke

Meet Record: 2:48.80 # 8/1977 Lisa Robbiano - Colo COLONIE
 2009AD LC Di: 2:44.41 ! 7/24/2009 Amy L. Bopp at Adirondack Open SCHE-AD
 2009AD LC Re: 2:38.64 8/7/2006 Briana L. Borgolini at Tt- 200 SCHE-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1	Pettit, Meghan K	14 Schenectady Swim Club-AD		3:02.48	q
2	Rupert, Emma E	13 So. Saratoga YMCA Barracudas-AD		3:05.48	q
3	Dougherty, Erin B	14 Albany Starfish Swim Club-AD		3:07.77	q
4	Cahill, Kaitlin E	14 Albany Starfish Swim Club-AD		3:08.03	q
5	Matuszyk, Grace E	14 Albany Starfish Swim Club-AD		3:11.86	q
6	Cowley, Hannah P	14 Schenectady Swim Club-AD		3:12.49	q
7	Vandervort, Jenna L	13 Albany Starfish Swim Club-AD		3:12.73	q
8	Schwarz, Susie D	13 Albany Starfish Swim Club-AD		3:15.66	q
9	Haraden, Karly J	14 Schenectady Swim Club-AD		3:15.76	q

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Preliminaries ... (Event 63 Girls 13-14 200 LC Meter Breaststroke)

Name	Age	Team	Seed Time	Prelim Time
10 Wang, Jessica J	13	Albany Starfish Swim Club-AD		3:18.88 q
11 Noga, Stephanie L	14	Clinton Cuda Swim Club-AD		3:19.46 q
12 Prestia, Nikki M	13	Hawks-AD		3:26.24 q
13 Resila, Stephanie L	14	Albany Starfish Swim Club-AD		3:31.33
14 Smiljic, Evonna	13	Clinton Cuda Swim Club-AD		3:31.49
15 Marshall, Natalie C	14	Greater Glens Falls Flyers-AD		3:36.26
16 Risucci, Domenica N	13	Clinton Cuda Swim Club-AD		3:37.63
17 Jennings, Alyssa M	14	Clinton Cuda Swim Club-AD		3:42.39
18 Wei, Carissa L	13	Albany Starfish Swim Club-AD		3:44.48
19 D'Ambrosio, Julia F	13	New Hartford Aquatics-AD		4:04.28

Event 64 Boys 13-14 200 LC Meter Breaststroke

Meet Record:	2:43.91	#	7/1990	Bill Coleman - Glfy	GLENS FALLS
2009AD LC Di:	2:37.69	!	7/26/2002	Bojan Jovanovic at Adirondack	CLIN-AD
2009AD LC Re:	2:34.31		8/10/1990	Patrick O'Keefe	GLFY-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Smith, Quinn P	14	Schenectady Swim Club-AD	2:43.42	2:38.89#	16
2 Bullis, Grant R	14	Schenectady Swim Club-AD	2:52.81	2:50.73	13
3 Rowledge, Bobby B	14	Schenectady Swim Club-AD	2:55.02	2:53.44	12
4 Chalermkraivuth, James	14	Albany Starfish Swim Club-AD	2:55.51	2:54.14	11
5 Beaudoin, Brandon T	14	Schenectady Swim Club-AD	3:00.71	2:59.04	10
6 Goodspeed, Evan J	13	Duanesburg Electric Eels-AD	3:06.72	3:11.15	9
B - Final					
7 Gulitti, Nicholas R	14	Hawks-AD	3:08.01	3:06.11	7
8 Colby, Brennan J	14	Schenectady Swim Club-AD	3:12.83	3:09.03	5
9 Rifkind, Mitchell A	14	Hawks-AD	3:21.84	3:09.33	4
10 Strayer, Aidan H	13	Albany Starfish Swim Club-AD	3:16.62	3:16.95	3
11 Yates, Dylan W	13	Clifton Park-Halfmoon Piranhas-AD	3:23.96	3:17.39	2
12 Angelini, Harry P	13	New Hartford Aquatics-AD	3:26.33	3:23.88	1

Event 64 Boys 13-14 200 LC Meter Breaststroke

Meet Record:	2:43.91	#	7/1990	Bill Coleman - Glfy	GLENS FALLS
2009AD LC Di:	2:37.69	!	7/26/2002	Bojan Jovanovic at Adirondack	CLIN-AD
2009AD LC Re:	2:34.31		8/10/1990	Patrick O'Keefe	GLFY-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Smith, Quinn P	14	Schenectady Swim Club-AD		2:43.42# q
2 Bullis, Grant R	14	Schenectady Swim Club-AD		2:52.81 q
3 Rowledge, Bobby B	14	Schenectady Swim Club-AD		2:55.02 q
4 Chalermkraivuth, James	14	Albany Starfish Swim Club-AD		2:55.51 q
5 Beaudoin, Brandon T	14	Schenectady Swim Club-AD		3:00.71 q
6 Brosnihan, Niko S	14	Uncle Sam Swim Club-AD		3:05.80 q
7 Goodspeed, Evan J	13	Duanesburg Electric Eels-AD		3:06.72 q
8 Gulitti, Nicholas R	14	Hawks-AD		3:08.01 q
9 Colby, Brennan J	14	Schenectady Swim Club-AD		3:12.83 q
10 Strayer, Aidan H	13	Albany Starfish Swim Club-AD		3:16.62 q
11 Rifkind, Mitchell A	14	Hawks-AD		3:21.84 q
12 Yates, Dylan W	13	Clifton Park-Halfmoon Piranhas-AD		3:23.96 q
13 Angelini, Harry P	13	New Hartford Aquatics-AD		3:26.33
14 Costello, Zack S	13	Albany Starfish Swim Club-AD		3:38.18

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Preliminaries ... (Event 64 Boys 13-14 200 LC Meter Breaststroke)

Name	Age	Team	
15 Burdge, Eric J	13	Clifton Park-Halfmoon Piranhas-AD	3:46.19

Event 65 Girls 11-12 100 LC Meter Breaststroke

Meet Record:	1:18.67	# 7/28/2007	Amy Bopp	SCHE -AD
2009AD LC Di:	1:18.67	! 7/27/2007	Amy L. Bopp at Adirondack Long	SCHE-AD
2009AD LC Re:	1:16.30	8/8/2007	Amy L. Bopp at Eastern Zone Ag	SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Samson, Julia E	12	Albany Starfish Swim Club-AD	1:20.89	1:21.54	16
2 LaQue, Sydney L	12	Schenectady Swim Club-AD	1:28.58	1:28.90	13
3 Caron, Allison M	12	Schenectady Swim Club-AD	1:29.85	1:29.26	12
4 Misener, Riley M	11	Schenectady Swim Club-AD	1:28.86	1:29.81	11
5 Dougherty, Hannah M	11	Albany Starfish Swim Club-AD	1:31.10	1:31.79	10
6 Livingston, Maddie P	12	Schenectady Swim Club-AD	1:31.92	1:32.25	9
B - Final					
7 Nelson, Rebecca M	12	Duanesburg Electric Eels-AD	1:32.13	1:30.96	7
8 McElrath, Emma M	11	Albany Starfish Swim Club-AD	1:38.60	1:36.61	5
9 Bacon, Miranda A	11	Schenectady Swim Club-AD	1:37.36	1:37.00	4
10 Killane, Tarah M	12	Clifton Park-Halfmoon Piranhas-AD	1:36.95	1:38.57	3
11 Decker, Haley P	12	Clinton Cuda Swim Club-AD	1:38.12	1:38.58	2
--- March, Nicole D	12	Albany Starfish Swim Club-AD	1:34.38	DQ	

Event 65 Girls 11-12 100 LC Meter Breaststroke

Meet Record:	1:18.67	# 7/28/2007	Amy Bopp	SCHE -AD
2009AD LC Di:	1:18.67	! 7/27/2007	Amy L. Bopp at Adirondack Long	SCHE-AD
2009AD LC Re:	1:16.30	8/8/2007	Amy L. Bopp at Eastern Zone Ag	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Samson, Julia E	12	Albany Starfish Swim Club-AD		1:20.89 q
2 LaQue, Sydney L	12	Schenectady Swim Club-AD		1:28.58 q
3 Misener, Riley M	11	Schenectady Swim Club-AD		1:28.86 q
4 Caron, Allison M	12	Schenectady Swim Club-AD		1:29.85 q
5 Dougherty, Hannah M	11	Albany Starfish Swim Club-AD		1:31.10 q
6 Livingston, Maddie P	12	Schenectady Swim Club-AD		1:31.92 q
7 Nelson, Rebecca M	12	Duanesburg Electric Eels-AD		1:32.13 q
8 March, Nicole D	12	Albany Starfish Swim Club-AD		1:34.38 q
9 Killane, Tarah M	12	Clifton Park-Halfmoon Piranhas-AD		1:36.95 q
10 Bacon, Miranda A	11	Schenectady Swim Club-AD		1:37.36 q
11 Decker, Haley P	12	Clinton Cuda Swim Club-AD		1:38.12 q
12 McElrath, Emma M	11	Albany Starfish Swim Club-AD		1:38.60 q
13 Broder, Emily B	12	Albany Starfish Swim Club-AD		1:39.87
14 Piascik, Rebecca N	12	Albany Starfish Swim Club-AD		1:41.71
15 Barno, Emily R	11	Schenectady Swim Club-AD		1:41.84
16 Marvin, Aurielle E	11	Clifton Park-Halfmoon Piranhas-AD		1:42.47
17 Schmidt, Elizabeth M	12	Duanesburg Electric Eels-AD		1:42.58
18 Moruzzi, Samantha A	12	So. Saratoga YMCA Barracudas-AD		1:42.63
19 Dontino, Taylor M	11	New Hartford Aquatics-AD		1:42.76
20 Evans, Sarah R	12	Albany Starfish Swim Club-AD		1:45.52
21 Butkowski, Tawnie M	12	Greater Glens Falls Flyers-AD		1:46.25
22 Griffith, Emma C	12	Albany Starfish Swim Club-AD		1:48.55
23 Hyde, Abigail L	11	Clinton Cuda Swim Club-AD		1:48.63

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Preliminaries ... (Event 65 Girls 11-12 100 LC Meter Breaststroke)

Name	Age	Team	Seed Time	Prelim Time
24 Zhou, Iris X	12	Albany Starfish Swim Club-AD		1:48.71
25 Caher, Norah K	11	Clifton Park-Halfmoon Piranhas-AD		1:50.61
26 Larkin, Maggie H	11	Albany Starfish Swim Club-AD		1:51.86
27 Cheung, Shirley L	11	Albany Starfish Swim Club-AD		1:53.39
28 Ficano, Gabi A	11	New Hartford Aquatics-AD		1:54.23
29 Miskewicz, Catrin C	12	Delmar Dolphins Swim Club, Inc.-AD		1:56.44
30 Stevens, Ali V	11	Hawks-AD		2:01.50
31 Marsh, Caelan L	12	Hawks-AD		2:01.73
32 Schlesinger, Zoe M	12	Albany Starfish Swim Club-AD		2:06.11
33 Nyman, Iida A	11	Clifton Park-Halfmoon Piranhas-AD		2:09.70
34 Zegger, Cate Q	11	Schenectady Swim Club-AD		2:09.72
35 Lecakes, Kyra E	12	Albany Starfish Swim Club-AD		2:09.92
36 Hale, Georgia L	12	Swim Strong Aquatic Club-AD		2:12.09
--- Zheng, Joyce	12	Albany Starfish Swim Club-AD		DQ

Event 66 Boys 11-12 100 LC Meter Breaststroke

Meet Record:	1:21.04	#	7/1996	Alan Lin	SCHENECTADY
2009AD LC Di:	1:16.07	!	7/1/1992	Anthony Robinson	WILT-CT
2009AD LC Re:	1:20.33		8/10/1988	Patrick O'Keefe	GLFY-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD	1:22.75	1:20.97#	16
2 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD	1:28.61	1:29.02	13
3 Davis, Clark J	12	Schenectady Swim Club-AD	1:28.04	1:29.11	12
4 Gordon, Luther W	12	Albany Starfish Swim Club-AD	1:30.50	1:29.98	11
5 Smachlo, Miles A	12	Albany Starfish Swim Club-AD	1:29.20	1:30.10	10
6 Trzewik-Quinn, Seamus	11	Hawks-AD	1:30.96	1:30.62	9
B - Final					
7 Ludeke, Chris E	12	Schenectady Swim Club-AD	1:33.09	1:32.82	7
8 Cleworth, Calvin W	12	Schenectady Swim Club-AD	1:37.51	1:35.48	5
9 Sausto, Dan J	11	Albany Starfish Swim Club-AD	1:37.54	1:36.62	4
10 Conway, Joseph D	12	Schenectady Swim Club-AD	1:37.26	1:37.45	3
11 Sweeney, Sean P	12	Hawks-AD	1:34.85	1:37.98	2
12 Buckingham, Erik K	12	Clinton Cuda Swim Club-AD	1:40.68	1:41.59	1

Event 66 Boys 11-12 100 LC Meter Breaststroke

Meet Record:	1:21.04	#	7/1996	Alan Lin	SCHENECTADY
2009AD LC Di:	1:16.07	!	7/1/1992	Anthony Robinson	WILT-CT
2009AD LC Re:	1:20.33		8/10/1988	Patrick O'Keefe	GLFY-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD		1:22.75 q
2 Davis, Clark J	12	Schenectady Swim Club-AD		1:28.04 q
3 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD		1:28.61 q
4 Smachlo, Miles A	12	Albany Starfish Swim Club-AD		1:29.20 q
5 Gordon, Luther W	12	Albany Starfish Swim Club-AD		1:30.50 q
6 Trzewik-Quinn, Seamus	11	Hawks-AD		1:30.96 q
7 Ludeke, Chris E	12	Schenectady Swim Club-AD		1:33.09 q
8 Sweeney, Sean P	12	Hawks-AD		1:34.85 q
9 Conway, Joseph D	12	Schenectady Swim Club-AD		1:37.26 q
10 Cleworth, Calvin W	12	Schenectady Swim Club-AD		1:37.51 q
11 Sausto, Dan J	11	Albany Starfish Swim Club-AD		1:37.54 q

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Preliminaries ... (Event 66 Boys 11-12 100 LC Meter Breaststroke)

Name	Age	Team	Seed Time	Prelim Time
12 Buckingham, Erik K	12	Clinton Cuda Swim Club-AD		1:40.68 q
13 Enright, Mark C	12	Adirondack Bluefins-AD		1:40.85
14 Reilly, Connor K	12	Delmar Dolphins Swim Club, Inc.-AD		1:41.70
15 Salis, Thomas W	11	Glens Falls YMCA Gators-AD		1:42.24
16 Draper, Bobby P	12	Clinton Cuda Swim Club-AD		1:44.15
17 Miao, Frank Z	12	Albany Starfish Swim Club-AD		1:47.08
18 Cazer, Benjamin J	12	Albany Starfish Swim Club-AD		1:50.37
19 Ouyang, Andy H	12	Clifton Park-Halfmoon Piranhas-AD		1:53.14
20 Argentine, Leonard J	11	Clinton Cuda Swim Club-AD		1:53.52
21 Wilkerson, Noah C	12	Albany Starfish Swim Club-AD		1:55.63
22 Rokos, Tim R	12	Duanesburg Electric Eels-AD		1:56.91
23 Dixon, Tristan C	12	Duanesburg Electric Eels-AD		1:58.68
24 Pritchard, Robert R	11	Albany Starfish Swim Club-AD		1:59.54
25 Lampman, Jack R	12	Albany Starfish Swim Club-AD		2:09.70
26 Moon, Spencer J	11	Adirondack Bluefins-AD		2:12.27
27 Kennedy, Levi C	11	Hawks-AD		2:46.95
--- Hou, Roger	11	Albany Starfish Swim Club-AD		DQ

Event 67 Girls 10 & Under 100 LC Meter Breaststroke

Meet Record: 1:31.01 # 7/1992

Holly Myers - King

KINGSTON

Name	Age	Team	Finals Time	Points
1 Lau, Christina N	10	Albany Starfish Swim Club-AD	1:35.63	16
2 Dixon, Alexandra M	10	Duanesburg Electric Eels-AD	1:38.02	13
3 Pritchard, Jane Y	10	Albany Starfish Swim Club-AD	1:47.83	12
4 Dong, Yunfan	9	Albany Starfish Swim Club-AD	1:49.60	11
5 Stansbury, Clare E	10	Albany Starfish Swim Club-AD	1:49.97	10
6 Cazer, Kelly A	10	Albany Starfish Swim Club-AD	1:53.37	9
7 Misener, Jacqueline M	9	Schenectady Swim Club-AD	1:54.02	7
8 Tang, Ella S	10	Albany Starfish Swim Club-AD	1:54.31	5
9 Braga, Dana D	10	Albany Starfish Swim Club-AD	1:54.95	4
10 Pepe, Makayla M	10	New Hartford Aquatics-AD	1:55.72	3
11 Schmidt, Allison K	10	Duanesburg Electric Eels-AD	1:56.77	2
12 Dontino, Amanda R	9	New Hartford Aquatics-AD	1:59.36	1
13 McGraw, Caroline B	9	Albany Starfish Swim Club-AD	2:00.85	
14 Woods, Samantha N	10	Clifton Park-Halfmoon Piranhas-AD	2:01.66	
15 Draper, Marian E	10	Clinton Cuda Swim Club-AD	2:01.87	
16 Bushway, Isabel M	9	Albany Starfish Swim Club-AD	2:02.40	
17 Marsh, Samantha A	10	Hawks-AD	2:02.95	
18 Wadsworth, Taylor E	9	Albany Starfish Swim Club-AD	2:03.63	
19 Moruzzi, Anne F	10	So. Saratoga YMCA Barracudas-AD	2:05.59	
20 Bacon, Abby P	9	Schenectady Swim Club-AD	2:06.43	
21 Whitney, Sierra G	10	Albany Starfish Swim Club-AD	2:11.82	
22 Derosia, Chloe E	9	Delmar Dolphins Swim Club, Inc.-AD	2:12.26	
23 Paige, Kamryn M	10	Duanesburg Electric Eels-AD	2:13.24	
24 Jensen, Jordan G	8	Schenectady Swim Club-AD	2:31.72	
25 D'Amato, Malena	9	Albany Starfish Swim Club-AD	2:42.57	
--- Seemann, Anya V	9	Albany Starfish Swim Club-AD	DQ	
--- Zwijacz, Alexei N	9	So. Saratoga YMCA Barracudas-AD	DQ	
--- Pang, Cindy J	9	Albany Starfish Swim Club-AD	DQ	
--- Nelson, Olivia K	10	Duanesburg Electric Eels-AD	DQ	

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Meet Record:	1:30.40	#	7/1997	Alex Moniot - Sche	SCHENECTADY	
Name	Age	Team			Finals Time	Points
1 Doyle, Connor H	10	Delmar Dolphins Swim Club, Inc.-AD			1:43.93	16
2 Smiljic, Alex	10	Clinton Cuda Swim Club-AD			1:48.40	13
3 Yu, Steven	10	Albany Starfish Swim Club-AD			1:49.92	12
4 Hale, Josh C	9	Swim Strong Aquatic Club-AD			1:50.12	11
5 Ren, Erik Z	10	Albany Starfish Swim Club-AD			1:56.68	10
6 Zhou, Allen G	9	Albany Starfish Swim Club-AD			1:59.00	9
7 Chen, James H	10	Albany Starfish Swim Club-AD			2:02.56	7
8 Arazi, Yannai R	9	Schenectady Swim Club-AD			2:10.15	5
9 Kuyl, Leo	9	Hawks-AD			2:10.91	4
10 Oberting, Addison N	9	Albany Starfish Swim Club-AD			2:11.93	3
11 John, Asher H	9	Albany Starfish Swim Club-AD			2:13.47	2
12 LaFlamme, Owen C	10	Albany Starfish Swim Club-AD			2:13.56	1
13 Grygiel, Bobby M	10	Albany Starfish Swim Club-AD			2:16.12	
--- Schnell, Evan S	9	Albany Starfish Swim Club-AD			DQ	
--- Nhan, Justin	10	Albany Starfish Swim Club-AD			DQ	

Event 69 Girls 11-12 200 LC Meter Butterfly

Meet Record:	2:41.74	#	7/28/2006	Aimee Hooper	Albany Starfish	
2009AD LC Di:	2:41.74	!	7/28/2006	Aimee Hooper at Adirondack Lon	ALBS-AD	
2009AD LC Re:	2:41.74		7/28/2006	Aimee Hooper at Adirondack Lon	ALBS-AD	
Name	Age	Team			Finals Time	Points
1 Dougherty, Hannah M	11	Albany Starfish Swim Club-AD			2:52.10	16
2 Killane, Tarah M	12	Clifton Park-Halfmoon Piranhas-AD			2:53.22	13
3 Brook, Sabrina M	12	Schenectady Swim Club-AD			3:01.86	12
4 Sandwick, Samantha K	12	Albany Starfish Swim Club-AD			3:07.32	11
5 Moruzzi, Samantha A	12	So. Saratoga YMCA Barracudas-AD			3:44.38	10

Event 70 Boys 11-12 200 LC Meter Butterfly

Meet Record:	2:35.61	#	7/31/2004	Samuel P Wilshire	SCHE -AD	
2009AD LC Di:	2:33.75	!	8/1/2003	Jamie Matthews	SCHE-AD	
2009AD LC Re:	2:33.75		8/1/2003	Jamie Matthews	SCHE-AD	
Name	Age	Team			Finals Time	Points
1 Smachlo, Miles A	12	Albany Starfish Swim Club-AD			2:29.54!	16
2 Conway, Joseph D	12	Schenectady Swim Club-AD			2:52.46	13
3 Cleworth, Calvin W	12	Schenectady Swim Club-AD			3:04.07	12
4 Sausto, Dan J	11	Albany Starfish Swim Club-AD			3:11.70	11

Event 71 Girls 8 & Under 50 LC Meter Breaststroke

Meet Record:	45.26	#	7/1983	Danielle Davenport - Colo	COLONIE	
2009AD LC Di:	44.47	!	7/30/1983	Danielle Davenport	COLO-AD	
2009AD LC Re:	44.47		7/30/1983	Danielle Davenport	COLO-AD	
Name	Age	Team			Finals Time	Points
1 Gordon, Jessica K	8	Albany Starfish Swim Club-AD			54.74	16
2 Wang, Emily M	8	Albany Starfish Swim Club-AD			58.46	13
3 Bushway, Evelyn G	8	Albany Starfish Swim Club-AD			59.67	12
4 Reyes, Monica R	8	Kingston Swim Club-AD			59.88	11
5 Conway, MaryKate K	8	Schenectady Swim Club-AD			1:05.37	10
6 Yu, Emily	7	Albany Starfish Swim Club-AD			1:05.58	9
7 Leung, Adelaide Y	7	Albany Starfish Swim Club-AD			1:05.67	7
8 Stan, Stefi	8	Albany Starfish Swim Club-AD			1:06.12	5
9 Woods, Brianna M	8	Clifton Park-Halfmoon Piranhas-AD			1:06.21	4

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(Event 71 Girls 8 & Under 50 LC Meter Breaststroke)

Name	Age	Team	Finals Time	Points
10 Heyde, Alaina J	7	Albany Starfish Swim Club-AD	1:12.29	3
11 Gerstler, Kaitlyn M	8	Albany Starfish Swim Club-AD	1:13.71	2
12 Scoons, Savvy S	8	Albany Starfish Swim Club-AD	1:23.64	1
13 Bushway, Lillian B	8	Albany Starfish Swim Club-AD	1:24.86	
14 Silverberg, Ada E	8	Albany Starfish Swim Club-AD	1:30.41	
15 Lorch, Abby G	6	Clifton Park-Halfmoon Piranhas-AD	1:42.77	
--- Spooneybarger, Morgan C	8	Swim Strong Aquatic Club-AD	DQ	
--- Spooneybarger, Chloe M	8	Swim Strong Aquatic Club-AD	DQ	
--- Miller, Erin E	8	Albany Starfish Swim Club-AD	DQ	

Event 72 Boys 8 & Under 50 LC Meter Breaststroke

Meet Record:	45.20	# 7/1992	Bobby Crow - Usam	UNCLE SAM
2009AD LC Di:	45.20	! 8/4/1992	Bobby Crow	USAM-AD
2009AD LC Re:	45.20	8/10/1992	Bobby Crow	USAM-AD

Name	Age	Team	Finals Time	Points
1 Trzewik-Quinn, Tadeusz K	8	Hawks-AD	55.64	16
2 Nyman, Jesse K	8	Clifton Park-Halfmoon Piranhas-AD	58.05	13
3 Goodspeed, Cameron J	8	Duanesburg Electric Eels-AD	1:09.06	12
4 Rowley, Aidan J	8	Greater Glens Falls Flyers-AD	1:17.81	11
5 Ward, Scott T	8	Albany Starfish Swim Club-AD	1:36.54	10
--- Haraden, Brady J	8	Schenectady Swim Club-AD	DQ	

Event 73 Girls 100 LC Meter Backstroke

Meet Record:	1:07.09	# 8/4/2001	Tori I Delollo	Bluefins
2009AD LC Di:	1:06.66	! 7/28/2000	Tori Delollo	ADBF-AD
2009AD LC Re:	1:05.37	7/24/2003	Karly Brooks	SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Bickel, Jenna R	16	Delmar Dolphins Swim Club, Inc.-AD	1:07.69	1:06.97#	16
2 O'Donnell, Katie E	20	Delmar Dolphins Swim Club, Inc.-AD	1:11.36	1:08.76	13
3 Rowe, Katie A	16	Schenectady Swim Club-AD	1:10.77	1:09.94	12
4 Powhida, Bethany C	16	Delmar Dolphins Swim Club, Inc.-AD	1:11.26	1:11.04	11
5 O'Donnell, Tara K	15	Delmar Dolphins Swim Club, Inc.-AD	1:12.72	1:11.41	10
6 Orr, Katie E	15	Albany Starfish Swim Club-AD	1:12.79	1:12.57	9
B - Final					
7 Hooper, Aimee J	16	Albany Starfish Swim Club-AD	1:13.49	1:12.70	7
8 MacDonald, Hanlon M	16	Delmar Dolphins Swim Club, Inc.-AD	1:13.97	1:13.46	5
9 Hoskinson, Emily M	18	Schenectady Swim Club-AD	1:14.23	1:14.17	4
10 Beckford, Kiersten B	16	Albany Starfish Swim Club-AD	1:15.98	1:15.13	3
11 Higgins, Kristin E	16	Glens Falls YMCA Gators-AD	1:16.48	1:15.21	2
12 Ludeke, Erin M	18	Schenectady Swim Club-AD	1:14.05	1:15.33	1

Event 73 Girls 100 LC Meter Backstroke

Meet Record:	1:07.09	# 8/4/2001	Tori I Delollo	Bluefins
2009AD LC Di:	1:06.66	! 7/28/2000	Tori Delollo	ADBF-AD
2009AD LC Re:	1:05.37	7/24/2003	Karly Brooks	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Bickel, Jenna R	16	Delmar Dolphins Swim Club, Inc.-AD	1:07.69	q
2 Rowe, Katie A	16	Schenectady Swim Club-AD	1:10.77	q
3 Powhida, Bethany C	16	Delmar Dolphins Swim Club, Inc.-AD	1:11.26	q
4 O'Donnell, Katie E	20	Delmar Dolphins Swim Club, Inc.-AD	1:11.36	q

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Results

Preliminaries ... (Event 73 Girls 100 LC Meter Backstroke)

Name	Age	Team	Seed Time	Prelim Time
5 O'Donnell, Tara K	15	Delmar Dolphins Swim Club, Inc.-AD		1:12.72 q
6 Orr, Katie E	15	Albany Starfish Swim Club-AD		1:12.79 q
7 Hooper, Aimee J	16	Albany Starfish Swim Club-AD		1:13.49 q
8 MacDonald, Hanlon M	16	Delmar Dolphins Swim Club, Inc.-AD		1:13.97 q
9 Ludeke, Erin M	18	Schenectady Swim Club-AD		1:14.05 q
10 Hoskinson, Emily M	18	Schenectady Swim Club-AD		1:14.23 q
11 Beckford, Kiersten B	16	Albany Starfish Swim Club-AD		1:15.98 q
12 Higgins, Kristin E	16	Glens Falls YMCA Gators-AD		1:16.48 q
13 Hyde, Emily A	16	Clinton Cuda Swim Club-AD		1:17.23
14 Kaucic, Catherine	15	Albany Starfish Swim Club-AD		1:17.35
15 Walters, Tess T	15	Albany Starfish Swim Club-AD		1:17.99
16 Whitaker, Emily E	17	Albany Starfish Swim Club-AD		1:18.57
17 Mone, Alexis J	17	Schenectady Swim Club-AD		1:19.29
18 Grossman, Amanda A	15	Uncle Sam Swim Club-AD		1:19.50
19 Powell, Lily F	18	Delmar Dolphins Swim Club, Inc.-AD		1:19.89
20 Hallam, Dana L	17	Albany Starfish Swim Club-AD		1:21.01
21 Jesaitis, Katie I	17	Clifton Park-Halfmoon Piranhas-AD		1:21.07
22 Terwilliger, Emma K	15	Albany Starfish Swim Club-AD		1:21.16
23 Korzun, Deb L	18	Schenectady Swim Club-AD		1:21.57
24 Graham, Meg E	16	Schenectady Swim Club-AD		1:21.95
25 McFadden, Sara B	18	Schenectady Swim Club-AD		1:22.02
26 Papaleo, Cassie R	15	Clinton Cuda Swim Club-AD		1:22.81
27 Wilcox, Mackenzie L	17	Clifton Park-Halfmoon Piranhas-AD		1:22.82
28 Madore, Julia L	15	New Hartford Aquatics-AD		1:23.19
29 Wilkinson, Melissa L	15	Glens Falls YMCA Gators-AD		1:23.21
30 Cleworth, Maddie C	16	Schenectady Swim Club-AD		1:23.82
31 Simon, Chelsey L	16	Clinton Cuda Swim Club-AD		1:23.99
32 Buyaskas, Kelly A	15	Schenectady Swim Club-AD		1:24.47
33 Talarico, Maggie R	15	New Hartford Aquatics-AD		1:25.03
34 Grygiel, Catherine C	15	Albany Starfish Swim Club-AD		1:25.37
35 Rokos, Sam R	16	Duanesburg Electric Eels-AD		1:26.08
36 Chen, Jessica A	15	Albany Starfish Swim Club-AD		1:28.65
37 Thesier, Brittney M	15	Swim Strong Aquatic Club-AD		1:29.77
38 Marilley, Alex T	16	Swim Strong Aquatic Club-AD		1:31.27
39 Sauter, Nicole M	17	Schenectady Swim Club-AD		1:31.56
40 Sacco, Alyssa A	17	New Hartford Aquatics-AD		1:33.31
--- Smith, Madasyn L	16	Unattached-AD		DQ

Event 74 Boys 100 LC Meter Backstroke

Meet Record:	1:01.67	#	7/30/2007	Spencer Booth	SCHE -AD
2009AD LC Di:	1:00.70	!	7/1/1992	Brink Hartman	MAR-MR
2009AD LC Re:	57.64		8/14/2004	George K. Gleason at 2004 Olym	SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Nichols, Troy R	18	Schenectady Swim Club-AD	1:03.61	1:02.43	16
2 Dyer, Frankie K	18	Albany Starfish Swim Club-AD	1:06.78	1:02.49	13
3 Johnson, Jake C	19	Clifton Park-Halfmoon Piranhas-AD	1:03.66	1:03.39	12
4 Lednev, Alexander I	16	Delmar Dolphins Swim Club, Inc.-AD	1:06.58	1:04.71	11
5 Nichols, Taylor P	15	Schenectady Swim Club-AD	1:06.36	1:05.22	10
6 Sharkey, Dylan J	16	Schenectady Swim Club-AD	1:06.63	1:07.65	9

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Results

B - Final ... (Event 74 Boys 100 LC Meter Backstroke)

Name	Age	Team	Prelim Time	Finals Time	Points
B - Final					
7 Dugan, Mike R	18	Albany Starfish Swim Club-AD	1:07.40	1:05.77	7
8 Hooper, Nick R	15	Albany Starfish Swim Club-AD	1:07.75	1:06.61	5
*9 Caron, Nolan J	17	Schenectady Swim Club-AD	1:07.96	1:07.03	3.50
*9 MacDonald, Seth M	15	Clinton Cuda Swim Club-AD	1:08.59	1:07.03	3.50
11 Smachlo, Alex A	17	Albany Starfish Swim Club-AD	1:08.38	1:07.66	2
12 Kearney, Thomas J	16	Albany Starfish Swim Club-AD	1:08.47	1:08.99	1

Event 74 Boys 100 LC Meter Backstroke

Meet Record:	1:01.67	# 7/30/2007	Spencer Booth	SCHE -AD
2009AD LC Di:	1:00.70	! 7/1/1992	Brink Hartman	MAR-MR
2009AD LC Re:	57.64	8/14/2004	George K. Gleason at 2004 Olym	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Nichols, Troy R	18	Schenectady Swim Club-AD		1:03.61 q
2 Johnson, Jake C	19	Clifton Park-Halfmoon Piranhas-AD		1:03.66 q
3 Nichols, Taylor P	15	Schenectady Swim Club-AD		1:06.36 q
4 Lednev, Alexander I	16	Delmar Dolphins Swim Club, Inc.-AD		1:06.58 q
5 Sharkey, Dylan J	16	Schenectady Swim Club-AD		1:06.63 q
6 Dyer, Frankie K	18	Albany Starfish Swim Club-AD		1:06.78 q
7 Dugan, Mike R	18	Albany Starfish Swim Club-AD		1:07.40 q
8 Hooper, Nick R	15	Albany Starfish Swim Club-AD		1:07.75 q
9 Caron, Nolan J	17	Schenectady Swim Club-AD		1:07.96 q
10 Smachlo, Alex A	17	Albany Starfish Swim Club-AD		1:08.38 q
11 Kearney, Thomas J	16	Albany Starfish Swim Club-AD		1:08.47 q
12 MacDonald, Seth M	15	Clinton Cuda Swim Club-AD		1:08.59 q
13 Noga, Nicholas W	17	Clinton Cuda Swim Club-AD		1:09.61
14 Sharkey, Liam C	18	Schenectady Swim Club-AD		1:10.21
15 Rolleston, Matthew D	15	Glens Falls YMCA Gators-AD		1:10.86
16 Strayer, Ethan C	16	Albany Starfish Swim Club-AD		1:12.94
17 Moscatello, Nick J	18	Albany Starfish Swim Club-AD		1:14.03
18 Bullis, Andrew D	16	Schenectady Swim Club-AD		1:15.24
19 Resila, Nate J	18	Albany Starfish Swim Club-AD		1:15.26
20 Weiler, Joe D	17	Albany Starfish Swim Club-AD		1:16.21
21 Boese, Sam S	16	Albany Starfish Swim Club-AD		1:16.39
22 Nelson, Cody T	16	Duanesburg Electric Eels-AD		1:17.59
23 Mattice, Greg A	16	Schenectady Swim Club-AD		1:17.62
24 Wei, Nathan J	15	Albany Starfish Swim Club-AD		1:26.16

Event 75 Girls 13-14 100 LC Meter Backstroke

Meet Record:	1:07.33	# 8/4/2001	Karly A Brooks	SCHE
2009AD LC Di:	1:07.33	! 8/3/2001	Karly Brooks at Adirondack Dis	SCHE-AD
2009AD LC Re:	1:06.42	8/10/1998	Tori Delollo	ALBS-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD	1:15.14	1:13.59	16
2 Wurth, Rachel E	14	Albany Starfish Swim Club-AD	1:16.96	1:14.99	13
3 Barno, Katie M	14	Schenectady Swim Club-AD	1:16.87	1:15.95	12
4 Moras, Kristen E	14	Adirondack Bluefins-AD	1:17.16	1:16.52	11
5 Haraden, Karly J	14	Schenectady Swim Club-AD	1:17.30	1:17.23	10
6 Pucciarelli, Julia M	14	Albany Starfish Swim Club-AD	1:19.09	1:19.12	9

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Results

B - Final ... (Event 75 Girls 13-14 100 LC Meter Backstroke)

Name	Age	Team	Prelim Time	Finals Time	Points
B - Final					
7 Lenney, Morgan E	14	Albany Starfish Swim Club-AD	1:19.35	1:18.62	7
8 Max, Mallory M	13	Clinton Cuda Swim Club-AD	1:20.12	1:18.88	5
9 Schmitz, Stef R	14	Schenectady Swim Club-AD	1:20.55	1:18.99	4
10 Leombruno, Rachel D	14	Glens Falls YMCA Gators-AD	1:20.15	1:20.48	3
11 Schwarz, Susie D	13	Albany Starfish Swim Club-AD	1:20.69	1:21.02	2
12 Bollinger, Hannah K	13	Clinton Cuda Swim Club-AD	1:21.11	1:22.60	1

Event 75 Girls 13-14 100 LC Meter Backstroke

Meet Record:	1:07.33	# 8/4/2001	Karly A Brooks	SCHE
2009AD LC Di:	1:07.33	! 8/3/2001	Karly Brooks at Adirondack Dis	SCHE-AD
2009AD LC Re:	1:06.42	8/10/1998	Tori Delollo	ALBS-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD		1:15.14 q
2 Barno, Katie M	14	Schenectady Swim Club-AD		1:16.87 q
3 Wurth, Rachel E	14	Albany Starfish Swim Club-AD		1:16.96 q
4 Moras, Kristen E	14	Adirondack Bluefins-AD		1:17.16 q
5 Haraden, Karly J	14	Schenectady Swim Club-AD		1:17.30 q
6 Pucciarelli, Julia M	14	Albany Starfish Swim Club-AD		1:19.09 q
7 Lenney, Morgan E	14	Albany Starfish Swim Club-AD		1:19.35 q
8 Max, Mallory M	13	Clinton Cuda Swim Club-AD		1:20.12 q
9 Leombruno, Rachel D	14	Glens Falls YMCA Gators-AD		1:20.15 q
10 Schmitz, Stef R	14	Schenectady Swim Club-AD		1:20.55 q
11 Schwarz, Susie D	13	Albany Starfish Swim Club-AD		1:20.69 q
12 Bollinger, Hannah K	13	Clinton Cuda Swim Club-AD		1:21.11 q
13 Wang, Jessica J	13	Albany Starfish Swim Club-AD		1:21.17
14 Ferlo, Angela J	14	Schenectady Swim Club-AD		1:22.85
15 McElrath, Madelaine E	13	Albany Starfish Swim Club-AD		1:24.37
16 Matuszyk, Grace E	14	Albany Starfish Swim Club-AD		1:25.32
17 Marshall, Natalie C	14	Greater Glens Falls Flyers-AD		1:26.00
18 Morgan, Stephanie V	13	Schenectady Swim Club-AD		1:26.12
19 Noga, Stephanie L	14	Clinton Cuda Swim Club-AD		1:26.23
20 Heyde, Julianne R	14	Albany Starfish Swim Club-AD		1:27.13
21 Weber Pierson, Jasmine K	13	New Hartford Aquatics-AD		1:27.84
22 Eisnor, Elizabeth L	14	Clifton Park-Halfmoon Piranhas-AD		1:28.96
23 Vandervort, Jenna L	13	Albany Starfish Swim Club-AD		1:29.55
24 Richer, Corinne H	14	Clinton Cuda Swim Club-AD		1:30.28
25 King, Emily R	14	Schenectady Swim Club-AD		1:30.52
26 Prestia, Nikki M	13	Hawks-AD		1:31.67
27 Jesaitis, Kelsey I	13	Clifton Park-Halfmoon Piranhas-AD		1:32.59
28 Smiljic, Evonna	13	Clinton Cuda Swim Club-AD		1:34.62
29 Wei, Carissa L	13	Albany Starfish Swim Club-AD		1:35.01
30 Risucci, Domenica N	13	Clinton Cuda Swim Club-AD		1:35.04
31 Marilley, Julia M	13	Swim Strong Aquatic Club-AD		1:36.35
32 Cardillo, Miranda M	13	Clinton Cuda Swim Club-AD		1:41.43
--- Nolan, Sarah A	13	Schenectady Swim Club-AD		DQ
--- Moulton, Allie H	13	New Hartford Aquatics-AD		DQ

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Event 76 Boys 13-14 100 LC Meter Backstroke

Meet Record: 1:03.59 # 7/1988 Jim Wells - Leat LEATHERSTOCKING
 2009AD LC Di: 1:02.26 ! 7/1/1988 Jim Wells LEAT-AD
 2009AD LC Re: 1:00.22 8/10/1988 Jim Wells LEAT-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Sharkey, Ryan P	14	Schenectady Swim Club-AD	1:07.80	1:06.46	16
2 Smith, Quinn P	14	Schenectady Swim Club-AD	1:07.92	1:06.83	13
3 Gordon, Ryan D	14	Albany Starfish Swim Club-AD	1:08.87	1:08.45	12
4 Frandsen, Garret E	14	Glens Falls YMCA Gators-AD	1:14.93	1:13.74	11
5 Karlok, Dylan J	14	Albany Starfish Swim Club-AD	1:15.18	1:13.99	10
6 Bullis, Grant R	14	Schenectady Swim Club-AD	1:16.79	1:16.72	9
B - Final					
7 Beaudoin, Brandon T	14	Schenectady Swim Club-AD	1:16.83	1:14.74	7
8 Chalermkraivuth, James	14	Albany Starfish Swim Club-AD	1:17.37	1:17.19	5
9 Rowley, Benjamin E	13	Greater Glens Falls Flyers-AD	1:17.88	1:18.26	4
10 Lee, Alex J	14	Albany Starfish Swim Club-AD	1:22.15	1:20.63	3
11 Strayer, Aidan H	13	Albany Starfish Swim Club-AD	1:23.97	1:23.12	2
12 Kuyl, Emile V	13	Hawks-AD	1:22.53	1:23.19	1

Event 76 Boys 13-14 100 LC Meter Backstroke

Meet Record: 1:03.59 # 7/1988 Jim Wells - Leat LEATHERSTOCKING
 2009AD LC Di: 1:02.26 ! 7/1/1988 Jim Wells LEAT-AD
 2009AD LC Re: 1:00.22 8/10/1988 Jim Wells LEAT-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Sharkey, Ryan P	14	Schenectady Swim Club-AD		1:07.80	q
2 Smith, Quinn P	14	Schenectady Swim Club-AD		1:07.92	q
3 Gordon, Ryan D	14	Albany Starfish Swim Club-AD		1:08.87	q
4 Brosnihan, Niko S	14	Uncle Sam Swim Club-AD		1:14.74	q
5 Frandsen, Garret E	14	Glens Falls YMCA Gators-AD		1:14.93	q
6 Karlok, Dylan J	14	Albany Starfish Swim Club-AD		1:15.18	q
7 Bullis, Grant R	14	Schenectady Swim Club-AD		1:16.79	q
8 Beaudoin, Brandon T	14	Schenectady Swim Club-AD		1:16.83	q
9 Chalermkraivuth, James	14	Albany Starfish Swim Club-AD		1:17.37	q
10 Rowley, Benjamin E	13	Greater Glens Falls Flyers-AD		1:17.88	q
11 Lee, Alex J	14	Albany Starfish Swim Club-AD		1:22.15	q
12 Kuyl, Emile V	13	Hawks-AD		1:22.53	q
13 Strayer, Aidan H	13	Albany Starfish Swim Club-AD		1:23.97	
14 Duguay, Tylor M	14	Glens Falls YMCA Gators-AD		1:25.18	
15 Rifkind, Mitchell A	14	Hawks-AD		1:25.77	
16 Colby, Brennan J	14	Schenectady Swim Club-AD		1:25.92	
17 Adeson, Jonah E	13	Glens Falls YMCA Gators-AD		1:31.08	
18 Burdge, Eric J	13	Clifton Park-Halfmoon Piranhas-AD		1:33.35	

Event 77 Girls 11-12 50 LC Meter Backstroke

Meet Record: 32.75 # 7/1996 Tori Dellollo - Albs ALBANY STARFISH
 2009AD LC Di: 32.75 ! 7/30/1996 Tori Delollo ALBS-AD
 2009AD LC Re: 32.93 8/15/1993 Erin Lanzafame CLIN-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Samson, Julia E	12	Albany Starfish Swim Club-AD	34.48	34.33	16

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A - Final ... (Event 77 Girls 11-12 50 LC Meter Backstroke)

Name	Age	Team	Prelim Time	Finals Time	Points
2 Caron, Allison M	12	Schenectady Swim Club-AD	37.04	36.20	13
3 Sandwick, Samantha K	12	Albany Starfish Swim Club-AD	37.58	36.85	12
4 Kolakowski, Elle L	12	Schenectady Swim Club-AD	37.44	37.87	11
5 Nelson, Rebecca M	12	Duanesburg Electric Eels-AD	39.09	37.98	10
6 Blom, Danielle M	12	Clinton Cuda Swim Club-AD	37.06	38.04	9

B - Final

7 Brook, Sabrina M	12	Schenectady Swim Club-AD	40.98	39.12	7
8 Williams, Annie K	11	Glens Falls YMCA Gators-AD	39.99	39.78	5
9 Marvin, Aurielle E	11	Clifton Park-Halfmoon Piranhas-AD	40.46	39.87	4
10 March, Nicole D	12	Albany Starfish Swim Club-AD	39.38	39.90	3
11 Piascik, Rebecca N	12	Albany Starfish Swim Club-AD	40.89	40.29	2
12 Sullivan, Shea E	12	Schenectady Swim Club-AD	41.02	40.71	1

Event 77 Girls 11-12 50 LC Meter Backstroke

Meet Record:	32.75	# 7/1996	Tori Dellollo - Albs	ALBANY STARFISH
2009AD LC Di:	32.75	! 7/30/1996	Tori Delollo	ALBS-AD
2009AD LC Re:	32.93	8/15/1993	Erin Lanzafame	CLIN-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Samson, Julia E	12	Albany Starfish Swim Club-AD		34.48 q
2 Caron, Allison M	12	Schenectady Swim Club-AD		37.04 q
3 Blom, Danielle M	12	Clinton Cuda Swim Club-AD		37.06 q
4 Kolakowski, Elle L	12	Schenectady Swim Club-AD		37.44 q
5 Sandwick, Samantha K	12	Albany Starfish Swim Club-AD		37.58 q
6 Nelson, Rebecca M	12	Duanesburg Electric Eels-AD		39.09 q
7 March, Nicole D	12	Albany Starfish Swim Club-AD		39.38 q
8 Williams, Annie K	11	Glens Falls YMCA Gators-AD		39.99 q
9 Marvin, Aurielle E	11	Clifton Park-Halfmoon Piranhas-AD		40.46 q
10 Piascik, Rebecca N	12	Albany Starfish Swim Club-AD		40.89 q
11 Brook, Sabrina M	12	Schenectady Swim Club-AD		40.98 q
12 Sullivan, Shea E	12	Schenectady Swim Club-AD		41.02 q
13 Stebbins-Hopkins, Olivia J	11	Unattached-AD		41.15
14 Livingston, Maddie P	12	Schenectady Swim Club-AD		41.44
15 Evans, Sarah R	12	Albany Starfish Swim Club-AD		41.51
16 Cheung, Shirley L	11	Albany Starfish Swim Club-AD		41.87
17 Falasco, Gabriella A	12	Glens Falls YMCA Gators-AD		41.88
18 Dontino, Taylor M	11	New Hartford Aquatics-AD		42.10
19 Butkowski, Tawnie M	12	Greater Glens Falls Flyers-AD		42.40
20 Misener, Riley M	11	Schenectady Swim Club-AD		43.01
21 Bacon, Miranda A	11	Schenectady Swim Club-AD		43.53
22 LaFlamme, Darby L	11	Albany Starfish Swim Club-AD		43.65
23 Ludowieg, Andrea V	12	New Hartford Aquatics-AD		43.81
*24 McMichael, Chelsey N	12	New Hartford Aquatics-AD		44.46
*24 McGee, Emma K	11	Schenectady Swim Club-AD		44.46
26 Zhou, Iris X	12	Albany Starfish Swim Club-AD		44.94
27 Sheppard, Braylin E	11	New Hartford Aquatics-AD		45.05
28 Marsh, Caelan L	12	Hawks-AD		45.91
29 Larrabee, Caitlyn E	11	Schenectady Swim Club-AD		46.31
30 Larkin, Maggie H	11	Albany Starfish Swim Club-AD		47.01
31 Gossin, Camille E	11	Clinton Cuda Swim Club-AD		48.00
32 Cardillo, Alexa L	12	Clinton Cuda Swim Club-AD		48.35

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Preliminaries ... (Event 77 Girls 11-12 50 LC Meter Backstroke)

Name	Age	Team	Seed Time	Prelim Time
33 Schlesinger, Zoe M	12	Albany Starfish Swim Club-AD		49.47
34 Hale, Georgia L	12	Swim Strong Aquatic Club-AD		49.62
35 Stevens, Ali V	11	Hawks-AD		50.59
36 Ficano, Gabi A	11	New Hartford Aquatics-AD		50.80
37 Hyde, Abigail L	11	Clinton Cuda Swim Club-AD		51.68
38 Caher, Norah K	11	Clifton Park-Halfmoon Piranhas-AD		52.28
39 Oliver, Hayley R	11	New Hartford Aquatics-AD		52.67
40 Hill, Lizzy B	12	New Hartford Aquatics-AD		53.63
41 Zegger, Cate Q	11	Schenectady Swim Club-AD		53.69
42 Lecakes, Kyra E	12	Albany Starfish Swim Club-AD		55.32
43 Chen, Melanie A	12	Clifton Park-Halfmoon Piranhas-AD		57.40
44 Waddell, Maddie R	11	Clifton Park-Halfmoon Piranhas-AD		57.58
45 Zheng, Joyce	12	Albany Starfish Swim Club-AD		1:10.85
--- Nyman, Iida A	11	Clifton Park-Halfmoon Piranhas-AD		NS

Event 78 Boys 11-12 50 LC Meter Backstroke

Meet Record:	31.23	#	7/1986	Jim Wells - Leat	LEATHERSTOCKING
2009AD LC Di:	31.23	!	8/1/1986	Jim Wells	LEAT-AD
2009AD LC Re:	31.23		8/10/1986	Jim Wells	LEAT-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD	36.19	34.34	16
2 Trzewik-Quinn, Seamus	11	Hawks-AD	34.81	34.94	13
3 Walton, Matthew T	12	Greater Glens Falls Flyers-AD	36.00	35.34	12
4 Gordon, Luther W	12	Albany Starfish Swim Club-AD	36.36	36.87	11
5 McColgan, Jimmy K	12	Hawks-AD	37.05	37.43	10
6 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD	37.25	37.91	9
B - Final					
7 Hess, Brian H	12	Hawks-AD	38.76	38.14	7
8 Buckingham, Erik K	12	Clinton Cuda Swim Club-AD	38.89	38.34	5
9 Davis, Clark J	12	Schenectady Swim Club-AD	39.13	39.13	4
10 Osika, Thomas A	12	Greater Glens Falls Flyers-AD	40.64	40.02	3
11 Haraden, Jesse A	12	Schenectady Swim Club-AD	40.45	40.18	2
12 Migliorato, Shawn P	11	Hawks-AD	40.34	42.52	1

Event 78 Boys 11-12 50 LC Meter Backstroke

Meet Record:	31.23	#	7/1986	Jim Wells - Leat	LEATHERSTOCKING
2009AD LC Di:	31.23	!	8/1/1986	Jim Wells	LEAT-AD
2009AD LC Re:	31.23		8/10/1986	Jim Wells	LEAT-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Trzewik-Quinn, Seamus	11	Hawks-AD		34.81 q
2 Walton, Matthew T	12	Greater Glens Falls Flyers-AD		36.00 q
3 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD		36.19 q
4 Gordon, Luther W	12	Albany Starfish Swim Club-AD		36.36 q
5 McColgan, Jimmy K	12	Hawks-AD		37.05 q
6 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD		37.25 q
7 Hess, Brian H	12	Hawks-AD		38.76 q
8 Buckingham, Erik K	12	Clinton Cuda Swim Club-AD		38.89 q
9 Davis, Clark J	12	Schenectady Swim Club-AD		39.13 q
10 Migliorato, Shawn P	11	Hawks-AD		40.34 q
11 Haraden, Jesse A	12	Schenectady Swim Club-AD		40.45 q

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****Preliminaries ... (Event 78 Boys 11-12 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
12	Osika, Thomas A	12	Greater Glens Falls Flyers-AD		40.64 q
13	Salis, Thomas W	11	Glens Falls YMCA Gators-AD		41.02
14	Miao, Frank Z	12	Albany Starfish Swim Club-AD		41.65
15	Mosier, John D	12	Duanesburg Electric Eels-AD		43.29
16	Colby, Bryan R	12	Schenectady Swim Club-AD		44.14
17	Kearney, Matthew S	11	Albany Starfish Swim Club-AD		44.83
18	Rokos, Tim R	12	Duanesburg Electric Eels-AD		46.15
19	Ouyang, Andy H	12	Clifton Park-Halfmoon Piranhas-AD		46.19
20	Pritchard, Robert R	11	Albany Starfish Swim Club-AD		46.91
21	Noeker, Brian S	11	Schenectady Swim Club-AD		47.70
22	Dixon, Tristan C	12	Duanesburg Electric Eels-AD		47.96
23	Wilkinson, Matthew J	11	Glens Falls YMCA Gators-AD		48.26
24	Wilkerson, Noah C	12	Albany Starfish Swim Club-AD		51.50
25	Argentine, Leonard J	11	Clinton Cuda Swim Club-AD		53.56
26	Lampman, Jack R	12	Albany Starfish Swim Club-AD		53.95
27	Kennedy, Levi C	11	Hawks-AD		1:02.95

Event 79 Girls 10 & Under 50 LC Meter Backstroke

Meet Record:	36.29 #	7/1996	Courtney Lyon - Nph	NEW PALTZ	
Name	Age	Team	Finals Time	Points	
1 Serotta, Lauren M	10	Albany Starfish Swim Club-AD	40.75	16	
2 Lau, Christina N	10	Albany Starfish Swim Club-AD	41.90	13	
3 Falvo, Alexis E	10	Clinton Cuda Swim Club-AD	42.48	12	
4 Morgan, Liz P	10	Schenectady Swim Club-AD	42.98	11	
5 Pritchard, Jane Y	10	Albany Starfish Swim Club-AD	43.82	10	
6 Smith, Bailey C	10	Schenectady Swim Club-AD	43.95	9	
7 Madden, Sydney A	10	Clinton Cuda Swim Club-AD	44.85	7	
8 Walters, Julia G	10	Albany Starfish Swim Club-AD	44.91	5	
9 Nelson, Olivia K	10	Duanesburg Electric Eels-AD	45.84	4	
10 Paige, Kamryn M	10	Duanesburg Electric Eels-AD	46.54	3	
11 Moruzzi, Anne F	10	So. Saratoga YMCA Barracudas-AD	47.39	2	
12 McGraw, Caroline B	9	Albany Starfish Swim Club-AD	47.96	1	
13 Dong, Yunfan	9	Albany Starfish Swim Club-AD	48.29		
14 Dontino, Amanda R	9	New Hartford Aquatics-AD	48.85		
15 Marsh, Samantha A	10	Hawks-AD	48.87		
16 Stansbury, Clare E	10	Albany Starfish Swim Club-AD	48.89		
17 Matoske, Angelica M	9	Albany Starfish Swim Club-AD	49.17		
18 Cazer, Kelly A	10	Albany Starfish Swim Club-AD	49.23		
19 Schmidt, Allison K	10	Duanesburg Electric Eels-AD	49.37		
*20 Lipkin, Elaine M	10	Albany Starfish Swim Club-AD	49.83		
*20 Bushway, Isabel M	9	Albany Starfish Swim Club-AD	49.83		
22 Wurth, Kristen S	10	Albany Starfish Swim Club-AD	50.05		
23 Derosia, Chloe E	9	Delmar Dolphins Swim Club, Inc.-AD	50.33		
*24 Braga, Dana D	10	Albany Starfish Swim Club-AD	51.26		
*24 Seemann, Anya V	9	Albany Starfish Swim Club-AD	51.26		
26 Tang, Ella S	10	Albany Starfish Swim Club-AD	51.83		
27 Draper, Marian E	10	Clinton Cuda Swim Club-AD	52.79		
28 Pang, Cindy J	9	Albany Starfish Swim Club-AD	53.05		
29 Woods, Samantha N	10	Clifton Park-Halfmoon Piranhas-AD	53.24		
30 Mizbani, Mariah C	10	Albany Starfish Swim Club-AD	53.78		
31 Wadsworth, Taylor E	9	Albany Starfish Swim Club-AD	54.04		

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****(Event 79 Girls 10 & Under 50 LC Meter Backstroke)**

	Name	Age	Team	Finals Time	Points
32	Whitney, Sierra G	10	Albany Starfish Swim Club-AD	55.98	
33	Recco, Taylor R	9	Clinton Cuda Swim Club-AD	56.07	
34	Bacon, Abby P	9	Schenectady Swim Club-AD	57.26	
35	Pelaez, Isabel B	10	Albany Starfish Swim Club-AD	58.33	
36	Hemminger, Sara K	10	Swim Strong Aquatic Club-AD	1:08.80	
37	D'Amato, Malena	9	Albany Starfish Swim Club-AD	1:13.07	
---	Hamlin, Katherine S	10	Clinton Cuda Swim Club-AD	DQ	
---	Liu, Samantha	10	Albany Starfish Swim Club-AD	NS	

Event 80 Boys 10 & Under 50 LC Meter Backstroke

Meet Record:	36.18 # 7/1993	Oliver Ruff - Nhkn	NEW HARTFORD		
Name	Age	Team	Finals Time	Points	
1	Zwijacz, Zachary A	10	So. Saratoga YMCA Barracudas-AD	38.94	16
2	Doyle, Connor H	10	Delmar Dolphins Swim Club, Inc.-AD	39.36	13
3	McElrath, Ian T	10	Albany Starfish Swim Club-AD	45.48	12
4	Haraden, Dylan T	10	Schenectady Swim Club-AD	45.59	11
5	Hale, Josh C	9	Swim Strong Aquatic Club-AD	46.14	10
6	Yu, Steven	10	Albany Starfish Swim Club-AD	47.82	9
7	Kaltak, Kevin S	10	Clinton Cuda Swim Club-AD	47.96	7
8	Liu, Stanley	10	Albany Starfish Swim Club-AD	48.82	5
9	Arazi, Yannai R	9	Schenectady Swim Club-AD	50.95	4
10	Galvin, Michael J	10	Albany Starfish Swim Club-AD	51.19	3
11	Oberting, Addison N	9	Albany Starfish Swim Club-AD	52.18	2
12	Zhou, Allen G	9	Albany Starfish Swim Club-AD	53.21	1
13	Chen, James H	10	Albany Starfish Swim Club-AD	53.36	
14	Smiljic, Alex	10	Clinton Cuda Swim Club-AD	53.65	
15	Nhan, Justin	10	Albany Starfish Swim Club-AD	53.74	
16	Kuyl, Leo	9	Hawks-AD	54.90	
17	Grygiel, Bobby M	10	Albany Starfish Swim Club-AD	56.52	
18	Wilkinson, Ryan J	9	Glens Falls YMCA Gators-AD	57.24	
19	LaFlamme, Owen C	10	Albany Starfish Swim Club-AD	57.39	
20	John, Asher H	9	Albany Starfish Swim Club-AD	59.79	
21	Klinkner, Grant T	9	Clinton Cuda Swim Club-AD	59.80	

Event 81 Girls 8 & Under 50 LC Meter Backstroke

Meet Record:	42.87 # 7/1992	Logan Justice - Cana	CANAJOHARIE		
2009AD LC Di:	41.45 ! 7/30/1992	Logan Justice	CANA-AD		
2009AD LC Re:	41.45 7/30/1992	Logan Justice	CANA-AD		
Name	Age	Team	Finals Time	Points	
1	Bushway, Lillian B	8	Albany Starfish Swim Club-AD	51.65	16
2	Gordon, Jessica K	8	Albany Starfish Swim Club-AD	51.97	13
3	Wang, Emily M	8	Albany Starfish Swim Club-AD	52.32	12
4	Conway, MaryKate K	8	Schenectady Swim Club-AD	53.74	11
5	Reyes, Monica R	8	Kingston Swim Club-AD	53.95	10
6	Jensen, Jordan G	8	Schenectady Swim Club-AD	56.03	9
7	Woods, Brianna M	8	Clifton Park-Halfmoon Piranhas-AD	56.93	7
8	Stan, Stefi	8	Albany Starfish Swim Club-AD	56.96	5
9	Miller, Erin E	8	Albany Starfish Swim Club-AD	56.97	4
10	Leung, Adelaide Y	7	Albany Starfish Swim Club-AD	57.42	3
11	Silverberg, Ada E	8	Albany Starfish Swim Club-AD	59.71	2
12	Heyde, Alaina J	7	Albany Starfish Swim Club-AD	1:00.60	1
13	Bushway, Evelyn G	8	Albany Starfish Swim Club-AD	1:01.50	

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	Name	Age	Team	Finals Time	Points
14	Gerstler, Kaitlyn M	8	Albany Starfish Swim Club-AD	1:02.36	
15	Spooneybarger, Morgan C	8	Swim Strong Aquatic Club-AD	1:03.39	
16	Yu, Emily	7	Albany Starfish Swim Club-AD	1:04.68	
17	Scoons, Savvy S	8	Albany Starfish Swim Club-AD	1:07.66	
18	Lorch, Abby G	6	Clifton Park-Halfmoon Piranhas-AD	1:11.65	
19	Spooneybarger, Chloe M	8	Swim Strong Aquatic Club-AD	1:17.71	

Event 82 Boys 8 & Under 50 LC Meter Backstroke

Meet Record:	42.36	#	7/1991	Oliver Ruff - Leat	LEATHERSTOCKING
2009AD LC Di:	40.56	!	7/1/1982	Jim Wells	NHKN-AD
2009AD LC Re:	40.56		7/15/1982	Jim Wells	NHKN-AD

	Name	Age	Team	Finals Time	Points
1	Ward, Scott T	8	Albany Starfish Swim Club-AD	44.30	16
2	Trzewik-Quinn, Tadeusz K	8	Hawks-AD	47.99	13
3	Rowley, Aidan J	8	Greater Glens Falls Flyers-AD	51.49	12
4	Carlos, Thanny J	8	Swim Strong Aquatic Club-AD	52.71	11
5	Goodspeed, Cameron J	8	Duanesburg Electric Eels-AD	53.36	10
6	Nyman, Jesse K	8	Clifton Park-Halfmoon Piranhas-AD	55.99	9
7	Haraden, Brady J	8	Schenectady Swim Club-AD	59.01	7
---	Liu, Bryan	8	Albany Starfish Swim Club-AD	NS	

Event 83 Girls 200 LC Meter Freestyle Relay

Meet Record:	1:54.81	#	8/4/2001	Adirondack Bluefins
				E MCDONOUGH, L HOTALING, T DELOLLO, J EBERST
2009AD LC Di:	1:54.81	!	8/3/2001	Bluefins
				BFIN-AD
2009AD LC Re:	1:54.81		8/3/2001	Bluefins
				BFIN-AD
				E MCDONOUGH, L HOTALING, T DELOLLO, J EBERST

	Team	Relay	Finals Time	Points
1	Albany Starfish Swim Club-AD	A	1:54.69#	32
	1) Zhou, Kina Y 15	2) Beckford, Kiersten B 16	3) Hooper, Aimee J 16	4) Samson, Olivia N 16
2	Albany Starfish Swim Club-AD	B	1:57.07	26
	1) Orr, Katie E 15	2) Terwilliger, Emma K 15	3) Melnik, Amy E 16	4) Sternbach, Talia J 15
3	Delmar Dolphins Swim Club, Inc.-	A	2:00.05	24
	1) Bickel, Jenna R 16	2) MacDonald, Hanlon M 16	3) O'Donnell, Tara K 15	4) O'Donnell, Katie E 20
4	Albany Starfish Swim Club-AD	C	2:01.36	22
	1) Walters, Tess T 15	2) Hallam, Dana L 17	3) Liu, Lisa 15	4) Whitaker, Emily E 17
5	Glens Falls YMCA Gators-AD	A	2:04.13	20
	1) Higgins, Kristin E 16	2) Leombruno, Rachel D 14	3) Wilkinson, Melissa L 15	4) Melofchik, Gloria M 14
6	Clinton Cuda Swim Club-AD	A	2:05.22	18
	1) Evolo, Alexandria M 16	2) Simon, Chelsey L 16	3) Papaleo, Cassie R 15	4) Hyde, Emily A 16
7	Clifton Park-Halfmoon Piranhas-	A	2:09.42	14
	1) Eisnor, Elizabeth L 14	2) Ouyang, Annie W 16	3) Jesaitis, Katie I 17	4) Wilcox, Mackenzie L 17
8	Duanesburg Electric Eels-AD	A	2:13.58	10
	1) Dixon, Alexandra M 10	2) Nelson, Rebecca M 12	3) Schmidt, Elizabeth M 12	4) Rokos, Sam R 16
9	New Hartford Aquatics-AD	A	2:15.63	8
	1) Weber Pierson, Jasmine K 13	2) Talarico, Maggie R 15	3) Moulton, Allie H 13	4) Sacco, Alyssa A 17
---	Hawks-AD	A	SCR	
	1) Prestia, Nikki M 13	2) Marsh, Caelan L 12	3) Berger, Quinn E 13	4) Gulitti, Emily R 14

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Event 84 Boys 200 LC Meter Freestyle Relay

Meet Record:	1:42.95	# 8/4/2001	Adirondack Bluefins
			M MURRAY, T ROMAN, R Caponera, C DELOLLO
2009AD LC Di:	1:39.68	! 7/24/2009	Albany Starfish Swim Club
			ALBS-AD
			M. Dugan, F. DeMaria, B. Maloy, F. Dyer
2009AD LC Re:	1:39.68	7/24/2009	Albany Starfish Swim Club
			ALBS-AD
			M. Dugan, F. DeMaria, B. Maloy, F. Dyer

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD	A	1:40.47#	32
1) Lanzi, Antonio J 16	2) DeMaria, Frankie M 18	3) Dyer, Frankie K 18	4) Dugan, Mike R 18
2 Albany Starfish Swim Club-AD	B	1:47.56	26
1) Hooper, Nick R 15	2) Boese, Sam S 16	3) Resila, Nate J 18	4) Smachlo, Alex A 17
3 Albany Starfish Swim Club-AD	C	1:54.99	24
1) Zyniecki, Reid M 15	2) Strayer, Ethan C 16	3) Moscatello, Nick J 18	4) Kearney, Thomas J 16
4 Clifton Park-Halfmoon Piranhas-	A	2:00.24	22
1) Romero, Jorge A 17	2) Johnson, Jake C 19	3) Yates, Dylan W 13	4) Tao, Liangyu 15
5 Hawks-AD	A	2:08.66	20
1) Kuyl, Emile V 13	2) Rifkind, Mitchell A 14	3) Migliorato, Shawn P 11	4) Gulitti, Nicholas R 14
6 Glens Falls YMCA Gators-AD	A	2:09.54	18
1) Rolleston, Matthew D 15	2) Duguay, Tylor M 14	3) Frandsen, Garret E 14	4) Adeson, Jonah E 13
7 Duanesburg Electric Eels-AD	A	2:12.94	14
1) Goodspeed, Evan J 13	2) Rokos, Tim R 12	3) Mosier, John D 12	4) Nelson, Cody T 16

Event 85 Girls 13-14 200 LC Meter Freestyle Relay

Meet Record:	1:58.85	# 8/4/2001	Schenectady Swim Club
			K Brooks, A Catroppa, D Stein, S YAN
2009AD LC Di:	1:56.01	! 7/24/2009	Albany Starfish Swim Club
			ALBS-AD
			K. Zhou, E. Terwilliger, G. Beckford, K. Orr
2009AD LC Re:	1:56.01	7/24/2009	Albany Starfish Swim Club
			ALBS-AD
			K. Zhou, E. Terwilliger, G. Beckford, K. Orr

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD	A	2:00.52	32
1) Schwarz, Susie D 13	2) Cahill, Kaitlin E 14	3) Lucius, Jennifer L 13	4) Beckford, Gabriela E 14
2 Schenectady Swim Club-AD	A	2:04.47	26
1) Barno, Katie M 14	2) Pettit, Meghan K 14	3) Haraden, Karly J 14	4) Ferlo, Angela J 14
3 Albany Starfish Swim Club-AD	B	2:06.72	24
1) Matuszyk, Grace E 14	2) Heyde, Julianne R 14	3) Pucciarelli, Julia M 14	4) Lenney, Morgan E 14
4 Clinton Cuda Swim Club-AD	A	2:12.06	22
1) Max, Mallory M 13	2) Richer, Corinne H 14	3) Noga, Stephanie L 14	4) Bollinger, Hannah K 13
5 Albany Starfish Swim Club-AD	C	2:12.59	20
1) Wurth, Rachel E 14	2) McElrath, Madelaine E 13	3) Wang, Jessica J 13	4) Dougherty, Erin B 14
6 Schenectady Swim Club-AD	B	2:13.71	18
1) Cowley, Hannah P 14	2) Schmitz, Stef R 14	3) Morgan, Stephanie V 13	4) King, Emily R 14
7 Clinton Cuda Swim Club-AD	B	2:28.63	14
1) Cardillo, Miranda M 13	2) Smiljic, Evonna 13	3) Risucci, Domenica N 13	4) Jennings, Alyssa M 14

Event 86 Boys 13-14 200 LC Meter Freestyle Relay

Meet Record:	1:52.05	# 7/1998	Schenectady
2009AD LC Di:	1:51.50	! 7/30/1972	Schenectady
			SCHE-AD
2009AD LC Re:	1:51.50	7/30/1972	Schenectady Swim Club
			Sche-AD

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD	A	1:51.43!	32
1) Karlok, Dylan J 14	2) Chalermkraivuth, James 14	3) Lee, Alex J 14	4) Gordon, Ryan D 14
2 Schenectady Swim Club-AD	A	1:52.82	26
1) Sharkey, Ryan P 14	2) Beaudoin, Brandon T 14	3) Rowledge, Bobby B 14	4) Smith, Quinn P 14

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(Event 86 Boys 13-14 200 LC Meter Freestyle Relay)

Team	Relay	Finals Time	Points
--- Glens Falls YMCA Gators-AD	A	SCR	

Event 87 Girls 400 LC Meter IM

Meet Record: 5:14.15 # 8/3/2001 Elyse M McDonough Bluefins
2009AD LC Di: 5:09.06 ! 7/7/1991 Elizabeth Rossi WHPL-MR
2009AD LC Re: 5:04.29 7/10/2009 Aimee Hooper at Niagara Long C ALBS-AD

Name	Age	Team	Finals Time	Points
1 Hooper, Aimee J	16	Albany Starfish Swim Club-AD	5:14.89	16
2 Zhou, Kina Y	15	Albany Starfish Swim Club-AD	5:17.44	13
3 Samson, Olivia N	16	Albany Starfish Swim Club-AD	5:18.58	12
4 Powhida, Bethany C	16	Delmar Dolphins Swim Club, Inc.-AD	5:23.76	11
5 Manor, Laura J	18	Schenectady Swim Club-AD	5:25.06	10
6 Orr, Katie E	15	Albany Starfish Swim Club-AD	5:27.16	9
7 Smachlo, Julia P	15	Albany Starfish Swim Club-AD	5:27.44	7
8 Dougherty, Sarah E	17	Albany Starfish Swim Club-AD	5:30.50	5
9 Sternbach, Talia J	15	Albany Starfish Swim Club-AD	5:32.97	4
10 Swett, Sara E	15	Schenectady Swim Club-AD	5:34.05	3
11 Prendeville, Hanna M	16	Glens Falls YMCA Gators-AD	5:41.65	2
12 Sara, Siena E	15	Glens Falls YMCA Gators-AD	5:44.59	1
13 Higgins, Kristin E	16	Glens Falls YMCA Gators-AD	5:48.57	
14 Mone, Alexis J	17	Schenectady Swim Club-AD	6:06.44	

Event 88 Boys 400 LC Meter IM

Meet Record: 4:53.98 # 7/27/2007 Ryan Brauer SCHE -AD
2009AD LC Di: 4:39.16 ! 7/7/1994 Jeff Henderson SYRC-NI
2009AD LC Re: 4:33.40 8/6/2009 Shayne P. Buckley at 2009 Spee SCHE-AD

Name	Age	Team	Finals Time	Points
1 Lednev, Alexander I	16	Delmar Dolphins Swim Club, Inc.-AD	4:56.76	16
2 Hooper, Nick R	15	Albany Starfish Swim Club-AD	5:01.73	13
3 Rohr, Alex F	20	Schenectady Swim Club-AD	5:02.15	12
4 DeMaria, Frankie M	18	Albany Starfish Swim Club-AD	5:06.68	11
5 Smachlo, Alex A	17	Albany Starfish Swim Club-AD	5:19.20	10
6 MacDonald, Seth M	15	Clinton Cuda Swim Club-AD	5:22.10	9
7 Rolleston, Matthew D	15	Glens Falls YMCA Gators-AD	5:31.54	7
--- Rappold, Timothy S	18	Schenectady Swim Club-AD	NS	

Event 89 Girls 13-14 400 LC Meter IM

Meet Record: 5:13.66 # 8/3/2001 Karly A Brooks SCHE
2009AD LC Di: 5:09.06 ! 7/7/1991 Elizabeth Rossi WHPL-MA
2009AD LC Re: 5:09.00 8/8/2001 Karly Brooks SCHE-AD

Name	Age	Team	Finals Time	Points
1 Beckford, Gabriela E	14	Albany Starfish Swim Club-AD	5:31.39	16
2 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD	5:33.52	13
3 Dougherty, Erin B	14	Albany Starfish Swim Club-AD	5:44.74	12
4 Haraden, Karly J	14	Schenectady Swim Club-AD	5:46.48	11
5 Rupert, Emma E	13	So. Saratoga YMCA Barracudas-AD	5:52.58	10
6 Melofchik, Gloria M	14	Glens Falls YMCA Gators-AD	5:58.26	9
7 Wang, Jessica J	13	Albany Starfish Swim Club-AD	5:58.44	7
8 Gulitti, Emily R	14	Hawks-AD	6:43.66	5

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Event 90 Boys 13-14 400 LC Meter IM

Meet Record: 5:03.92 # 7/1998 Bryan Brown - Sche SCHENECTADY
 2009AD LC Di: 4:52.08 ! 7/28/2006 Shayne P. Buckley at Adirondac SCHE-AD
 2009AD LC Re: 4:47.79 8/10/1990 Patrick O'Keefe GLFY-AD

Name	Age	Team	Finals Time	Points
1 Sharkey, Ryan P	14	Schenectady Swim Club-AD	5:07.24	16
2 Rowledge, Bobby B	14	Schenectady Swim Club-AD	5:15.37	13
3 Bullis, Grant R	14	Schenectady Swim Club-AD	5:31.68	12
4 Gulitti, Nicholas R	14	Hawks-AD	5:48.01	11
5 Kuyl, Emile V	13	Hawks-AD	6:34.84	10

Event 91 Girls 11-12 200 LC Meter Freestyle Relay

Meet Record: 2:01.96 # 7/1999 Schenectady
 2009AD LC Di: 2:01.96 ! 7/30/1999 Schenectady SCHE-AD
 2009AD LC Re: 2:01.96 7/30/1999 Schenectady Swim Club - K Brooks, A Catroppa, D Stein, K Schadow SCHE-AD

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD	A	2:05.06	32
1) Samson, Julia E 12	2) McElrath, Emma M 11	3) Sandwick, Samantha K 12	4) Dougherty, Hannah M 11
2 Schenectady Swim Club-AD	A	2:11.23	26
1) Caron, Allison M 12	2) Kolakowski, Elle L 12	3) Brook, Sabrina M 12	4) LaQue, Sydney L 12
3 Albany Starfish Swim Club-AD	B	2:15.80	24
1) March, Nicole D 12	2) Griffith, Emma C 12	3) Evans, Sarah R 12	4) Broder, Emily B 12
4 New Hartford Aquatics-AD	A	2:19.99	22
1) McMichael, Chelsey N 12	2) Ludowieg, Andrea V 12	3) Sheppard, Braylin E 11	4) Dontino, Taylor M 11
5 Schenectady Swim Club-AD	B	2:20.55	20
1) Barno, Emily R 11	2) Bacon, Miranda A 11	3) Livingston, Maddie P 12	4) Sullivan, Shea E 12
6 Clinton Cuda Swim Club-AD	A	2:26.79	18
1) Gossin, Camille E 11	2) Cardillo, Alexa L 12	3) Decker, Haley P 12	4) Blom, Danielle M 12
7 Schenectady Swim Club-AD	C	2:34.82	14
1) Larrabee, Caitlyn E 11	2) McGee, Emma K 11	3) Zegger, Cate Q 11	4) Misener, Riley M 11
8 Albany Starfish Swim Club-AD	C	2:35.92	10
1) Larkin, Maggie H 11	2) Cheung, Shirley L 11	3) LaFlamme, Darby L 11	4) Piascik, Rebecca N 12
9 Clifton Park-Halfmoon Piranhas-	A	3:02.70	8
1) Chen, Melanie A 12	2) Caher, Norah K 11	3) Marvin, Aurielle E 11	4) Waddell, Maddie R 11
--- New Hartford Aquatics-AD	B	SCR	

Event 92 Boys 11-12 200 LC Meter Freestyle Relay

Meet Record: 2:06.21 # 7/1997 Clinton
 2009AD LC Di: 2:02.13 ! 7/30/1979 Watertown WATY-AD
 2009AD LC Re: 2:02.13 7/30/1979 Watertown WATR-AD

Team	Relay	Finals Time	Points
1 Hawks-AD	A	2:08.74	32
1) McColgan, Jimmy K 12	2) Hess, Brian H 12	3) Sweeney, Sean P 12	4) Trzewik-Quinn, Seamus 11
2 Albany Starfish Swim Club-AD	A	2:13.52	26
1) Gordon, Luther W 12	2) Miao, Frank Z 12	3) Sausto, Dan J 11	4) Smachlo, Miles A 12
3 Schenectady Swim Club-AD	A	2:14.43	24
1) Davis, Clark J 12	2) Ludeke, Chris E 12	3) Conway, Joseph D 12	4) Cleworth, Calvin W 12
--- Albany Starfish Swim Club-AD	B	DQ	
1) Cazer, Benjamin J 12	2) Lampman, Jack R 12	3) Pritchard, Robert R 11	4) Kearney, Matthew S 11

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****Event 93 Girls 10 & Under 200 LC Meter Freestyle Relay****Meet Record: 2:18.88 # 8/1994 Schenectady**

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD 1) Serotta, Lauren M 10	A 2) Dong, Yunfan 9	2:28.14	32
2 Duanesburg Electric Eels-AD 1) Nelson, Olivia K 10	A 2) Schmidt, Allison K 10	2:34.89	26
3 Clinton Cuda Swim Club-AD 1) Recco, Taylor R 9	A 2) Draper, Marian E 10	2:36.49	24
4 Schenectady Swim Club-AD 1) Misener, Jacqueline M 9	A 2) Smith, Bailey C 10	2:43.19	22
5 Albany Starfish Swim Club-AD 1) Bushway, Isabel M 9	B 2) McGraw, Caroline B 9	2:47.64	20
6 Albany Starfish Swim Club-AD 1) Wurth, Kristen S 10	C 2) Lipkin, Elaine M 10	2:52.02	18
7 Albany Starfish Swim Club-AD 1) Whitney, Sierra G 10	F 2) Gerstler, Kaitlyn M 8	2:52.13	14
8 Albany Starfish Swim Club-AD 1) Wang, Emily M 8	E 2) Miller, Erin E 8	3:03.82	10
--- Albany Starfish Swim Club-AD 1) Wadsworth, Taylor E 9	D 2) Cazer, Kelly A 10	DQ	
	3) Pritchard, Jane Y 10	4) Lau, Christina N 10	
	3) Paige, Kamryn M 10	4) Dixon, Alexandra M 10	
	3) Falvo, Alexis E 10	4) Madden, Sydney A 10	
	3) Bacon, Abby P 9	4) Morgan, Liz P 10	
	3) Walters, Julia G 10	4) Stansbury, Clare E 10	
	3) Pang, Cindy J 9	4) Seemann, Anya V 9	
	3) Tang, Ella S 10	4) Braga, Dana D 10	
	3) Bushway, Lillian B 8	4) Gordon, Jessica K 8	
	3) Mizbani, Mariah C 10	4) Stan, Stefi 8	

Event 94 Boys 10 & Under 200 LC Meter Freestyle Relay**Meet Record: 2:57.20 # 7/28/2007 Albany Starfish Swim Club Starfish****N Lau, J Zhang, A Strayer, M Smachlo**

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD 1) Zhou, Allen G 9	B 2) Ward, Scott T 8	2:46.16#	32
2 Albany Starfish Swim Club-AD 1) Nhan, Justin 10	A 2) Liu, Stanley 10	2:48.31#	26
--- Albany Starfish Swim Club-AD 1) Chen, James H 10	C 2) Oberting, Addison N 9	DQ	
	3) Yu, Steven 10	4) McElrath, Ian T 10	
	3) Galvin, Michael J 10	4) Ren, Erik Z 10	
	3) Grygiel, Bobby M 10	4) LaFlamme, Owen C 10	

Event 95 Girls 200 LC Meter Backstroke**Meet Record: 2:22.46 # 8/5/2001 Tori I Delollo****Bluefins****2009AD LC Di: 2:20.38 ! 7/28/2000 Tori Delollo****ADBF-AD****2009AD LC Re: 2:20.37 2/28/2004 Karly Brooks****SCHE-AD**

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 O'Donnell, Katie E	20	Delmar Dolphins Swim Club, Inc.-AD	2:32.98	2:27.23	16
2 Powhida, Bethany C	16	Delmar Dolphins Swim Club, Inc.-AD	2:30.09	2:29.91	13
3 Rowe, Katie A	16	Schenectady Swim Club-AD	2:30.70	2:30.35	12
4 Zhou, Kina Y	15	Albany Starfish Swim Club-AD	2:35.33	2:32.68	11
5 O'Donnell, Tara K	15	Delmar Dolphins Swim Club, Inc.-AD	2:37.01	2:36.39	10
6 Orr, Katie E	15	Albany Starfish Swim Club-AD	2:38.79	2:37.62	9
B - Final					
7 Samson, Olivia N	16	Albany Starfish Swim Club-AD	2:40.95	2:36.47	7
8 Dougherty, Sarah E	17	Albany Starfish Swim Club-AD	2:42.53	2:37.03	5
9 Higgins, Kristin E	16	Glens Falls YMCA Gators-AD	2:41.19	2:40.66	4
10 Beckford, Kiersten B	16	Albany Starfish Swim Club-AD	2:43.56	2:41.26	3
11 Sternbach, Talia J	15	Albany Starfish Swim Club-AD	2:42.62	2:42.03	2
12 Hyde, Emily A	16	Clinton Cuda Swim Club-AD	2:43.43	2:45.15	1

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****Event 95 Girls 200 LC Meter Backstroke**

Meet Record: 2:22.46 # 8/5/2001 **Tori I Delollo** **Bluefins**
2009AD LC Di: 2:20.38 ! 7/28/2000 **Tori Delollo** **ADBF-AD**
2009AD LC Re: 2:20.37 2/28/2004 **Karly Brooks** **SCHE-AD**

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1	Bickel, Jenna R	16 Delmar Dolphins Swim Club, Inc.-AD		2:25.70	q
2	Powhida, Bethany C	16 Delmar Dolphins Swim Club, Inc.-AD		2:30.09	q
3	Rowe, Katie A	16 Schenectady Swim Club-AD		2:30.70	q
4	O'Donnell, Katie E	20 Delmar Dolphins Swim Club, Inc.-AD		2:32.98	q
5	Zhou, Kina Y	15 Albany Starfish Swim Club-AD		2:35.33	q
6	MacDonald, Hanlon M	16 Delmar Dolphins Swim Club, Inc.-AD		2:36.65	q
7	O'Donnell, Tara K	15 Delmar Dolphins Swim Club, Inc.-AD		2:37.01	q
8	Orr, Katie E	15 Albany Starfish Swim Club-AD		2:38.79	q
9	Samson, Olivia N	16 Albany Starfish Swim Club-AD		2:40.95	q
10	Higgins, Kristin E	16 Glens Falls YMCA Gators-AD		2:41.19	q
11	Jordan, Maggie A	15 Schenectady Swim Club-AD		2:41.91	q
12	Dougherty, Sarah E	17 Albany Starfish Swim Club-AD		2:42.53	q
13	Sternbach, Talia J	15 Albany Starfish Swim Club-AD		2:42.62	
14	Hyde, Emily A	16 Clinton Cuda Swim Club-AD		2:43.43	
15	Hoskinson, Emily M	18 Schenectady Swim Club-AD		2:43.47	
16	Beckford, Kiersten B	16 Albany Starfish Swim Club-AD		2:43.56	
17	Terwilliger, Emma K	15 Albany Starfish Swim Club-AD		2:43.92	
18	Prendeville, Hanna M	16 Glens Falls YMCA Gators-AD		2:46.36	
19	Ludeke, Erin M	18 Schenectady Swim Club-AD		2:46.99	
20	Whitaker, Emily E	17 Albany Starfish Swim Club-AD		2:47.46	
21	Manor, Laura J	18 Schenectady Swim Club-AD		2:48.47	
22	Mone, Alexis J	17 Schenectady Swim Club-AD		2:49.00	
23	Romanov, Katie G	15 Schenectady Swim Club-AD		2:49.75	
24	Wilcox, Mackenzie L	17 Clifton Park-Halfmoon Piranhas-AD		2:52.13	
25	Ludeke, Kelly E	16 Schenectady Swim Club-AD		2:53.36	
26	Korzun, Deb L	18 Schenectady Swim Club-AD		2:53.74	
27	Graham, Meg E	16 Schenectady Swim Club-AD		2:55.41	
28	Wilkinson, Melissa L	15 Glens Falls YMCA Gators-AD		2:57.59	
29	Cleworth, Maddie C	16 Schenectady Swim Club-AD		3:01.29	
30	Grygiel, Catherine C	15 Albany Starfish Swim Club-AD		3:02.06	
31	Ouyang, Annie W	16 Clifton Park-Halfmoon Piranhas-AD		3:03.03	
32	Sauter, Nicole M	17 Schenectady Swim Club-AD		3:09.79	
33	Evolo, Alexandria M	16 Clinton Cuda Swim Club-AD		3:25.79	
34	Marsh, Samantha A	10 Hawks-AD		3:29.70	

Event 96 Boys 200 LC Meter Backstroke

Meet Record: 2:10.79 # 7/29/2007 **Spencer S Booth** **SCHE-AD**
2009AD LC Di: 2:09.78 ! 7/25/2008 **Spencer Booth at 2008 Adironda** **SCHE-AD**
2009AD LC Re: 2:05.81 8/6/2009 **Spencer Booth at 2009 Speedo C** **SCHE-AD**

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1	Nichols, Troy R	18 Schenectady Swim Club-AD	2:20.94	2:13.46	16
2	Dyer, Frankie K	18 Albany Starfish Swim Club-AD	2:22.06	2:13.58	13
3	Nichols, Taylor P	15 Schenectady Swim Club-AD	2:19.79	2:18.53	12
4	Lednev, Alexander I	16 Delmar Dolphins Swim Club, Inc.-AD	2:22.11	2:20.42	11
5	Caron, Nolan J	17 Schenectady Swim Club-AD	2:22.19	2:20.76	10

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

A - Final ... (Event 96 Boys 200 LC Meter Backstroke)

Name	Age	Team	Prelim Time	Finals Time	Points
6 Sharkey, Dylan J	16	Schenectady Swim Club-AD	2:22.58	2:24.39	9

B - Final

7 Hooper, Nick R	15	Albany Starfish Swim Club-AD	2:28.04	2:22.28	7
8 MacDonald, Seth M	15	Clinton Cuda Swim Club-AD	2:27.00	2:23.17	5
9 Rappold, Timothy S	18	Schenectady Swim Club-AD	2:30.99	2:26.78	4
10 Noga, Nicholas W	17	Clinton Cuda Swim Club-AD	2:28.78	2:29.24	3
11 Sharkey, Liam C	18	Schenectady Swim Club-AD	2:36.37	2:29.57	2
12 Rolleston, Matthew D	15	Glens Falls YMCA Gators-AD	2:32.16	2:29.94	1

Event 96 Boys 200 LC Meter Backstroke

Meet Record:	2:10.79	#	7/29/2007	Spencer S Booth	SCHE-AD
2009AD LC Di:	2:09.78	!	7/25/2008	Spencer Booth at 2008 Adironda	SCHE-AD
2009AD LC Re:	2:05.81		8/6/2009	Spencer Booth at 2009 Speedo C	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Nichols, Taylor P	15	Schenectady Swim Club-AD		2:19.79 q
2 Nichols, Troy R	18	Schenectady Swim Club-AD		2:20.94 q
3 Dyer, Frankie K	18	Albany Starfish Swim Club-AD		2:22.06 q
4 Lednev, Alexander I	16	Delmar Dolphins Swim Club, Inc.-AD		2:22.11 q
5 Caron, Nolan J	17	Schenectady Swim Club-AD		2:22.19 q
6 Sharkey, Dylan J	16	Schenectady Swim Club-AD		2:22.58 q
7 Johnson, Jake C	19	Clifton Park-Halfmoon Piranhas-AD		2:23.12 q
8 MacDonald, Seth M	15	Clinton Cuda Swim Club-AD		2:27.00 q
9 Hooper, Nick R	15	Albany Starfish Swim Club-AD		2:28.04 q
10 Noga, Nicholas W	17	Clinton Cuda Swim Club-AD		2:28.78 q
11 Rappold, Timothy S	18	Schenectady Swim Club-AD		2:30.99 q
12 Rolleston, Matthew D	15	Glens Falls YMCA Gators-AD		2:32.16 q
13 Sharkey, Liam C	18	Schenectady Swim Club-AD		2:36.37
14 Strayer, Ethan C	16	Albany Starfish Swim Club-AD		2:38.92
15 Zyniecki, Reid M	15	Albany Starfish Swim Club-AD		2:38.96
16 Weiler, Joe D	17	Albany Starfish Swim Club-AD		2:39.94
17 Bullis, Andrew D	16	Schenectady Swim Club-AD		2:47.54
18 Mattice, Greg A	16	Schenectady Swim Club-AD		2:48.83
19 Ongkingco, Justin F	16	Swim Strong Aquatic Club-AD		2:49.26
20 Wei, Nathan J	15	Albany Starfish Swim Club-AD		3:05.13

Event 97 Girls 13-14 200 LC Meter Backstroke

Meet Record:	2:23.54	#	8/5/2001	Karly A Brooks	SCHE
2009AD LC Di:	2:23.54	!	8/3/2001	Karly Brooks at Adirondack Dis	SCHE-AD
2009AD LC Re:	2:20.81		8/10/1998	Tori Delollo	ALBS-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Beckford, Gabriela E	14	Albany Starfish Swim Club-AD	2:43.02	2:35.81	16
2 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD	2:42.21	2:36.51	13
3 Haraden, Karly J	14	Schenectady Swim Club-AD	2:42.28	2:36.73	12
4 Lenney, Morgan E	14	Albany Starfish Swim Club-AD	2:43.75	2:43.23	11
5 Wurth, Rachel E	14	Albany Starfish Swim Club-AD	2:46.81	2:45.22	10
6 Rupert, Emma E	13	So. Saratoga YMCA Barracudas-AD	2:49.06	2:46.54	9
B - Final					
7 Schmitz, Stef R	14	Schenectady Swim Club-AD	2:52.57	2:44.90	7
8 Barno, Katie M	14	Schenectady Swim Club-AD	2:49.22	2:48.18	5

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

B - Final ... (Event 97 Girls 13-14 200 LC Meter Backstroke)

Name	Age	Team	Prelim Time	Finals Time	Points
9 Wang, Jessica J	13	Albany Starfish Swim Club-AD	2:53.16	2:50.73	4
10 Pettit, Meghan K	14	Schenectady Swim Club-AD	2:52.70	2:52.05	3
11 Ferlo, Angela J	14	Schenectady Swim Club-AD	2:58.38	2:52.49	2
12 Gulitti, Emily R	14	Hawks-AD	3:05.68	3:00.31	1

Event 97 Girls 13-14 200 LC Meter Backstroke

Meet Record:	2:23.54	# 8/5/2001	Karly A Brooks	SCHE
2009AD LC Di:	2:23.54	! 8/3/2001	Karly Brooks at Adirondack Dis	SCHE-AD
2009AD LC Re:	2:20.81	8/10/1998	Tori Delollo	ALBS-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD		2:42.21	q
2 Haraden, Karly J	14	Schenectady Swim Club-AD		2:42.28	q
3 Beckford, Gabriela E	14	Albany Starfish Swim Club-AD		2:43.02	q
4 Lenney, Morgan E	14	Albany Starfish Swim Club-AD		2:43.75	q
5 Wurth, Rachel E	14	Albany Starfish Swim Club-AD		2:46.81	q
6 Pucciarelli, Julia M	14	Albany Starfish Swim Club-AD		2:47.65	q
*7 Moras, Kristen E	14	Adirondack Bluefins-AD		2:49.06	q
*7 Rupert, Emma E	13	So. Saratoga YMCA Barracudas-AD		2:49.06	q
9 Barno, Katie M	14	Schenectady Swim Club-AD		2:49.22	q
10 Schmitz, Stef R	14	Schenectady Swim Club-AD		2:52.57	q
11 Pettit, Meghan K	14	Schenectady Swim Club-AD		2:52.70	q
12 Wang, Jessica J	13	Albany Starfish Swim Club-AD		2:53.16	q
13 Noga, Stephanie L	14	Clinton Cuda Swim Club-AD		2:58.27	
14 Ferlo, Angela J	14	Schenectady Swim Club-AD		2:58.38	
15 Cowley, Hannah P	14	Schenectady Swim Club-AD		2:59.77	
16 Morgan, Stephanie V	13	Schenectady Swim Club-AD		3:00.24	
17 Bollinger, Hannah K	13	Clinton Cuda Swim Club-AD		3:00.83	
18 McElrath, Madelaine E	13	Albany Starfish Swim Club-AD		3:02.08	
19 Heyde, Julianne R	14	Albany Starfish Swim Club-AD		3:02.38	
20 Gulitti, Emily R	14	Hawks-AD		3:05.68	
21 Richer, Corinne H	14	Clinton Cuda Swim Club-AD		3:07.19	
22 Prestia, Nikki M	13	Hawks-AD		3:09.78	
23 Vandervort, Jenna L	13	Albany Starfish Swim Club-AD		3:10.14	
24 King, Emily R	14	Schenectady Swim Club-AD		3:10.23	
25 Smiljic, Evonna	13	Clinton Cuda Swim Club-AD		3:14.30	
26 Jesaitis, Kelsey I	13	Clifton Park-Halfmoon Piranhas-AD		3:15.20	
27 Risucci, Domenica N	13	Clinton Cuda Swim Club-AD		3:17.98	
28 Wei, Carissa L	13	Albany Starfish Swim Club-AD		3:20.22	
29 Cardillo, Miranda M	13	Clinton Cuda Swim Club-AD		3:44.08	
30 Nolan, Sarah A	13	Schenectady Swim Club-AD		3:52.52	

Event 98 Boys 13-14 200 LC Meter Backstroke

Meet Record:	2:20.88	# 7/1998	David Liebers - Sche	SCHENECTADY
2009AD LC Di:	2:13.71	! 7/30/1988	Jim Wells	LEAT-AD
2009AD LC Re:	2:09.59	8/10/1988	Jim Wells	LEAT-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Sharkey, Ryan P	14	Schenectady Swim Club-AD	2:27.70	2:23.03	16
2 Smith, Quinn P	14	Schenectady Swim Club-AD	2:30.70	2:27.22	13
3 Rowledge, Bobby B	14	Schenectady Swim Club-AD	2:32.33	2:34.27	12

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

A - Final ... (Event 98 Boys 13-14 200 LC Meter Backstroke)

Name	Age	Team	Prelim Time	Finals Time	Points
4 Karlok, Dylan J	14	Albany Starfish Swim Club-AD	2:43.23	2:37.46	11
5 Beaudoin, Brandon T	14	Schenectady Swim Club-AD	2:41.04	2:40.77	10
6 Gulitti, Nicholas R	14	Hawks-AD	2:41.43	2:42.36	9

B - Final

7 Frandsen, Garret E	14	Glens Falls YMCA Gators-AD	2:44.80	2:41.48	7
8 Chalermkraivuth, James	14	Albany Starfish Swim Club-AD	2:46.66	2:42.02	5
9 Bullis, Grant R	14	Schenectady Swim Club-AD	2:44.27	2:43.59	4
10 Goodspeed, Evan J	13	Duanesburg Electric Eels-AD	2:47.21	2:46.90	3
11 Rifkind, Mitchell A	14	Hawks-AD	2:55.66	2:53.69	2
12 Rowley, Benjamin E	13	Greater Glens Falls Flyers-AD	2:53.21	2:55.68	1

Event 98 Boys 13-14 200 LC Meter Backstroke

Meet Record:	2:20.88	#	7/1998	David Liebers - Sche	SCHENECTADY
2009AD LC Di:	2:13.71	!	7/30/1988	Jim Wells	LEAT-AD
2009AD LC Re:	2:09.59		8/10/1988	Jim Wells	LEAT-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Sharkey, Ryan P	14	Schenectady Swim Club-AD		2:27.70	q
2 Gordon, Ryan D	14	Albany Starfish Swim Club-AD		2:28.76	q
3 Smith, Quinn P	14	Schenectady Swim Club-AD		2:30.70	q
4 Rowledge, Bobby B	14	Schenectady Swim Club-AD		2:32.33	q
5 Beaudoin, Brandon T	14	Schenectady Swim Club-AD		2:41.04	q
6 Gulitti, Nicholas R	14	Hawks-AD		2:41.43	q
7 Karlok, Dylan J	14	Albany Starfish Swim Club-AD		2:43.23	q
8 Bullis, Grant R	14	Schenectady Swim Club-AD		2:44.27	q
9 Frandsen, Garret E	14	Glens Falls YMCA Gators-AD		2:44.80	q
10 Chalermkraivuth, James	14	Albany Starfish Swim Club-AD		2:46.66	q
11 Goodspeed, Evan J	13	Duanesburg Electric Eels-AD		2:47.21	q
12 Rowley, Benjamin E	13	Greater Glens Falls Flyers-AD		2:53.21	q
13 Strayer, Aidan H	13	Albany Starfish Swim Club-AD		2:53.96	
14 Rifkind, Mitchell A	14	Hawks-AD		2:55.66	
15 Duguay, Tylor M	14	Glens Falls YMCA Gators-AD		2:58.13	
16 Colby, Brennan J	14	Schenectady Swim Club-AD		3:03.82	
17 Kuyl, Emile V	13	Hawks-AD		3:05.33	
18 Costello, Zack S	13	Albany Starfish Swim Club-AD		3:08.71	
19 Adeson, Jonah E	13	Glens Falls YMCA Gators-AD		3:13.56	
20 Burdge, Eric J	13	Clifton Park-Halfmoon Piranhas-AD		3:19.00	

Event 99 Girls 11-12 100 LC Meter Backstroke

Meet Record:	1:12.27	#	7/1996	Tori Delollo - Albs	ALBANY STARFISH
2009AD LC Di:	1:11.14	!	7/30/1993	Erin Lanzafame	CLIN-AD
2009AD LC Re:	1:11.14		7/30/1993	Erin Lanzafame	CLIN-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Samson, Julia E	12	Albany Starfish Swim Club-AD	1:13.81	1:14.29	16
2 Caron, Allison M	12	Schenectady Swim Club-AD	1:19.00	1:17.13	13
3 Sandwick, Samantha K	12	Albany Starfish Swim Club-AD	1:18.49	1:17.90	12
4 Nelson, Rebecca M	12	Duanesburg Electric Eels-AD	1:21.69	1:21.16	11
5 Blom, Danielle M	12	Clinton Cuda Swim Club-AD	1:19.96	1:21.80	10
6 LaQue, Sydney L	12	Schenectady Swim Club-AD	1:22.56	1:24.10	9

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

B - Final ... (Event 99 Girls 11-12 100 LC Meter Backstroke)

Name	Age	Team	Prelim Time	Finals Time	Points
B - Final					
7 Kolakowski, Elle L	12	Schenectady Swim Club-AD	1:22.96	1:22.02	7
8 Killane, Tarah M	12	Clifton Park-Halfmoon Piranhas-AD	1:24.47	1:23.20	5
9 Brook, Sabrina M	12	Schenectady Swim Club-AD	1:28.68	1:26.58	4
10 March, Nicole D	12	Albany Starfish Swim Club-AD	1:25.87	1:26.98	3
11 Moruzzi, Samantha A	12	So. Saratoga YMCA Barracudas-AD	1:26.67	1:27.14	2
12 Stebbins-Hopkins, Olivia J	11	Unattached-AD	1:29.43	1:31.53	1

Event 99 Girls 11-12 100 LC Meter Backstroke

Meet Record:	1:12.27	# 7/1996	Tori Delollo - Albs	ALBANY STARFISH
2009AD LC Di:	1:11.14	! 7/30/1993	Erin Lanzafame	CLIN-AD
2009AD LC Re:	1:11.14	7/30/1993	Erin Lanzafame	CLIN-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Samson, Julia E	12	Albany Starfish Swim Club-AD		1:13.81 q
2 Sandwick, Samantha K	12	Albany Starfish Swim Club-AD		1:18.49 q
3 Caron, Allison M	12	Schenectady Swim Club-AD		1:19.00 q
4 Blom, Danielle M	12	Clinton Cuda Swim Club-AD		1:19.96 q
5 Nelson, Rebecca M	12	Duanesburg Electric Eels-AD		1:21.69 q
6 LaQue, Sydney L	12	Schenectady Swim Club-AD		1:22.56 q
7 Kolakowski, Elle L	12	Schenectady Swim Club-AD		1:22.96 q
8 Fung, Natasha Y	11	Albany Starfish Swim Club-AD		1:23.70 q
9 Killane, Tarah M	12	Clifton Park-Halfmoon Piranhas-AD		1:24.47 q
10 March, Nicole D	12	Albany Starfish Swim Club-AD		1:25.87 q
11 Moruzzi, Samantha A	12	So. Saratoga YMCA Barracudas-AD		1:26.67 q
12 Brook, Sabrina M	12	Schenectady Swim Club-AD		1:28.68 q
13 Stebbins-Hopkins, Olivia J	11	Unattached-AD		1:29.43
14 Williams, Annie K	11	Glens Falls YMCA Gators-AD		1:29.85
15 Evans, Sarah R	12	Albany Starfish Swim Club-AD		1:30.34
16 Decker, Haley P	12	Clinton Cuda Swim Club-AD		1:30.94
17 Sullivan, Shea E	12	Schenectady Swim Club-AD		1:31.30
18 McGee, Emma K	11	Schenectady Swim Club-AD		1:31.59
19 Bacon, Miranda A	11	Schenectady Swim Club-AD		1:31.90
20 Griffith, Emma C	12	Albany Starfish Swim Club-AD		1:32.79
21 Falasco, Gabriella A	12	Glens Falls YMCA Gators-AD		1:33.64
22 Misener, Riley M	11	Schenectady Swim Club-AD		1:33.83
23 Barno, Emily R	11	Schenectady Swim Club-AD		1:34.68
24 McMichael, Chelsey N	12	New Hartford Aquatics-AD		1:34.82
25 Sheppard, Braylin E	11	New Hartford Aquatics-AD		1:35.24
26 Miskewicz, Catrin C	12	Delmar Dolphins Swim Club, Inc.-AD		1:35.81
27 Larkin, Maggie H	11	Albany Starfish Swim Club-AD		1:38.58
28 LaFlamme, Darby L	11	Albany Starfish Swim Club-AD		1:42.33
29 Cardillo, Alexa L	12	Clinton Cuda Swim Club-AD		1:43.43
30 Marsh, Caelan L	12	Hawks-AD		1:45.06
31 Gossin, Camille E	11	Clinton Cuda Swim Club-AD		1:45.95
32 Hyde, Abigail L	11	Clinton Cuda Swim Club-AD		1:47.85
33 Hale, Georgia L	12	Swim Strong Aquatic Club-AD		1:47.87
34 Caher, Norah K	11	Clifton Park-Halfmoon Piranhas-AD		1:48.89
35 Zegger, Cate Q	11	Schenectady Swim Club-AD		1:53.64
36 Lecakes, Kyra E	12	Albany Starfish Swim Club-AD		1:54.60
37 Waddell, Maddie R	11	Clifton Park-Halfmoon Piranhas-AD		1:58.74

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Preliminaries ... (Event 99 Girls 11-12 100 LC Meter Backstroke)

Name	Age	Team	Seed Time	Prelim Time
38 Chen, Melanie A	12	Clifton Park-Halfmoon Piranhas-AD		2:05.38
--- Dontino, Taylor M	11	New Hartford Aquatics-AD		DQ
--- Stevens, Ali V	11	Hawks-AD		DQ
--- Butkowski, Tawnie M	12	Greater Glens Falls Flyers-AD		DQ

Event 100 Boys 11-12 100 LC Meter Backstroke

Meet Record:	1:07.34	#	7/1986	Jim Wells - Leat	LEATHERSTOCKING
2009AD LC Di:	1:07.34	!	8/1/1986	Jim Wells	LEAT-AD
2009AD LC Re:	1:06.52		8/10/1986	Jim Wells	LEAT-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Trzewik-Quinn, Seamus	11	Hawks-AD	1:15.72	1:14.16	16
2 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD	1:16.68	1:15.94	13
3 McColgan, Jimmy K	12	Hawks-AD	1:19.00	1:20.04	12
4 Farmer, Noah J	12	Clinton Cuda Swim Club-AD	1:19.38	1:20.77	11
5 Walton, Matthew T	12	Greater Glens Falls Flyers-AD	1:20.61	1:21.72	10
6 Davis, Clark J	12	Schenectady Swim Club-AD	1:21.48	1:22.68	9
B - Final					
7 Gordon, Luther W	12	Albany Starfish Swim Club-AD	1:22.28	1:20.16	7
8 Buckingham, Erik K	12	Clinton Cuda Swim Club-AD	1:22.22	1:21.33	5
9 Ludeke, Chris E	12	Schenectady Swim Club-AD	1:22.35	1:23.69	4
10 Salis, Thomas W	11	Glens Falls YMCA Gators-AD	1:26.82	1:27.11	3
11 Cleworth, Calvin W	12	Schenectady Swim Club-AD	1:26.87	1:27.57	2
12 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD	1:22.98	1:33.08	1

Event 100 Boys 11-12 100 LC Meter Backstroke

Meet Record:	1:07.34	#	7/1986	Jim Wells - Leat	LEATHERSTOCKING
2009AD LC Di:	1:07.34	!	8/1/1986	Jim Wells	LEAT-AD
2009AD LC Re:	1:06.52		8/10/1986	Jim Wells	LEAT-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Trzewik-Quinn, Seamus	11	Hawks-AD		1:15.72 q
2 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD		1:16.68 q
3 McColgan, Jimmy K	12	Hawks-AD		1:19.00 q
4 Farmer, Noah J	12	Clinton Cuda Swim Club-AD		1:19.38 q
5 Walton, Matthew T	12	Greater Glens Falls Flyers-AD		1:20.61 q
6 Davis, Clark J	12	Schenectady Swim Club-AD		1:21.48 q
7 Buckingham, Erik K	12	Clinton Cuda Swim Club-AD		1:22.22 q
8 Gordon, Luther W	12	Albany Starfish Swim Club-AD		1:22.28 q
9 Ludeke, Chris E	12	Schenectady Swim Club-AD		1:22.35 q
10 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD		1:22.98 q
11 Salis, Thomas W	11	Glens Falls YMCA Gators-AD		1:26.82 q
12 Cleworth, Calvin W	12	Schenectady Swim Club-AD		1:26.87 q
13 Hess, Brian H	12	Hawks-AD		1:27.30
14 Sausto, Dan J	11	Albany Starfish Swim Club-AD		1:27.91
15 Miao, Frank Z	12	Albany Starfish Swim Club-AD		1:28.57
16 Migliorato, Shawn P	11	Hawks-AD		1:28.91
17 Haraden, Jesse A	12	Schenectady Swim Club-AD		1:29.13
18 Colby, Bryan R	12	Schenectady Swim Club-AD		1:29.26
19 Draper, Bobby P	12	Clinton Cuda Swim Club-AD		1:29.38
20 Sweeney, Sean P	12	Hawks-AD		1:30.23

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****Preliminaries ... (Event 100 Boys 11-12 100 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
21 Mosier, John D	12	Duanesburg Electric Eels-AD		1:34.10
22 Ouyang, Andy H	12	Clifton Park-Halfmoon Piranhas-AD		1:39.82
23 Tozier, Ian D	11	Clifton Park-Halfmoon Piranhas-AD		1:40.12
24 Noeker, Brian S	11	Schenectady Swim Club-AD		1:41.52
25 Wilkinson, Matthew J	11	Glens Falls YMCA Gators-AD		1:43.32
26 Pritchard, Robert R	11	Albany Starfish Swim Club-AD		1:46.10
27 Cazer, Benjamin J	12	Albany Starfish Swim Club-AD		1:46.17
28 Wilkerson, Noah C	12	Albany Starfish Swim Club-AD		1:50.01
29 Dixon, Tristan C	12	Duanesburg Electric Eels-AD		1:51.87
30 Argentine, Leonard J	11	Clinton Cuda Swim Club-AD		1:52.92
31 Lampman, Jack R	12	Albany Starfish Swim Club-AD		1:53.78
32 Kennedy, Levi C	11	Hawks-AD		2:10.55
--- Turecky, Filip	11	Ravena Swim Club Inc.-AD		DQ

Event 101 Girls 10 & Under 100 LC Meter Backstroke

Meet Record: 1:19.90 # 7/1998				Kailey Morris - Albs	ALBANY STARFISH
Name	Age	Team	Finals Time	Points	
1 Serotta, Lauren M	10	Albany Starfish Swim Club-AD	1:24.38	16	
2 Dixon, Alexandra M	10	Duanesburg Electric Eels-AD	1:26.68	13	
3 Lau, Christina N	10	Albany Starfish Swim Club-AD	1:31.09	12	
4 Morgan, Liz P	10	Schenectady Swim Club-AD	1:32.73	11	
5 Smith, Bailey C	10	Schenectady Swim Club-AD	1:35.44	10	
6 Madden, Sydney A	10	Clinton Cuda Swim Club-AD	1:35.81	9	
7 Misener, Jacqueline M	9	Schenectady Swim Club-AD	1:36.09	7	
8 Falvo, Alexis E	10	Clinton Cuda Swim Club-AD	1:37.56	5	
9 Stansbury, Clare E	10	Albany Starfish Swim Club-AD	1:38.24	4	
10 Nelson, Olivia K	10	Duanesburg Electric Eels-AD	1:38.27	3	
11 Walters, Julia G	10	Albany Starfish Swim Club-AD	1:38.31	2	
12 Pepe, Makayla M	10	New Hartford Aquatics-AD	1:39.45	1	
13 Marsh, Samantha A	10	Hawks-AD	1:40.17		
*14 Moruzzi, Anne F	10	So. Saratoga YMCA Barracudas-AD	1:42.55		
*14 Bushway, Isabel M	9	Albany Starfish Swim Club-AD	1:42.55		
16 Dontino, Amanda R	9	New Hartford Aquatics-AD	1:43.00		
17 McGraw, Caroline B	9	Albany Starfish Swim Club-AD	1:43.65		
18 Braga, Dana D	10	Albany Starfish Swim Club-AD	1:44.73		
19 Cazer, Kelly A	10	Albany Starfish Swim Club-AD	1:44.83		
20 Paige, Kamryn M	10	Duanesburg Electric Eels-AD	1:47.22		
21 Zwijacz, Alexei N	9	So. Saratoga YMCA Barracudas-AD	1:47.61		
22 Wurth, Kristen S	10	Albany Starfish Swim Club-AD	1:48.99		
23 Hamlin, Katherine S	10	Clinton Cuda Swim Club-AD	1:51.09		
24 Woods, Samantha N	10	Clifton Park-Halfmoon Piranhas-AD	1:51.31		
25 Conway, MaryKate K	8	Schenectady Swim Club-AD	1:51.33		
26 Lipkin, Elaine M	10	Albany Starfish Swim Club-AD	1:51.57		
27 Wadsworth, Taylor E	9	Albany Starfish Swim Club-AD	1:51.83		
28 Draper, Marian E	10	Clinton Cuda Swim Club-AD	1:52.12		
29 Matoske, Angelica M	9	Albany Starfish Swim Club-AD	1:52.53		
30 Whitney, Sierra G	10	Albany Starfish Swim Club-AD	1:53.92		
31 Mizbani, Mariah C	10	Albany Starfish Swim Club-AD	1:53.94		
32 Bacon, Abby P	9	Schenectady Swim Club-AD	1:55.73		
33 Jensen, Jordan G	8	Schenectady Swim Club-AD	1:57.92		
34 Pelaez, Isabel B	10	Albany Starfish Swim Club-AD	2:03.43		
35 Spooneybarger, Morgan C	8	Swim Strong Aquatic Club-AD	2:11.44		

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

(Event 101 Girls 10 & Under 100 LC Meter Backstroke)

Name	Age	Team	Finals Time	Points
36 Spooneybarger, Chloe M	8	Swim Strong Aquatic Club-AD	2:23.97	
--- Pritchard, Jane Y	10	Albany Starfish Swim Club-AD	SCR	

Event 102 Boys 10 & Under 100 LC Meter Backstroke

Meet Record:	1:19.28	#	7/1993	Jesse Cort - King	KINGSTON		
Name	Age	Team	Finals Time	Points			
1 Zwijacz, Zachary A	10	So. Saratoga YMCA Barracudas-AD	1:21.18	16			
2 Haraden, Dylan T	10	Schenectady Swim Club-AD	1:38.20	13			
3 Hale, Josh C	9	Swim Strong Aquatic Club-AD	1:39.88	12			
4 McElrath, Ian T	10	Albany Starfish Swim Club-AD	1:41.97	11			
5 Kaltak, Kevin S	10	Clinton Cuda Swim Club-AD	1:42.79	10			
6 Trzewik-Quinn, Tadeusz K	8	Hawks-AD	1:46.33	9			
7 Liu, Stanley	10	Albany Starfish Swim Club-AD	1:46.73	7			
8 Zhou, Allen G	9	Albany Starfish Swim Club-AD	1:47.98	5			
9 Arazi, Yannai R	9	Schenectady Swim Club-AD	1:50.28	4			
10 Chen, James H	10	Albany Starfish Swim Club-AD	1:50.54	3			
11 Carlos, Thanny J	8	Swim Strong Aquatic Club-AD	1:52.79	2			
12 Kuyl, Leo	9	Hawks-AD	1:53.53	1			
13 Galvin, Michael J	10	Albany Starfish Swim Club-AD	1:56.03				
14 LaFlamme, Owen C	10	Albany Starfish Swim Club-AD	1:56.10				
15 Ren, Erik Z	10	Albany Starfish Swim Club-AD	1:58.36				
16 Wilkinson, Ryan J	9	Glens Falls YMCA Gators-AD	1:59.44				
17 Grygiel, Bobby M	10	Albany Starfish Swim Club-AD	2:02.34				
18 Haraden, Brady J	8	Schenectady Swim Club-AD	2:14.53				
--- Doyle, Connor H	10	Delmar Dolphins Swim Club, Inc.-AD	DQ				
--- Smiljic, Alex	10	Clinton Cuda Swim Club-AD	DQ				
--- Goodspeed, Cameron J	8	Duanesburg Electric Eels-AD	DQ				
--- Ward, Scott T	8	Albany Starfish Swim Club-AD	DQ				

Event 103 Girls 100 LC Meter Freestyle

Meet Record:	59.95	#	7/29/2007	Emily Murphy	Colgate		
2009AD LC Di:	57.40	!	7/7/1996	Richelle Depold	CDAC-AD		
2009AD LC Re:	57.28		7/30/1990	Richelle Depold	COLO-AD		
Name	Age	Team	Prelim Time	Finals Time	Points		
A - Final							
1 Samson, Olivia N	16	Albany Starfish Swim Club-AD	1:02.62	1:00.91	16		
2 Zhou, Kina Y	15	Albany Starfish Swim Club-AD	1:02.29	1:01.01	13		
3 Hooper, Aimee J	16	Albany Starfish Swim Club-AD	1:01.60	1:01.12	12		
4 Orr, Katie E	15	Albany Starfish Swim Club-AD	1:02.70	1:02.88	11		
5 Liu, Lisa	15	Albany Starfish Swim Club-AD	1:03.44	1:03.11	10		
6 Terwilliger, Emma K	15	Albany Starfish Swim Club-AD	1:03.67	1:03.26	9		
B - Final							
7 Jordan, Maggie A	15	Schenectady Swim Club-AD	1:04.15	1:02.23	7		
8 Whitaker, Emily E	17	Albany Starfish Swim Club-AD	1:03.71	1:03.18	5		
9 Melnik, Amy E	16	Albany Starfish Swim Club-AD	1:04.57	1:03.68	4		
10 Beckford, Kiersten B	16	Albany Starfish Swim Club-AD	1:04.46	1:03.81	3		
11 Rowe, Katie A	16	Schenectady Swim Club-AD	1:03.76	1:04.12	2		
12 Hyde, Emily A	16	Clinton Cuda Swim Club-AD	1:04.55	1:05.15	1		

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****Event 103 Girls 100 LC Meter Freestyle**

Meet Record:	59.95	#	7/29/2007	Emily Murphy	Colgate
2009AD LC Di:	57.40	!	7/7/1996	Richelle Depold	CDAC-AD
2009AD LC Re:	57.28		7/30/1990	Richelle Depold	COLO-AD

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Hooper, Aimee J	16	Albany Starfish Swim Club-AD		1:01.60 q
2	Zhou, Kina Y	15	Albany Starfish Swim Club-AD		1:02.29 q
3	Samson, Olivia N	16	Albany Starfish Swim Club-AD		1:02.62 q
4	Orr, Katie E	15	Albany Starfish Swim Club-AD		1:02.70 q
5	Liu, Lisa	15	Albany Starfish Swim Club-AD		1:03.44 q
6	Bopp, Amy L	15	Schenectady Swim Club-AD		1:03.61 q
7	Terwilliger, Emma K	15	Albany Starfish Swim Club-AD		1:03.67 q
8	Whitaker, Emily E	17	Albany Starfish Swim Club-AD		1:03.71 q
9	Rowe, Katie A	16	Schenectady Swim Club-AD		1:03.76 q
10	Bickel, Jenna R	16	Delmar Dolphins Swim Club, Inc.-AD		1:03.91 q
11	Jordan, Maggie A	15	Schenectady Swim Club-AD		1:04.15 q
12	Beckford, Kiersten B	16	Albany Starfish Swim Club-AD		1:04.46 q
13	Hyde, Emily A	16	Clinton Cuda Swim Club-AD		1:04.55
14	Melnik, Amy E	16	Albany Starfish Swim Club-AD		1:04.57
15	Smachlo, Julia P	15	Albany Starfish Swim Club-AD		1:04.88
16	Powhida, Bethany C	16	Delmar Dolphins Swim Club, Inc.-AD		1:04.90
17	Powell, Lily F	18	Delmar Dolphins Swim Club, Inc.-AD		1:06.30
18	Higgins, Kristin E	16	Glens Falls YMCA Gators-AD		1:06.50
19	O'Donnell, Katie E	20	Delmar Dolphins Swim Club, Inc.-AD		1:06.51
20	Sternbach, Talia J	15	Albany Starfish Swim Club-AD		1:06.82
21	Hallam, Dana L	17	Albany Starfish Swim Club-AD		1:06.92
22	MacDonald, Hanlon M	16	Delmar Dolphins Swim Club, Inc.-AD		1:07.14
23	Barbour, Kelsey T	18	Schenectady Swim Club-AD		1:07.19
24	O'Donnell, Tara K	15	Delmar Dolphins Swim Club, Inc.-AD		1:07.44
25	McFadden, Sara B	18	Schenectady Swim Club-AD		1:07.88
26	Walters, Tess T	15	Albany Starfish Swim Club-AD		1:07.94
27	Ludeke, Erin M	18	Schenectady Swim Club-AD		1:08.13
28	Jesaitis, Katie I	17	Clifton Park-Halfmoon Piranhas-AD		1:08.14
29	Korzun, Deb L	18	Schenectady Swim Club-AD		1:08.32
30	Ludeke, Kelly E	16	Schenectady Swim Club-AD		1:08.37
31	Wilcox, Mackenzie L	17	Clifton Park-Halfmoon Piranhas-AD		1:08.42
32	Romanov, Katie G	15	Schenectady Swim Club-AD		1:08.49
33	Duchesne, Courtney M	18	Schenectady Swim Club-AD		1:08.81
34	Murphy, Kenna R	19	Schenectady Swim Club-AD		1:09.32
35	Grygiel, Catherine C	15	Albany Starfish Swim Club-AD		1:09.62
36	Prendeville, Hanna M	16	Glens Falls YMCA Gators-AD		1:09.80
37	Hoskinson, Emily M	18	Schenectady Swim Club-AD		1:10.93
38	Wilkinson, Melissa L	15	Glens Falls YMCA Gators-AD		1:11.29
39	Marilley, Alex T	16	Swim Strong Aquatic Club-AD		1:12.57
40	Ouyang, Annie W	16	Clifton Park-Halfmoon Piranhas-AD		1:12.71
41	Graham, Meg E	16	Schenectady Swim Club-AD		1:13.29
42	Evolo, Alexandria M	16	Clinton Cuda Swim Club-AD		1:14.10
43	Sauter, Nicole M	17	Schenectady Swim Club-AD		1:14.63
44	Chen, Jessica A	15	Albany Starfish Swim Club-AD		1:16.45
45	Cleworth, Maddie C	16	Schenectady Swim Club-AD		1:17.22
---	Buyaskas, Kelly A	15	Schenectady Swim Club-AD		SCR

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Event 104 Boys 100 LC Meter Freestyle

Meet Record: 54.83 # 7/29/2007 Jacob Johnson SCHE-AD
 2009AD LC Di: 52.76 ! 8/7/1988 Lou Dearstynne GOTH-MR
 2009AD LC Re: 51.51 8/6/2009 Spencer Booth at 2009 Speedo C SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Dyer, Frankie K	18	Albany Starfish Swim Club-AD	56.44	53.68#	16
2 Dugan, Mike R	18	Albany Starfish Swim Club-AD	55.83	54.61 #	13
3 Nichols, Troy R	18	Schenectady Swim Club-AD	56.69	55.62	12
4 Lanzi, Antonio J	16	Albany Starfish Swim Club-AD	56.83	56.50	11
5 Kalish, Alex C	21	Schenectady Swim Club-AD	57.04	57.04	10
6 DeMaria, Frankie M	18	Albany Starfish Swim Club-AD	57.71	1:00.99	9
B - Final					
7 Romanov, Greg W	17	Schenectady Swim Club-AD	59.50	57.81	7
8 Lednev, Alexander I	16	Delmar Dolphins Swim Club, Inc.-AD	58.80	58.03	5
9 Rohr, Alex F	20	Schenectady Swim Club-AD	59.79	58.52	4
10 Hooper, Nick R	15	Albany Starfish Swim Club-AD	59.71	59.02	3
11 Noga, Nicholas W	17	Clinton Cuda Swim Club-AD	58.36	59.08	2
12 Boese, Sam S	16	Albany Starfish Swim Club-AD	59.04	59.41	1

Event 104 Boys 100 LC Meter Freestyle

Meet Record: 54.83 # 7/29/2007 Jacob Johnson SCHE-AD
 2009AD LC Di: 52.76 ! 8/7/1988 Lou Dearstynne GOTH-MR
 2009AD LC Re: 51.51 8/6/2009 Spencer Booth at 2009 Speedo C SCHE-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Dugan, Mike R	18	Albany Starfish Swim Club-AD		55.83 q
2 Johnson, Jake C	19	Clifton Park-Halfmoon Piranhas-AD		56.06 q
3 Dyer, Frankie K	18	Albany Starfish Swim Club-AD		56.44 q
4 Nichols, Troy R	18	Schenectady Swim Club-AD		56.69 q
5 Lanzi, Antonio J	16	Albany Starfish Swim Club-AD		56.83 q
6 Kalish, Alex C	21	Schenectady Swim Club-AD		57.04 q
7 DeMaria, Frankie M	18	Albany Starfish Swim Club-AD		57.71 q
8 Noga, Nicholas W	17	Clinton Cuda Swim Club-AD		58.36 q
9 Lednev, Alexander I	16	Delmar Dolphins Swim Club, Inc.-AD		58.80 q
10 Boese, Sam S	16	Albany Starfish Swim Club-AD		59.04 q
11 Romanov, Greg W	17	Schenectady Swim Club-AD		59.50 q
12 Hooper, Nick R	15	Albany Starfish Swim Club-AD		59.71 q
13 Rohr, Alex F	20	Schenectady Swim Club-AD		59.79
14 MacDonald, Seth M	15	Clinton Cuda Swim Club-AD		59.82
15 Smachlo, Alex A	17	Albany Starfish Swim Club-AD		59.86
*16 Sharkey, Dylan J	16	Schenectady Swim Club-AD		1:00.07
*16 Ongkingco, Justin F	16	Swim Strong Aquatic Club-AD		1:00.07
18 Rolleston, Matthew D	15	Glens Falls YMCA Gators-AD		1:00.31
19 Resila, Nate J	18	Albany Starfish Swim Club-AD		1:00.33
20 Nichols, Taylor P	15	Schenectady Swim Club-AD		1:00.58
21 Moscatello, Nick J	18	Albany Starfish Swim Club-AD		1:01.94
22 Sharkey, Liam C	18	Schenectady Swim Club-AD		1:02.52
23 Barno, Michael R	18	Schenectady Swim Club-AD		1:02.98
24 Bullis, Andrew D	16	Schenectady Swim Club-AD		1:03.62
25 Weiler, Joe D	17	Albany Starfish Swim Club-AD		1:03.84
26 Zyniecki, Reid M	15	Albany Starfish Swim Club-AD		1:04.23

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Preliminaries ... (Event 104 Boys 100 LC Meter Freestyle)

Name	Age	Team	Seed Time	Prelim Time
27 Caron, Nolan J	17	Schenectady Swim Club-AD		1:04.55
28 Rappold, Timothy S	18	Schenectady Swim Club-AD		1:04.84
29 Nelson, Cody T	16	Duanesburg Electric Eels-AD		1:05.80
30 Mattice, Greg A	16	Schenectady Swim Club-AD		1:07.78
31 Wei, Nathan J	15	Albany Starfish Swim Club-AD		1:10.05
32 Strayer, Ethan C	16	Albany Starfish Swim Club-AD		1:10.07

Event 105 Girls 13-14 100 LC Meter Freestyle

Meet Record:	1:01.91	#	7/1998	Laura Hotaling - Albs	ALBANY STARFISH
2009AD LC Di:	59.87	!	6/29/2001	Emily M. Murphy at Clinton Cud	RACE-NI
2009AD LC Re:	1:00.30		8/6/2009	Maggie Jordan at 2009 Speedo C	SCHE-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Beckford, Gabriela E	14	Albany Starfish Swim Club-AD	1:04.39	1:02.52	16
2 Cahill, Kaitlin E	14	Albany Starfish Swim Club-AD	1:05.23	1:03.52	13
3 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD	1:04.77	1:04.09	12
4 Rupert, Emma E	13	So. Saratoga YMCA Barracudas-AD	1:06.95	1:05.63	11
5 Dougherty, Erin B	14	Albany Starfish Swim Club-AD	1:07.71	1:08.05	10
6 Pucciarelli, Julia M	14	Albany Starfish Swim Club-AD	1:07.80	1:08.25	9
B - Final					
7 McElrath, Madelaine E	13	Albany Starfish Swim Club-AD	1:08.35	1:06.91	7
8 Lenney, Morgan E	14	Albany Starfish Swim Club-AD	1:08.50	1:07.44	5
9 Pettit, Meghan K	14	Schenectady Swim Club-AD	1:08.86	1:07.45	4
10 Heyde, Julianne R	14	Albany Starfish Swim Club-AD	1:09.47	1:08.49	3
11 Haraden, Karly J	14	Schenectady Swim Club-AD	1:09.65	1:09.73	2
12 Barno, Katie M	14	Schenectady Swim Club-AD	1:10.23	1:11.54	1

Event 105 Girls 13-14 100 LC Meter Freestyle

Meet Record:	1:01.91	#	7/1998	Laura Hotaling - Albs	ALBANY STARFISH
2009AD LC Di:	59.87	!	6/29/2001	Emily M. Murphy at Clinton Cud	RACE-NI
2009AD LC Re:	1:00.30		8/6/2009	Maggie Jordan at 2009 Speedo C	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Beckford, Gabriela E	14	Albany Starfish Swim Club-AD		1:04.39 q
2 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD		1:04.77 q
3 Cahill, Kaitlin E	14	Albany Starfish Swim Club-AD		1:05.23 q
4 Rupert, Emma E	13	So. Saratoga YMCA Barracudas-AD		1:06.95 q
5 Dougherty, Erin B	14	Albany Starfish Swim Club-AD		1:07.71 q
6 Pucciarelli, Julia M	14	Albany Starfish Swim Club-AD		1:07.80 q
7 McElrath, Madelaine E	13	Albany Starfish Swim Club-AD		1:08.35 q
8 Lenney, Morgan E	14	Albany Starfish Swim Club-AD		1:08.50 q
9 Pettit, Meghan K	14	Schenectady Swim Club-AD		1:08.86 q
10 Heyde, Julianne R	14	Albany Starfish Swim Club-AD		1:09.47 q
11 Haraden, Karly J	14	Schenectady Swim Club-AD		1:09.65 q
12 Barno, Katie M	14	Schenectady Swim Club-AD		1:10.23 q
13 Ferlo, Angela J	14	Schenectady Swim Club-AD		1:10.27
14 Marshall, Natalie C	14	Greater Glens Falls Flyers-AD		1:10.64
15 Noga, Stephanie L	14	Clinton Cuda Swim Club-AD		1:11.00
16 Schmitz, Stef R	14	Schenectady Swim Club-AD		1:11.07
17 Moras, Kristen E	14	Adirondack Bluefins-AD		1:11.35
18 Schwarz, Susie D	13	Albany Starfish Swim Club-AD		1:11.41

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Preliminaries ... (Event 105 Girls 13-14 100 LC Meter Freestyle)

Name	Age	Team	Seed Time	Prelim Time
19 Bollinger, Hannah K	13	Clinton Cuda Swim Club-AD		1:11.55
20 Wurth, Rachel E	14	Albany Starfish Swim Club-AD		1:12.10
21 Eisnor, Elizabeth L	14	Clifton Park-Halfmoon Piranhas-AD		1:12.30
22 Gulitti, Emily R	14	Hawks-AD		1:12.63
23 Cowley, Hannah P	14	Schenectady Swim Club-AD		1:13.53
24 Vandervort, Jenna L	13	Albany Starfish Swim Club-AD		1:15.06
25 Morgan, Stephanie V	13	Schenectady Swim Club-AD		1:15.27
26 Resila, Stephanie L	14	Albany Starfish Swim Club-AD		1:15.49
27 Richer, Corinne H	14	Clinton Cuda Swim Club-AD		1:15.55
28 King, Emily R	14	Schenectady Swim Club-AD		1:15.74
29 Marilley, Julia M	13	Swim Strong Aquatic Club-AD		1:18.06
30 Jesaitis, Kelsey I	13	Clifton Park-Halfmoon Piranhas-AD		1:18.81
31 Smiljic, Evonna	13	Clinton Cuda Swim Club-AD		1:19.45
32 Prestia, Nikki M	13	Hawks-AD		1:19.74
33 Weaver, Mary Kate C	14	Uncle Sam Swim Club-AD		1:19.77
34 Wei, Carissa L	13	Albany Starfish Swim Club-AD		1:20.66
35 Risucci, Domenica N	13	Clinton Cuda Swim Club-AD		1:22.44
36 Cardillo, Miranda M	13	Clinton Cuda Swim Club-AD		1:29.21
37 Nolan, Sarah A	13	Schenectady Swim Club-AD		1:48.30

Event 106 Boys 13-14 100 LC Meter Freestyle

Meet Record:	56.31	#	8/1988	Jim Wells - Leat	LEATHERSTOCKING
2009AD LC Di:	56.31	!	8/1/1988	Jim Wells	LEAT-AD
2009AD LC Re:	55.14		8/10/1988	Jim Wells	LEAT-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Smith, Quinn P	14	Schenectady Swim Club-AD	1:00.55	58.78	16
2 Gordon, Ryan D	14	Albany Starfish Swim Club-AD	1:02.37	59.98	13
3 Sharkey, Ryan P	14	Schenectady Swim Club-AD	1:00.58	1:00.14	12
4 Lee, Alex J	14	Albany Starfish Swim Club-AD	1:01.25	1:00.85	11
5 Karlok, Dylan J	14	Albany Starfish Swim Club-AD	1:00.68	1:01.08	10
6 Rowledge, Bobby B	14	Schenectady Swim Club-AD	1:03.81	1:01.94	9
B - Final					
7 Bullis, Grant R	14	Schenectady Swim Club-AD	1:04.97	1:04.54	7
8 Gulitti, Nicholas R	14	Hawks-AD	1:07.71	1:06.43	5
9 Frandsen, Garret E	14	Glens Falls YMCA Gators-AD	1:07.75	1:06.59	4
10 Kuyl, Emile V	13	Hawks-AD	1:09.36	1:06.68	3
11 Goodspeed, Evan J	13	Duanesburg Electric Eels-AD	1:08.65	1:07.14	2
12 Beaudoin, Brandon T	14	Schenectady Swim Club-AD	1:07.90	1:07.15	1

Event 106 Boys 13-14 100 LC Meter Freestyle

Meet Record:	56.31	#	8/1988	Jim Wells - Leat	LEATHERSTOCKING
2009AD LC Di:	56.31	!	8/1/1988	Jim Wells	LEAT-AD
2009AD LC Re:	55.14		8/10/1988	Jim Wells	LEAT-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Smith, Quinn P	14	Schenectady Swim Club-AD		1:00.55 q
2 Sharkey, Ryan P	14	Schenectady Swim Club-AD		1:00.58 q
3 Karlok, Dylan J	14	Albany Starfish Swim Club-AD		1:00.68 q
4 Lee, Alex J	14	Albany Starfish Swim Club-AD		1:01.25 q
5 Brosnihan, Niko S	14	Uncle Sam Swim Club-AD		1:01.81 q
6 Gordon, Ryan D	14	Albany Starfish Swim Club-AD		1:02.37 q

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Preliminaries ... (Event 106 Boys 13-14 100 LC Meter Freestyle)

Name	Age	Team	Seed Time	Prelim Time	
7 Rowledge, Bobby B	14	Schenectady Swim Club-AD		1:03.81	q
8 Bullis, Grant R	14	Schenectady Swim Club-AD		1:04.97	q
9 Gulitti, Nicholas R	14	Hawks-AD		1:07.71	q
10 Frandsen, Garret E	14	Glens Falls YMCA Gators-AD		1:07.75	q
11 Beaudoin, Brandon T	14	Schenectady Swim Club-AD		1:07.90	q
12 Goodspeed, Evan J	13	Duanesburg Electric Eels-AD		1:08.65	q
13 Kuyl, Emile V	13	Hawks-AD		1:09.36	
14 Colby, Brennan J	14	Schenectady Swim Club-AD		1:10.37	
15 Rifkind, Mitchell A	14	Hawks-AD		1:11.54	
16 Rowley, Benjamin E	13	Greater Glens Falls Flyers-AD		1:12.42	
17 Strayer, Aidan H	13	Albany Starfish Swim Club-AD		1:12.63	
18 Costello, Zack S	13	Albany Starfish Swim Club-AD		1:12.64	
19 Duguay, Tylor M	14	Glens Falls YMCA Gators-AD		1:16.12	
20 Burdge, Eric J	13	Clifton Park-Halfmoon Piranhas-AD		1:17.45	
21 Adeson, Jonah E	13	Glens Falls YMCA Gators-AD		1:25.38	

Event 107 Girls 11-12 100 LC Meter Freestyle

Meet Record:	1:03.14	#	7/1999	Karly Brooks - Sche	SCHENECTADY
2009AD LC Di:	1:02.69	!	7/5/2000	Sarah Yan	SCHE-AD
2009AD LC Re:	1:02.50		1/23/2004	Kara Zebrowski at AA Invitatio	ALBS-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Dougherty, Hannah M	11	Albany Starfish Swim Club-AD	1:06.21	1:06.72	16
2 McElrath, Emma M	11	Albany Starfish Swim Club-AD	1:09.62	1:08.58	13
3 Blom, Danielle M	12	Clinton Cuda Swim Club-AD	1:09.48	1:08.67	12
4 Kolakowski, Elle L	12	Schenectady Swim Club-AD	1:09.59	1:09.50	11
5 Sandwick, Samantha K	12	Albany Starfish Swim Club-AD	1:10.48	1:10.37	10
6 LaQue, Sydney L	12	Schenectady Swim Club-AD	1:10.40	1:10.38	9
B - Final					
7 Caron, Allison M	12	Schenectady Swim Club-AD	1:11.76	1:10.07	7
8 Brook, Sabrina M	12	Schenectady Swim Club-AD	1:11.61	1:10.93	5
9 Nelson, Rebecca M	12	Duanesburg Electric Eels-AD	1:10.98	1:11.02	4
10 Decker, Haley P	12	Clinton Cuda Swim Club-AD	1:11.71	1:12.39	3
11 Killane, Tarah M	12	Clifton Park-Halfmoon Piranhas-AD	1:12.21	1:13.04	2
12 Moruzzi, Samantha A	12	So. Saratoga YMCA Barracudas-AD	1:13.36	1:13.96	1

Event 107 Girls 11-12 100 LC Meter Freestyle

Meet Record:	1:03.14	#	7/1999	Karly Brooks - Sche	SCHENECTADY
2009AD LC Di:	1:02.69	!	7/5/2000	Sarah Yan	SCHE-AD
2009AD LC Re:	1:02.50		1/23/2004	Kara Zebrowski at AA Invitatio	ALBS-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Dougherty, Hannah M	11	Albany Starfish Swim Club-AD		1:06.21	q
2 Blom, Danielle M	12	Clinton Cuda Swim Club-AD		1:09.48	q
3 Kolakowski, Elle L	12	Schenectady Swim Club-AD		1:09.59	q
4 McElrath, Emma M	11	Albany Starfish Swim Club-AD		1:09.62	q
5 LaQue, Sydney L	12	Schenectady Swim Club-AD		1:10.40	q
6 Sandwick, Samantha K	12	Albany Starfish Swim Club-AD		1:10.48	q
7 Nelson, Rebecca M	12	Duanesburg Electric Eels-AD		1:10.98	q
8 Brook, Sabrina M	12	Schenectady Swim Club-AD		1:11.61	q
9 Decker, Haley P	12	Clinton Cuda Swim Club-AD		1:11.71	q

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Preliminaries ... (Event 107 Girls 11-12 100 LC Meter Freestyle)

Name	Age	Team	Seed Time	Prelim Time
10 Caron, Allison M	12	Schenectady Swim Club-AD		1:11.76 q
11 Killane, Tarah M	12	Clifton Park-Halfmoon Piranhas-AD		1:12.21 q
12 Moruzzi, Samantha A	12	So. Saratoga YMCA Barracudas-AD		1:13.36 q
13 Livingston, Maddie P	12	Schenectady Swim Club-AD		1:13.79
14 Dontino, Taylor M	11	New Hartford Aquatics-AD		1:14.81
15 Williams, Annie K	11	Glens Falls YMCA Gators-AD		1:15.50
16 Evans, Sarah R	12	Albany Starfish Swim Club-AD		1:15.51
17 Falasco, Gabriella A	12	Glens Falls YMCA Gators-AD		1:16.54
18 Fung, Natasha Y	11	Albany Starfish Swim Club-AD		1:16.75
19 McMichael, Chelsey N	12	New Hartford Aquatics-AD		1:17.10
20 Stebbins-Hopkins, Olivia J	11	Unattached-AD		1:18.10
21 Griffith, Emma C	12	Albany Starfish Swim Club-AD		1:18.21
22 Kosakowski, Leigha M	11	Unattached-AD		1:19.42
23 Barno, Emily R	11	Schenectady Swim Club-AD		1:20.03
24 Sullivan, Shea E	12	Schenectady Swim Club-AD		1:20.20
25 Miskewicz, Catrin C	12	Delmar Dolphins Swim Club, Inc.-AD		1:21.36
26 Sheppard, Braylin E	11	New Hartford Aquatics-AD		1:21.84
27 Bacon, Miranda A	11	Schenectady Swim Club-AD		1:22.30
28 Misener, Riley M	11	Schenectady Swim Club-AD		1:23.55
29 Butkowski, Tawnie M	12	Greater Glens Falls Flyers-AD		1:23.82
30 Marsh, Caelan L	12	Hawks-AD		1:24.12
31 McGee, Emma K	11	Schenectady Swim Club-AD		1:24.53
32 Gossin, Camille E	11	Clinton Cuda Swim Club-AD		1:27.79
33 Larkin, Maggie H	11	Albany Starfish Swim Club-AD		1:28.54
34 LaFlamme, Darby L	11	Albany Starfish Swim Club-AD		1:28.84
35 Hale, Georgia L	12	Swim Strong Aquatic Club-AD		1:32.00
36 Hyde, Abigail L	11	Clinton Cuda Swim Club-AD		1:33.59
37 Cardillo, Alexa L	12	Clinton Cuda Swim Club-AD		1:35.65
38 Zegger, Cate Q	11	Schenectady Swim Club-AD		1:40.07
39 Caher, Norah K	11	Clifton Park-Halfmoon Piranhas-AD		1:43.07
40 Stevens, Ali V	11	Hawks-AD		1:43.85
41 Chen, Melanie A	12	Clifton Park-Halfmoon Piranhas-AD		1:46.26
42 Lecakes, Kyra E	12	Albany Starfish Swim Club-AD		1:48.50
43 Waddell, Maddie R	11	Clifton Park-Halfmoon Piranhas-AD		1:56.08

Event 108 Boys 11-12 100 LC Meter Freestyle

Meet Record:	1:00.30	#	8/1986	Jim Wells - Leat	LEATHERSTOCKING
2009AD LC Di:	1:00.30	!	8/1/1986	Jim Wells	LEAT-AD
2009AD LC Re:	1:00.30		8/10/1986	Jim Wells	LEAT-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD	1:03.48	1:03.72	16
2 Walton, Matthew T	12	Greater Glens Falls Flyers-AD	1:06.48	1:05.40	13
3 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD	1:08.28	1:07.36	12
4 Smachlo, Miles A	12	Albany Starfish Swim Club-AD	1:07.41	1:08.74	11
5 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD	1:09.71	1:10.07	10
6 McColgan, Jimmy K	12	Hawks-AD	1:10.32	1:11.47	9
B - Final					
7 Gordon, Luther W	12	Albany Starfish Swim Club-AD	1:11.83	1:10.61	7
8 Ludeke, Chris E	12	Schenectady Swim Club-AD	1:11.97	1:12.45	5
9 Farmer, Noah J	12	Clinton Cuda Swim Club-AD	1:11.24	1:12.72	4

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B - Final ... (Event 108 Boys 11-12 100 LC Meter Freestyle)

Name	Age	Team	Prelim Time	Finals Time	Points
10 Davis, Clark J	12	Schenectady Swim Club-AD	1:14.37	1:13.35	3
11 Draper, Bobby P	12	Clinton Cuda Swim Club-AD	1:13.94	1:13.40	2
12 Buckingham, Erik K	12	Clinton Cuda Swim Club-AD	1:14.29	1:17.06	1

Event 108 Boys 11-12 100 LC Meter Freestyle

Meet Record:	1:00.30	# 8/1986	Jim Wells - Leat	LEATHERSTOCKING
2009AD LC Di:	1:00.30	! 8/1/1986	Jim Wells	LEAT-AD
2009AD LC Re:	1:00.30	8/10/1986	Jim Wells	LEAT-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD		1:03.48 q
2 Walton, Matthew T	12	Greater Glens Falls Flyers-AD		1:06.48 q
3 Smachlo, Miles A	12	Albany Starfish Swim Club-AD		1:07.41 q
4 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD		1:08.28 q
5 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD		1:09.71 q
6 McColgan, Jimmy K	12	Hawks-AD		1:10.32 q
7 Farmer, Noah J	12	Clinton Cuda Swim Club-AD		1:11.24 q
8 Gordon, Luther W	12	Albany Starfish Swim Club-AD		1:11.83 q
9 Ludeke, Chris E	12	Schenectady Swim Club-AD		1:11.97 q
10 Sweeney, Sean P	12	Hawks-AD		1:13.32 q
11 Draper, Bobby P	12	Clinton Cuda Swim Club-AD		1:13.94 q
12 Buckingham, Erik K	12	Clinton Cuda Swim Club-AD		1:14.29 q
13 Davis, Clark J	12	Schenectady Swim Club-AD		1:14.37
14 Turecky, Filip	11	Ravena Swim Club Inc.-AD		1:15.32
15 Hess, Brian H	12	Hawks-AD		1:16.94
16 Colby, Bryan R	12	Schenectady Swim Club-AD		1:17.77
17 Mosier, John D	12	Duanesburg Electric Eels-AD		1:17.83
18 Migliorato, Shawn P	11	Hawks-AD		1:17.86
19 Salis, Thomas W	11	Glens Falls YMCA Gators-AD		1:18.58
20 Conway, Joseph D	12	Schenectady Swim Club-AD		1:18.82
21 Haraden, Jesse A	12	Schenectady Swim Club-AD		1:19.36
22 Miao, Frank Z	12	Albany Starfish Swim Club-AD		1:23.03
23 Cazer, Benjamin J	12	Albany Starfish Swim Club-AD		1:23.46
24 Tozier, Ian D	11	Clifton Park-Halfmoon Piranhas-AD		1:23.80
25 Ouyang, Andy H	12	Clifton Park-Halfmoon Piranhas-AD		1:24.37
26 Wilkinson, Matthew J	11	Glens Falls YMCA Gators-AD		1:28.43
27 Noeker, Brian S	11	Schenectady Swim Club-AD		1:32.45
28 Wilkerson, Noah C	12	Albany Starfish Swim Club-AD		1:34.17
29 Pritchard, Robert R	11	Albany Starfish Swim Club-AD		1:34.44
30 Dixon, Tristan C	12	Duanesburg Electric Eels-AD		1:36.29
31 Argentine, Leonard J	11	Clinton Cuda Swim Club-AD		1:37.44
32 Lampman, Jack R	12	Albany Starfish Swim Club-AD		1:38.52
33 Kennedy, Levi C	11	Hawks-AD		1:56.69

Event 109 Girls 10 & Under 100 LC Meter Freestyle

Meet Record:	1:06.83	# 7/1998	Kailey Morris - Albs	ALBANY STARFISH
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Name	Age	Team	Finals Time	Points
1 Dixon, Alexandra M	10	Duanesburg Electric Eels-AD	1:11.84	16
2 Madden, Sydney A	10	Clinton Cuda Swim Club-AD	1:16.34	13
3 Serotta, Lauren M	10	Albany Starfish Swim Club-AD	1:18.78	12
4 Lau, Christina N	10	Albany Starfish Swim Club-AD	1:20.64	11

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****(Event 109 Girls 10 & Under 100 LC Meter Freestyle)**

Name	Age	Team	Finals Time	Points
5 Pritchard, Jane Y	10	Albany Starfish Swim Club-AD	1:20.93	10
6 Falvo, Alexis E	10	Clinton Cuda Swim Club-AD	1:23.84	9
7 Misener, Jacqueline M	9	Schenectady Swim Club-AD	1:24.06	7
8 Morgan, Liz P	10	Schenectady Swim Club-AD	1:24.58	5
9 Pepe, Makayla M	10	New Hartford Aquatics-AD	1:24.82	4
10 Stansbury, Clare E	10	Albany Starfish Swim Club-AD	1:26.79	3
11 Walters, Julia G	10	Albany Starfish Swim Club-AD	1:29.01	2
12 Smith, Bailey C	10	Schenectady Swim Club-AD	1:29.29	1
13 Nelson, Olivia K	10	Duanesburg Electric Eels-AD	1:29.84	
14 Matoske, Angelica M	9	Albany Starfish Swim Club-AD	1:30.02	
15 Marsh, Samantha A	10	Hawks-AD	1:30.08	
16 Wurth, Kristen S	10	Albany Starfish Swim Club-AD	1:30.14	
17 Draper, Marian E	10	Clinton Cuda Swim Club-AD	1:32.64	
18 Cazer, Kelly A	10	Albany Starfish Swim Club-AD	1:33.45	
19 Bushway, Isabel M	9	Albany Starfish Swim Club-AD	1:34.08	
20 Moruzzi, Anne F	10	So. Saratoga YMCA Barracudas-AD	1:34.15	
21 Paige, Kamryn M	10	Duanesburg Electric Eels-AD	1:34.25	
22 Dontino, Amanda R	9	New Hartford Aquatics-AD	1:34.45	
23 Hamlin, Katherine S	10	Clinton Cuda Swim Club-AD	1:35.44	
24 Lipkin, Elaine M	10	Albany Starfish Swim Club-AD	1:36.75	
25 McGraw, Caroline B	9	Albany Starfish Swim Club-AD	1:36.78	
26 Braga, Dana D	10	Albany Starfish Swim Club-AD	1:37.02	
27 Wadsworth, Taylor E	9	Albany Starfish Swim Club-AD	1:37.07	
28 Woods, Samantha N	10	Clifton Park-Halfmoon Piranhas-AD	1:37.50	
29 Bacon, Abby P	9	Schenectady Swim Club-AD	1:38.50	
30 Mizbani, Mariah C	10	Albany Starfish Swim Club-AD	1:38.81	
31 Zwijacz, Alexei N	9	So. Saratoga YMCA Barracudas-AD	1:39.32	
32 Whitney, Sierra G	10	Albany Starfish Swim Club-AD	1:40.35	
33 Pelaez, Isabel B	10	Albany Starfish Swim Club-AD	1:44.22	

Event 110 Boys 10 & Under 100 LC Meter Freestyle

Meet Record: 1:08.70 # 7/1984		Jim Wells - Nhkn	NEW HARTFORDDD	
Name	Age	Team	Finals Time	Points
1 Doyle, Connor H	10	Delmar Dolphins Swim Club, Inc.-AD	1:16.93	16
2 Hale, Josh C	9	Swim Strong Aquatic Club-AD	1:27.45	13
3 Kaltak, Kevin S	10	Clinton Cuda Swim Club-AD	1:28.81	12
4 Smiljic, Alex	10	Clinton Cuda Swim Club-AD	1:29.32	11
5 McElrath, Ian T	10	Albany Starfish Swim Club-AD	1:29.64	10
6 Haraden, Dylan T	10	Schenectady Swim Club-AD	1:30.37	9
7 Wilkinson, Ryan J	9	Glens Falls YMCA Gators-AD	1:30.74	7
8 Zhou, Allen G	9	Albany Starfish Swim Club-AD	1:34.80	5
9 Liu, Stanley	10	Albany Starfish Swim Club-AD	1:34.86	4
10 Arazi, Yannai R	9	Schenectady Swim Club-AD	1:36.67	3
11 Ren, Erik Z	10	Albany Starfish Swim Club-AD	1:39.46	2
12 Kuyl, Leo	9	Hawks-AD	1:40.78	1
13 Galvin, Michael J	10	Albany Starfish Swim Club-AD	1:44.32	
14 LaFlamme, Owen C	10	Albany Starfish Swim Club-AD	1:46.52	
15 Grygiel, Bobby M	10	Albany Starfish Swim Club-AD	1:58.39	

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Results

Event 111 Girls 11-12 200 LC Meter Breaststroke

Meet Record: 2:47.91 # 7/29/2007 Amy Bopp SCHE -AD
 2009AD LC Di: 2:47.91 ! 7/27/2007 Amy L. Bopp at Adirondack Long SCHE-AD
 2009AD LC Re: 2:47.49 8/11/2004 Briana L. Borgolini at Eastern SCHE-AD

Name	Age	Team	Finals Time	Points
1 Samson, Julia E	12	Albany Starfish Swim Club-AD	2:57.85	16
2 Dougherty, Hannah M	11	Albany Starfish Swim Club-AD	3:11.11	13
3 Caron, Allison M	12	Schenectady Swim Club-AD	3:12.04	12
4 LaQue, Sydney L	12	Schenectady Swim Club-AD	3:13.86	11
5 Misener, Riley M	11	Schenectady Swim Club-AD	3:16.54	10
6 Livingston, Maddie P	12	Schenectady Swim Club-AD	3:19.75	9
7 March, Nicole D	12	Albany Starfish Swim Club-AD	3:20.10	7
8 McElrath, Emma M	11	Albany Starfish Swim Club-AD	3:25.33	5
9 Killane, Tarah M	12	Clifton Park-Halfmoon Piranhas-AD	3:27.49	4
10 Dontino, Taylor M	11	New Hartford Aquatics-AD	3:34.50	3
11 Moruzzi, Samantha A	12	So. Saratoga YMCA Barracudas-AD	3:42.01	2
12 Caher, Norah K	11	Clifton Park-Halfmoon Piranhas-AD	3:57.07	1
13 Miskewicz, Catrin C	12	Delmar Dolphins Swim Club, Inc.-AD	4:02.66	
14 Hale, Georgia L	12	Swim Strong Aquatic Club-AD	4:52.41	

Event 112 Boys 11-12 200 LC Meter Breaststroke

Meet Record: 3:11.54 # 7/29/2007 Grant Dias Carlson DELM-AD
 2009AD LC Di: 2:57.81 ! 5/14/2005 Shayne P. Buckley at Colgate L SCHE-AD
 2009AD LC Re: 2:55.12 8/6/2003 Vadim Yafayev at Eastern Zone DELM-AD

Name	Age	Team	Finals Time	Points
1 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD	2:56.49!	16
2 Gordon, Luther W	12	Albany Starfish Swim Club-AD	3:12.64	13
*3 Davis, Clark J	12	Schenectady Swim Club-AD	3:13.77	11.50
*3 Smachlo, Miles A	12	Albany Starfish Swim Club-AD	3:13.77	11.50
5 Trzewik-Quinn, Seamus	11	Hawks-AD	3:15.08	10
6 Farmer, Noah J	12	Clinton Cuda Swim Club-AD	3:18.86	9
7 Conway, Joseph D	12	Schenectady Swim Club-AD	3:21.99	7
8 Sausto, Dan J	11	Albany Starfish Swim Club-AD	3:23.11	5
9 Cleworth, Calvin W	12	Schenectady Swim Club-AD	3:23.35	4
10 Draper, Bobby P	12	Clinton Cuda Swim Club-AD	3:41.65	3
11 Argentine, Leonard J	11	Clinton Cuda Swim Club-AD	3:55.43	2
12 Migliorato, Shawn P	11	Hawks-AD	3:57.18	1
13 Tozier, Ian D	11	Clifton Park-Halfmoon Piranhas-AD	4:10.71	
14 Ouyang, Andy H	12	Clifton Park-Halfmoon Piranhas-AD	4:15.31	
--- Sweeney, Sean P	12	Hawks-AD	DQ	
--- Wilkerson, Noah C	12	Albany Starfish Swim Club-AD	DQ	

Event 113 Girls 8 & Under 100 LC Meter Freestyle

Meet Record: 1:20.77 # 7/1992 Laura Tyler - Clin CLINTON
 2009AD LC Di: 1:20.77 ! 8/1/1993 Laura Tyler CLIN-AD
 2009AD LC Re: 1:20.77 8/1/1993 Laura Tyler CLIN-AD

Name	Age	Team	Finals Time	Points
1 Reyes, Monica R	8	Kingston Swim Club-AD	1:31.03	16
2 Gordon, Jessica K	8	Albany Starfish Swim Club-AD	1:35.63	13
3 Bushway, Lillian B	8	Albany Starfish Swim Club-AD	1:37.37	12
4 Wang, Emily M	8	Albany Starfish Swim Club-AD	1:37.96	11
5 Miller, Erin E	8	Albany Starfish Swim Club-AD	1:43.07	10
6 Jensen, Jordan G	8	Schenectady Swim Club-AD	1:45.08	9

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(Event 113 Girls 8 & Under 100 LC Meter Freestyle)

Name	Age	Team	Finals Time	Points
7 Leung, Adelaide Y	7	Albany Starfish Swim Club-AD	1:47.43	7
8 Gerstler, Kaitlyn M	8	Albany Starfish Swim Club-AD	1:49.45	5
9 Heyde, Alaina J	7	Albany Starfish Swim Club-AD	1:52.90	4
10 Bushway, Evelyn G	8	Albany Starfish Swim Club-AD	1:52.96	3
11 Conway, MaryKate K	8	Schenectady Swim Club-AD	1:53.16	2
12 Woods, Brianna M	8	Clifton Park-Halfmoon Piranhas-AD	1:57.58	1
13 Scoons, Savvy S	8	Albany Starfish Swim Club-AD	2:00.47	
14 Silverberg, Ada E	8	Albany Starfish Swim Club-AD	2:01.63	
15 Spooneybarger, Morgan C	8	Swim Strong Aquatic Club-AD	2:04.65	
16 Spooneybarger, Chloe M	8	Swim Strong Aquatic Club-AD	2:22.27	
17 Lorch, Abby G	6	Clifton Park-Halfmoon Piranhas-AD	2:25.83	

Event 114 Boys 8 & Under 100 LC Meter Freestyle

Meet Record:	1:21.67	# 7/1992	Bryan Brown - Sche	SCHENECTADY
2009AD LC Di:	1:19.00	! 7/30/1982	Jim Wells	NHKN-AD
2009AD LC Re:	1:17.73	7/10/1982	Jim Wells	NHKN-AD

Name	Age	Team	Finals Time	Points
1 Trzewik-Quinn, Tadeusz K	8	Hawks-AD	1:29.75	16
2 Carlos, Thanny J	8	Swim Strong Aquatic Club-AD	1:36.89	13
3 Ward, Scott T	8	Albany Starfish Swim Club-AD	1:36.93	12
4 Goodspeed, Cameron J	8	Duanesburg Electric Eels-AD	1:41.08	11
5 Nyman, Jesse K	8	Clifton Park-Halfmoon Piranhas-AD	1:44.71	10
6 Rowley, Aidan J	8	Greater Glens Falls Flyers-AD	1:47.08	9
7 Haraden, Brady J	8	Schenectady Swim Club-AD	1:51.89	7

Event 115 Girls 200 LC Meter Butterfly

Meet Record:	2:25.31	# 7/26/2002	Alison M Leshar	CLINTON
2009AD LC Di:	2:23.79	! 7/7/1991	Elizabeth Rossi	WHPL-MR
2009AD LC Re:	2:21.50	8/10/1997	Stacy Wells	CLIN-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Bopp, Amy L	15	Schenectady Swim Club-AD	2:27.15	2:22.71!	16
2 Hooper, Aimee J	16	Albany Starfish Swim Club-AD	2:32.52	2:28.67	13
3 Zhou, Kina Y	15	Albany Starfish Swim Club-AD	2:34.73	2:30.72	12
4 Rowe, Katie A	16	Schenectady Swim Club-AD	2:31.15	2:33.89	11
5 Samson, Olivia N	16	Albany Starfish Swim Club-AD	2:39.05	2:37.21	10
6 Manor, Laura J	18	Schenectady Swim Club-AD	2:40.46	2:46.32	9
B - Final					
7 Dougherty, Sarah E	17	Albany Starfish Swim Club-AD	2:42.41	2:37.14	7
8 Swett, Sara E	15	Schenectady Swim Club-AD	2:46.96	2:44.05	5
9 Mone, Alexis J	17	Schenectady Swim Club-AD	2:51.61	2:48.72	4
--- Melnik, Amy E	16	Albany Starfish Swim Club-AD	2:51.52	NS	

Event 115 Girls 200 LC Meter Butterfly

Meet Record:	2:25.31	# 7/26/2002	Alison M Leshar	CLINTON
2009AD LC Di:	2:23.79	! 7/7/1991	Elizabeth Rossi	WHPL-MR
2009AD LC Re:	2:21.50	8/10/1997	Stacy Wells	CLIN-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Bopp, Amy L	15	Schenectady Swim Club-AD		2:27.15 q
2 Rowe, Katie A	16	Schenectady Swim Club-AD		2:31.15 q
3 Hooper, Aimee J	16	Albany Starfish Swim Club-AD		2:32.52 q

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

Results

Preliminaries ... (Event 115 Girls 200 LC Meter Butterfly)

Name	Age	Team	Seed Time	Prelim Time	
4 Powell, Lily F	18	Delmar Dolphins Swim Club, Inc.-AD		2:34.20	q
5 Zhou, Kina Y	15	Albany Starfish Swim Club-AD		2:34.73	q
6 Samson, Olivia N	16	Albany Starfish Swim Club-AD		2:39.05	q
7 Manor, Laura J	18	Schenectady Swim Club-AD		2:40.46	q
8 Dougherty, Sarah E	17	Albany Starfish Swim Club-AD		2:42.41	q
9 Powhida, Bethany C	16	Delmar Dolphins Swim Club, Inc.-AD		2:43.25	q
10 Swett, Sara E	15	Schenectady Swim Club-AD		2:46.96	q
11 Melnik, Amy E	16	Albany Starfish Swim Club-AD		2:51.52	q
12 Mone, Alexis J	17	Schenectady Swim Club-AD		2:51.61	q
13 Jesaitis, Katie I	17	Clifton Park-Halfmoon Piranhas-AD		2:55.71	

Event 116 Boys 200 LC Meter Butterfly

Meet Record:	2:12.65	#	8/1/2004	Rob S Manor	SCHE -AD
2009AD LC Di:	2:09.20	!	7/29/2005	Rob Manor at Adirondack Long C	SCHE-AD
2009AD LC Re:	2:06.27		8/10/1987	Stephan Rodiger	LEAT-AD

Name	Age	Team	Seed Time	Prelim Time	Finals Time	Points
A - Final						
1 Lanzi, Antonio J	16	Albany Starfish Swim Club-AD		2:19.65	2:17.58	16
2 Dugan, Mike R	18	Albany Starfish Swim Club-AD		2:20.47	2:18.35	13
3 Smachlo, Alex A	17	Albany Starfish Swim Club-AD		2:21.87	2:20.82	12
4 Romanov, Greg W	17	Schenectady Swim Club-AD		2:23.50	2:21.75	11
5 Lednev, Alexander I	16	Delmar Dolphins Swim Club, Inc.-AD		2:24.87	2:26.50	10
6 MacDonald, Seth M	15	Clinton Cuda Swim Club-AD		2:40.22	2:32.76	9

Event 116 Boys 200 LC Meter Butterfly

Meet Record:	2:12.65	#	8/1/2004	Rob S Manor	SCHE -AD
2009AD LC Di:	2:09.20	!	7/29/2005	Rob Manor at Adirondack Long C	SCHE-AD
2009AD LC Re:	2:06.27		8/10/1987	Stephan Rodiger	LEAT-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Lanzi, Antonio J	16	Albany Starfish Swim Club-AD		2:19.65	q
2 Dugan, Mike R	18	Albany Starfish Swim Club-AD		2:20.47	q
3 Smachlo, Alex A	17	Albany Starfish Swim Club-AD		2:21.87	q
4 Romanov, Greg W	17	Schenectady Swim Club-AD		2:23.50	q
5 Lednev, Alexander I	16	Delmar Dolphins Swim Club, Inc.-AD		2:24.87	q
6 Kalish, Alex C	21	Schenectady Swim Club-AD		2:25.27	q
7 DeMaria, Frankie M	18	Albany Starfish Swim Club-AD		2:28.33	q
8 MacDonald, Seth M	15	Clinton Cuda Swim Club-AD		2:40.22	q
9 Rolleston, Matthew D	15	Glens Falls YMCA Gators-AD		2:51.43	q
10 Mattice, Greg A	16	Schenectady Swim Club-AD		3:06.16	q

Event 117 Girls 13-14 200 LC Meter Butterfly

Meet Record:	2:31.40	#	7/1997	Jen Ebreast - Sche	SCHENECTADY
2009AD LC Di:	2:23.79	!	7/7/1991	Elizabeth Rossi	WHPL-MR
2009AD LC Re:	2:22.91		8/6/2009	Amy L. Bopp at 2009 Speedo Cha	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time	Finals Time	Points
A - Final						
1 Dougherty, Erin B	14	Albany Starfish Swim Club-AD		2:43.08	2:39.02	16
2 Wang, Jessica J	13	Albany Starfish Swim Club-AD		2:44.21	2:41.35	13
3 Barno, Katie M	14	Schenectady Swim Club-AD		2:51.75	2:47.33	12
4 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD		2:53.95	2:49.46	11

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Results

A - Final ... (Event 117 Girls 13-14 200 LC Meter Butterfly)

Name	Age	Team	Prelim Time	Finals Time	Points
5 Pucciarelli, Julia M	14	Albany Starfish Swim Club-AD	2:52.90	2:51.63	10
6 Wurth, Rachel E	14	Albany Starfish Swim Club-AD	3:01.37	3:01.49	9

B - Final

7 Schwarz, Susie D	13	Albany Starfish Swim Club-AD	3:01.97	2:59.86	7
8 Ferlo, Angela J	14	Schenectady Swim Club-AD	3:10.75	3:10.46	5
9 Gulitti, Emily R	14	Hawks-AD	3:35.61	3:31.52	4

Event 117 Girls 13-14 200 LC Meter Butterfly

Meet Record:	2:31.40	#	7/1997	Jen Ebreest - Sche	SCHENECTADY
2009AD LC Di:	2:23.79	!	7/7/1991	Elizabeth Rossi	WHPL-MR
2009AD LC Re:	2:22.91		8/6/2009	Amy L. Bopp at 2009 Speedo Cha	SCHE-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Dougherty, Erin B	14	Albany Starfish Swim Club-AD		2:43.08	q
2 Wang, Jessica J	13	Albany Starfish Swim Club-AD		2:44.21	q
3 Barno, Katie M	14	Schenectady Swim Club-AD		2:51.75	q
4 Pucciarelli, Julia M	14	Albany Starfish Swim Club-AD		2:52.90	q
5 Lucius, Jennifer L	13	Albany Starfish Swim Club-AD		2:53.95	q
6 Wurth, Rachel E	14	Albany Starfish Swim Club-AD		3:01.37	q
7 Schwarz, Susie D	13	Albany Starfish Swim Club-AD		3:01.97	q
8 Ferlo, Angela J	14	Schenectady Swim Club-AD		3:10.75	q
9 Eisnor, Elizabeth L	14	Clifton Park-Halfmoon Piranhas-AD		3:23.20	q
10 Gulitti, Emily R	14	Hawks-AD		3:35.61	q

Event 118 Boys 13-14 200 LC Meter Butterfly

Meet Record:	2:15.29	#	8/1999	Travis Knop - Clin	CLINTON
2009AD LC Di:	2:15.29	!	8/1/1999	Travis Knop	CLIN-AD
2009AD LC Re:	2:12.58		8/10/1990	Patrick O'Keefe	GLFY-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Sharkey, Ryan P	14	Schenectady Swim Club-AD	2:29.04	2:24.13	16
2 Rowledge, Bobby B	14	Schenectady Swim Club-AD	2:27.84	2:25.22	13
3 Smith, Quinn P	14	Schenectady Swim Club-AD	2:36.14	2:30.08	12
4 Bullis, Grant R	14	Schenectady Swim Club-AD	2:41.35	2:37.45	11
5 Lee, Alex J	14	Albany Starfish Swim Club-AD	2:50.98	2:46.28	10
--- Adeson, Jonah E	13	Glens Falls YMCA Gators-AD	3:43.31	DQ	

Event 118 Boys 13-14 200 LC Meter Butterfly

Meet Record:	2:15.29	#	8/1999	Travis Knop - Clin	CLINTON
2009AD LC Di:	2:15.29	!	8/1/1999	Travis Knop	CLIN-AD
2009AD LC Re:	2:12.58		8/10/1990	Patrick O'Keefe	GLFY-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Rowledge, Bobby B	14	Schenectady Swim Club-AD		2:27.84	q
2 Sharkey, Ryan P	14	Schenectady Swim Club-AD		2:29.04	q
3 Smith, Quinn P	14	Schenectady Swim Club-AD		2:36.14	q
4 Bullis, Grant R	14	Schenectady Swim Club-AD		2:41.35	q
5 Lee, Alex J	14	Albany Starfish Swim Club-AD		2:50.98	q
6 Adeson, Jonah E	13	Glens Falls YMCA Gators-AD		3:43.31	q
--- Strayer, Aidan H	13	Albany Starfish Swim Club-AD		DQ	
--- Beaudoin, Brandon T	14	Schenectady Swim Club-AD		DQ	

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010

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Event 119 Girls 11-12 100 LC Meter Butterfly

Meet Record: 1:09.30 # 7/1993 Erin Lanzafame - Clin CLINTON
 2009AD LC Di: 1:07.02 ! 7/28/2000 Kailey Morris ALBS-AD
 2009AD LC Re: 1:07.02 7/28/2000 Kailey B. Morris ADBF-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Samson, Julia E	12	Albany Starfish Swim Club-AD	1:13.98	1:14.20	16
2 Dougherty, Hannah M	11	Albany Starfish Swim Club-AD	1:18.90	1:17.05	13
3 Brook, Sabrina M	12	Schenectady Swim Club-AD	1:24.75	1:20.98	12
4 Livingston, Maddie P	12	Schenectady Swim Club-AD	1:21.67	1:21.46	11
5 Blom, Danielle M	12	Clinton Cuda Swim Club-AD	1:20.80	1:22.58	10
6 Kolakowski, Elle L	12	Schenectady Swim Club-AD	1:22.96	1:23.24	9
B - Final					
7 Sandwick, Samantha K	12	Albany Starfish Swim Club-AD	1:26.02	1:21.11	7
8 March, Nicole D	12	Albany Starfish Swim Club-AD	1:25.91	1:23.87	5
9 McElrath, Emma M	11	Albany Starfish Swim Club-AD	1:28.35	1:25.45	4
10 Decker, Haley P	12	Clinton Cuda Swim Club-AD	1:27.07	1:26.02	3
11 Barno, Emily R	11	Schenectady Swim Club-AD	1:36.03	1:36.12	2
12 Sullivan, Shea E	12	Schenectady Swim Club-AD	1:40.15	1:41.31	1

Event 119 Girls 11-12 100 LC Meter Butterfly

Meet Record: 1:09.30 # 7/1993 Erin Lanzafame - Clin CLINTON
 2009AD LC Di: 1:07.02 ! 7/28/2000 Kailey Morris ALBS-AD
 2009AD LC Re: 1:07.02 7/28/2000 Kailey B. Morris ADBF-AD

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Samson, Julia E	12	Albany Starfish Swim Club-AD		1:13.98	q
2 Dougherty, Hannah M	11	Albany Starfish Swim Club-AD		1:18.90	q
3 Blom, Danielle M	12	Clinton Cuda Swim Club-AD		1:20.80	q
4 Livingston, Maddie P	12	Schenectady Swim Club-AD		1:21.67	q
5 Kolakowski, Elle L	12	Schenectady Swim Club-AD		1:22.96	q
6 Brook, Sabrina M	12	Schenectady Swim Club-AD		1:24.75	q
7 March, Nicole D	12	Albany Starfish Swim Club-AD		1:25.91	q
8 Sandwick, Samantha K	12	Albany Starfish Swim Club-AD		1:26.02	q
9 Decker, Haley P	12	Clinton Cuda Swim Club-AD		1:27.07	q
10 McElrath, Emma M	11	Albany Starfish Swim Club-AD		1:28.35	q
11 Fung, Natasha Y	11	Albany Starfish Swim Club-AD		1:31.61	q
12 Evans, Sarah R	12	Albany Starfish Swim Club-AD		1:35.71	q
13 Barno, Emily R	11	Schenectady Swim Club-AD		1:36.03	
14 McGee, Emma K	11	Schenectady Swim Club-AD		1:38.83	
15 Sullivan, Shea E	12	Schenectady Swim Club-AD		1:40.15	
16 McMichael, Chelsey N	12	New Hartford Aquatics-AD		1:40.37	
17 Griffith, Emma C	12	Albany Starfish Swim Club-AD		1:42.18	
18 Williams, Annie K	11	Glens Falls YMCA Gators-AD		1:43.40	
19 Bacon, Miranda A	11	Schenectady Swim Club-AD		1:49.83	
--- Falasco, Gabriella A	12	Glens Falls YMCA Gators-AD		DQ	
--- Sheppard, Braylin E	11	New Hartford Aquatics-AD		DQ	

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Event 120 Boys 11-12 100 LC Meter Butterfly

Meet Record: 1:08.15 # 7/1986 Jim Wells - Leat LEATHERSTOCKING
 2009AD LC Di: 1:06.73 ! 7/5/2000 Mike DeRocco SCHE-AD
 2009AD LC Re: 1:05.48 8/10/1986 Patrick O'Keefe GLFY-AD

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Smachlo, Miles A	12	Albany Starfish Swim Club-AD	1:10.53	1:09.29	16
2 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD	1:13.01	1:12.14	13
3 McColgan, Jimmy K	12	Hawks-AD	1:15.71	1:15.24	12
4 Trzewik-Quinn, Seamus	11	Hawks-AD	1:19.72	1:18.79	11
5 Walton, Matthew T	12	Greater Glens Falls Flyers-AD	1:20.06	1:20.16	10
6 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD	1:20.45	1:21.13	9
B - Final					
7 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD	1:23.54	1:21.05	7
8 Cleworth, Calvin W	12	Schenectady Swim Club-AD	1:26.04	1:23.68	5
9 Sausto, Dan J	11	Albany Starfish Swim Club-AD	1:27.84	1:23.91	4
10 Ludeke, Chris E	12	Schenectady Swim Club-AD	1:27.52	1:27.24	3
11 Mosier, John D	12	Duanesburg Electric Eels-AD	1:32.82	1:31.23	2
12 Buckingham, Erik K	12	Clinton Cuda Swim Club-AD	1:30.54	1:33.27	1

Event 120 Boys 11-12 100 LC Meter Butterfly

Meet Record: 1:08.15 # 7/1986 Jim Wells - Leat LEATHERSTOCKING
 2009AD LC Di: 1:06.73 ! 7/5/2000 Mike DeRocco SCHE-AD
 2009AD LC Re: 1:05.48 8/10/1986 Patrick O'Keefe GLFY-AD

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Smachlo, Miles A	12	Albany Starfish Swim Club-AD		1:10.53 q
2 Ongkingco, Joey F	12	Swim Strong Aquatic Club-AD		1:13.01 q
3 McColgan, Jimmy K	12	Hawks-AD		1:15.71 q
4 Trzewik-Quinn, Seamus	11	Hawks-AD		1:19.72 q
5 Walton, Matthew T	12	Greater Glens Falls Flyers-AD		1:20.06 q
6 Matz, Will C	12	So. Saratoga YMCA Barracudas-AD		1:20.45 q
7 Marilley, Andrew W	11	Swim Strong Aquatic Club-AD		1:23.54 q
8 Cleworth, Calvin W	12	Schenectady Swim Club-AD		1:26.04 q
9 Ludeke, Chris E	12	Schenectady Swim Club-AD		1:27.52 q
10 Sausto, Dan J	11	Albany Starfish Swim Club-AD		1:27.84 q
11 Buckingham, Erik K	12	Clinton Cuda Swim Club-AD		1:30.54 q
12 Mosier, John D	12	Duanesburg Electric Eels-AD		1:32.82 q
13 Colby, Bryan R	12	Schenectady Swim Club-AD		1:33.47
14 Hess, Brian H	12	Hawks-AD		1:33.77
15 Haraden, Jesse A	12	Schenectady Swim Club-AD		1:35.40
16 Turecky, Filip	11	Ravena Swim Club Inc.-AD		1:38.65
17 Salis, Thomas W	11	Glens Falls YMCA Gators-AD		1:47.65
18 Cazer, Benjamin J	12	Albany Starfish Swim Club-AD		2:02.09
--- Pritchard, Robert R	11	Albany Starfish Swim Club-AD		DQ
--- Conway, Joseph D	12	Schenectady Swim Club-AD		DQ
--- Wilkinson, Matthew J	11	Glens Falls YMCA Gators-AD		DQ
--- Miao, Frank Z	12	Albany Starfish Swim Club-AD		DQ

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****Event 121 Girls 10 & Under 100 LC Meter Butterfly**

Meet Record: 1:12.06 # 7/1998		Kailey Morris - Albs		ALBANY STARFISH	
Name	Age	Team	Finals Time	Points	
1	Dixon, Alexandra M	10	Duanesburg Electric Eels-AD	1:23.36	16
2	Serotta, Lauren M	10	Albany Starfish Swim Club-AD	1:26.56	13
3	Falvo, Alexis E	10	Clinton Cuda Swim Club-AD	1:37.02	12
4	Pritchard, Jane Y	10	Albany Starfish Swim Club-AD	1:37.71	11
5	Madden, Sydney A	10	Clinton Cuda Swim Club-AD	1:40.04	10
6	Misener, Jacqueline M	9	Schenectady Swim Club-AD	1:45.47	9
7	Lau, Christina N	10	Albany Starfish Swim Club-AD	1:46.39	7
8	Smith, Bailey C	10	Schenectady Swim Club-AD	1:50.63	5
9	Stansbury, Clare E	10	Albany Starfish Swim Club-AD	1:50.88	4
10	Nelson, Olivia K	10	Duanesburg Electric Eels-AD	1:50.93	3
11	McGraw, Caroline B	9	Albany Starfish Swim Club-AD	1:54.56	2
12	Pepe, Makayla M	10	New Hartford Aquatics-AD	1:55.76	1
13	Moruzzi, Anne F	10	So. Saratoga YMCA Barracudas-AD	1:57.25	
14	Paige, Kamryn M	10	Duanesburg Electric Eels-AD	2:10.75	
15	Whitney, Sierra G	10	Albany Starfish Swim Club-AD	2:12.73	
16	Braga, Dana D	10	Albany Starfish Swim Club-AD	2:17.12	
---	Morgan, Liz P	10	Schenectady Swim Club-AD	DQ	
---	Bushway, Isabel M	9	Albany Starfish Swim Club-AD	DQ	
---	Cazer, Kelly A	10	Albany Starfish Swim Club-AD	DQ	
---	Wadsworth, Taylor E	9	Albany Starfish Swim Club-AD	NS	

Event 122 Boys 10 & Under 100 LC Meter Butterfly

Meet Record: 1:22.08 # 7/1994		Bryan Brown - Sche		SCHENECTADY	
Name	Age	Team	Finals Time	Points	
1	Zwijacz, Zachary A	10	So. Saratoga YMCA Barracudas-AD	1:18.36#	16
2	Doyle, Connor H	10	Delmar Dolphins Swim Club, Inc.-AD	1:28.31	13
3	Zhou, Allen G	9	Albany Starfish Swim Club-AD	1:49.46	12
4	Hale, Josh C	9	Swim Strong Aquatic Club-AD	1:54.89	11
5	Chen, James H	10	Albany Starfish Swim Club-AD	2:00.97	10
6	Kaltak, Kevin S	10	Clinton Cuda Swim Club-AD	2:01.95	9
---	Kuyl, Leo	9	Hawks-AD	DQ	
---	Arazi, Yannai R	9	Schenectady Swim Club-AD	DQ	
---	McElrath, Ian T	10	Albany Starfish Swim Club-AD	DQ	

Event 123 Girls 8 & Under 50 LC Meter Butterfly

Meet Record: 39.00 # 8/1993		Laura Tyler - Clin		CLINTON	
2009AD LC Di: 39.00 ! 8/1/1993		Laura Tyler		CLIN-AD	
2009AD LC Re: 39.00 8/1/1993		Laura Tyler		CLIN-AD	
Name	Age	Team	Finals Time	Points	
1	Wang, Emily M	8	Albany Starfish Swim Club-AD	48.70	16
2	Bushway, Lillian B	8	Albany Starfish Swim Club-AD	50.15	13
3	Gordon, Jessica K	8	Albany Starfish Swim Club-AD	52.76	12
4	Reyes, Monica R	8	Kingston Swim Club-AD	56.96	11
5	Leung, Adelaide Y	7	Albany Starfish Swim Club-AD	57.06	10
6	Woods, Brianna M	8	Clifton Park-Halfmoon Piranhas-AD	58.90	9
7	Jensen, Jordan G	8	Schenectady Swim Club-AD	1:05.28	7
8	Heyde, Alaina J	7	Albany Starfish Swim Club-AD	1:09.36	5
---	Gerstler, Kaitlyn M	8	Albany Starfish Swim Club-AD	DQ	
---	Silverberg, Ada E	8	Albany Starfish Swim Club-AD	DQ	
---	Lorch, Abby G	6	Clifton Park-Halfmoon Piranhas-AD	DQ	

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Results

(Event 123 Girls 8 & Under 50 LC Meter Butterfly)

Name	Age	Team	Finals Time	Points
--- Conway, MaryKate K	8	Schenectady Swim Club-AD	DQ	
--- Miller, Erin E	8	Albany Starfish Swim Club-AD	DQ	
--- Bushway, Evelyn G	8	Albany Starfish Swim Club-AD	DQ	

Event 124 Boys 8 & Under 50 LC Meter Butterfly

Meet Record:	37.98	# 7/1991	Oliver Ruff - Leat	LEATHERSTOCKING
2009AD LC Di:	37.98	! 7/30/1991	Oliver Ruff	LEAT-AD
2009AD LC Re:	37.98	7/10/1991	Oliver Ruff	LEAT-AD

Name	Age	Team	Finals Time	Points
1 Trzewik-Quinn, Tadeusz K	8	Hawks-AD	48.26	16
2 Nyman, Jesse K	8	Clifton Park-Halfmoon Piranhas-AD	49.19	13
3 Goodspeed, Cameron J	8	Duanesburg Electric Eels-AD	56.79	12
4 Rowley, Aidan J	8	Greater Glens Falls Flyers-AD	1:05.38	11
--- Ward, Scott T	8	Albany Starfish Swim Club-AD	DQ	
--- Haraden, Brady J	8	Schenectady Swim Club-AD	DQ	

Event 125 Girls 400 LC Meter Medley Relay

Meet Record:	4:35.83	# 8/1/2004	Schenectady Swim Club	SCHE -AD
2009AD LC Di:	4:35.83	! 7/30/2004	K Brooks, D Stein, A Catroppa, S YAN	SCHE-AD
2009AD LC Re:	4:26.09	8/6/2009	Schenectady Swim Club - K. Bro	SCHE-AD
			OKS, D. STEIN, A. CATROPPA, S. YAN	SCHE-AD
			Schenectady Swim Club	SCHE-AD
			K. Rowe, K. Barbour, A. Bopp, M. Jordan	

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD	A	4:51.12	32
1) Orr, Katie E 15	2) Zhou, Kina Y 15	3) Samson, Olivia N 16	4) Terwilliger, Emma K 15
2 Albany Starfish Swim Club-AD	B	4:56.96	26
1) Hooper, Aimee J 16	2) Sternbach, Talia J 15	3) Melnik, Amy E 16	4) Liu, Lisa 15
3 Albany Starfish Swim Club-AD	C	5:12.10	24
1) Walters, Tess T 15	2) Beckford, Kiersten B 16	3) Whitaker, Emily E 17	4) Grygiel, Catherine C 15
4 Glens Falls YMCA Gators-AD	A	5:15.94	22
1) Higgins, Kristin E 16	2) Prendeville, Hanna M 16	3) Wilkinson, Melissa L 15	4) Williams, Annie K 11
5 Clifton Park-Halfmoon Piranhas-	A	5:33.00	20
1) Jesaitis, Kelsey I 13	2) Ouyang, Annie W 16	3) Jesaitis, Katie I 17	4) Wilcox, Mackenzie L 17
6 Duanesburg Electric Eels-AD	A	6:12.89	18
1) Nelson, Rebecca M 12	2) Nelson, Olivia K 10	3) Dixon, Alexandra M 10	4) Paige, Kamryn M 10
7 Hawks-AD	A	6:18.70	14
1) Marsh, Caelan L 12	2) Prestia, Nikki M 13	3) Gulitti, Emily R 14	4) Marsh, Samantha A 10
--- Delmar Dolphins Swim Club, Inc.-	A	SCR	
--- Clinton Cuda Swim Club-AD	A	SCR	

Event 126 Boys 400 LC Meter Medley Relay

Meet Record:	4:07.73	# 7/29/2007	Schenectady	SCHE-AD
2009AD LC Di:	4:07.73	! 7/27/2007	S Booth, S Buckley, M Poster, J Johnson	SCHE-AD
2009AD LC Re:	3:58.20	8/6/2007	Schenectady Swim Club	SCHE-AD
			W. Booth, S. BUCKLEY, M. Poster	SCHE-AD
			Schenectady Swim Club - M Post	SCHE-AD
			er, S Buckley, S Booth, J Johnson	

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD	A	4:34.07	32
1) Lanzi, Antonio J 16	2) Dyer, Frankie K 18	3) DeMaria, Frankie M 18	4) Boese, Sam S 16
2 Albany Starfish Swim Club-AD	B	4:35.27	26
1) Smachlo, Alex A 17	2) Dugan, Mike R 18	3) Hooper, Nick R 15	4) Resila, Nate J 18

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****(Event 126 Boys 400 LC Meter Medley Relay)**

Team	Relay	Finals Time	Points
3 Glens Falls YMCA Gators-AD	A	5:36.52	24
1) Frandsen, Garret E 14	2) Rolleston, Matthew D 15	3) Adeson, Jonah E 13	4) Duguay, Tylor M 14
4 Hawks-AD	A	5:42.88	22
1) Kuyl, Emile V 13	2) Rifkind, Mitchell A 14	3) Gulitti, Nicholas R 14	4) Migliorato, Shawn P 11
--- Duanesburg Electric Eels-AD	A	DQ	
1) Goodspeed, Evan J 13	2) Nelson, Cody T 16	3) Mosier, John D 12	4) Dixon, Tristan C 12
--- Clifton Park-Halfmoon Piranhas-	A	SCR	
--- Albany Starfish Swim Club-AD	C	SCR	

Event 127 Girls 13-14 400 LC Meter Medley Relay

Meet Record: 4:48.55 # 7/1990 Marist Swimclub
2009AD LC Di: 4:39.15 ! 8/10/1977 Long Island Swim Club LISC-MR
2009AD LC Re: 4:46.31 6/30/2006 Schenectady Swim Club -e. Hosk SCHE-AD
INSON, B. BORGOLINI, L. MANOR, K. BARBOUR

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD	B	5:09.20	32
1) Wurth, Rachel E 14	2) Lucius, Jennifer L 13	3) Wang, Jessica J 13	4) Lenney, Morgan E 14
2 Schenectady Swim Club-AD	A	5:11.81	26
1) Schmitz, Stef R 14	2) Cowley, Hannah P 14	3) Barno, Katie M 14	4) Ferlo, Angela J 14
3 Albany Starfish Swim Club-AD	A	5:20.74	24
1) Pucciarelli, Julia M 14	2) Vandervort, Jenna L 13	3) Schwarz, Susie D 13	4) McElrath, Madelaine E 13
4 Clinton Cuda Swim Club-AD	A	6:04.68	22
1) Smiljic, Evonna 13	2) Risucci, Domenica N 13	3) Richer, Corinne H 14	4) Noga, Stephanie L 14
--- Albany Starfish Swim Club-AD	C	SCR	

Event 128 Boys 13-14 400 LC Meter Medley Relay

Meet Record: 4:29.54 # 7/1998 Schenectady
2009AD LC Di: 4:28.23 ! 7/28/2006 Albany Starfish - F. Dyer, T. Rappold, H. Smachlo, B. Quay ALBS-AD
2009AD LC Re: 4:24.72 8/9/2006 Albany Starfish - F. Dyer ALBS-AD
, T. RAPPOLD, H. SMACHLO, B. QUAY

Team	Relay	Finals Time	Points
1 Schenectady Swim Club-AD	A	4:30.09	32
1) Sharkey, Ryan P 14	2) Bullis, Grant R 14	3) Rowledge, Bobby B 14	4) Smith, Quinn P 14
2 Albany Starfish Swim Club-AD	A	4:31.59	26
1) Gordon, Ryan D 14	2) Chalermkraivuth, James 14	3) Lee, Alex J 14	4) Karlok, Dylan J 14
--- Glens Falls YMCA Gators-AD	A	SCR	

Event 129 Girls 11-12 200 LC Meter Medley Relay

Meet Record: 2:18.99 # 7/1996 Schenectady
2009AD LC Di: 2:18.23 ! 7/6/1990 White Plains WHPL-MR
2009AD LC Re: 2:18.99 7/30/1996 Schenectady SCHE-AD

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD	A	2:22.92	32
1) Sandwick, Samantha K 12	2) Dougherty, Hannah M 11	3) Samson, Julia E 12	4) McElrath, Emma M 11
2 Schenectady Swim Club-AD	A	2:24.38	26
1) Caron, Allison M 12	2) Misener, Riley M 11	3) Kolakowski, Elle L 12	4) LaQue, Sydney L 12
3 Schenectady Swim Club-AD	B	2:40.65	24
1) Barno, Emily R 11	2) Livingston, Maddie P 12	3) Brook, Sabrina M 12	4) Sullivan, Shea E 12
4 Albany Starfish Swim Club-AD	B	2:41.56	22
1) Fung, Natasha Y 11	2) Griffith, Emma C 12	3) March, Nicole D 12	4) Evans, Sarah R 12
5 Clinton Cuda Swim Club-AD	A	2:45.77	20
1) Blom, Danielle M 12	2) Hyde, Abigail L 11	3) Decker, Haley P 12	4) Gossin, Camille E 11

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****(Event 129 Girls 11-12 200 LC Meter Medley Relay)**

Team	Relay	Finals Time	Points
6 Clifton Park-Halfmoon Piranhas-	A	3:23.25	18
1) Chen, Melanie A 12	2) Caher, Norah K 11	3) Killane, Tarah M 12	4) Waddell, Maddie R 11
--- Schenectady Swim Club-AD	C	SCR	

Event 130 Boys 11-12 200 LC Meter Medley Relay**Meet Record: 2:19.51 # 7/1997 Clinton Cudas****2009AD LC Di: 2:15.98 ! 7/6/1993 Ridgewood****2009AD LC Re: 2:19.51 7/10/1997 Clinton Cudas****RIDG-NJ****CLIN-AD**

Team	Relay	Finals Time	Points
1 Hawks-AD	A	2:24.86	32
1) Hess, Brian H 12	2) Trzewik-Quinn, Seamus 11	3) McColgan, Jimmy K 12	4) Sweeney, Sean P 12
2 Albany Starfish Swim Club-AD	A	2:28.07	26
1) Gordon, Luther W 12	2) Sausto, Dan J 11	3) Smachlo, Miles A 12	4) Miao, Frank Z 12
3 Schenectady Swim Club-AD	A	2:32.84	24
1) Haraden, Jesse A 12	2) Davis, Clark J 12	3) Cleworth, Calvin W 12	4) Ludeke, Chris E 12
4 Clinton Cuda Swim Club-AD	A	2:49.09	22
1) Draper, Bobby P 12	2) Argentine, Leonard J 11	3) Buckingham, Erik K 12	4) Farmer, Noah J 12
--- Albany Starfish Swim Club-AD	B	DQ	
1) Wilkerson, Noah C 12	2) Cazer, Benjamin J 12	3) Pritchard, Robert R 11	4) Lampman, Jack R 12

Event 131 Girls 10 & Under 200 LC Meter Medley Relay**Meet Record: 2:37.99 # 7/1997 Schenectady**

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD	A	2:50.08	32
1) Serotta, Lauren M 10	2) Lau, Christina N 10	3) Pritchard, Jane Y 10	4) Walters, Julia G 10
2 Schenectady Swim Club-AD	A	3:10.38	26
1) Smith, Bailey C 10	2) Misener, Jacqueline M 9	3) Morgan, Liz P 10	4) Bacon, Abby P 9
3 Clinton Cuda Swim Club-AD	A	3:10.46	24
1) Hamlin, Katherine S 10	2) Draper, Marian E 10	3) Madden, Sydney A 10	4) Falvo, Alexis E 10
4 Albany Starfish Swim Club-AD	C	3:14.85	22
1) Lipkin, Elaine M 10	2) Braga, Dana D 10	3) Wurth, Kristen S 10	4) Whitney, Sierra G 10
5 Albany Starfish Swim Club-AD	E	3:19.88	20
1) Bushway, Lillian B 8	2) Gordon, Jessica K 8	3) Wang, Emily M 8	4) Miller, Erin E 8
6 Albany Starfish Swim Club-AD	B	3:20.21	18
1) Stansbury, Clare E 10	2) Cazer, Kelly A 10	3) McGraw, Caroline B 9	4) Bushway, Isabel M 9
7 Albany Starfish Swim Club-AD	D	3:37.97	14
1) Mizbani, Mariah C 10	2) Wadsworth, Taylor E 9	3) Matoske, Angelica M 9	4) Gerstler, Kaitlyn M 8
8 Albany Starfish Swim Club-AD	F	3:50.05	10
1) Heyde, Alaina J 7	2) Bushway, Evelyn G 8	3) Leung, Adelaide Y 7	4) Silverberg, Ada E 8

Event 132 Boys 10 & Under 200 LC Meter Medley Relay**Meet Record: 3:39.37 # 8/1/2004****Clinton Cuda Swim Club****Cudas****T Lemery, T Sullivan, S MacDonald, J Cook**

Team	Relay	Finals Time	Points
1 Albany Starfish Swim Club-AD	A	3:08.61 #	32
1) Ward, Scott T 8	2) Ren, Erik Z 10	3) Zhou, Allen G 9	4) McElrath, Ian T 10
--- Albany Starfish Swim Club-AD	B	DQ	
1) Chen, James H 10	2) Galvin, Michael J 10	3) LaFlamme, Owen C 10	4) Liu, Stanley 10

2010 Adirondack Long Course District Champion - 7/23/2010 to 7/25/2010**Results****Event 133 Girls 1500 LC Meter Freestyle**

Meet Record: 18:01.56 # 8/1/2004 Holly V Furman SCHE -AD
 2009AD LC Di: 17:32.54 ! 7/7/1994 Danielle Mailloux OMNI-MR
 2009AD LC Re: 17:32.93 7/10/2009 Aimee Hooper at Niagara Long C ALBS-AD

Name	Age	Team	Finals Time	Points
1 Smachlo, Julia P	15	Albany Starfish Swim Club-AD	18:31.74	16
2 Dougherty, Sarah E	17	Albany Starfish Swim Club-AD	18:56.20	13
3 Swett, Sara E	15	Schenectady Swim Club-AD	18:57.79	12
4 Hallam, Dana L	17	Albany Starfish Swim Club-AD	20:33.74	11

Event 134 Boys 1500 LC Meter Freestyle

Meet Record: 17:05.34 # 8/1/2004 Rob S Manor SCHE -AD
 2009AD LC Di: 16:59.55 ! 7/1/2005 Alex Roan at Clinton Cudas Col CCSC-NE
 2009AD LC Re: 16:39.01 8/6/2009 Greg Romanov at 2009 Speedo Ch SCHE-AD

Name	Age	Team	Finals Time	Points
1 Hooper, Nick R	15	Albany Starfish Swim Club-AD	17:37.89	16

Event 135 Girls 13-14 1500 LC Meter Freestyle

Meet Record: 18:26.74 # 8/5/2001 Danielle M Stein SCHE
 2009AD LC Di: 17:43.11 ! 7/30/1991 Elizabeth Rossi WHPL-MA
 2009AD LC Re: 17:48.53 8/10/1994 Stacy Wells CLIN-AD

Name	Age	Team	Finals Time	Points
1 Beckford, Gabriela E	14	Albany Starfish Swim Club-AD	19:30.58	16
2 Cahill, Kaitlin E	14	Albany Starfish Swim Club-AD	19:45.22	13
3 Dougherty, Erin B	14	Albany Starfish Swim Club-AD	19:48.82	12
4 Pettit, Meghan K	14	Schenectady Swim Club-AD	19:49.01	11
5 Haraden, Karly J	14	Schenectady Swim Club-AD	20:20.07	10
6 Eisnor, Elizabeth L	14	Clifton Park-Halfmoon Piranhas-AD	21:27.36	9

Event 136 Boys 13-14 1500 LC Meter Freestyle

Meet Record: 17:38.61 # 7/1998 Bryan Brown - Sche SCHENECTADY
 2009AD LC Di: 17:21.36 ! 7/7/1995 Tommy Drejer OMNI-MR
 2009AD LC Re: 17:15.59 8/9/2006 Frankie Demaria at Eastern Zon ALBS-AD

Name	Age	Team	Finals Time	Points
1 Gordon, Ryan D	14	Albany Starfish Swim Club-AD	19:17.54	16
2 Frandsen, Garret E	14	Glens Falls YMCA Gators-AD	20:11.21	13