

Chris Goody 10&Under Mini-Meet January 15, 2011 at Union College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD11-014
Carolyn Manor, General Chairman

Host: Schenectady-Saratoga Swim Club

Place: Union College, Alumni Gym, Schenectady, NY
Short Course 25 Yard Pool, 8 lanes, continuous warm-up pool
Colorado Automatic Timing and Beeper System

Pool Depths: Start End 1 meter = 4'0", 5 meters = 4'3" Turn End 1 meter = 7'0", 5 meters = 6'9"

Time: Session 1- **Mini-Meet** Saturday – Warm Ups at 10:45 AM – Meet Starts at 11:30
Specific Warm Up instructions will be posted to the AD Web Site after all entries are received.

Meet Directors: Carolyn Manor manor1017@aol.com and Vic Romanov vicromanov@schenectadyswimclub.org

Meet Marshall: Vic Romanov

Meet Referee: JoAnn Faucett 518-399-0494

Meet Entry Coordinator: Patty Rowledge 518-374-7854 proyledg@nycap.rr.com

Entry Rules:

The eligibility of an athlete will be determined by his or her age on January 15, 2011.

Rules from the current USA Swimming Technical Rules will be in effect.

Entries must be prepared using Hy-Tek or compatible Software and submitted via email to Patty Rowledge proyledg@nycap.rr.com

Mail all paperwork and fees to: Patty Rowledge, 21 Haviland Drive Scotia, NY 12302 518-374-7854.

Team entries must be received by **Tuesday, January 4, 2011, 6:00PM.**

Deadline for **AD LSC** teams for priority placement is **Friday, December 31, 2010.**

All events in the mini-meet will be timed finals. Swimmers may enter and swim up to **5 individual events plus 1 relay.** The attempt will be to limit this session to as close to 2 hours as possible. In the case of oversubscription, the meet directors will work with the meet referee to determine a resolution in the best interest of the swimmers.

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Swimmers MUST be Registered, with the AD Registrar, by the Meet Entry Deadline.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or kfurman@adirondackswimming.org

NOTE: ALL ATHLETES ATTENDING ANY SANCTIONED MEET, MUST BE UNDER THE DIRECT SUPERVISION OF A CURRENTLY REGISTERED AND CERTIFIED, USA SWIMMING COACH. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR OR AN ATTENDING COACH, IN ADVANCE, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.

This is a USA Swimming Rule, there are no exceptions.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimming Events:

All events will be swum as timed finals. Fly over starts will be in use. The Mini-Meet will be pre-seeded.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets

2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached, Adirondack) ONLY at a fee of \$100. DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.

4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.

5. There is a \$1 per entry surcharge for manual entries (individual or relay).

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Meet Policy:

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck. If, at and AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.**

No Parents (except timers and meet marshals ON SHIFT) are allowed on deck.

Services:

Food will be on sale throughout the meet. A meet program will be available which will cover all sessions. A swimming equipment vendor will be selling equipment during the meet. Smoking is NOT permitted in the building. Parents, coaches and swimmers are not to bring glass containers of any kind into the pool area.

Timers:

Clubs will be required to provide timers based upon their number of entries. Lane assignments will be posted on the AD Web Site (www.adirondackswimming.org) and in the meet program.

Bull Pen:

Swimmers who are 8 and under are expected to line up in the bull pen area for the 25 yard events only.

DO NOT pack any glass containers when going to any pool.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Directors at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.50 individual event, (this includes the \$.50 travel fund surcharge), and \$6.00 per relay (including the \$1.00 travel fund surcharge). There is also a \$1 per swimmer surcharge. All manual entries will be subject to a \$1 per entry surcharge.

Make your entry check payable to **SCHENECTADY-SARATOGA SWIM CLUB**

Mail your check and paperwork to; Patty Rowledge 21 Haviland Drive Scotia, NY 12302 518-374-7854

Entries will be entered to the meet upon receipt of your check

Awards/Scoring:

Ribbons will be awarded to the Top 8 in each individual event and to Relays placing in the Top 3.

Officials:

If you have any questions please contact;

Patty Rowledge prowledg@nycap.rr.com (518)374-7854

or

JoAnn Faucett, faucettjm@aol.com (518) 399-0494

CHRIS GOODY 10-UNDER MINI-MEET

Hosted by Schenectady-Saratoga Swim Club

JANUARY 15, 2011

Union College Pool

WARM UPS 10:45 – MEET STARTS AT 11:30

Ribbons awarded for 1st through 8th place in individual events

Ribbons awarded for 1st through 3rd place in relay events

<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
1	8-Under 100 Free	2
3	10-Under 100 IM	4
5	8-Under 25 Fly	6
7	9-10 50 Fly	8
9	8-Under 25 Back	10
11	9-10 50 Back	12
13	8-Under 25 Breast	14
15	9-10 50 Breast	16
17	8-Under 25 Free	18
19	9-10 50 Free	20
21	10-UNDER 200 FREE RELAY	22

Swimmers may enter and swim up to 5 individual events plus 1 relay

\$3.50 PER INDIVIDUAL EVENT, \$6.00 PER RELAY EVENT

\$1.00 SURCHARGE PER SWIMMER

\$1.00 SURCHARGE PER EVENT FOR MANUAL ENTRIES

Schenectady-Saratoga Swim Club

ENTRY FEE CALCULATION SHEET

“Chris Goody MINI-MEET, Jan 15, 2011 at Union College”

TEAM NAME: _____
CONTACT PERSON: _____
PHONE NUMBER: _____
E-Mail ADDRESS: _____

Number of Individual Entries _____	X \$3.50 = \$ _____
Number of Swimmers _____	X \$1.00 = \$ _____
Number of Relays _____	X \$6.00 = \$ _____
Number of Manual Entries _____	X \$1.00 = \$ _____
Total Entry Fee Due	\$ _____
Total Amount Due and Enclosed	\$ _____

MAKE CHECKS PAYABLE TO “Schenectady-Saratoga Swim Club”

This form must be returned with Entry Report and Check

ENTRY DEADLINE...
Tuesday, January 4, 2011
BY 6PM

Mail Entry Report, This Form and Check to:
Patty Rowledge 21 Haviland Drive Scotia, NY 12302

***Entries Must be sent E-mail to: prowledg@nycap.rr.com**

**Your Team Check Must be received to have entries added to the meet.*