



Chris Goody IMX Challenge

January 15 and 16, 2011 at Union College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD11 -015
Carolyn Manor, General Chairman

Host: Schenectady-Saratoga Swim Club

Place: Union College, Alumni Gym, Schenectady, NY
Short Course 25 Yard Pool, 8 lanes, continuous warm-up pool Colorado Automatic Timing and Beeper System

Pool Depths: Start End 1 meter = 4'0", 5 meters = 4'3" Turn End 1 meter = 7'0", 5 meters = 6'9"

Time: Session 1 - Saturday Warm-ups at 2:00 PM Meet Starts at 3:00 PM
Session 2 - Sunday Warm-ups at 8:00 AM Meet Starts at 9:00AM
Session 3 - Sunday Warm-ups at 1:00 PM Meet Starts at 2:00PM

ALL EVENTS REQUIRE POSITIVE CHECK-IN BY THE START OF WARM-UPS.

Specific Warm-up instructions will be posted to the AD Web Site after all entries are received.

Meet Directors: Carolyn Manor, manor1017@aol.com Vic Romanov vicromanov@schenectadyswimclub.org

Meet Marshall: Vic Romanov

Meet Referee: JoAnn Faucett 518-399-0494

Meet Entry Coordinator: Patty Rowledge 518-374-7854 proyledg@nycap.rr.com

Entry Rules:

The eligibility of an athlete will be determined by his or her age on January 15, 2011.

Rules from the current USA Swimming Technical Rules will be in effect.

Entries must be prepared using Hy-Tek or compatible Software and submitted via email to **Patty Rowledge** at proyledg@nycap.rr.com.

Mail all paperwork and fees to: Patty Rowledge 21 Haviland Drive Scotia, NY 12302

Team entries must be received by **Tuesday, January 4, 2011, 6:00PM.**

Deadline for **AD LSC** teams for priority placement is **Friday, December 31, 2010.**

In the event the meet is oversubscribed, the meet directors and meet referee will work together to determine the solution, in the best interest of the swimmers. The meet committee reserves the right to return entries whose inclusion would prolong the meet.

IMX CHALLENGE – Saturday and Sunday Jan 15 and 16, 2011

This meet will have 3 Sessions. Positive check-in will be required in all events. In order to compete for an IMX award, swimmers may enter and swim five events for 12 and under and six events for 13 and over. Please note that the 11-12 400IM and 200 of stroke and 10 and under 500 free are NOT IMX events. Events that are scored for IMX awards are listed on page 2 of this announcement.

The First Session – Saturday afternoon will have 11-12 200's of stroke and all 400 IM and 500 Freestyles. The 13 and over 400 IM and 11 and over 500 frees will be scored by the Hy-Tek single -age point system. Ribbons will be awarded for the 11-12 400 IM and 200's of stroke, and 10 and under 500 free, from first through eighth place. The 11-12 age group may enter and swim up to **3 events**; all others may enter and swim up to **2 events**.

The Second Session – Sunday morning will run IMX Challenge events for 12 & under athletes. Events will be scored by the Hy-Tek single -age point system. Athletes may enter and swim up to **5 individual events plus one relay swim**.

The Third Session – Sunday afternoon will run IMX Challenge events for 13-over athletes. Events will be scored by the Hy-Tek single -age point system. Athletes may enter and swim up to **4 individual events**.

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Swimmers MUST be Registered, with the AD Registrar, by the Meet Entry Deadline.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or kfurman@adirondackswimming.org

NOTE: ALL ATHLETES ATTENDING ANY SANCTIONED MEET, MUST BE UNDER THE DIRECT SUPERVISION OF A CURRENTLY REGISTERED AND CERTIFIED, USA SWIMMING COACH. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR OR AN ATTENDING COACH, IN ADVANCE, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.

This is a USA Swimming Rule, there are no exceptions.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimming Events:

All events will be swum as timed finals. Fly over starts will be in use. Positive check-in is required for all events by the start of warm-ups. Those not checked in by deadline will be scratched. Distance events (500 free and 400 IM) will be swum slowest to fastest, first all girls, then all boys. Age groups will swim combined, but will be separated for awards.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered). **If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached, Adirondack) ONLY at a fee of \$100. DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.**
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. There is a \$1 per entry surcharge for manual entries (individual or relay).

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Meet Policy:

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck. If, at and AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.**

Timers:

Clubs will be required to provide timers based upon their number of entries. Swimmers must provide their own counters for the 500 freestyle. Lane assignments will be posted on the AD Web Site (www.adirondackswimming.org) and in the meet program.

Services:

Food will be on sale throughout the meet. A meet program will be available which will cover all sessions. A swimming equipment vendor will be selling equipment during the meet. Smoking is NOT permitted in the building. Parents, coaches and swimmers are not to bring glass containers of any kind into the pool area.

DO NOT pack any glass containers when going to any pool.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.75 per individual event, (this includes the \$.50 travel fund surcharge), and \$6.00 per relay (including the \$1.00 travel fund surcharge). There is also a \$1 per swimmer surcharge. Any manual entries will be subject to a \$1 per entry surcharge.

Make your entry check payable to **SCHENECTADY-SARATOGA SWIM CLUB** and mail your check and paperwork to:
Patty Rowledge 21 Haviland Drive Scotia, NY 12302

Entries will be entered to the meet upon receipt of your check

Awards/Scoring:

11-12 400 IM and 200's of stroke and 10 & under 500 free will be awarded ribbons through the top eight places.
Ribbons will be awarded to all relays placing in the top three.

In the Sat-Sun IMX Challenge, all individuals will be scored on the Hy-Tek Single-Age Points System. The Top 6 in each Single Age will be awarded.

IMX Age Groups and Events: The following single age groups and event combinations will be scored:

9&under: 10-year olds: 200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly

11-year olds: 12-year olds: 200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly

13, 14, 15, 16, 17, and 18-year olds: 200 IM, 400 IM, 500 Free, 200 Back, 200 Breast, 200 Fly

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact:

Patty Rowledge prowledg@nycap.rr.com (518)374-7854

Or JoAnn Faucett, faucettjm@aol.com (518) 399-0494

CHRIS GOODY IMXTREME CHALLENGE

JANUARY 15 and 16, 2011

Union College Pool

PM, SESSION 1 – Saturday, January 15, 2011

WARM UPS 2:00 – MEET STARTS AT 3:00

Positive check-in required by 2:00 pm

GIRLS	EVENT	BOYS
1	11-12 200 Fly	2
3	10&under/11-12/13&over 500 Free	4
5	11-12 200 Back	6
7	11-12/13&over 400 IM	8
9	11-12 200 Breast	10

AM, SESSION 2 – Sunday, January 16, 2011

WARM UPS 8:00 – MEET STARTS AT 9:00

Positive check-in required by 8:00 am

GIRLS	EVENT	BOYS
11	10-UNDER 200 IM	12
13	11-12 200 IM	14
15	10-UNDER 100 Breast	16
17	11-12 100 Breast	18
19	10-Under 100 Back	20
21	11-12 100 Back	22
23	10-Under 200 Free	24
25	11-12 100 Fly	26
27	10-Under 100 Fly	28
29	12-Under 200 Medley Relay	30

PM, SESSION 3 – Sunday, January 16, 2011

WARM UPS 1:00 – MEET STARTS AT 2:00

Positive check-in required by 1:00 pm.

GIRLS	EVENT	BOYS
31	13-14 200 Fly	32
33	15-Over 200 Fly	34
35	13-14 200 Back	36
37	15-Over 200 Back	38
39	13-14 200 Breast	40
41	15-Over 200 Breast	42
43	13-14 200 IM	44
45	15-Over 200 IM	46

\$3.75 PER INDIVIDUAL EVENT, \$6.00 PER RELAY EVENT
\$1.00 SURCHARGE PER SWIMMER

\$1.00 SURCHARGE PER ENTRY FOR MANUAL ENTRIES

Schenectady-Saratoga Swim Club

ENTRY FEE CALCULATION SHEET

“Chris Goody IMX Challenge, Jan 15-16, 2011, Union College”

TEAM NAME: _____

CONTACT PERSON : _____

PHONE NUMBER : _____

E-Mail ADDRESS : _____

Number of Individual Entries _____	X \$3.75 = \$ _____
Number of Swimmers _____	X \$1.00 = \$ _____
Number of Relays _____	X \$6.00 = \$ _____
Number of Manual Entries _____	X \$1.00 = \$ _____
Total Entry Fee Due	\$ _____
Total Amount Due and Enclosed	\$ _____

MAKE CHECKS PAYABLE TO “Schenectady-Saratoga Swim Club”

This form must be returned with Entry Report and Check

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY**

**Schenectady-Saratoga Swim Club assumes no responsibility
for meet close-out due to late entries**

**ENTRY DEADLINE...
Tuesday, January 4, 2011
BY 6PM**

Mail Entry Report, This Form and Check to:
Patty Rowledge 21 Haviland Drive Scotia, NY 12302

***Entries Must be sent E-mail to: prowledg@nycap.rr.com**

**Your Team Check Must be received to have entries added to the meet*