

**DELMAR DOLFINs FEBRUARY FREEZE INVITATIONAL**  
**Sunday, February 5, 2012**  
**Union College, Schenectady, New York**

**CHANGE NOTICE**

Please make note of the following changes to this meet.

1. Morning Session: **NO CHANGE**. Warm Up 7:00AM. Session begins 8:00AM
2. Mid-Day Session: Positive Check-In by 11:00AM. **Session specific Warm Up 11:00AM**. Session begins **11:30AM**
3. Afternoon Session: Warm Up **12:00PM**. Session begins **1:00PM**
4. Evening Session: Positive Check-In by **4:00PM**. No specific Warm Up. Use continuous warm up pool. **Session begins 10 minutes after Afternoon session, but not before 4:30PM**

Please advise all swimmers and coaches of these changes.