

December Distance Meet

December 15th 2013

Shenendehowa Aquatics Center

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD14-011
JoAnn Faucett, General Chairman

Host: Clifton Park-Halfmoon Piranhas

Place: Shenendehowa Pool (Adjacent to Gowana Middle School)
Short Course 25 Yard – 8 Lane Pool ... Continuous Warm Up Pool ... Daktronics Starting and Timing System

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter and Five (5) Meter Distances from Start End of Pool. 1 meter = 14'6", 5 meters = 14'6"
Depth of Pool at One (1) Meter and Five (5) Meter Distances from Turn End of Pool. 1 meter = 7'6", 5 meters = 7'6"

Time: Sunday December 15th

Session I (Positive Check-in by 7:30 AM)

Session II

Session III (Positive Check-in by 4:00 PM: 1650 Only)

Warm-up 7:00 AM

Warm-up 11:00 AM

Warm-up 4:00 PM

Session Start 8:00 AM

Session Start 12:00 PM

Session Start 4:30 PM

Meet Director: Jodi Marvin 518-248-3174
Meet Referee: JoAnn Faucett faucettjm@aol.com
Meet Entry Coordinator: Rusty Blue rustyblue0@gmail.com

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on December 15, 2013

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.

Team entries must be received by the Meet Entry Coordinator by **December 5, 2013**

In the event the meet is oversubscribed, the Meet Director may cut Relays in order to achieve the desired timeline. If after removing relays, the meet is still oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind. If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

Swimmers may enter a max of four (4) individual events per day, plus 1 relay

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Swimmers MUST be USA Swimming Registered, at the time their entries are submitted.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

NOTE: USA Swimming Athlete Members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR OR AN ATTENDING COACH, IN ADVANCE, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

These are USA Swimming Rules, there are no exceptions.

Swimming Events:

Session 1 and the 1650's in Session 3 will be positive check-in. All other events will be swum as timed finals. All swimmers need to obtain their heat and lane assignments from the heat sheets posted throughout the pool area. All events will be swum slow to fast.

Relays:

Relays will be swum as timed finals

Scratches:

Swimmers who do not positively check in by the deadlines will be scratched. Deadline for Session I is 7:30 AM and for Session 3 is 4:30 PM. Coaches – be sure your swimmers check-in.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries.
Swimmers have to provide their own timers for the 400 IM's, 500's and 1650's.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.
If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.
DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than locker rooms or other designated areas is not appropriate and is strongly discouraged.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members.

Services:

A concession stand will be available throughout the meet. No food is to be consumed on the pool deck.

A hospitality room will be available for officials and coaches only in the office off of the pool deck.

Host team will be selling meet t-shirts, sweatshirts and miscellaneous swimming supplies.

Smoking is not permitted in the building.

No glass containers allowed in the pool area.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.50 per individual event, which includes the \$.50 AD travel fund surcharge, \$6.00 per relay, which includes the \$1.00 AD travel fund surcharge and a \$1 per swimmer surcharge

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to "CPHM Piranhas" and mail your check and entry summary sheet to:

Rusty Blue, 548 Englemore Road, Clifton Park, NY 12065 rustyblue0@gmail.com 518-373-1135.

Entries will be entered to the meet upon receipt of your check.

Photographers:

Any photographer or videographer, who intends to take pictures at an Adirondack Swimming sanctioned meet, must complete and submit a Photographer Registration Form to the Meet Director before commencing activity. Forms are available on the Adirondack Swimming website as well as from the Meet Director. [Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Awards:

For individual events ribbons will be awarded for 1st-8th place. For relays, ribbons will be awarded to the 1st-3rd place teams

Scoring:

The meet will not be scored

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet.

Please sign up in official's room before the start of officials meeting.

If you have any questions please contact Rusty Blue, rustyblue0@gmail.com 518-373-1135

**December Distance Meet
Sunday December 15, 2013
Shenendehowa Aquatic Center**

SESSION 1

WARM-UPS 7:00AM ... POSITIVE CHECK-IN BY 7:30 AM ... SESSION BEGINS 8:00AM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
1	Open 400 Individual Medley	2
3	Open 500 Freestyle	4

SESSION 2

WARM-UPS 11:00AM ... SESSION BEGINS 12:00PM

5	Open 200 Butterfly	6
7	Open 200 Backstroke	8
9	Open 200 Breaststroke	10
11	Open 200 Individual Medley	12
13	Open 800 Freestyle Relay	14

SESSION 3

WARM-UPS 4:00PM ... POSITIVE CHECK-IN BY 4:00 PM (1650 Only) ... SESSION BEGINS 4:30PM

15	Open 200 Freestyle	16
17	Open 1650 Freestyle	18

Each Swimmer May Swim A Maximum of 4 Events Per Day Plus 1 Relay

\$3.50 Per Individual Event Per Athlete for ALL Athletes

\$1.00 Per Athlete Surcharge

\$6.00 Per Each Relay

For Manual Entries, Add \$1.00 Per Entry (individual or relay)

**“Clifton Park-Halfmoon Piranhas”
ENTRY FEE CALCULATION SHEET
“December Distance Meet”**

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Individual Entries _____ X \$3.50 = \$ _____
Number of Swimmers _____ X \$1.00 = \$ _____
Number of Relays _____ X \$6.00 = \$ _____
Number of Manual (non-electronic) Entries _____ X \$1.00 = \$ _____

Total Entry Fee Due and Enclosed\$ _____

**ENTRY DEADLINE..
”Thursday December 5th”**

MAKE CHECKS PAYABLE TO “CPHM Piranhas”

Email your entries to the Meet Entry Coordinator

**This form Must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

**“Rusty Blue, 548 Englemore Road, Clifton Park, NY 12065”
*Entry File May be sent E-mail to: *rustyblue0@gmail.com***

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY**

**“Clifton Park-Halfmoon Piranhas” assumes no responsibility
for meet close-out due to late entries**