

# 2016 STARFISH TROPHY INVITATIONAL

## JANUARY 8<sup>th</sup>, 9<sup>th</sup>, & 10<sup>th</sup> 2016

### Robison Pool, RPI, Troy, NY

**Sanction:** Held under the sanction of USA Swimming, Inc. and Adirondack Swimming, Inc. Sanction #AD16-012  
 JoAnn Faucett, General Chairman  
 It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Host:** Starfish Swim Club  
**Place:** RPI Robison Pool, Rensselaer Polytechnic Institute, Troy, New York  
 Short Course, 25 yards with continuous warm-up/warm-down area  
 Colorado automatic timing system with beeper start and scoreboard readouts  
**The competition course has not been certified in accordance with 104.2.2C(4).**

**RPI Pool Depths:** Start End at 1 meter = 4'0", 5 meters = 4'10", Turn End at 1 meter = 6'10", 5 meters = 6'7"

**TIME:**

Session	Age Groups	Warm-up Time	Meet Start Time	POSITIVE CHECK-IN
Session 1 – Fri PM	9-10, 11-12, 13-14, 15 & over	3:15 – 4:10 PM	4:15 PM	3:15 PM (400 IM)
Session 2 – Sat AM	8&U, 9-10, 11-12	7:00 – 7:55 AM	8:00 AM	
Session 3 – Sat Mid-Day	13-14, 15 & over	12:00 – 12:55 PM	1:00 PM**	
Session 4 – Sat PM	13-14, 15 & over	4:30 – 5:00 PM	5:00 PM***	4:15 PM (500 free)
Session 5 – Sun AM	8&U, 9-10, 11-12	7:00 – 7:55 AM	8:00 AM	
Session 6 – Sun Mid-Day	13-14, 15 & over	12:00 – 12:55 PM	1:00 PM**	
Session 7 – Sun PM	Open	4:30 – 5:00 PM	5:00 PM***	4:15 PM

Warm-up groupings will be posted to Adirondack Swimming website by **January 5, 2015** ([www.adirondackswimming.org](http://www.adirondackswimming.org))

\*\* Estimated Start Time – These Sessions will start 60 minutes after the conclusion of the AM session, but not before 1:00 PM

\*\*\* Estimated Start Time – These Sessions will start 15-30 minutes after the conclusion of the prior session, but not before the time shown above

**Meet Directors:** Greg Antolick (518)-852-1217, [gantolick@nycap.rr.com](mailto:gantolick@nycap.rr.com) and Tim McElrath [tjmline1@gmail.com](mailto:tjmline1@gmail.com)  
**Meet Referee:** JoAnn Faucett 518-496-6136 [faucettjm@aol.com](mailto:faucettjm@aol.com)  
**Meet Entry Coordinator:** John Ward 518-347-2786 [entries@albanystarfish.org](mailto:entries@albanystarfish.org)

**Entry Rules:**

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

The eligibility of a swimmer will be determined by his or her age on **January 8, 2016**.

**13 & Over swimmers** may enter up to **TWO** individual events on Friday and up to **FOUR** individual events and **ONE** relay per day on Saturday and Sunday. **12 & Under swimmers** may enter up to **TWO** individual events on Friday and up to **THREE** individual events and **ONE** relay per day on Saturday and Sunday.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software.

Entries must be received by **Saturday, December 19<sup>th</sup> at 5:00 PM** at [entries@albanystarfish.org](mailto:entries@albanystarfish.org)

Please be certain you receive a reply to your email with entries... follow up if you do NOT receive a reply

Entries per session will be limited by the 4-hour session rule. The host team reserves the right to enter their swimmers in the meet at any time.

It is anticipated that this meet will fill up quickly and it is strongly recommended that you submit entries as soon as possible.

Please check all entries carefully prior to submission. Entries with NT will not be accepted for those events that require qualifying times.

In case the meet is over subscribed, the Meet Director will work with the Meet Referee on a solution in the best interest of the swimmers.

**If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.**  
 In the event any entries are returned, the respective team's coach will be notified by **January 5, 2016**.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

**USA Swimming Registration:**

ALL Swimmers MUST be USA Swimming Registered, as provided in Article 302, at the time their entries are submitted.

Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site [www.adirondackswimming.org](http://www.adirondackswimming.org)

Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or [akorzun@adirondackswimming.org](mailto:akorzun@adirondackswimming.org)

**Swimming Events:**

**This is a pre-seeded meet, except for long distance events. Positive check-in is required for 400 IM, 500's, 1000's and 1650's. All swimmers who do not positively check-in for these events (3:15 PM Friday, 4:15 PM Saturday & Sunday) will be scratched from their events. The check-in area will be clearly marked as you enter the pool lobby at RPI.**

**All events will be swum as timed finals.**

**All age groups need to obtain their heat and lane assignments from the heat sheets that will be posted throughout the pool area.**

**Where applicable, entry times must be faster than the listed cutoff times.** For the 400 IM, 500's, 1000's and 1650's, boys and girls and age groups will be combined. For the 400IM's, 500's, 1000's and 1650's, the order will be the fastest heat of girls, the fastest heat of boys with the remaining swimmers combined. Entries with NT will not be accepted for those events that require qualifying times.

**Scratches:**

All swimmers in the 400 IM (Session 1), 500 freestyle (Session 4), 1000 freestyle (Session 7), and 1650 freestyle (Session 7) will be scratched if they are not positive checked-in by the deadline.

**Warm-ups:**

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to cooperate fully with club officials and meet marshals in charge of the area.

A warm-up schedule will be posted to the Adirondack website by **January 5, 2016** ([www.adirondackswimming.org](http://www.adirondackswimming.org))

**Timers:**

Clubs will be required to provide timers based upon their number of entries. Lane assignments will be posted to the Adirondack Meet Schedule ([www.adirondackswimming.org](http://www.adirondackswimming.org)) on or before **January 5, 2016** and in the program and pool area.

**Swimmers are required to provide their own timers and counters for the 500s, 1000s and 1650s**

**Deck Entries:**

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

**1. Deck Entries are NOT Allowed during Championship Meets**

2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered)

**Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.**

**If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration in meets allowing Deck Entries to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.**

**DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.**

3. Coach must make the request for the entry.

4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.

**5. ALL Deck Entries are subject to a \$1.00 Surcharge per entry, which applies to All Entries, Individual or Relays.**

**Meet Policy:**

**Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.**

**Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.**

**No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.**

**All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.**

**If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.**

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. Parents and coaches should see that swimmers behave in an orderly manner and dispose of and clean their area of any and all trash.

**Services:**

A meet program and meet t-shirt will be available for sale. A wide selection of food will be available from the Starfish Cafe. In addition, there will be high quality, well-priced swim equipment and other items for sale from The Deep End.

No food or drink is to be consumed in the pool area.

**Please do not bring any glass containers into the facility.**

**Disabled Athletes:**

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least two weeks in advance of the meet so that provisions can be made for any special accommodations.

**Entry Fees:**

Entry fees are \$4.50 or \$4.75 for each individual event (which includes \$0.50 travel fund surcharge), \$7.00 per relay (which includes a \$1.00 travel fund surcharge), and a \$1.00 per swimmer surcharge. \$4.75 Individual event fee is for sessions 4 and 7 (500s, 1000s and 1650s).

**All Manual Entries, including Deck Entries (non-electronic) are subject to a \$1.00 Surcharge per entry, Individual or Relays.**

Make your entry check payable to "AV Starfish Swim Club, Inc." and mail your check and entry summary sheet to

**John Ward, 1429 Fox Hollow Rd., Niskayuna, NY 12309**

All entries must be emailed to [entries@albanystarfish.org](mailto:entries@albanystarfish.org). Entries will be entered to the meet upon receipt of your check.

**Photographers:**

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

*Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.*

**Awards:**

Individual event ribbons will be awarded for 1<sup>st</sup> – 8<sup>th</sup> place

Relay event ribbons will be awarded to the 1<sup>st</sup> – 3<sup>rd</sup> place teams

Awards will be given for individual heat winners for 12 & under swimmers only

High Point awards will be given out for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places in each age group for both males and females, immediately following the last session for each age group. 8 & Unders will be scored on six events. 9-10 and 11-12 years will be based upon eight events and 13-14 and

15-18 age groups will be scored on best nine events. 1000 Free and 1650 free are not part of high point calculation. Coaches should be sure to pick up all their team's awards since Starfish will not be responsible for mailing.

**Scoring:**

Finals and consolations will be scored according to USA Swimming rules.

**Note for Swimmers 19 and Over:** Times for swimmers 19 years old and older are valid and will be entered into SWIMS. However, these swimmers will not score or be eligible for individual awards, high point awards and meet records.

**Time Trials:** Will not be offered for this meet

**Officials Meeting:**

There will be an officials meeting conducted 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in officials' room before the start of the officials meeting. New officials are welcome to shadow this meet

**Results:**

After the meet, the full results and .cl2 file will be posted on the Adirondack Swimming website.

**If you have any questions, please contact: Greg Antolick at [gantolick@nycap.rr.com](mailto:gantolick@nycap.rr.com) or (518) 852 - 1217**

**2015 STARFISH TROPHY INVITATIONAL**  
**JANUARY 8<sup>th</sup>, 9<sup>th</sup>, & 10<sup>th</sup>, 2016**  
RPI – Robison Pool

**POSITIVE CHECK-IN FOR SOME FRI AND SAT, AND SUN PM EVENTS**

Event #	Qualifying	ORDER OF EVENTS	Qualifying	Event #	Positive
Girls	Times		Time	Boys	Check-In
<b>Session 1 - Friday PM ... Positive Check-in by 3:15PM (400 IM), Meet Starts 4:15PM</b>					
1	5:38.00	13-14 400 Individual Medley	5:19.00	2	3:15 PM
3	5:33.00	15 & over 400 Individual Medley	5:07.00	4	3:15 PM
5	3:42.69	9-10 200 Individual Medley	3:40.89	6	
7	3:03.79	11-12 200 Individual Medley	3:03.09	8	
9		13-14 100 Breaststroke		10	
11		15 & over 100 Breaststroke		12	
13	3:20.19	9-10 200 Freestyle	3:09.89	14	
15	2:43.19	11-12 200 Freestyle	2:38.89	16	
17	2:36.09	13-14 200 Freestyle	2:26.09	18	
19	2:32.09	15 & over 200 Freestyle	2:20.09	20	
<b>Session 2 - Saturday AM ... Meet Starts 8:00AM</b>					
21		8&U 100 Individual Medley		22	
23		9-10 100 Individual Medley		24	
25		11-12 100 Individual Medley		26	
27		8&U 50 Backstroke		28	
29		9-10 50 Backstroke		30	
31		11-12 50 Backstroke		32	
33		8&U 50 Breaststroke		34	
35		9-10 50 Breaststroke		36	
37		11-12 50 Breaststroke		38	
39	1:57.49	9-10 100 Butterfly	1:55.19	40	
41	1:26.29	11-12 100 Butterfly	1:23.69	42	
43		10 & Under 100 Medley Relay		44	
45		11 – 12 200 Medley Relay		46	
<b>Session 3 - Saturday Mid-Day ... Meet Starts 1:00PM</b>					
47		13-14 200 Breaststroke		48	
49		15 & over 200 Breaststroke		50	
51		13-14 50 Freestyle		52	
53		15 & over 50 Freestyle		54	
55		13-14 200 Backstroke		56	
57		15 & over 200 Backstroke		58	
59		13-14 100 Butterfly		60	
61		15 & over 100 Butterfly		62	
63		13 & over 200 Medley Relay		64	
<b>Session 4 – Saturday PM ... Positive Check-in by 4:15PM, Meet Starts 5:00PM</b>					
65	6:08.00	13-14 500 Freestyle	5:54.00	66	4:15 PM
67	6:05.00	15 & over 500 Freestyle	5:38.00	68	4:15 PM

**2015 STARFISH TROPHY INVITATIONAL**  
**JANUARY 8<sup>th</sup>, 9<sup>th</sup>, & 10<sup>th</sup>, 2016**  
 Robison Pool, RPI

**SUNDAY PM EVENTS ARE POSITIVE CHECK-IN**

Event #	Qualifying	ORDER OF EVENTS	Qualifying	Event #	Positive
Girls	Time		Time	Boys	Check-In
<b>Session 5 - Sunday AM ... Meet Starts 8:00AM</b>					
69		8&U 50 Freestyle		70	
71		9-10 50 Freestyle		72	
73		11-12 50 Freestyle		74	
75	<b>1:59.99</b>	9-10 100 Breaststroke	<b>1:55.69</b>	76	
77	<b>1:36.39</b>	11-12 100 Breaststroke	<b>1:35.09</b>	78	
79		8&U 50 Butterfly		80	
81		9-10 50 Butterfly		82	
83		11-12 50 Butterfly		84	
85		8&U 100 Freestyle		86	
87		9-10 100 Freestyle		88	
89		11-12 100 Freestyle		90	
91	<b>1:45.69</b>	9-10 100 Backstroke	<b>1:42.89</b>	92	
93	<b>1:27.99</b>	11-12 100 Backstroke	<b>1:25.79</b>	94	
95		10 & Under 100 Freestyle Relay		96	
97		11 - 12 200 Freestyle Relay		98	
<b>Session 6 - Sunday Mid-Day ... Meet Starts 1:00PM</b>					
99		13-14 200 Butterfly		100	
101		15 & over 200 Butterfly		102	
103		13-14 100 Backstroke		104	
105		15 & over 100 Backstroke		106	
107		13-14 100 Freestyle		108	
109		15 & over 100 Freestyle		110	
111		13-14 200 Individual Medley		112	
113		15 & over 200 Individual Medley		114	
115		13 & Over 200 Freestyle Relay		116	
<b>Session 7 - Sunday PM ... Positive Check-in by 4:15PM, Meet Starts 5:00PM</b>					
117	<b>12:00.00</b>	Open 1000 Freestyle *	<b>11:00.00</b>	118	<b>4:15 PM</b>
119	<b>20:00.00</b>	Open 1650 Freestyle *	<b>18:48.00</b>	120	<b>4:15 PM</b>

**Each Swimmer May Swim a Maximum of 2 Individual Events on Friday.**

**13 & Over Swimmers may swim up to 4 Individual Events and 1 Relay per Day on Sat. and Sun.**

**12 & Under Swimmers may swim up to 3 Individual Events and 1 Relay per Day on Sat. and Sun.**

- Individual Entries: \$4.50 or \$4.75 (Sessions 4 & 7), per event + \$1.00 Surcharge per Swimmer.
- Relay Entries: \$7.00 per Relay.
- All Manual or Deck Entries (non-electronic) are subject to a \$1.00 Surcharge per Entry, Individual or Relay.

**\* 1000 Free and 1650 Free Events Are Not Included in High Point Scores**

# ALBANY STARFISH SWIM CLUB

## ENTRY FEE CALCULATION SHEET

2016 Starfish Trophy Invitational,

Robison Pool, RPI, Troy, NY

JANUARY 8<sup>th</sup>, 9<sup>th</sup>, & 10<sup>th</sup>, 2016

TEAM NAME: \_\_\_\_\_

CONTACT PERSON: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

E-Mail ADDRESS: \_\_\_\_\_

Number of Session 1, 2, 3, 5 & 6 Individual Entries	_____ X \$4.50 = \$ _____
Number of Session 4 & 7 Individual Entries	_____ X \$4.75 = \$ _____
Number of Swimmers	_____ X \$1.00 = \$ _____
Number of Relays	_____ X \$7.00 = \$ _____
Number of Manual (non-electronic) Entries	_____ X \$1.00 = \$ _____

Total Entry Fee Due.....\$ \_\_\_\_\_

Total Entry Fee Due and Enclosed.....\$ \_\_\_\_\_

**ENTRY DEADLINE - Saturday, Dec. 19<sup>th</sup>, 2015 at 5:00 pm**

*MAKE CHECKS PAYABLE TO: AV Starfish Swim Club, Inc.*

Email your entries to the Meet Entry Coordinator, John Ward (518-347-2786) at [entries@albanystarfish.org](mailto:entries@albanystarfish.org)

This form **Must** be returned with Entry Report and Check to

John Ward  
1429 Fox Hollow Rd.  
Niskayuna, NY 12309

**Entries will be posted to the meet program upon RECEIPT OF CHECK ONLY**

Starfish Swim Club assumes no responsibility for meet closeout due to late entries