

CHRIS GOODY IMX CHALLENGE

January 16-17, 2016 – Union College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD16-014
JoAnn Faucett, General Chairman
It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Schenectady-Saratoga Swim Club
Place: Union College, Alumni Gym, Schenectady, NY
Short Course 25 Yard Pool, 8 lanes, continuous warm-up pool. Colorado Automatic Timing and Beeper
The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 4'0" and Five (5) Meters 4'3" from Start End of Pool.
Depth of Pool at One (1) Meter 7'0" and Five (5) Meters 6'9" from Turn End of Pool.

Time:

Saturday, January 16, 2016				
		Positive Check-in Deadline	Warm-Up	Meet Start
Session 1	11 – 12	8:30 AM	8:30 AM	9:20 AM
Session 2	13 & Over	11:15 AM	11:15 AM	12:15 PM
Sunday, January 7, 2016				
		Positive Check-In Deadline	Warm-Up	Meet Start
Session 3	12 & Under	8:00 AM	8:00 AM	9:00 AM
Session 4	13 & Over	1:00 PM	1:00 PM	2:00 PM

Meet Director: Kara Haraden 518-365-6516 hondamen@aol.com
Sara Gregory 518-256-5556 saradgregory@hotmail.com
Meet Referee: Sean Caron 518-698-5434
Meet Entry Coordinator: Arianna Arazi 512-658-7729 entries@schenectadyswimclub.org

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **January 16, 2016**. Rules from the current USA Swimming Technical and Administrative Rules will be in effect. Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**. Team entries must be received by the Meet Entry Coordinator by **Wednesday, December 30, 2015, 5:00 PM**. **Please be certain you receive a reply confirming receipt of your entries; follow up if you do NOT receive a reply.**

IMX CHALLENGE – Saturday and Sunday January 16-17, 2016

This meet will have 4 Sessions. Positive check-in will be required in all sessions. In the IMX challenge there are five scored events for 12&Under and six scored events for 13&Over. Please note that the 11-12 200's of stroke are not IMX-scored events. A complete list of the events scored for IMX awards are listed on page 3 of this announcement.

Session 1 – Saturday's 11-12 session will include the 500 Freestyle, 200 IM, and the 200's of stroke. The 11 -12 500 Freestyle and 200 IM are IMX event, and will be scored by the Hy-Tek single-age point system. Swimmers in Session 1 may enter a maximum of 3 events.
Session 2 – Saturday's 13&Over session will include the 13 & Over 400 IM and 500 Freestyle, both of which will be scored, as part of the IMX Challenge, by the Hy-Tek single-age point system. Swimmers may enter a maximum of 2 events.
Session 3 – Sunday's morning session will include the remaining 12 & Under IMX Challenge events. Events will be scored by the Hy-Tek single -age point system. Swimmers may enter a maximum of 4 events.
Session 4 – Sunday afternoon session will include the 13 & Over IMX Challenge events. Events will be scored by the Hy-Tek single -age point system. Swimmers may enter a maximum of 4 individual events.

All events will be timed finals. Entries will be accepted on a first come, first served basis. The host team reserves the right to enter their swimmers at any time. NOTE: Coaches must designate one Sunday IMX event as a bonus event. If the meet is oversubscribed, bonus events may be cut; a joint decision by the Meet Director and Meet Referee will be made in the best interest of the swimmers. Subscription may also result in Meet and/or Session start times being rescheduled. Attending teams will be notified of any cuts or changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded. If you have any questions or need any help please contact the meet entry coordinator Arianna Arazi at 512-658-7729 or at entries@schenectadyswimclub.org.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

ALL Swimmers MUST be USA Swimming Registered, as provided in Article 302, at the time their entries are submitted. Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#)) Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

Swimming Events:

All events are timed finals. Starts will be Flyover Starts; please inform your swimmers prior to the meet. Positive check-in will be required for all events in all sessions by the start of warm-ups. Swimmers who are not checked in by deadline will be scratched.

Distance events (500 Freestyle and 400 IM) will be swum slowest to fastest, first all girls, then all boys.

IMX events will be swum in age groups, as follows:

Session 1 - 11-12

Session 2 - 13&Over

Session 3 - 10&Under and 11-12

Session 4 - 13-14 and 15&Over

NOTE: Session 1 Events may be seeded in mixed heats (girls and boys in same age group).

All IMX events will be scored and awarded per **single age**. Non-IMX events will not be scored and will be awarded in age groups 11-12 for 200's of stroke. For additional information, please see note regarding scoring on page 3 of this announcement.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries. Swimmers in the 400 IM and 500 Freestyle must provide their own timer. Lane assignments will be posted on the Adirondack Swimming Web site <http://www.adirondackswimming.org> and in the meet program.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets

2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).

Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached)

at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.

4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.

5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

Services:

Food will be on sale throughout the meet. A meet program covering all sessions will be available for purchase. The meet program will include psyche sheets, and heat sheets will be made available to those who purchase a program. A swimming equipment vendor will be selling equipment during the meet. Smoking is NOT permitted in the building. Glass containers of any kind are strictly prohibited in the pool area.

PLEASE DO NOT pack any glass containers when going to any pool.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$4.75 per individual event, which includes the \$.50 AD travel fund surcharge and a \$1 per swimmer surcharge

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **SCHENECTADY-SARATOGA SWIM CLUB** and mail your check and entry summary sheet to the **Meet Entry Coordinator: Arianna Arazi, 25 Forestbrook Drive, Ballston Lake, NY 12019.**

Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards and Scoring:

Ribbons will be awarded to the top 8 finishers in the Non-IMX events: 12&Under 400 IM and 11-12 200's of stroke.

Ribbons will be awarded to the top three teams in the relay events.

In the IMX Challenge, all swims will be scored on the cumulative Hy-Tek Single-Age Points System. The Top 6 point earners in each Single Age will be awarded.

IMX Age Groups and Events:

Age (Determined by swimmer's age on 01/3/2015)	IMX Events to be scored
9 & Under, 10	200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly
11, 12	200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly
13, 14, 15, 16, 17, and 18	200 IM, 400 IM, 500 Free, 200 Back, 200 Breast, 200 Fly

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact the Meet Director or Meet Referee

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SESSION 1 – Saturday – 12 & Under

WARM-UP and POSITIVE CHECK-IN DEADLINE 8:30 AM – SESSION START 9:20 AM

GIRLS	EVENT	BOYS
1	11 – 12 200 Butterfly (non-IMX)	2
3	11 – 12 500 Freestyle	4
5	11 – 12 200 Backstroke (non-IMX)	6
7	11 – 12 200 Breaststroke (non-IMX)	8
9	11 – 12 200 IM	10
Swimmers may enter a maximum of 3 events		

SESSION 2 – Saturday – 13 & Over

WARM-UP and POSITIVE CHECK-IN DEADLINE 11:15 AM – SESSION START 12:15 PM

GIRLS	EVENT	BOYS
11	13 & Over 500 Freestyle	12
13	13 & Over 400 IM	14
Swimmers may enter a maximum of 2 events		

SESSION 3 – Sunday – 12 & Under

WARM-UP and POSITIVE CHECK-IN DEADLINE 8:00 PM – SESSION START 9:00 PM

GIRLS	EVENT	BOYS
15	10 & Under 200 IM	16
17	10 & Under 100 Breaststroke	18
19	11 – 12 100 Breaststroke	20
21	10 & Under 100 Backstroke	22
23	11 – 12 100 Backstroke	24
25	10 & Under 200 Freestyle	26
27	11 – 12 100 Butterfly	28
29	10 & Under 100 Butterfly	30
Swimmers may enter a maximum of 5 individual events		

SESSION 4 – Sunday – 13 & Over

WARM-UP and POSITIVE CHECK-IN DEADLINE 1:00 PM – SESSION START 2:00 PM

GIRLS	EVENT	BOYS
31	13 – 14 200 Butterfly	32
33	15 & Over 200 Butterfly	34
35	13 – 14 200 Backstroke	36
37	15 & Over 200 Backstroke	38
39	13 – 14 200 Breaststroke	40
41	15 & Over 200 Breaststroke	42
43	13 – 14 200 IM	44
45	15 & Over 200 IM	46
Swimmers may enter a maximum of 4 individual events		

\$4.75 PER INDIVIDUAL EVENT || \$1.00 SURCHARGE PER SWIMMER
 ADDITIONAL \$1.00 SURCHARGE FOR ALL MANUAL ENTRIES

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ENTRY FEE CALCULATION SHEET

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Individual Entries Positive Check-in _____ X \$4.75 = \$ _____
Number of Swimmers _____ X \$1.00 = \$ _____
Number of Manual (non-electronic) Entries _____ X \$1.00 = \$ _____

Total Amount Due and Enclosed\$ _____

ENTRY DEADLINE:

Wednesday, December 30, 2015, 5:00 PM

MAKE CHECKS PAYABLE TO Schenectady-Saratoga Swim Club

Email your entries to the Meet Entry Coordinator:

entries@schenectadyswimclub.org

**This form Must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

Arianna Arazi
25 Forestbrook Drive
Ballston Lake, NY 12019

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY
Schenectady-Saratoga Swim Club assumes no responsibility
for meet close-out due to late entries**