

Starfish Spring Splash and Dash

June 25th, 2016 Ravena High School

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction #AD16-030
JoAnn Faucett, General Chair
It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Starfish Swim Club

Place: Ravena High School, Ravena, NY, Short Course, 25 Yard Pool, 6 Lanes,
Automatic timing System, starting system and scoreboard system.

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 13'0" and Five (5) Meters 13'0" from Start End of Pool.
Depth of Pool at One (1) Meter 4'4" and Five (5) Meters 4'8" from Turn End of Pool.

Time: Session 1: WarmUp: 10:30 AM, Meet Start: 11:15 AM

Meet Directors: Josh Wolin & Dan Tanski (Coachjosh@albanystarfish.org and Coachdan@albanystarfish.org)

Meet Referee: Jill DeMaria

Meet Entry Coordinator: Josh Wolin

Entry Rules:

This Meet is a Closed meet, open to Albany Starfish Members Only.

The eligibility of a swimmer will be determined by his or her age on **June 25, 2016**

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.

Team entries must be received by the Meet Entry Coordinator by **June 15th, 2016**

Entry Limit: 5 Individual Entries Per Athlete.

In the event the meet is oversubscribed, the Meet Director may cut Relays in order to achieve the desired timeline. If after removing relays, the meet is still oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind.

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

ALL Swimmers MUST be USA Swimming Registered, as provided in Article 302, at the time their entries are submitted.

Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

Swimming Events:

All events will be pre-seeded and swum as timed finals. All age groups need to obtain their heat and lane assignment from the heat sheets behind the starting blocks in the pool area. All 25Y events will be swum from the bulkhead to the touchpad.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$4.50 per individual event, which includes the \$.50 AD travel fund surcharge, and a \$1 per swimmer surcharge

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **"Starfish Swim Club"** and mail your check and entry summary sheet to the **Meet Entry Coordinator**.

Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Heat Winner Awards will be given.

Scoring:

This meet will not be scored.

Services:

There will be a small concession stand available during the meet.

Officials:

There will be an official's meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact the Meet Director or Meet Referee.

Starfish Splash and Dash
February 6, 2016, Niskayuna High School
SESSION 1

WARM-UPS 10:30 AM, SESSION BEGINS 11:15 AM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
1	13 & Under 200 Freestyle	2
3	7 & Under 25 Yard Freestyle	4
5	8 – 9 25 Yard Freestyle	6
7	10 – 11 50 Yard Freestyle	8
9	12 – 13 50 Yard Freestyle	10
11	9 & Under 50 Yard Breaststroke	12
13	13 & Under 100 Yard Breaststroke	14
	-- 5 Minute Break --	
15	Open 200 Back	16
17	7 & Under 25 Yard Backstroke	18
19	8 – 9 25 Yard Backstroke	20
21	10 – 11 50 Yard Backstroke	22
23	12 – 13 50 Yard Backstroke	24
25	9 & Under 50 Yard Butterfly	26
27	13 & Under 100 Yard Butterfly	28
	-- 5 Minute Break --	
29	9 & Under 50 Yard Freestyle	30
31	13 & Under 100 Yard Freestyle	32
33	7 & Under 25 Yard Breaststroke	34
35	8 – 9 25 Yard Breaststroke	36
37	Open 200 Breaststroke	38
39	10 – 11 50 Yard Breaststroke	40
41	12 – 13 50 Yard Breaststroke	42
	-- 5 Minute Break --	
43	9 & Under 50 Yard Backstroke	44
45	13 & Under 100 Yard Backstroke	46
47	7 & Under 25 Yard Butterfly	48
49	8 – 9 25 Yard Butterfly	50
51	10 – 11 50 Yard Butterfly	52
53	12 – 13 50 Yard Butterfly	54
55	Open 200 Butterfly	56
	-- 5 Minute Break --	
57	9 & Under 100 Yard IM	58
59	13 & Under 100 Yard IM	60
61	9 & Under 200 IM	62
63	13 & Under 100 IM	64
65	8&under 100 Freestyle Relay	66
67	10&under 200 Freestyle Relay	68
69	12&under 200 Freestyle Relay	70
71	Mixed 14&under 200 Freestyle Relay	
73	Open 500 Yard Freestyle	74

Each Swimmer May Swim A Maximum of 5 Events Per Day

\$4.50 Per Individual Event Per Athlete for ALL Athletes

\$1.00 Per Athlete Surcharge

\$7.00 Per Relay Team Entry

For Manual Entries, Add \$1.00 Per Entry (individual or relay)

Starfish Swim Club
ENTRY FEE CALCULATION SHEET
2016 Starfish Splash and Dash
Starfish Swim Club, Niskayuna High School

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Individual Entries	_____	X \$4.50 = \$	_____
Number of Swimmers	_____	X \$1.00 = \$	_____
Number of Relay Entries	_____	X \$7.00 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____
Total Amount Due and Enclosed			\$_____

ENTRY DEADLINE.. June 15, 2016

MAKE CHECKS PAYABLE TO "Starfish Swim Club"

Email your entries to the Meet Entry Coordinator

**This form must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

Josh Wolin, coachjosh@albanystarfish.org

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY
Starfish Swim Club assumes no responsibility
for meet close-out due to late entries**