

# CHANGE NOTICE

## Northern TRIBS Swimming NORTH COUNTRY INVITATIONAL

Saturday and Sunday, December 3 & 4, 2016

SUNY Potsdam – Maxcy Hall Pool

Tupper Lake Drive, Potsdam, NY

Sanction # AD17-005

### Saturday

Session	Age Groups	Warm-up Time	Meet Start Time	Positive Check-In
<b>Session 1</b>	Open, 12 & Under and 13 & Over	12:30 PM	1:30 PM	ALL by 12:15 AM
<b>Session 2 (No change)</b>	Open	Approx. 4:00 PM	Approx. 5:00 PM	ALL by 3:45 PM

**Reminders:** ALL swimmers in Session 2 need to provide their own timer.  
500 and 1650 swimmers need to provide their own counter.

### Sunday

Session	Age Groups	Warm-up Time	Meet Start Time	Positive Check-In
<b>Session 3 (No change)</b>	8 & Under and 12 & Under	8:00 AM	9:00 AM	ALL by 7:45 AM
<b>Session 4</b>	13 & Over	Approx. 11:00 AM	Approx. 12:00 PM	ALL by 10:45 AM

Please notify all of your coaches, swimmers, and parents of these changes. We apologize for any inconvenience these changes may cause.

Joshua Jock  
Meet Manager  
Northern TRIBS Swimming