

2019 NCL LEAGUE CHAMPIONSHIPS

Change Notification

Sunday	Warmup Begins	Session Begins	Description
Session 1	8:00 AM	9:00 AM	8 and Under, 9-10
Session 2	NO CHANGE		
Session 3	12:45 PM	1:30 PM	11-12, 13-14, & 15 and over

Please notify all of your coaches, swimmers, and parents of these changes.