

HAWKS SUMMER **INVITATIONAL**

July 30-31, 2021



**INVITATIONAL- ALL ADIRONDACK TEAMS, NDAC,
HUDSON VALLEY DOLPHINS, PATRIOTS, HEATWAVES**

Hawks Summer Invitational, July 30-31, 2021

Ulster County Pool...Libertyville Road New Paltz, NY 12561

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD21-029
Sean Caron, General Chairman
It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Hawks Swimming Association, Ltd.

Place: Ulster County Pool...Libertyville Road New Paltz, NY 12561
Long Course 50 METERS, 8 Lanes...Continuous Warm-up Pool...Colorado Electronic Timing System

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 4'6" and Five (5) Meters 4'6" from Start End of Pool.
Depth of Pool at One (1) Meter 3'6" and Five (5) Meters 3'9" from Turn End of Pool.

Time:

	Warm Up	Positive Check in	Meet Start
Friday July 30, 2021			
Session 1	4:00 P.M.	4:00 P.M.	4:45 P.M.
Saturday July 31, 2021			
Session 2	7:30 A.M.	7:30 A.M.	8:15 A.M.
Session 3	1:00 P.M.	1:00 P.M.	1:45 P.M.
Session 4	5:00	5:00 P.M.	5:45 P.M.

Friday July 30, Saturday July 31, 2021 Warm up times are tentative, official warm-up times will be posted to the Adirondack website (www.adirondackswimming.org) by July 26, 2021.

Meet Director: Nancy Lischinsky vicepresident@hawksswimming.org (845)594-8834

Meet Referee: Kevin Saunders president@hawksswimming.org (845) 532-9309

Meet Entry Coordinator: Nancy Lischinsky/Mike Otis entries@hawksswimming.org

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on July 30, 2021.

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.

Team entries must be received by the Meet Entry Coordinator by Monday July 19, 2021.

In the event the meet is oversubscribed, the Meet Director may cut Relays in order to achieve the desired timeline. If after removing relays, the meet is still oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind.

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Adam Hershberg, adregistrar12@gmail.com

Swimming Events:

All events are timed finals. A maximum of 5 Individual events may be entered per day.

Host reserves the right to restrict evening sessions to 3 hours.

There is positive check-in for all events.

Times for check-in will be 45 minutes before the start of each session. Sessions 1 (400 Free only) swum fastest to slowest.

We will be using flyover starts. Please inform your swimmers prior to the.

Relays:

There are no relays.

Scratches:

All swimmers who do not positive check in by the deadlines will be scratched.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries.
Swimmers must provide their own timers for the 400 Free.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$5.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.
Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Services:

A concession stand with food and beverages will be available. Glass containers are not allowed in the pool area or locker rooms. There will be a variety of t-shirts, goggles, swimsuits and other merchandise available. This is an outdoor meet. Teams may rent tents by contacting the Meet Director. All requests and payments must be received by Monday July 12th.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$5.50 per individual event, which includes the \$.50 AD travel fund surcharge, plus a \$2.00 per swimmer surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$5.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to "Hawks Swimming Association" and mail your check and entry summary sheet to the **Meet Entry Coordinator**. Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Not applicable

Scoring:

The meet will be scored according to USA Swimming rules.

Time Trials: Time trials may be held if time allows and at discretion of the meet director and referee with a cost of \$10 per event.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

Hotel Accommodations: Hampton Inn in New Paltz, or any hotels in the Poughkeepsie vicinity or Newburgh vicinity.

If you have any questions, please contact the Meet Director or Meet Referee

Teams may rent tents by contacting the Meet Director 845-594-8834 or vicepresident@hawksswimming.org. All requests and payments must be received by Monday July 12th, 2021.

Hawks Summer Invitational
July 30-31, 2021...Ulster County Pool Libertyville Rd. New Paltz, NY 12561

SESSION 1 Friday Evening
WARM-UPS 4:00PM ... POSITIVE CHECK-IN BY 4:00PM ... SESSION BEGINS 4:45PM
400 FREE MUST PROVIDE OWN TIMERS

MIXED EVENTS	AGE GROUP	EVENT DESCRIPTION
1	13 & OVER	50 Freestyle
2	OPEN	200 IM
3	OPEN	100 Back
4	13 & OVER	400 Free

SESSION 2 Saturday Morning
WARM-UPS 7:30AM ... POSITIVE CHECK-IN BY 7:30AM ... SESSION BEGINS 8:15AM

MIXED EVENTS	AGE GROUP	EVENT DESCRIPTION
5	12 & Under	50 Free
6	12 & Under	50 Breaststroke
7	12 & Under	50 Backstroke
8	12 & Under	50 Butterfly
9	12 & Under	100 Freestyle
10	12 & Under	100 Back

SESSION 3 Saturday Afternoon

WARM-UPS 1:00PM ... POSITIVE CHECK-IN BY 1:00PM ... SESSION BEGINS 1:45PM

MIXED EVENTS	AGE GROUP	EVENT DESCRIPTION
11	13 & OVER	200 Backstroke
12	13 & OVER	200 Breaststroke
13	OPEN	100 Butterfly
14	OPEN	100 Free

SESSION 4 Saturday Evening

WARM-UPS 5:00PM ... POSITIVE CHECK-IN BY 5:00PM ... SESSION BEGINS 5:45PM

MIXED EVENTS	AGE GROUP	EVENT DESCRIPTION
15	OPEN	200 Free
16	OPEN	100 Breaststroke
17	13 & OVER	200 Butterfly

“Hawks Swimming Association”

ENTRY FEE CALCULATION SHEET “Hawks Summer Invitational, Ulster County Pool, July 30-31, 2021”

TEAM NAME _____

CONTACT PERSON _____

PHONE NUMBER _____

E-Mail ADDRESS _____

Number of Individual Entries Positive Check-in _____ X \$5.50 = \$ _____

Number of Swimmers _____ X \$2.00 = \$ _____

Number of Manual (non-electronic) Entries (surcharge) _____ X \$1.00 = \$ _____

Total Amount Due and Enclosed\$ _____

ENTRY DEADLINE.. ”July 19, 2021”

MAKE CHECKS PAYABLE TO “Hawks Swimming Association”

Email your entries to the Meet Entry Coordinator

**This form Must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

Hawks Swimming Association
entries@hawksswimming.org (845)594-8834
P.O. Box 61
New Paltz, NY 12561

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY**

**“Hawks Swimming Association” assumes no responsibility
for meet close-out due to late entries**