

SHARKS 12 & UNDER MID-WINTER MINI MEET

Sunday, January 16, 2022 – Mohonasen HS

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD22-015
Don Lipkin, General Chairman
It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: SCHENECTADY-SARATOGA SWIM CLUB (SCHE AD) Sharks

Place: Mohonasen High School Swimming Pool, 2072 Curry Road, (Rotterdam) Schenectady, NY 12303, Tel.: (518) 356-8240
Short Course 25 Yard Pool, 6 lanes, continuous warm-up pool. Colorado Automatic Timing System and Beeper
The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 13'0" and Five (5) Meters 13'4" from Start End of Pool.
Depth of Pool at One (1) Meter 4'1" and Five (5) Meters 4'5" from Turn End of Pool.

Time: Sunday, January 16, 2022

| | Warm-Up Start Time | Session Start Time |
|------------------------|--------------------|--------------------|
| Session 1 – 10 & Under | 8:00 AM | 9:00 AM |
| Session 2 – 11-12 | 11:30 AM | 12:30 PM |

Meet Director: Shoshanah Bewlay (shoshanah@schenectadyswimclub.org)

Meet Referee: Ron Hart (hartattackrb@gmail.com)

Meet Entry Coordinator: Gundula Gutjahr (entries@schenectadyswimclub.org) 518 951 6967

Spectator Limitations:

SPECTATORS WILL BE PERMITTED. HOWEVER, seating will be limited to 320 spectators (first come, first serve). There will be a spectator fee of \$5.00, which includes a heat sheet. The venue requires that spectators wear a mask properly covering the nose and mouth while inside the facility.

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **January 16, 2022**.

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.

Team entries must be received by the Meet Entry Coordinator by **Friday, January 7, 2022, at 5:00PM**.

Please be certain you receive a reply confirming receipt of your entries within 48 hours; follow up if you do NOT receive a reply.

Session 1 swimmers (10 & Under) may enter a maximum of four (4) individual events plus one (1) relay.

Session 2 swimmers (11-12) may enter a maximum of four (4) individual events plus one (1) relay.

Only SCY times will be accepted.

Due to facility limitations, we can only accept 100 swimmers from teams (outside Sharks) in the AM session, and 120 in the PM session.

When we get to that limit, no more entries will be accepted. If a team's entries put us over the limit, that team may have to limit the number of entrants from their team. Entries will be accepted on a first come first served basis. The host team reserves the right to enter its swimmers at any time. In an effort to keep session duration at approximately 2 hours, events may have to be cut, and Session Start Times may be rescheduled. A decision regarding any changes will be made by the Meet Director AND the Meet Referee and will be made in consideration of the swimmers' best interest. **Attending teams will be notified of any changes and/or cuts, and these will also be posted on the AD website.** Any fees paid for cut entries will be refunded.

202.3.2: At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar.

Swimming Events:

The meet will be pre-seeded and all events will be timed finals.

Starts will be Flyover Starts; please inform your swimmers prior to the meet.

8 & Under swimmers are to line up in the bullpen area **for 25-yard events only.**

5-10-minute breaks will be taken as necessary.

Time Trial events may be added to any session at discretion of Meet Director and Meet Referee.

Relays:

Maximum one Relay per athlete.

Scratches:

There is no penalty for scratching or no-shows.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets

2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).

Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.

4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.

5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

This statement (Covid-19) shall also be included in heat sheets.

Services:

Limited concessions will be available throughout the meet.

Heat sheets will be provided to spectators paying the \$5 spectator fee.

A swimming equipment vendor will be selling equipment during the meet.

Smoking is NOT permitted in the building. Glass containers of any kind are strictly prohibited in the pool area.

DO NOT pack any glass containers when going to any pool.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees.

The entry fees are \$4.50 per individual event, which includes the \$.50 AD travel fund surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **SCHENECTADY-SARATOGA SWIM CLUB** and mail your check and entry summary to the **Meet Entry Coordinator**. *Entries will be entered to the meet upon receipt of your check.*

******PLEASE NOTE THAT SPECTATOR FEES AS DISCUSSED ABOVE MUST BE REMITTED WITH MEET FEES.******

Timers:

Timers will be provided by the host team.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

There will be ribbons awarded to first through eighth places for individual events and first through third places for relay events. Heat winner ribbons will be awarded.

Time Trials:

Time Trial events may be added to any session at discretion of Meet Director and Meet Referee.

They do not count towards the four (4) events per session limit but must not exceed the 6 events per day limit for swimmers (Article 102.2.3).

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet.

Please sign up in official's room before the start of officials meeting.

If you have any questions, please contact the Meet Director or Meet Referee

SHARKS 12 & UNDER MINI MEET

January 16, 2022 – Mohonasen High School

SESSION 1 – 10 & UNDER

WARM-UPS 8:00 AM SESSION BEGINS 9:00 AM

| GIRLS EVENTS | AGE GROUP | EVENT DESCRIPTION | BOYS EVENTS |
|-----------------------|-----------|----------------------|-------------|
| 1 | 8 & Under | 50 Freestyle | 2 |
| 3 | 9-10 | 50 Freestyle | 4 |
| 5 | 8 & Under | 25 Butterfly | 6 |
| 7 | 9-10 | 50 Butterfly | 8 |
| 5 Minute Break | | | |
| 9 | 8 & Under | 25 Backstroke | 10 |
| 11 | 9-10 | 50 Backstroke | 12 |
| 5 Minute Break | | | |
| 13 | 8 & Under | 25 Breaststroke | 14 |
| 15 | 9-10 | 50 Breaststroke | 16 |
| 5 Minute Break | | | |
| 17 | 8 & Under | 25 Freestyle | 18 |
| 19 | 9-10 | 100 IM | 20 |
| 21 | 8 & Under | 100 IM | 22 |
| 23 | 10-Under | Mixed 200 Free Relay | 23 |

Session 1 swimmers (10 & Under) may swim a maximum of 4 individual events plus 1 relay in their session but no more than 6 events per day (this includes time trials).

SESSION 2 – 11-12

WARM-UPS 11:30 PM SESSION BEGINS 12:30 PM

| GIRLS EVENTS | AGE GROUP | EVENT DESCRIPTION | BOYS EVENTS |
|--------------------------|-----------|----------------------|-------------|
| 24 | 11-12 | 100 Freestyle | 25 |
| 26 | 11-12 | 50 Butterfly | 27 |
| 5-10 Minute Break | | | |
| 28 | 11-12 | 50 Backstroke | 29 |
| 30 | 11-12 | 50 Breaststroke | 31 |
| 5-10 Minute Break | | | |
| 32 | 11-12 | 50 Freestyle | 33 |
| 34 | 11-12 | 100 IM | 35 |
| 5-10 Minute Break | | | |
| 36 | 11-12 | Mixed 200 Free Relay | 36 |

Session 2 swimmers (11-12) may swim a maximum of 4 individual events plus 1 relay in their session but no more than 5 individual events per day (this includes time trials).

\$4.50 PER INDIVIDUAL EVENT || \$7.00 PER RELAY EVENT || \$2.00 SURCHARGE PER SWIMMER
ADDITIONAL \$1.00 SURCHARGE FOR ALL MANUAL ENTRIES

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Mohonasen High School

ENTRY FEE CALCULATION SHEET

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

| | | | |
|---|-------|---------------|-------|
| Number of Individual Entries | _____ | X \$4.50 = \$ | _____ |
| Number of Swimmers | _____ | X \$2.00 = \$ | _____ |
| Number of Spectators (max. 2 per Swimmer) | _____ | X \$5.00 = \$ | _____ |
| Number of Relays | _____ | X \$7.00 = \$ | _____ |
| Number of Manual (non-electronic) Entries | _____ | X \$1.00 = \$ | _____ |

Total Amount Due and Enclosed\$ _____

E-mail your entries to the Meet Entry Coordinator:
entries@schenectadyswimclub.org

ENTRY DEADLINE:
Friday, January 7 @ 5:00pm

**This form must be returned with Entry Report and Check
to the Meet Entry Coordinator**

MAKE CHECKS PAYABLE TO:
SCHENECTADY - SARATOGA SWIM CLUB (SCHE AD)

SEND EVERYTHING TO:
Gundula Gutjahr (SCHE AD Entry Coordinator)
171 Wood Dale Drive
Ballston Lake, NY 12019

**SCHENECTADY-SARATOGA SWIM CLUB assumes no responsibility
for meet close-out due to reached swimmer limits.**