### January Meet at Cazenovia College, 1/30/2022, Cazenovia College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD22-014

Don Lipkin, General Chairman

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Syracuse Chargers Swimming

Place: Cazenovia College, Liberty St, Cazenovia, NY 13035. Six-lane - 25-yard pool with non-turbulent lane dividers and Colorado Timing system.

The starting blocks are in the deep end of the pool.

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 12.5 and Five (5) Meters 12.5 from Start End of Pool.

Depth of Pool at One (1) Meter 4 and Five (5) Meters 4.6 from Turn End of Pool.

Time: Session 1: 13 & Over, Sunday 1/30/2022, Warm-ups:8:15am, Start: 9:15am

Session 2: 12 & Under, Sunday 1/30/2022, Warm-up: 12:30pm, Start: 1:30pm

Meet Director: Morgan Harrington, 315-430-5481, meetdirector@medleyaquatics.com

Meet Referee: Paul Bartlett, 315-446-1409, officials@medleyaquatics.com

Meet Entry Coordinator: Will Chidsey, 315-430-5481, meetentry@medleyaquatics.com

### **Entry Rules:**

The eligibility of a swimmer will be determined by his or her age on 1/30/22.

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the Meet Entry Coordinator.

Team entries must be received by the Meet Entry Coordinator by ENTRY CUT OFF Friday 1/21 @ 11:59pm

Max 4 entries per day.

The meet will be capped at 200 athletes per session. This number may need to be adjusted based on local COVID-19 guidelines. In the event the meet is oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind.

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

#### **USA Swimming Registration:**

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. (Click Here for More Information)
Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site <a href="www.adirondackswimming.org">www.adirondackswimming.org</a>
Direct registration questions to the Adirondack Registrar, Adam Hershberg, <a href="mailto:adrendackswimming.org">adregistrar12@gmail.com</a>

#### Swimming Events:

All events will be Timed Finals. All events will be pre-seeded.

Relays:

There will be no relays.

Scratches:

There is no scratch deadline.

#### Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

#### Timers:

Clubs will be required to provide timers based upon their number of entries. Host club will provide a schedule for posting to AD web site. Swimmers have to provide their own timers for the 500 free and 1650 free.

#### **Deck Entries:**

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

- 1. Deck Entries are NOT Allowed during Championship Meets
- 2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).

Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.

- DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.
- 3. Coach makes the request for the entry.
- 4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
- 5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

#### **Meet Policy:**

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck. If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250. Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ADIRONDACK SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

This statement (Covid-19) shall also be included in heat sheets.

#### **Host Assumption of Risk Disclaimer Statement**

Safe Sport considerations to ensure parents have access to and/or the opportunity to observe their child on deck have been made. The meet will be livestreamed, the link sent out to coaches to distribute to their respective teams at the beginning of warm-up.

In applying for this sanction(ed event), the Host, Syracuse Chargers Swimming, Medley Aquatics, and Cazenovia College agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Adirondack LSC, the State of New York.

You must follow all posted instructions while on Cazenovia College's Campus. An inherent risk of exposure of COVID-10 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guest with underlying medical conditions are especially vulnerable. By attending the swim meet you voluntarily assume all risks related to exposure to COVID-19.

#### Services:

There will be no concession available at this meet.

#### **Disabled Athletes:**

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

#### Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$4.50 per individual event, which includes the \$.50 AD travel fund surcharge and a \$2.00 per swimmer surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to "Syracuse Chargers" and mail your check and entry summary sheet to the Meet Entry Coordinator.

Entries will be entered to the meet upon receipt of your check.

#### **Photographers:**

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director. Click here for a direct link to the registration form.

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

#### Awards:

No Awards

### Scoring:

No Scoring for this meet

#### Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

#### **Hotel Accommodations:**

Hampton Inn & Suites Cazenovia 25 Lakers Lane, Cazenovia, NY 13035

If you have any questions please contact the Meet Director or Meet Referee

# January Meet at Cazenovia College 1/30/2022 ... Cazenovia College

# SESSION 1 ... DAY 1 WARM-UPS 8:15AM... SESSION BEGINS 9:15AM

Mixed EVENTS	AGE GROUP	EVENT DESCRIPTION
1	Mixed, 13 & Over	400 IM
2	Mixed, 13 & Over	100 Free
3	Mixed, 13 & Over	200 Back
4	Mixed, 13 & Over	100 Fly
5	Mixed, 13 & Over	200 Breast
6	Mixed, 13 & Over	50 Free
7	Mixed, 13 & Over	100 Back
8	Mixed, 13 & Over	100 Breast
9	Mixed, 13 & Over	500 Free
10	Mixed, 13 & Over	1650 Free

## SESSION 2 ... DAY 1 WARM-UPS 12:30PM... SESSION BEGINS 1:30PM

Mixed EVENTS	AGE GROUP	EVENT DESCRIPTION
11	Mixed, 12 & Under	50 Back
12	Mixed, 12 & Under	100 Free
13	Mixed, 12 & Under	100 Fly
14	Mixed, 12 & Under	50 Breast
15	Mixed, 12 & Under	50 Free
16	Mixed, 12 & Under	100 Back
17	Mixed, 12 & Under	100 Breast
18	Mixed, 12 & Under	500 Free

Each Swimmer May Swim A Maximum of 4 Events Per Day \$4.50 Per Individual Event Per Athlete for ALL Athletes \$2.00 Per Athlete Surcharge For Manual Entries, Add \$1.00 Per Entry (individual or relay)

Syracuse Chargers
ENTRY FEE CALCULATION SHEET January Meet @ Cazenovia College, Cazenovia College, 1/30/22

TEAM NAME	
CONTACT PERSON	
PHONE NUMBER	
E-Mail ADDRESS	
Number of Individual Entries	X \$4.50 = \$
Number of Swimmers	X \$2.00 = \$
Number of Manual (non-electronic) Entries	X \$1.00 = \$
Total Amount Due and Enclosed	\$

### **ENTRY DEADLINE.. 1/21/22**

MAKE CHECKS PAYABLE TO Syracuse Chargers

Email your entries to the Meet Entry Coordinator

This form Must be returned with Entry Report and Check to the Meet Entry Coordinator:

Will Chidsey, PO Box 369, Baldwinsville, NY 13027, 315-446-1409, meetentry@medleyaquatics.com

Entries will be posted to the meet program upon RECEIPT OF CHECK ONLY Syracuse Chargers assumes no responsibility for meet close-out due to late entries