

**RECORDS AD LC Resident**

**LC Meters-Women**

8 & U	50 Free	34.58	<b>30-Jul-92</b>	CLIN AD	Laura Tyler
	100 Free	1:20.77	<b>1-Aug-93</b>	CLIN AD	Laura Tyler
	50 Back	41.45	<b>30-Jul-92</b>	CANA AD	Logan Justice
	50 Breast	44.47	<b>30-Jul-83</b>	COLO AD	Danielle Davenport
	50 Fly	39.00	<b>1-Aug-93</b>	CLIN AD	Laura Tyler
9-10	50 Free	31.02	<b>15-Aug-93</b>	ALBS AD	Lisa Fong
	100 Free	1:06.83	<b>30-Jul-98</b>	ALBS AD	Kailey Morris
	200 Free	2:26.48	<b>30-Jul-98</b>	ALBS AD	Kailey Morris
	400 Free	5:10.96	<b>11-Aug-10</b>	ADLC AD	Alexandra M. Dixon at 2010 Eastern Zone LC Championships
	50 Back	36.32	<b>30-Jul-96</b>	NPH AD	Courtney Lyons
	100 Back	1:18.80	<b>30-Jul-96</b>	SCHE AD	Logan Justice
	50 Breast	40.14	<b>30-Jul-86</b>	LEAT AD	Tina Cerow
	100 Breast	1:31.01	<b>30-Jul-82</b>	KING AD	Holly Myers
	50 Fly	32.65	<b>30-Jul-96</b>	ALBS AD	Kailey Morris
	100 Fly	1:12.06	<b>30-Jul-96</b>	ALBS AD	Kailey Morris
	200 IM	2:44.27	<b>30-Jul-96</b>	ALBS AD	Kailey Morris
	200 Free Relay	2:18.88	<b>6-Aug-94</b>	SCHE AD	Schenectady
	400 Free Relay	5:11.53	<b>29-Jul-05</b>	SCHE AD	Schenectady Swim Club - M. JORDAN, L. ZENTKO, K. ROMANOV, K. ORR
	200 Medley Relay	2:37.10	<b>15-Jun-97</b>	SCHE AD	Saratoga
11-12	50 Free	28.69	<b>15-Jun-93</b>	CLIN AD	Erin Lanzafame
	100 Free	1:02.50	<b>23-Jan-04</b>	ALBS AD	Kara ZEBROWSKI at AA Invitational
	200 Free	2:13.38	<b>15-Aug-93</b>	CLIN AD	Erin Lanzafame
	400 Free	4:41.31	<b>15-Aug-93</b>	CLIN AD	Stacy Wells
	50 Back	32.93	<b>15-Aug-93</b>	CLIN AD	Erin Lanzafame
	100 Back	1:10.31	<b>11-Aug-10</b>	ADLC AD	Julia Samson at 2010 Eastern Zone LC Championships
	200 Back	2:33.87	<b>15-Jul-98</b>	SCHE AD	Karly Brooks at CT Sr Open
	50 Breast	35.88	<b>8-Aug-07</b>	SCHE AD	Amy L. Bopp at Eastern Zone Age Group Long Course Champs
	100 Breast	1:16.30	<b>8-Aug-07</b>	SCHE AD	Amy L. Bopp at Eastern Zone Age Group Long Course Champs
	200 Breast	2:47.49	<b>11-Aug-04</b>	SCHE AD	BRIANA L. BORGOLINI at Eastern Zone Age Group Long Co
	50 Fly	30.34	<b>8-Aug-07</b>	SCHE AD	Maggie Jordan at Eastern Zone Age Group Long Course Champs
	100 Fly	1:07.02	<b>28-Jul-00</b>	ADBF AD	Kailey B. Morris
	200 Fly	2:41.74	<b>28-Jul-06</b>	ALBS AD	Aimee Hooper at Adirondack Long Course Distric
	200 IM	2:29.70	<b>15-Aug-93</b>	CLIN AD	Erin Lanzafame
	200 Free Relay	2:01.96	<b>30-Jul-99</b>	SCHE AD	Schenectady Swim Club - K Brooks, A Catroppa, D Stein, K Schadow
	400 Free Relay	4:26.10	<b>30-Jul-99</b>	SCHE AD	Schenectady Swim Club -K Brooks, D Stein, A Catroppa, K Schadow
	200 Medley Relay	2:18.99	<b>30-Jul-96</b>	SCHE AD	Schenectady
	13-14	50 Free	27.52	<b>12-Aug-09</b>	AD AD
100 Free		1:00.30	<b>6-Aug-09</b>	SCHE AD	Maggie Jordan at 2009 Speedo Champions Series
200 Free		2:10.91	<b>6-Mar-08</b>	ALBS AD	Aimee Hooper at Long Island Speedo Championships
400 Free		4:30.60	<b>10-Aug-95</b>	CLIN AD	Stacy Wells
800 Free		9:23.46	<b>26-Jul-08</b>	ALBS AD	Aimee Hooper
1500 Free		17:48.53	<b>10-Aug-94</b>	CLIN AD	Stacy Wells
100 Back		1:06.42	<b>10-Aug-98</b>	ALBS AD	Tori Delollo
200 Back		2:20.81	<b>10-Aug-98</b>	ALBS AD	Tori Delollo
100 Breast		1:13.13	<b>7-Aug-06</b>	SCHE AD	BRIANA L. BORGOLINI at 2006 Speedo USA Swimming Junio
200 Breast		2:38.64	<b>7-Aug-06</b>	SCHE AD	BRIANA L. BORGOLINI at TT- 2006 Speedo USA Swimming J

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13-14	100 Fly	1:05.03	<b>6-Aug-09</b>	SCHE AD	Amy L. Bopp at 2009 Speedo Champions Series
	200 Fly	2:22.91	<b>6-Aug-09</b>	SCHE AD	Amy L. Bopp at 2009 Speedo Champions Series
	200 IM	2:24.22	<b>8-Aug-01</b>	SCHE AD	Karly Brooks
	400 IM	5:09.00	<b>8-Aug-01</b>	SCHE AD	Karly Brooks
	200 Free Relay	1:56.01	<b>24-Jul-09</b>	ALBS AD	Albany Starfish Swim Club K. Zhou, E. Terwilliger, G. Beckford, K. Orr
	400 Free Relay	4:17.86	<b>3-Jul-09</b>	ALBS AD	Albany Starfish Swim Club K. Orr, G. Beckford, K. Cahill, S. Liu
	800 Free Relay	9:45.11	<b>29-Jun-01</b>	CLIN AD	Clinton Cuda Swim Club - M. TRIPP, L. PFENDLER, E. ELLIS, J. MIGA
	200 Medley Relay	2:20.12	<b>5-Jul-78</b>	SCHE AD	Schenectady
	400 Medley Relay	4:46.31	<b>30-Jun-06</b>	SCHE AD	Schenectady Swim Club -E. HOSKINSON, B. BORGOLINI, L. MANOR, K. BA
15-18	50 Free	26.08	<b>15-Jul-93</b>	COLO AD	Richelle Depold
	100 Free	57.28	<b>30-Jul-90</b>	COLO AD	Richelle Depold
	200 Free	2:07.01	<b>10-Jul-09</b>	ALBS AD	Aimee Hooper at Niagara Long Course Classic
	400 Free	4:25.28	<b>8-Aug-11</b>	ALBS AD	Aimee J. Hooper at 2011 Speedo Junior National Championships
	800 Free	8:59.23	<b>8-Aug-11</b>	ALBS AD	Aimee J. Hooper at 2011 Speedo Junior National Championships
	1500 Free	17:32.56	<b>8-Aug-11</b>	ALBS AD	Olivia N. Samson at 2011 Speedo Junior National Championships
	100 Back	1:03.41	<b>5-Aug-10</b>	DELM AD	Jenna Bickel at 2010 Speedo Champions Series
	200 Back	2:17.29	<b>8-Aug-11</b>	DELM AD	Jenna Bickel at 2011 Speedo Junior National Championships
	100 Breast	1:12.18	<b>4-Aug-11</b>	SCHE AD	Amy L. Bopp at 2011 Eastern Zone Super Sectionals
	200 Breast	2:35.43	<b>4-Aug-11</b>	SCHE AD	Amy L. Bopp at 2011 Eastern Zone Super Sectionals
	100 Fly	1:01.49	<b>10-Jul-96</b>	CDAC AD	Richelle Depold
	200 Fly	2:15.82	<b>5-Aug-10</b>	SCHE AD	Amy L. Bopp at 2010 Speedo Champions Series
	200 IM	2:21.20	<b>4-Aug-11</b>	SCHE AD	Amy L. Bopp at 2011 Eastern Zone Super Sectionals
	400 IM	5:04.29	<b>10-Jul-09</b>	ALBS AD	Aimee Hooper at Niagara Long Course Classic
	200 Free Relay	1:55.21	<b>30-Jul-98</b>	SCHE AD	Schenectady
	400 Free Relay	4:02.79	<b>10-Aug-88</b>	SCHE AD	Schenectady
	800 Free Relay	8:46.36	<b>22-Jul-04</b>	SCHE AD	Schenectady - K Brooks, H Furman, D Stein, S Yan
	400 Medley Relay	4:33.91	<b>24-Jul-03</b>	SCHE AD	Schenectady Swim Club - K. BROOKS, D. STEIN, A. CATROPPIA, S. YAN
	50 Free	26.08	<b>15-Jul-93</b>	COLO AD	Richelle Depold
	100 Free	57.28	<b>30-Jul-90</b>	COLO AD	Richelle Depold
	200 Free	2:07.01	<b>10-Jul-09</b>	ALBS AD	Aimee Hooper at Niagara Long Course Classic
	400 Free	4:25.28	<b>8-Aug-11</b>	ALBS AD	Aimee J. Hooper at 2011 Speedo Junior National Championships
	800 Free	8:59.23	<b>8-Aug-11</b>	ALBS AD	Aimee J. Hooper at 2011 Speedo Junior National Championships
	1500 Free	17:32.56	<b>8-Aug-11</b>	ALBS AD	Olivia N. Samson at 2011 Speedo Junior National Championships
	100 Back	1:03.41	<b>5-Aug-10</b>	DELM AD	Jenna Bickel at 2010 Speedo Champions Series
	200 Back	2:17.29	<b>8-Aug-11</b>	DELM AD	Jenna Bickel at 2011 Speedo Junior National Championships
	100 Breast	1:10.61	<b>22-Jul-11</b>	UN AD	Briana L. Borgolini at 2011 Adirondack Long Course District Champion
	200 Breast	2:33.54	<b>22-Jul-11</b>	UN AD	Briana L. Borgolini at 2011 Adirondack Long Course District Champion
	100 Fly	1:01.49	<b>10-Jul-96</b>	CDAC AD	Richelle Depold
	200 Fly	2:15.82	<b>5-Aug-10</b>	SCHE AD	Amy L. Bopp at 2010 Speedo Champions Series
	200 IM	2:21.20	<b>4-Aug-11</b>	SCHE AD	Amy L. Bopp at 2011 Eastern Zone Super Sectionals
	400 IM	5:04.29	<b>10-Jul-09</b>	ALBS AD	Aimee Hooper at Niagara Long Course Classic
	200 Free Relay	1:54.56	<b>22-Jul-11</b>	ALBS AD	Albany Starfish Swim Club K. Zhou, A. Hooper, E. Terwilliger, O. Samson
400 Free Relay	3:57.41	<b>8-Aug-11</b>	KING AD	Kingston Swim Club	
800 Free Relay	8:46.36	<b>22-Jul-04</b>	SCHE AD	Schenectady - K Brooks, H Furman, D Stein, S Yan	
400 Medley Relay	4:24.89	<b>8-Aug-11</b>	KING AD	Kingston Swim Club	

**RECORDS AD LC Resident**

**LC Meters-Men**

8 & U	50 Free	34.39	<b>30-Jul-82</b>	NHKN AD	Jim Wells	
	100 Free	1:17.73	<b>10-Jul-82</b>	NHKN AD	Jim Wells	
	50 Back	40.56	<b>15-Jul-82</b>	NHKN AD	Jim Wells	
	50 Breast	45.20	<b>10-Aug-92</b>	USAM AD	Bobby Crow	
	50 Fly	37.98	<b>10-Jul-91</b>	LEAT AD	Oliver Ruff	
9-10	50 Free	30.62	<b>15-Jul-84</b>	NHKN AD	Jim Wells	
	100 Free	1:07.29	<b>10-Jul-84</b>	NKHN AD	Jim Wells	
	200 Free	2:25.68	<b>10-Aug-84</b>	NKHN AD	Jim Wells	
	400 Free	5:09.53	<b>8-Aug-07</b>	AD AD	Alec Tocco at Eastern Zone Age Group Long Course Champs	
	50 Back	35.82	<b>15-Jul-84</b>	NHKN AD	Jim Wells	
	100 Back	1:17.00	<b>10-Aug-84</b>	NHKN AD	Jim Wells	
	50 Breast	40.29	<b>10-Aug-95</b>	USAM AD	Bobby Crow	
	100 Breast	1:28.44	<b>10-Aug-95</b>	SCHE AD	Nick Wilde	
	50 Fly	33.18	<b>10-Aug-93</b>	NHKN AD	Oliver Ruff	
	100 Fly	1:16.74	<b>11-Aug-10</b>	ADLC AD	Zachary A. Zwijacz at 2010 Eastern Zone LC Championships	
	200 IM	2:49.62	<b>11-Aug-10</b>	ADLC AD	Zachary A. Zwijacz at 2010 Eastern Zone LC Championships	
	200 Free Relay	2:36.35	<b>6-Jul-03</b>	SCHE AD	Schenectady	
	400 Free Relay	4:57.56	<b>9-Jul-10</b>	HAWK AD	HAWKS	S. Trzewik-Quinn, S. Sweeney, B. Hess, J. McColgan
	200 Medley Relay	3:00.39	<b>22-Jul-11</b>	ALBS AD	Albany Starfish Swim Club S. Ward, S. Dougherty, G. Hvizdos, M. Lipkin	
11-12	50 Free	27.28	<b>15-Jul-86</b>	LEAT AD	Jim Wells	
	100 Free	1:00.30	<b>10-Aug-86</b>	LEAT AD	Jim Wells	
	200 Free	2:11.35	<b>10-Aug-86</b>	LEAT AD	Jim Wells	
	400 Free	4:34.03	<b>10-Aug-86</b>	LEAT AD	Jim Wells	
	50 Back	31.23	<b>10-Aug-86</b>	LEAT AD	Jim Wells	
	100 Back	1:06.52	<b>10-Aug-86</b>	LEAT AD	Jim Wells	
	200 Back	2:36.80	<b>11-Aug-04</b>	SCHE AD	SAMUEL P. WILSHIRE at Eastern Zone Age Group Long Co	
	50 Breast	35.05	<b>10-Aug-99</b>	ALBS AD	Julio Vidal	
	100 Breast	1:17.36	<b>11-Aug-10</b>	ADLC AD	Joey Ongkingco at 2010 Eastern Zone LC Championships	
	200 Breast	2:55.12	<b>6-Aug-03</b>	DELM AD	Vadim YAFAYEV at Eastern Zone Long Course Meet	
	50 Fly	29.85	<b>1-Jul-00</b>	SCHE AD	Michael DeRocco	
	100 Fly	1:05.48	<b>10-Aug-86</b>	GLFY AD	Patrick O'Keefe	
	200 Fly	2:29.54	<b>23-Jul-10</b>	ALBS AD	Miles Smachlo at 2010 Adirondack Long Course District Champion	
	200 IM	2:26.40	<b>10-Aug-99</b>	ALBS AD	Julio Vidal	
	200 Free Relay	2:02.13	<b>30-Jul-79</b>	WATR AD	Watertown	
	400 Free Relay	4:25.14	<b>15-Aug-76</b>	WATR AD	Watertown	
	200 Medley Relay	2:19.51	<b>10-Jul-97</b>	CLIN AD	Clinton Cudas	
	13-14	50 Free	25.05	<b>10-Aug-88</b>	LEAT AD	Jim Wells
100 Free		55.14	<b>10-Aug-88</b>	LEAT AD	Jim Wells	
200 Free		1:59.70	<b>10-Aug-88</b>	LEAT AD	Jim Wells	
400 Free		4:18.61	<b>30-Jul-88</b>	LEAT AD	Jim Wells	
800 Free		9:06.27	<b>16-Jun-06</b>	ALBS AD	Frankie DEMARIA at Senior Circuit	
1500 Free		17:15.59	<b>9-Aug-06</b>	ALBS AD	Frankie DEMARIA at Eastern Zone Age Group Long Co	
100 Back		1:00.22	<b>10-Aug-88</b>	LEAT AD	Jim Wells	
200 Back		2:09.59	<b>10-Aug-88</b>	LEAT AD	Jim Wells	
100 Breast		1:10.85	<b>11-Aug-10</b>	ADLC AD	Quinn Smith at 2010 Eastern Zone LC Championships	
200 Breast		2:34.31	<b>10-Aug-90</b>	GLFY AD	Patrick O'Keefe	

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13-14	100 Fly	59.81	10-Aug-90	GLFY AD	Patrick O'Keefe
	200 Fly	2:12.58	10-Aug-90	GLFY AD	Patrick O'Keefe
	200 IM	2:16.15	10-Aug-90	GLFY AD	Patrick O'Keefe
	400 IM	4:47.79	10-Aug-90	GLFY AD	Patrick O'Keefe
	200 Free Relay	1:51.43	23-Jul-10	ALBS AD	Albany Starfish Swim Club D. Karlok, J. Chalermkraivuth, A. Lee, R. Gordon
	400 Free Relay	4:01.36	28-Jul-06	SCHE AD	Schenectady G Romanov, T Nichols, M Barno, S Buckley
	800 Free Relay	9:12.68	30-Jun-06	ALBS AD	Albany Starfish Swim Club - B. QUAY, F. DYER, T. RAPPOLD, F. DEMARIA
	400 Medley Relay	4:24.72	9-Aug-06	ALBS AD	Albany Starfish - F. DYER, T. RAPPOLD, H. Smachlo, B. QUAY
15-18	50 Free	23.70	9-Aug-10	ALBS AD	Mike Dugan at 2010 Speedo Junior National Championships
	100 Free	52.04	10-Aug-09	ALBS AD	Frankie Dyer at 2009 Speedo Junior National Championships
	200 Free	1:52.73	10-Aug-09	ALBS AD	Frankie Dyer at 2009 Speedo Junior National Championships
	400 Free	4:02.38	8-Jul-10	ALBS AD	Frankie Dyer at Niagara Long Course Classic
	800 Free	8:36.27	5-Aug-10	SCHE AD	Greg Romanov - EZ SuperSectionals Buffalo
	1500 Free	16:35.04	5-Aug-10	SCHE AD	Greg Romanov at 2010 Speedo Champions Series
	100 Back	59.85	18-Jul-08	SCHE AD	Spencer Booth 2008 SE Speedos, Myles Poster 2007 Jr Nats
	200 Back	2:08.21	6-Aug-07	SCHE AD	Spencer Booth at 2007 Speedo Junior National Championships
	100 Breast	1:06.50	15-Jun-09	GLFY AD	Andrew Guinther at Charlotte Ultraswim
	200 Breast	2:25.24	6-Aug-07	SCHE AD	SHAYNE P. BUCKLEY at 2007 Speedo Junior National Championships
	100 Fly	55.28	9-Aug-10	ALBS AD	Mike Dugan at 2010 Speedo Junior National Championships
	200 Fly	2:06.27	10-Aug-87	LEAT AD	Stephan Rodiger
	200 IM	2:08.79	6-Aug-09	SCHE AD	SHAYNE P. BUCKLEY at 2009 Speedo Champions Series
	400 IM	4:33.40	6-Aug-09	SCHE AD	SHAYNE P. BUCKLEY at 2009 Speedo Champions Series
	200 Free Relay	1:41.03	26-Jul-08	SCHE AD	Schenectady SC - C Lotano, J Johnson, M Barno, T Nichols
	400 Free Relay	3:37.89	6-Aug-07	SCHE AD	Schenectady Swim Club - J Johnson, M Poster, S Booth, A Kalish
	800 Free Relay	7:58.50	6-Aug-07	SCHE AD	Schenectady Swim Club S Booth, S Buckley, J Johnson, A Kalish
	400 Medley Relay	3:58.20	6-Aug-07	SCHE AD	Schenectady Swim Club - M Poster, S Buckley, S Booth, J Johnson
	50 Free	23.31	2-Aug-11	COLG AD	Derick C. Roe at 2011 ConocoPhillips National Championships
	100 Free	50.61	2-Aug-11	SYCH NI	Frankie Dyer at 2011 ConocoPhillips National Championships
	200 Free	1:52.33	2-Aug-11	SYCH NI	Frankie Dyer at 2011 ConocoPhillips National Championships
	400 Free	3:58.32	2-Aug-11	SYCH NI	Frankie Dyer at 2011 ConocoPhillips National Championships
	800 Free	8:36.27	5-Aug-10	SCHE AD	Greg Romanov at EZ SuperSectionals - Buffalo
	1500 Free	16:35.04	5-Aug-10	SCHE AD	Greg Romanov at 2010 Speedo Champions Series
	100 Back	57.64	14-Aug-04	SCHE AD	GEORGE K. GLEASON at 2004 Olympic Games - Athens
	200 Back	2:05.81	6-Aug-09	SCHE AD	Spencer Booth at 2009 Speedo Champions Series
	100 Breast	1:06.50	15-Jun-09	GLFY AD	Andrew Guinther at Charlotte UltraSwim
	200 Breast	2:25.24	6-Aug-07	SCHE AD	Shayne Buckley Jr Nationals - Indiana
	100 Fly	54.90	6-Aug-09	SCHE AD	Spencer Booth at 2009 Speedo Champions Series
	200 Fly	2:02.75	22-Jul-11	UN AD	Thomas B. Glenn at 2011 Adirondack Long Course District Champion
	200 IM	2:08.79	6-Aug-09	SCHE AD	SHAYNE P. BUCKLEY at 2009 Speedo Champions Series
	400 IM	4:33.40	6-Aug-09	SCHE AD	SHAYNE P. BUCKLEY at 2009 Speedo Champions Series
	200 Free Relay	1:39.68	24-Jul-09	ALBS AD	Albany Starfish Swim Club M. Dugan, F. DeMaria, B. Maloy, F. Dyer
	400 Free Relay	3:31.45	6-Aug-09	SCHE AD	Schenectady Swim Club, W. Booth, S. BUCKLEY, A. Kalish
	800 Free Relay	7:49.79	6-Aug-09	SCHE AD	Schenectady Swim Club W. Booth, A. Kalish, S. BUCKLEY
	400 Medley Relay	3:58.20	6-Aug-07	SCHE AD	Schenectady Swim Club - M Poster, S Buckley, S Booth, J Johnson