
RECORDS AD LC Resident
LC Meters-Women

8 & U	50 Free	34.58	30-Jul-92	CLIN AD	Laura Tyler
	100 Free	1:20.77	1-Aug-93	CLIN AD	Laura Tyler
	50 Back	41.45	30-Jul-92	CANA AD	Logan Justice
	50 Breast	44.47	30-Jul-83	COLO AD	Danielle Davenport
	50 Fly	39.00	1-Aug-93	CLIN AD	Laura Tyler
9-10	50 Free	31.02	15-Aug-93	ALBS AD	Lisa Fong
	100 Free	1:06.83	30-Jul-98	ALBS AD	Kailey Morris
	200 Free	2:26.48	30-Jul-98	ALBS AD	Kailey Morris
	400 Free	5:10.96	11-Aug-10	ADLC AD	Alexandra M. Dixon at 2010 Eastern Zone LC Championships
	50 Back	36.32	30-Jul-96	NPH AD	Courtney Lyons
	100 Back	1:18.80	30-Jul-96	SCHE AD	Logan Justice
	50 Breast	40.14	30-Jul-86	LEAT AD	Tina Cerow
	100 Breast	1:31.01	30-Jul-82	KING AD	Holly Myers
	50 Fly	32.65	30-Jul-96	ALBS AD	Kailey Morris
	100 Fly	1:12.06	30-Jul-96	ALBS AD	Kailey Morris
	200 IM	2:44.27	30-Jul-96	ALBS AD	Kailey Morris
	200 Free Relay	2:18.88	6-Aug-94	SCHE AD	Schenectady
	400 Free Relay	5:11.53	29-Jul-05	SCHE AD	Schenectady Swim Club - M. JORDAN, L. ZENTKO, K. ROMANOV, K. ORR
	200 Medley Relay	2:37.10	15-Jun-97	SCHE AD	Saratoga
11-12	50 Free	28.69	15-Jun-93	CLIN AD	Erin Lanzafame
	100 Free	1:02.50	23-Jan-04	ALBS AD	Kara ZEBROWSKI at AA Invitational
	200 Free	2:13.38	15-Aug-93	CLIN AD	Erin Lanzafame
	400 Free	4:41.31	15-Aug-93	CLIN AD	Stacy Wells
	50 Back	32.93	15-Aug-93	CLIN AD	Erin Lanzafame
	100 Back	1:10.31	11-Aug-10	ADLC AD	Julia Samson at 2010 Eastern Zone LC Championships
	200 Back	2:33.87	15-Jul-98	SCHE AD	Karly Brooks at CT Sr Open
	50 Breast	35.88	8-Aug-07	SCHE AD	Amy L. Bopp at Eastern Zone Age Group Long Course Champs
	100 Breast	1:16.30	8-Aug-07	SCHE AD	Amy L. Bopp at Eastern Zone Age Group Long Course Champs
	200 Breast	2:47.49	11-Aug-04	SCHE AD	BRIANA L. BORGOLINI at Eastern Zone Age Group Long Co
	50 Fly	30.34	8-Aug-07	SCHE AD	Maggie Jordan at Eastern Zone Age Group Long Course Champs
	100 Fly	1:07.02	28-Jul-00	ADBF AD	Kailey B. Morris
	200 Fly	2:41.74	28-Jul-06	ALBS AD	Aimee Hooper at Adirondack Long Course Distric
	200 IM	2:29.70	15-Aug-93	CLIN AD	Erin Lanzafame
	200 Free Relay	2:01.96	30-Jul-99	SCHE AD	Schenectady Swim Club - K Brooks, A Catroppa, D Stein, K Schadow
	400 Free Relay	4:26.10	30-Jul-99	SCHE AD	Schenectady Swim Club -K Brooks, D Stein, A Catroppa, K Schadow
	200 Medley Relay	2:18.99	30-Jul-96	SCHE AD	Schenectady
	13-14	50 Free	27.52	12-Aug-09	AD AD
100 Free		1:00.30	6-Aug-09	SCHE AD	Maggie Jordan at 2009 Speedo Champions Series
200 Free		2:10.91	6-Mar-08	ALBS AD	Aimee Hooper at Long Island Speedo Championships
400 Free		4:30.60	10-Aug-95	CLIN AD	Stacy Wells
800 Free		9:23.46	26-Jul-08	ALBS AD	Aimee Hooper
1500 Free		17:48.53	10-Aug-94	CLIN AD	Stacy Wells
100 Back		1:06.42	10-Aug-98	ALBS AD	Tori Delollo
200 Back		2:20.81	10-Aug-98	ALBS AD	Tori Delollo
100 Breast		1:13.13	7-Aug-06	SCHE AD	BRIANA L. BORGOLINI at 2006 Speedo USA Swimming Junio
200 Breast		2:38.64	7-Aug-06	SCHE AD	BRIANA L. BORGOLINI at TT- 2006 Speedo USA Swimming J

RECORDS AD LC Resident

13-14	100 Fly	1:05.03	6-Aug-09	SCHE AD	Amy L. Bopp at 2009 Speedo Champions Series	
	200 Fly	2:22.91	6-Aug-09	SCHE AD	Amy L. Bopp at 2009 Speedo Champions Series	
	200 IM	2:24.22	8-Aug-01	SCHE AD	Karly Brooks	
	400 IM	5:09.00	8-Aug-01	SCHE AD	Karly Brooks	
	200 Free Relay	1:56.01	24-Jul-09	ALBS AD	Albany Starfish Swim Club K. Zhou, E. Terwilliger, G. Beckford, K. Orr	
	400 Free Relay	4:17.86	3-Jul-09	ALBS AD	Albany Starfish Swim Club K. Orr, G. Beckford, K. Cahill, S. Liu	
	800 Free Relay	9:45.11	29-Jun-01	CLIN AD	Clinton Cuda Swim Club - M. TRIPP, L. PFENDLER, E. ELLIS, J. MIGA	
	200 Medley Relay	2:20.12	5-Jul-78	SCHE AD	Schenectady	
	400 Medley Relay	4:46.31	30-Jun-06	SCHE AD	Schenectady Swim Club -E. HOSKINSON, B. BORGOLINI, L. MANOR, K. BA	
15-18	50 Free	26.08	15-Jul-93	COLO AD	Richelle Depold	
	100 Free	57.28	30-Jul-90	COLO AD	Richelle Depold	
	200 Free	2:07.01	10-Jul-09	ALBS AD	Aimee Hooper at Niagara Long Course Classic	
	400 Free	4:25.29	9-Aug-10	ALBS AD	Aimee Hooper at 2010 Speedo Junior National Championships	
	800 Free	9:02.49	9-Aug-10	ALBS AD	Aimee Hooper at 2010 Speedo Junior National Championships	
	1500 Free	17:32.93	10-Jul-09	ALBS AD	Aimee Hooper at Niagara Long Course Classic	
	100 Back	1:03.41	5-Aug-10	DELM AD	Jenna Bickel at 2010 Speedo Champions Series	
	200 Back	2:19.84	5-Aug-10	DELM AD	Jenna Bickel at 2010 Speedo Champions Series	
	100 Breast	1:12.37	5-Aug-10	SCHE AD	Amy L. Bopp at 2010 Speedo Champions Series	
	200 Breast	2:37.40	5-Aug-10	SCHE AD	Amy L. Bopp at 2010 Speedo Champions Series	
	100 Fly	1:01.49	10-Jul-96	CDAC AD	Richelle Depold	
	200 Fly	2:15.82	5-Aug-10	SCHE AD	Amy L. Bopp at 2010 Speedo Champions Series	
	200 IM	2:25.83	10-Jul-09	ALBS AD	Aimee Hooper at Niagara Long Course Classic	
	400 IM	5:04.29	10-Jul-09	ALBS AD	Aimee Hooper at Niagara Long Course Classic	
	200 Free Relay	1:55.21	30-Jul-98	SCHE AD	Schenectady	
	400 Free Relay	4:02.79	10-Aug-88	SCHE AD	Schenectady	
	800 Free Relay	8:46.36	22-Jul-04	SCHE AD	Schenectady - K Brooks, H Furman, D Stein, S Yan	
	400 Medley Relay	4:33.91	24-Jul-03	SCHE AD	Schenectady Swim Club - K. BROOKS, D. STEIN, A. CATROPPIA, S. YAN	
	Open	50 Free	26.08	15-Jul-93	COLO AD	Richelle Depold
		100 Free	57.28	30-Jul-90	COLO AD	Richelle Depold
200 Free		2:07.01	10-Jul-09	ALBS AD	Aimee Hooper at Niagara Long Course Classic	
400 Free		4:25.29	9-Aug-10	ALBS AD	Aimee Hooper at 2010 Speedo Junior National Championships	
800 Free		9:02.49	9-Aug-10	ALBS AD	Aimee Hooper at 2010 Speedo Junior National Championships	
1500 Free		17:32.93	10-Jul-09	ALBS AD	Aimee Hooper at Niagara Long Course Classic	
100 Back		1:03.41	5-Aug-10	DELM AD	Jenna Bickel at 2010 Speedo Champions Series	
200 Back		2:19.84	5-Aug-10	DELM AD	Jenna Bickel at 2010 Speedo Champions Series	
100 Breast		1:12.37	5-Aug-10	SCHE AD	Amy Bopp - at EZ SuperSectionals - Buffalo	
200 Breast		2:37.40	5-Aug-10	SCHE AD	Amy L. Bopp at 2010 Speedo Champions Series	
100 Fly		1:01.49	10-Jul-96	CDAC AD	Richelle Depold	
200 Fly		2:15.82	5-Aug-10	SCHE AD	Amy L. Bopp at 2010 Speedo Champions Series	
200 IM		2:24.22	8-Aug-01	SCHE AD	Karly Brooks	
400 IM		5:04.29	10-Jul-09	ALBS AD	Aimee Hooper at Niagara Long Course Classic	
200 Free Relay		1:54.69	23-Jul-10	ALBS AD	Albany Starfish Swim Club K. Zhou, K. Beckford, A. Hooper, O. Samson	
400 Free Relay		4:02.79	22-Jul-07	SCHE AD	Schenectady SC - K Brooks, K Barbour, S Yan, C Brauer	
800 Free Relay		8:46.36	22-Jul-04	SCHE AD	Schenectady - K Brooks, H Furman, D Stein, S Yan	
400 Medley Relay		4:26.09	6-Aug-09	SCHE AD	Schenectady Swim Club K. Rowe, K. Barbour, A. Bopp, M. Jordan	

RECORDS AD LC Resident
LC Meters-Men

8 & U	50 Free	34.39	30-Jul-82	NHKN AD	Jim Wells
	100 Free	1:17.73	10-Jul-82	NHKN AD	Jim Wells
	50 Back	40.56	15-Jul-82	NHKN AD	Jim Wells
	50 Breast	45.20	10-Aug-92	USAM AD	Bobby Crow
	50 Fly	37.98	10-Jul-91	LEAT AD	Oliver Ruff
9-10	50 Free	30.62	15-Jul-84	NHKN AD	Jim Wells
	100 Free	1:07.29	10-Jul-84	NKHN AD	Jim Wells
	200 Free	2:25.68	10-Aug-84	NKHN AD	Jim Wells
	400 Free	5:09.53	8-Aug-07	AD AD	Alec Tocco at Eastern Zone Age Group Long Course Champs
	50 Back	35.82	15-Jul-84	NHKN AD	Jim Wells
	100 Back	1:17.00	10-Aug-84	NHKN AD	Jim Wells
	50 Breast	40.29	10-Aug-95	USAM AD	Bobby Crow
	100 Breast	1:28.44	10-Aug-95	SCHE AD	Nick Wilde
	50 Fly	33.18	10-Aug-93	NHKN AD	Oliver Ruff
	100 Fly	1:16.74	11-Aug-10	ADLC AD	Zachary A. Zwijacz at 2010 Eastern Zone LC Championships
	200 IM	2:49.62	11-Aug-10	ADLC AD	Zachary A. Zwijacz at 2010 Eastern Zone LC Championships
	200 Free Relay	2:36.35	6-Jul-03	SCHE AD	Schenectady
	400 Free Relay	5:21.32	1-Aug-96	SCHE AD	SCHE
	200 Medley Relay	3:03.64	29-Jul-05	CLIN AD	Clinton Cuda Swim Club - J. COOK, S. MACDONALD, T. SULLIVAN, M. COF
11-12	50 Free	27.28	15-Jul-86	LEAT AD	Jim Wells
	100 Free	1:00.30	10-Aug-86	LEAT AD	Jim Wells
	200 Free	2:11.35	10-Aug-86	LEAT AD	Jim Wells
	400 Free	4:34.03	10-Aug-86	LEAT AD	Jim Wells
	50 Back	31.23	10-Aug-86	LEAT AD	Jim Wells
	100 Back	1:06.52	10-Aug-86	LEAT AD	Jim Wells
	200 Back	2:36.80	11-Aug-04	SCHE AD	SAMUEL P. WILSHIRE at Eastern Zone Age Group Long Co
	50 Breast	35.05	10-Aug-99	ALBS AD	Julio Vidal
	100 Breast	1:17.36	11-Aug-10	ADLC AD	Joey Ongkingco at 2010 Eastern Zone LC Championships
	200 Breast	2:55.12	6-Aug-03	DELM AD	Vadim YAFAYEV at Eastern Zone Long Course Meet
	50 Fly	29.85	1-Jul-00	SCHE AD	Michael DeRocco
	100 Fly	1:05.48	10-Aug-86	GLFY AD	Patrick O'Keefe
	200 Fly	2:29.54	23-Jul-10	ALBS AD	Miles Smachlo at 2010 Adirondack Long Course District Champion
	200 IM	2:26.40	10-Aug-99	ALBS AD	Julio Vidal
	200 Free Relay	2:02.13	30-Jul-79	WATR AD	Watertown
	400 Free Relay	4:25.14	15-Aug-76	WATR AD	Watertown
	200 Medley Relay	2:19.51	10-Jul-97	CLIN AD	Clinton Cudas
	13-14	50 Free	25.05	10-Aug-88	LEAT AD
100 Free		55.14	10-Aug-88	LEAT AD	Jim Wells
200 Free		1:59.70	10-Aug-88	LEAT AD	Jim Wells
400 Free		4:18.61	30-Jul-88	LEAT AD	Jim Wells
800 Free		9:06.27	16-Jun-06	ALBS AD	Frankie DEMARIA at Senior Circuit
1500 Free		17:15.59	9-Aug-06	ALBS AD	Frankie DEMARIA at Eastern Zone Age Group Long Co
100 Back		1:00.22	10-Aug-88	LEAT AD	Jim Wells
200 Back		2:09.59	10-Aug-88	LEAT AD	Jim Wells
100 Breast		1:10.85	11-Aug-10	ADLC AD	Quinn Smith at 2010 Eastern Zone LC Championships
200 Breast		2:34.31	10-Aug-90	GLFY AD	Patrick O'Keefe

RECORDS AD LC Resident

13-14	100 Fly	59.81	10-Aug-90	GLFY AD	Patrick O'Keefe	
	200 Fly	2:12.58	10-Aug-90	GLFY AD	Patrick O'Keefe	
	200 IM	2:16.15	10-Aug-90	GLFY AD	Patrick O'Keefe	
	400 IM	4:47.79	10-Aug-90	GLFY AD	Patrick O'Keefe	
	200 Free Relay	1:51.43	23-Jul-10	ALBS AD	Albany Starfish Swim Club D. Karlok, J. Chalermkraivuth, A. Lee, R. Gordon	
	400 Free Relay	4:01.36	28-Jul-06	SCHE AD	Schenectady G Romanov, T Nichols, M Barno, S Buckley	
	800 Free Relay	9:12.68	30-Jun-06	ALBS AD	Albany Starfish Swim Club - B. QUAY, F. DYER, T. RAPPOLD, F. DEMARIA	
	400 Medley Relay	4:24.72	9-Aug-06	ALBS AD	Albany Starfish - F. DYER, T. RAPPOLD, H. Smachlo, B. QUAY	
15-18	50 Free	23.70	9-Aug-10	ALBS AD	Mike Dugan at 2010 Speedo Junior National Championships	
	100 Free	52.04	10-Aug-09	ALBS AD	Frankie Dyer at 2009 Speedo Junior National Championships	
	200 Free	1:52.73	10-Aug-09	ALBS AD	Frankie Dyer at 2009 Speedo Junior National Championships	
	400 Free	4:02.38	8-Jul-10	ALBS AD	Frankie Dyer at Niagara Long Course Classic	
	800 Free	8:36.27	5-Aug-10	SCHE AD	Greg Romanov - EZ SuperSectionals Buffalo	
	1500 Free	16:35.04	5-Aug-10	SCHE AD	Greg Romanov at 2010 Speedo Champions Series	
	100 Back	59.85	18-Jul-08	SCHE AD	Spencer Booth 2008 SE Speedos, Myles Poster 2007 Jr Nats	
	200 Back	2:08.21	6-Aug-07	SCHE AD	Spencer Booth at 2007 Speedo Junior National Championships	
	100 Breast	1:06.50	15-Jun-09	GLFY AD	Andrew Guinther at Charlotte Ultraswim	
	200 Breast	2:25.24	6-Aug-07	SCHE AD	SHAYNE P. BUCKLEY at 2007 Speedo Junior National Championships	
	100 Fly	55.28	9-Aug-10	ALBS AD	Mike Dugan at 2010 Speedo Junior National Championships	
	200 Fly	2:06.27	10-Aug-87	LEAT AD	Stephan Rodiger	
	200 IM	2:08.79	6-Aug-09	SCHE AD	SHAYNE P. BUCKLEY at 2009 Speedo Champions Series	
	400 IM	4:33.40	6-Aug-09	SCHE AD	SHAYNE P. BUCKLEY at 2009 Speedo Champions Series	
	200 Free Relay	1:41.03	26-Jul-08	SCHE AD	Schenectady SC - C Lotano, J Johnson, M Barno, T Nichols	
	400 Free Relay	3:37.89	6-Aug-07	SCHE AD	Schenectady Swim Club - J Johnson, M Poster, S Booth, A Kalish	
	800 Free Relay	7:58.50	6-Aug-07	SCHE AD	Schenectady Swim Club S Booth, S Buckley, J Johnson, A Kalish	
	400 Medley Relay	3:58.20	6-Aug-07	SCHE AD	Schenectady Swim Club - M Poster, S Buckley, S Booth, J Johnson	
	Open	50 Free	23.70	9-Aug-10	ALBS AD	Mike Dugan at 2010 Speedo Junior National Championships
		100 Free	51.51	6-Aug-09	SCHE AD	Spencer Booth at 2009 Speedo Champions Series
200 Free		1:52.73	10-Aug-09	ALBS AD	Frankie Dyer at 2009 Speedo Junior National Championships	
400 Free		4:02.99	10-Aug-09	ALBS AD	Frankie Dyer at 2009 Speedo Junior National Championships	
800 Free		8:36.27	5-Aug-10	SCHE AD	Greg Romanov at EZ SuperSectionals - Buffalo	
1500 Free		16:35.04	5-Aug-10	SCHE AD	Greg Romanov at 2010 Speedo Champions Series	
100 Back		57.64	14-Aug-04	SCHE AD	GEORGE K. GLEASON at 2004 Olympic Games - Athens	
200 Back		2:05.81	6-Aug-09	SCHE AD	Spencer Booth at 2009 Speedo Champions Series	
100 Breast		1:06.50	15-Jun-09	GLFY AD	Andrew Guinther at Charlotte UltraSwim	
200 Breast		2:25.24	6-Aug-07	SCHE AD	Shayne Buckley Jr Nationals - Indiana	
100 Fly		54.90	6-Aug-09	SCHE AD	Spencer Booth at 2009 Speedo Champions Series	
200 Fly		2:06.27	10-Aug-87	LEAT AD	Stephan Rodiger	
200 IM		2:08.79	6-Aug-09	SCHE AD	SHAYNE P. BUCKLEY at 2009 Speedo Champions Series	
400 IM		4:33.40	6-Aug-09	SCHE AD	SHAYNE P. BUCKLEY at 2009 Speedo Champions Series	
200 Free Relay		1:39.68	24-Jul-09	ALBS AD	Albany Starfish Swim Club M. Dugan, F. DeMaria, B. Maloy, F. Dyer	
400 Free Relay		3:31.45	6-Aug-09	SCHE AD	Schenectady Swim Club W. Booth, S. BUCKLEY, A. Kalish	
800 Free Relay		7:49.79	6-Aug-09	SCHE AD	Schenectady Swim Club W. Booth, A. Kalish, S. BUCKLEY	
400 Medley Relay		3:58.20	6-Aug-07	SCHE AD	Schenectady Swim Club - M Poster, S Buckley, S Booth, J Johnson	