



When you think of a person that you would want as a representative of your interests, your swimmers, and your team, what qualities jump to mind? Would you want someone who is hard working? Perhaps you think of someone who exhibits grit and determination, a person who wants the best for our sport. I have always thought that if you are the one who puts in the work when no one else does, when you are the one that stands up when everyone else backs down, that the results that you work for will come to you. These ideas are also found in the motto of my gym, “Hard Work Beats Talent When Talent Doesn’t Work Hard.”

Hello all, my name is James Gerace. I have swam competitively for over seven years and look forward to swimming with Adirondack for another two before heading off to college. Swimming has given me amazing experiences, such as competing in meets all over the country and even swimming with a team as far away as Hawaii. I have competed in Speedo Sectionals and Age Group Zones, proudly earning a silver medal in the 200 butterfly at the 2025 Short Course Age Group Zones.

Out of the pool I serve as a football official for the Capital District Football Officials Association, even being honoured to officiate some of the most competitive high school varsity rivalry games. As a homeschooler, with a flexible schedule, I have the time and ability to work on advancing Adirondack Swimming.

If elected to the Adirondack Representative position, I look forward to leading the next generation forward, especially the younger kids that may just be dipping their toes in the water. I deeply believe that correct exposure and experience can shape their mindsets for the better. We can instill in them a vision for what they can become with hard work and this would be the most rewarding goal of them all. To see the next generation dream and achieve goals would be what I consider one of the best things to do for our league.

With a mindset of continued improvement, we will continue to elevate our sport of swimming. I have always noticed one thing, there is always a question, an issue, or a challenge that needs to be overcome and I love being part of a team who solves them. I hope that together we can work towards instituting new ideas, and continuing to enrich Adirondack Swimming.

If elected as your Rep, I want every coach and swimmer to know that I am ready and awaiting any new ideas. I aim to be the one that anyone can come to to express their thoughts and considerations so that together we can make our sport better. If this sounds like a good idea, please consider voting for me. Thanks for your time, thought, and consideration. Go AD!