

My name is Katherine O'Neill and I'm applying to be a Junior Athlete Representative for Adirondack Swimming. I am currently a sophomore at Bethlehem High School and I swim for the Delmar Dolphins. Over the past two years, swimming has become one of the most important parts of my life. One of the reasons it has become such a special thing to me is because of the strong community that it creates. I feel supported and loved when I'm at swim and I want to share that feeling with other athletes.

As a junior athlete representative I will work hard to bring opinions and concerns from athletes to the board in order to strengthen our swimming community. I am someone who is organized and can listen carefully to identify problems. I feel passionate about making sure that every swimmer feels heard and valued. As well as being involved in the community, during my time swimming I've worked with young kids, teaching swim lessons to try and inspire their love for swimming while also growing my leadership and communication skills. Overall, I want to commit to making Adirondack swimming a stronger and more connected community for all athletes.

