

Madeleine Adams



I have been swimming for almost 10 years, 3 of which I've swam on the Albany Starfish, but I've been a part of USA Swimming since before I was 10 (as an unattached swimmer). I have also been a member of the Niskayuna Girls Swim & Dive Team since 8th grade. Swimming has always been one of the most important parts of my life. Being a part of Starfish is like an extension of my own family. On Starfish, I am the Athlete Representative for our North Site. I am also a volunteer manager for the Niskayuna Boys Varsity Swim & Dive Team. Being able to help both the Varsity Boys team and the Albany Starfish has been a crucial aspect of my perspective on swimming, and I would love to have a voice in the swimming community beyond these teams.

In addition to swimming, I am enrolled in Honors courses at Niskayuna High School with an emphasis on STEM and languages. I actively participate in many extracurricular clubs, including Women In STEM, Spanish Club, Latin Club, Culinary Club, and Chemistry Demos. In my community, I served as the president of my Girl Scout Troop in earning our Silver Award. Through academics, clubs, and community involvement, as well as collaboration with swim teammates, I feel that this has supported my ability to be an effective leader.

As an Athlete Representative for Starfish, I regularly participate in board meetings and this allows me to be a part of planning activities throughout the season. As an Athlete Rep for the Adirondack Board, I would look to the future, towards meets, what our league can do to encourage younger swimmers to join a team, and how we can better connect our teams. Throughout the years, swimming on Starfish and in this community have been the things that shaped me, from hard practices and sets to social kicks and fun games, but with this opportunity, I now hope to do the same for generations of swimmers to come.