

ShawnPaul Hansen



My name is ShawnPaul Hansen, and I am 16 years old. As a swimmer, I want to be a strong leader who helps athletes of all ages feel included, supported, and excited about the sport. I especially want to help younger swimmers feel more confident and involved by making big opportunities like Zones feel fun, welcoming, and achievable. I believe in leading by example, bringing athletes together, and helping everyone have a voice. I'm also interested in helping make the Adirondack Swimming website more athlete-friendly so swimmers can easily find information, stay connected, and feel more involved in the swim community.