

RECORDS AD SC District

Yards-Women

8 & U	25	Free	14.17	6-Dec-99	USAM- AD	Lori Iwanowicz at Super Splash
	50	Free	31.46	20-Mar-99	USAM- AD	Lori Iwanowicz at RPI JO's
	100	Free	1:08.98	7-Jan-00	D2K- NE	Al Suppan at Starfish Invitational
	25	Back	16.70	10-Jan-76	ALBS- AD	Nancy Connolly at SUNY Albany
	50	Back	36.51	1-Feb-20	CPP- AD	Michelle Adams at Delmar Dolphins February Freeze Invitational
	25	Breast	19.00	15-Jul-73	FAIR- NI	Laura Peel at Norwich
	50	Breast	40.60	15-Mar-83	COLO- AD	Danielle Davenport at BurntHills JO's
	25	Fly	16.10	* 10-Jan-76	ALBS- AD	Nancy Connolly at SUNY Albany
	25	Fly	16.10	* 15-Mar-80	ROME- AD	Sherri White at SUNY Albany
	50	Fly	35.44	15-Mar-92	CLIN- AD	Laura Tyler at Schenectady JO
	100	IM	1:20.08	7-Jan-00	D2K- NE	Al Suppan at AV Starfish Invitational
	100	Free Relay	1:05.12	15-Mar-92	SCHE- AD	Schenectady - Santa Maria, Adamovich, Parks, Cerrito
	100	Medley Relay	1:12.28	10-Mar-96	SCHE- AD	Schenectady - Brooks, Stein, Morris, Jordan
	9-10	50	Free	27.36	18-Mar-05	CLIN- AD
100		Free	58.78	9-Jan-11	EELS- AD	Alexandra Dixon at Starfish Trophy Meet
200		Free	2:06.20	7-Jan-11	EELS- AD	Alexandra Dixon at Starfish Trophy Meet
500		Free	5:31.90	15-Jan-11	EELS- AD	Alexandra M. Dixon at Chris Goody IMX Challenge
50		Back	31.54	20-Mar-95	SCHE- AD	Caitlin Johnson at Schenectady JO's
100		Back	1:06.86	4-Jan-02	GMA- NE	Caroline Weaver at Starfish Invitational
50		Breast	34.66	20-Mar-98	SCHE- AD	Karly Brooks at RPI JO's
100		Breast	1:16.26	28-Mar-13	SSCY- AD	Anna E. Keating at 2013 Eastern Zone SC Swimming Championships
50		Fly	29.57	20-Mar-98	UN- AD	Kailey Morris at RPI JO's
100		Fly	1:06.40	20-Mar-98	UN- AD	Kailey Morris at RPI JO's
100		IM	1:08.87	20-Mar-98	SCHE- AD	Karly Brooks at RPI JO's
200		IM	2:26.12	20-Mar-98	UN- AD	Kailey Morris at RPI JO's
200		Free Relay	1:58.73	20-Mar-98	SCHE- AD	Schenectady - Catroppa, Stein, Jordan, Brooks
400		Free Relay	4:16.58	20-Mar-98	SCHE- AD	Schenectady
200	Medley Relay	2:10.85	10-Mar-95	SCHE- AD	Schenectady - Justice, SantaMaria, Korman, Johnson	
11-12	50	Free	25.24	19-Mar-10	ALBS- AD	Jennifer L. Lucius at AD Gold Short Course Championships
	100	Free	54.22	17-Mar-00	SCHE- AD	Karly Brooks at Adirondack Short Course Championships
	200	Free	1:55.75	7-Jan-00	ALBS- AD	Kailey Morris at Starfish Invitational
	500	Free	5:07.62	17-Feb-17	CS- NE	Natalie Mannion at 2017 Region 1 Championships
	1000	Free	10:31.13	17-Feb-12	BEAR- CT	Eva Crouse at 2012 Region 1 Championships
	1650	Free	17:57.64	17-Feb-17	CS- NE	Natalie Mannion at 2017 Region 1 Championships
	50	Back	27.92	17-Mar-00	SCHE- AD	Karly Brooks at Adirondack Short Course Championships
	100	Back	58.79	17-Feb-17	CS- NE	Natalie Mannion at 2017 Region 1 Championships
	200	Back	2:07.04	17-Feb-17	CS- NE	Natalie Mannion at 2017 Region 1 Championships
	50	Breast	31.23	19-Mar-10	ALBS- AD	Jennifer L. Lucius at AD Gold Short Course Championships
	100	Breast	1:07.03	18-Feb-12	BEAR- CT	Eva Crouse at 2012 Region 1 Championships
	200	Breast	2:25.26	20-Feb-12	BEAR- CT	Eva Crouse at 2012 Region 1 Championships
	50	Fly	27.31	17-Mar-00	ALBS- AD	Kailey Morris at Adirondack Short Course Championships
	100	Fly	58.30	12-Feb-16	BEAR- CT	Summer Smith at Region 1 2016
	200	Fly	2:09.12	17-Feb-17	BEAR- CT	Summer Smith at AD 2017 REGION 1 CHAMPIONSHIPS
	100	IM	1:00.87	17-Mar-00	SCHE- AD	Karly Brooks at Adirondack Short Course Championships
	200	IM	2:10.66	17-Mar-00	SCHE- AD	Karly Brooks at Adirondack Short Course Championships
	400	IM	4:32.79	12-Feb-16	BEAR- CT	Summer Smith at 2016 Region 1 Championships
	200	Free Relay	1:45.31	3-Mar-15	CPP- AD	Clifton Park Halfmont Pirahans
	400	Free Relay	3:48.99	19-Mar-10	ALBS- AD	Albany Starfish Swim Club J. Lucius, S. Schwarz, K. Gao, J. Samson

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11-12	200	Medley Relay	1:56.77	19-Mar-10	ALBS- AD	Albany Starfish Swim Club	J. Samson, J. Lucius, S. Schwarz, K. Gao
	400	Medley Relay	4:14.19	15-Feb-10	ALBS- AD	ALBS - J Samson, J Lucius, S Schwartz, K Gao at Region 1 Champs	
13-14	50	Free	23.62	20-Mar-89	COLO- AD	Richelle Depold at Schenectady JO's	
	100	Free	50.67	15-Feb-19	CS- NE	Natalie Mannion at 2019 Region 1 Short Course Invitational	
	200	Free	1:48.86	15-Feb-19	CS- NE	Natalie Mannion at 2019 Region 1 Short Course Invitational	
	500	Free	4:54.81	17-Feb-17	VICT- NI	Taryn Wisner at 2017 Region 1 Short Course Invitational	
	1000	Free	9:59.61	15-Feb-19	CS- NE	Natalie Mannion at 2019 Region 1 Short Course Invitational	
	1650	Free	16:46.14	17-Feb-13	BEAR- CT	Eva Crouse at AD 2014 Region 1 Championship	
	100	Back	54.59	15-Feb-19	CS- NE	Natalie Mannion at 2019 Region 1 Short Course Invitational	
	200	Back	1:59.47	17-Feb-14	RIDG- CT	Marcie Maguire at AD 2014 Region 1 Championships	
	100	Breast	1:02.10	14-Feb-15	CPP- AD	Olivia Jack at AD 2015 REGION 1 CHAMPIONSHIPS	
	200	Breast	2:17.46	17-Feb-17	CPAC- CT	Sophia K More at 2017 Region 1 Championships	
	100	Fly	55.15	17-Feb-14	BEAR- CT	Eva Crouse at AD 2014 REGION 1 CHAMPIONSHIPS	
	200	Fly	2:03.42	14-Feb-14	BEAR- CT	Eva Crouse at 2014 REGION 1 CHAMPIONSHIPS	
	200	IM	2:03.87	14-Feb-14	BEAR- CT	Eva Crouse at AD 2014 REGION 1 CHAMPIONSHIPS	
	400	IM	4:19.04	15-Feb-19	CS- NE	Natalie Mannion at 2019 Region 1 Short Course Invitational	
	200	Free Relay	1:39.04	30-Mar-02	SCHE- AD	Schenectady - Yan, Catroppa, Morris, Brooks	
	400	Free Relay	3:35.99	15-Mar-02	SCHE- AD	Schenectady - Stein, Morris, Yan, Brooks	
	800	Free Relay	7:56.99	16-Feb-02	SCHE- AD	Schenectady - Yan, Catroppa, Stein, Brooks	
	200	Medley Relay	1:51.83	6-Mar-16	SCHE- AD	Schenectady Swim Club	M. Williams, A. Bacon, E. Wang, M. Conway
	400	Medley Relay	4:02.80	15-Mar-02	SCHE- AD	Schenectady	
15-18	50	Free	22.42	15-Feb-19	CPAC- CT	Kate Douglass at 2019 Region 1 Short Course Invitational	
	100	Free	49.05	16-Feb-18	CPAC- CT	Katherine C. Douglass at 2018 Region 1 Short Course Invitational	
	200	Free	1:48.19	16-Feb-18	CPAC- CT	Bridget A. Semenuk at 2018 Region 1 Short Course Invitational	
	500	Free	4:46.09	17-Feb-08	BEAR- CT	Katie L. Gardocki at AD 2008 REGION 1 CHAMPIONSHIPS	
	1000	Free	9:53.70	15-Feb-19	CPAC- CT	Elizabeth G. Boeckman at 2019 Region 1 Short Course Invitational	
	1650	Free	16:48.54	16-Feb-18	CPAC- CT	Elizabeth G. Boeckman at 2018 Region 1 Short Course Invitational	
	100	Back	54.13	15-Mar-15	RIDG- CT	Marcie Maguire at AD 2015 Region 1 Championships	
	200	Back	1:57.08	17-Feb-17	RAC- CT	Marcie Maguire at Region 1 2017	
	100	Breast	1:00.61	16-Feb-18	X- AD	Olivia G. Jack at 2018 Region 1 Short Course Invitational	
	200	Breast	2:13.05	16-Feb-18	CPAC- CT	Mary C. Christensen at 2018 Region 1 Short Course Invitational	
	100	Fly	53.57	15-Feb-19	CPAC- CT	Kate Douglass at 2019 Region 1 Short Course Invitational	
	200	Fly	2:00.01	14-Feb-20	CS- NE	Natalie Mannion at 2020 Region 1 Short Course Invitational	
	200	IM	1:58.62	15-Feb-19	CPAC- CT	Kate Douglass at 2019 Region 1 Short Course Invitational	
	400	IM	4:17.43	17-Mar-17	SCHE- AD	Maggie Wyngowski at 2017 Region 1	
	200	Free Relay	1:37.10	11-Mar-18	SCHE- AD	Schenectady-Saratoga Swim Club	O. Jack, N. Murphy, Y. Dong, M. Conway
	400	Free Relay	3:30.66	15-Feb-13	ALBS- AD	Starfish - Samson, Gao, Zhou, Beckford	
	800	Free Relay	7:32.67	16-Feb-18	SCHE- AD	Schenectady-Saratoga Swim Club	O. Jack, E. Lipkin, M. Conway, Y. Dong
	200	Medley Relay	1:45.98	6-Mar-14	ALBS- AD	Albany Starfish Swim Club	J. Samson
	400	Medley Relay	3:46.91	16-Feb-18	SCHE- AD	Schenectady-Saratoga Swim Club	M. Williams, O. Jack, M. Conway, Y. Dong
	50	Free	22.42	15-Feb-19	CPAC- CT	Kate Douglass at 2019 Region 1 Short Course Invitational	
	100	Free	49.05	16-Feb-18	CPAC- CT	Katherine C. Douglass at 2018 Region 1 Short Course Invitational	
	200	Free	1:48.19	16-Feb-18	CPAC- CT	Bridget A. Semenuk at 2018 Region 1 Short Course Invitational	
	500	Free	4:46.09	15-Feb-08	BEAR- CT	Katie Gardocki at AD 2008 REGION 1 CHAMPIONSHIPS	
	1000	Free	9:53.70	15-Feb-19	CPAC- CT	Elizabeth G. Boeckman at 2019 Region 1 Short Course Invitational	
	1650	Free	16:46.14	17-Feb-13	BEAR- CT	Eva Crouse at AD 2014 Region 1 Championship	
	100	Back	54.13	15-Mar-15	RIDG- CT	Marcie Maguire at AD 2015 Region 1 Championships	
	200	Back	1:57.08	17-Feb-17	RAC- CT	Marcie Maguire at Region 1 2017	
	100	Breast	1:00.61	16-Feb-18	SCHE- AD	Olivia G. Jack at 2018 Region 1 Short Course Invitational	

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200 Breast	2:13.05	16-Feb-18	CPAC- CT	Mary C. Christensen at 2018 Region 1 Short Course Invitational
100 Fly	53.57	15-Feb-19	CPAC- CT	Kate Douglass at 2019 Region 1 Short Course Invitational
200 Fly	1:58.48	17-Feb-17	SCHE- AD	Katie Rowe at 2017 Region 1 Short Course Invitational
200 IM	1:58.62	15-Feb-19	CPAC- CT	Kate Douglass at 2019 Region 1 Short Course Invitational
400 IM	4:17.43	17-Feb-17	SCHE- AD	Maggie Wyngowski at 2017 Region 1
200 Free Relay	1:37.10	11-Mar-18	SCHE- AD	Schenectady-Saratoga Swim Club O. Jack, N. Murphy, Y. Dong, M. Conway
400 Free Relay	3:27.55	14-Feb-20	CRIM- NC	Crimson Aquatics G. Ren, N. Boegholm, J. Hinton, M. Hamlin
800 Free Relay	7:32.67	16-Feb-18	SCHE- AD	Schenectady-Saratoga Swim Club O. Jack, E. Lipkin, M. Conway, Y. Dong
200 Medley Relay	1:45.98	6-Mar-16	ALBS- AD	Albany Starfish Swim Club , J. Samson
400 Medley Relay	3:46.91	16-Feb-18	SCHE- AD	Schenectady-Saratoga Swim Club M. Williams, O. Jack, M. Conway, Y. Dong

RECORDS AD SC District

Yards-Men

8 & U	25	Free	14.50	20-Jul-72	WATER- AD	Bob Hraback at Norwich	
	50	Free	30.98	10-Feb-86	LEAT- AD	Graham Rigby at Leatherstocking	
	100	Free	1:07.58	26-Mar-86	LEAT- AD	Graham Rigby at Burnt Hills JO	
	25	Back	16.78	24-Oct-99	ALBS- AD	Brennan Morris at Trick Or Treat	
	50	Back	35.37	20-Jan-82	NHKN- AD	Jim Wells at Burnt Hills Midwinter	
	25	Breast	18.82	31-May-14	DELM- AD	Brayden Henkel at Dolphins Spring Fling	
	50	Breast	40.90	31-May-13	DELM- AD	Brayden Henkel at Dolphins Spring Fling	
	25	Fly	16.02	10-Jan-83	NEWB- MR	Darin Vantassel at SUNY Albany	
	50	Fly	34.62	20-Mar-99	CLIN- AD	Judd Simon at RPI JO's	
	100	IM	1:17.68	20-Mar-99	CLIN- AD	Judd Simon at RPI JO's	
	100	Free Relay	1:05.90	10-Mar-82	NHKN- AD	New Hartford Knights - Lauterbach, Davis, Holicky, Wells	
	100	Medley Relay	1:12.99	9-Dec-00	NPH- AD	Hawks - H. BARTLETT, S. DELAREDE, L. STROTHENKE, Z. ACOSTA	
	9-10	50	Free	26.50	20-Mar-98	ALBS- AD	Julio Vidal at RPI JO's
		100	Free	58.64	20-Mar-98	ALBS- AD	Julio Vidal at RPI JO's
200		Free	2:09.57	20-Mar-84	NHKN- AD	Jim Wells at Burnt Hills JO's	
500		Free	5:43.90	2-Dec-07	KING- AD	Alec Tocco at 2007 Decemeber Super Splash	
50		Back	30.71	20-Mar-98	ALBS- AD	Julio Vidal at RPI JO's	
100		Back	1:05.18	19-Mar-10	HAWK- AD	Seamus Trzewik-Quinn at AD Gold Short Course Championships	
50		Breast	35.04	20-Mar-98	ALBS- AD	Julio Vidal at RPI JO's	
100		Breast	1:15.16	20-Mar-98	ALBS- AD	Julio Vidal at RPI JO's	
50		Fly	29.73	10-Aug-80	TREN	David Guernsey at Clayton	
100		Fly	1:08.25	19-Mar-10	HAWK- AD	Seamus Trzewik-Quinn at AD Gold Short Course Championships	
100		IM	1:06.70	20-Mar-98	ALBS- AD	Julio Vidal at RPI JO's	
200		IM	2:25.19	19-Mar-10	HAWK- AD	Seamus Trzewik-Quinn at AD Gold Short Course Championships	
200		Free Relay	1:58.86	6-May-94	NSAA- MR	NSAA at Schenectady Friendship	
400		Free Relay	4:32.25	11-Mar-18	SCHE- AD	Schenectady-Saratoga Swim ClubK. Baird, R. Karaca, J. Gregory, Q. Nelson	
200	Medley Relay	2:09.45	6-May-94	NSAA- MR	NSAA at Schenectady Friendship		
11-12	50	Free	23.19	17-Mar-00	ALBS- AD	Julio Vidal at Adirondack Short Course Championships	
	100	Free	51.50	17-Mar-00	ALBS- AD	Julio Vidal at Adirondack Short Course Championships	
	200	Free	1:53.16	18-Feb-05	SCHE- AD	SHAYNE P. BUCKLEY at AD 2005 REGION 1 CHAMPIONSHIPS	
	500	Free	5:02.48	14-Jan-17	GLFY- AD	David Walton at Chris Goody	
	1000	Free	10:24.21	17-Feb-12	BEAR- CT	Jack Scobee at 2012 Region 1 Championships	
	1650	Free	17:35.10	18-Feb-05	SCHE- AD	SHAYNE P. BUCKLEY at AD 2005 REGION 1 CHAMPIONSHIPS	
	50	Back	27.08	17-Mar-00	ALBS- AD	Julio Vidal at Adirondack Short Course Championships	
	100	Back	58.83	18-Feb-05	SCHE- AD	SAMUEL P. WILSHIRE at AD 2005 REGION 1 CHAMPIONSHIPS	
	200	Back	2:06.66	18-Feb-05	SCHE- AD	SHAYNE P. BUCKLEY at AD 2005 REGION 1 CHAMPIONSHIPS	
	50	Breast	29.13	11-Mar-18	ALBS- AD	Brayden Henkel at Adirondack Gold Short Course Championships	
	100	Breast	1:04.60	15-Feb-13	RAC- CT	AJ Bornstein at AD 2013 REGION 1 CHAMPIONSHIPS	
	200	Breast	2:16.68	15-Feb-13	RAC- CT	AJ Bornstein at AD 2005 REGION 1 CHAMPIONSHIPS	
	50	Fly	25.42	24-Jul-21	USAM- AD	Christian V. Jerome at Delmar Dolphins July Time Trials	
	100	Fly	57.71	24-Jul-21	USAM- AD	Christian V. Jerome at Delmar Dolphins July Time Trials	
	200	Fly	2:05.19	24-Jul-21	USAM- AD	Christian V. Jerome at Delmar Dolphins July Time Trials	
	100	IM	58.22	17-Mar-00	ALBS- AD	Julio Vidal at Adirondack Short Course Championships	
	200	IM	2:05.22	18-Feb-05	SCHE- AD	SHAYNE P. BUCKLEY at AD 2005 REGION 1 CHAMPIONSHIPS	
	400	IM	4:27.66	18-Feb-05	SCHE- AD	SHAYNE P. BUCKLEY at AD 2005 REGION 1 CHAMPIONSHIPS	
	200	Free Relay	1:45.63	12-Mar-17	ALBS- AD	Albany Starfish Swim Club	
	400	Free Relay	3:51.88	17-Mar-00	SCHE- AD	Schenectady - Santa Maria, Manor, DeRocco, Ahern	
	200	Medley Relay	1:56.05	17-Mar-00	SCHE- AD	Schenectady	

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11-12	400	Medley Relay	4:25.32	10-Mar-92	SCHE- AD	Schenectady - Lotano, Bremser, Reilly, Dunki-Jacobs	
13-14	50	Free	21.98	15-Feb-19	CRIM- NE	Nareg Minassian at 2019 Region 1 Short Course Invitational	
	100	Free	48.24	15-Feb-19	BFIN- AD	Sam Brown at 2019 Region 1 Short Course Invitational	
	200	Free	1:42.24	14-Feb-14	BEAR- CT	Jack Scobee at 2014 Region 1 Championships	
	500	Free	4:33.88	14-Feb-14	BEAR- CT	Jack L. Scobee at Region 1 Championship	
	1000	Free	9:35.83	14-Feb-14	BEAR- CT	Jack L. Scobee at 2014 REGION 1 Championship	
	1650	Free	15:45.09	16-Feb-18	UN- CT	Connor T. Hunt at 2018 Region 1 Short Course Invitational	
	100	Back	51.12	10-Mar-19	BFIN- AD	Sam Brown at Adirondack Gold Short Course Championships	
	200	Back	1:51.02	10-Mar-19	BFIN- AD	Sam Brown at Adirondack Gold Short Course Championship	
	100	Breast	58.36	13-Feb-15	UN- CT	AJ Bornstein at AD 2015 Region 1 Championship	
	200	Breast	2:08.68	16-Mar-07	SCHE- AD	Shayne P. Buckley at AD Gold Short Course Champion	
	100	Fly	50.94	10-Mar-19	BFIN- AD	Sam Brown at Adirondack Gold Short Course Championships	
	200	Fly	1:52.81	16-Feb-18	CPAC- CT	Tyler J. Sicignano at 2018 Region 1 Short Course Invitational	
	200	IM	1:54.47	17-Mar-14	BEAR- CT	Jack Scobee at AD Gold Short Course Champion	
	400	IM	4:01.63	17-Feb-14	BEAR- CT	Jack Scobee at AD 2014 Region 1 Championship	
	200	Free Relay	1:32.45	10-Mar-13	ALBS- AD	Albany Starfish Swim Club F. Miao, W. Matz, M. Smachlo, L. Gordon	
	400	Free Relay	3:20.95	10-Mar-13	ALBS- AD	Albany Starfish Swim Club T. Matuszyk, W. Matz, L. Gordon, M. Smachlo	
	800	Free Relay	7:37.85	10-Dec-93	SCHE- AD	Schenectady - Couture, Lin, Reilly, Snyder	
	200	Medley Relay	1:43.83	10-Mar-19	CPP- AD	Clifton Park-Halfmoon Piranhas C. Xiang, B. Henkel, J. Homan, L. Marshall	
	400	Medley Relay	3:41.98	10-Mar-13	ALBS- AD	Albany Starfish Swim Club F. Miao, W. Matz, M. Smachlo, L. Gordon	
	15-18	50	Free	20.44	10-Mar-19	HAWK- AD	Leo Kuyl at Adirondack Gold Short Course Championships
100		Free	45.51	10-Mar-19	HAWK- AD	Leo Kuyl at Adirondack Short Course Gold Championships	
200		Free	1:35.94	16-Feb-18	UN- CT	Kieran S. Smith at 2018 Region 1 Short Course Invitational	
500		Free	4:20.22	16-Feb-18	UN- CT	Kieran S. Smith at 2018 Region 1 Short Course Invitational	
1000		Free	9:01.95	14-Feb-20	BEAR- CT	James L. Plage at 2020 Region 1 Short Course Invitational	
1650		Free	14:57.32	14-Feb-20	BEAR- CT	James L. Plage at 2020 Region 1 Short Course Invitational	
100		Back	49.58	14-Feb-14	ALBS- AD	Ryan D. Gordon at AD 2014 REGION 1 CHAMPIONSHIPS	
200		Back	1:46.33	9-Mar-14	ALBS- AD	Ryan D. Gordon at AD Gold Short Course Champions	
100		Breast	55.93	16-Feb-18	UN- CT	Kieran S. Smith at 2018 Region 1 Short Course Invitational	
200		Breast	1:59.25	17-Feb-17	CRIM- NE	Calvin Yang at AD 2017 Region 1 Championship	
100		Fly	49.52	17-Feb-17	UN- CT	Kieran at 2017 Starfish Trophy Invitatio	
200		Fly	1:47.92	8-Mar-15	ALBS- AD	Miles A. Smachlo at 2015 Gold Short Course Champs	
200		IM	1:50.95	14-Feb-20	UN- CT	Connor T. Hunt at 2020 Region 1 Short Course Invitational	
400		IM	3:47.68	16-Feb-18	UN- CT	Kieran S. Smith at 2018 Region 1 Short Course Invitational	
200		Free Relay	1:27.11	16-Mar-01	BFIN- AD	Bluefins	
400		Free Relay	3:10.94	12-Feb-16	WYW- CT	WYW - H. Sykes, A Ignatov, J Mostofi, L. Walker	
800		Free Relay	6:58.48	20-Mar-14	ALBS- AD	Albany Starfish Swim Club M. Smachlo, R. Gordon, A. Strayer, L. Gordon	
200		Medley Relay	1:34.30	6-Mar-16	ALBS- AD	Albany Starfish Swim Club R. Gordon, W. Matz, M. Smachlo, L. Gordon	
400		Medley Relay	3:29.02	12-Feb-16	WYW- CT	WYW- J. Kealy, J. Lynch, R. Giller, H. Sykes	
		50	Free	20.44	10-Mar-19	HAWK- AD	Leo Kuyl at Adirondack Gold Short Course Championships
		100	Free	45.51	10-Mar-19	HAWK- AD	Leo Kuyl at Adirondack Gold Short Course Championships
		200	Free	1:35.94	16-Feb-18	UN- CT	Kieran S. Smith at 2018 Region 1 Short Course Invitational
		500	Free	4:20.22	18-Feb-18	UN- CT	Kieran S. Smith at 2018 Region 1 Short Course Invitational
		1000	Free	9:01.95	14-Feb-20	BEAR- CT	James L. Plage at 2020 Region 1 Short Course Invitational
		1650	Free	14:57.32	14-Feb-20	BEAR- CT	James L. Plage at 2020 Region 1 Short Course Invitational
		100	Back	49.58	14-Feb-14	ALBS- AD	Ryan D. Gordon at AD 2014 REGION 1 CHAMPIONSHIPS
		200	Back	1:46.33	9-Mar-14	ALBS- AD	Ryan D. Gordon at AD Gold Short Course Champions
		100	Breast	55.93	16-Feb-18	UN- CT	Kieran S. Smith at 2018 Region 1 Short Course Invitational
	200	Breast	1:59.25	17-Feb-17	CRIM- NE	Calvin Yang at AD 2017 Region 1 Championshp	

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100 Fly	49.52	17-Feb-17	UN- CT	Kieran Smith at 2017 Region 1 Championships
200 Fly	1:47.92	8-Mar-15	ALBS- AD	Miles A. Smachlo at 2015 Gold Short Course Champs
200 IM	1:50.95	14-Feb-20	UN- CT	Connor T. Hunt at 2020 Region 1 Short Course Invitational
400 IM	3:47.68	18-Feb-18	UN- CT	Kieran S. Smith at 2018 Region 1 Short Course Invitational
200 Free Relay	1:24.45	6-Mar-16	BFIN- AD	ADIRONDACK BLUEFINS
400 Free Relay	3:05.65	12-Mar-17	BFIN- AD	ADIRONDACK BLUEFINS
800 Free Relay	6:50.94	14-Feb-20	CPP- AD	Clifton Park-Halfmoon Piranhas A. Fabris, T. Bearor, J. Chiarella, B. Henkel
200 Medley Relay	1:34.30	20-Mar-14	ALBS- AD	Albany Starfish Swim Club R. Gordon, W. Matz, M. Smachlo, L. Gordon
400 Medley Relay	3:27.41	17-Feb-17	BFIN- AD	BLUEFINS L.Picozzi, R. Board, T. Maggs, E McNair