

RECORDS AD SC Resident

Yards-Women

8 & U	25	Free	14.17	6-Dec-99	USAM- AD	Lori Iwanowicz at Super Splash
	50	Free	31.46	20-Mar-99	USAM- AD	Lori Iwanowicz at Iwanowicz at RPI JO's
	100	Free	1:09.89	7-Jan-00	USAM- AD	Lori Iwanowicz at 2000 AV STARFISH INV
	25	Back	16.70	6-Jan-76	ALBS- AD	Nancy Connolly at SUNY Albany
	50	Back	36.51	1-Feb-20	CPP- AD	Michelle Adams at Delmar Dolphins February Freeze Invitational
	25	Breast	19.15	20-Mar-83	COLO- AD	Danielle Davenport at Burnt Hills JO's
	50	Breast	40.60	20-Mar-83	COLO- AD	Danielle Davenport at Burnt Hills JO's
	25	Fly	16.10	* 15-Mar-80	ROME- AD	Sherri White at SUNY Albany
	25	Fly	16.10	* 10-Jan-76	ALBS- AD	Nancy Connolly at SUNY Albany
	50	Fly	35.44	20-Mar-92	CLIN- AD	Laura Tyler at Schenectady JO's
	100	IM	1:21.94	15-Oct-96	SCHE- AD	Kailey Morris at Marist
	100	Free Relay	1:05.12	20-Mar-92	SCHE- AD	Schenectady - Santa Maria, Adamovich, Parkes, Cerrito
	100	Medley Relay	1:08.56	1-Mar-03	ALBS- AD	Starfish
	9-10	50	Free	27.11	31-Mar-05	CLIN- AD
100		Free	58.78	7-Jan-11	EELS- AD	Alexandra M. Dixon at 2011 Starfish Trophy Invitational
200		Free	2:05.92	20-Oct-98	ALBS- AD	Kailey Morris at Buffalo
500		Free	5:31.90	15-Jan-11	EELS- AD	Alexandra M. Dixon at Chris Goody IMX Challenge
50		Back	31.09	29-Mar-95	SCHE- AD	Caitlin Johnson at Princeton Zones
100		Back	1:05.36	29-Mar-95	SCHE- AD	Caitlin Johnson at Princeton Zones
50		Breast	34.66	20-Mar-98	SCHE- AD	Karly Brooks at RPI JO's
100		Breast	1:15.94	5-Apr-98	SCHE- AD	Karly Brooks at Gloucester Zones
50		Fly	28.92	15-Oct-98	ALBS- AD	Kailey Morris at Baltimore
100		Fly	1:04.21	20-Oct-98	ALBS- AD	Kailey Morris at Buffalo
100		IM	1:07.81	3-Apr-08	ALND- AD	Jennifer L. Lucius at Eastern Zone SC Swimming Championships
200		IM	2:24.01	20-Oct-98	ALBS- AD	Kailey Morris at Buffalo
200		Free Relay	1:58.73	20-Mar-98	SCHE- AD	Schenectady - Catroppa, Stein, Jordan, Brooks
400		Free Relay	4:16.58	20-Mar-98	SCHE- AD	Schenectady
200	Medley Relay	2:10.85	10-May-95	SCHE- AD	Schenectady - Justice, Santa Maria, Korman, Johnson	
11-12	50	Free	25.06	3-Apr-08	ALBS- AD	Kina Y. Zhou at Eastern Zone SC Swimming Championships
	100	Free	54.22	17-Mar-00	SCHE- AD	Karly BROOKS at Adirondack Short Course Champi
	200	Free	1:55.75	7-Jan-00	ALBS- AD	KAILEY B. MORRIS at 2000 AV STARFISH INV
	500	Free	5:11.70	17-Mar-00	ALBS- AD	KAILEY B. MORRIS at Adirondack Short Course Champi
	1000	Free	10:50.28	7-Jan-00	ALBS- AD	KAILEY B. MORRIS at AV Starfish Invitational
	1650	Free	18:10.73	7-Jan-00	ALBS- AD	KAILEY B. MORRIS at AV Starfish Invitational
	50	Back	27.92	17-Mar-00	SCHE- AD	Karly BROOKS at Adirondack Short Course Champi
	100	Back	59.50	3-Jan-14	ALBS- AD	Yunfan Dong at 2014 Starfish Trophy Invitatio
	200	Back	2:10.31	18-Feb-00	SCHE- AD	Karly BROOKS at Region I Short Course Swimming
	50	Breast	31.11	1-Apr-10	ALBS- AD	Jennifer L. Lucius at 2010 Eastern Zone SC Swimming Championships
	100	Breast	1:07.47	23-Jul-21	CPP- AD	Sophia Gao at Piranhas Time Trial
	200	Breast	2:24.61	10-Mar-05	SCHE- AD	BRIANA L. BORGOLINI at 2005 - MR, EZ SPEEDO CHAMPIONS
	50	Fly	27.12	16-Dec-99	ALBS- AD	Kailey Morris at Buffalo-Star
	100	Fly	59.73	30-Mar-00	ALBS- AD	KAILEY B. MORRIS at Eastern Zones SC '00
	200	Fly	2:15.26	10-Mar-13	ALBS- AD	Kamryn M. Paige at AD Gold Short Course Champions
	100	IM	1:00.04	30-Mar-00	SCHE- AD	KARLY BROOKS at Eastern Zones SC '00
	200	IM	2:09.31	30-Mar-00	SCHE- AD	KARLY BROOKS at Eastern Zones SC '00
	400	IM	4:42.68	18-Feb-00	ALBS- AD	KAILEY B. MORRIS at Region I Short Course Swimming
	200	Free Relay	1:43.63	1-Apr-10	ALBS- AD	Adirondack Zone Team J. Lucius, J. Samson, S. Schwarz, K. Gao
	400	Free Relay	3:47.82	1-Apr-10	ALBS- AD	Adirondack Zone Team J. Lucius, J. Samson, S. Schwarz, K. Gao

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11-12	200	Medley Relay	1:54.36	1-Apr-10	ALBS- AD	Adirondack Zone Team	J. Samson, J. Lucius, S. Schwarz, K. Gao	
	400	Medley Relay	4:14.19	15-Feb-10	ALBS- AD	ALBS - J Samson, J Lucius, S Swartz, K Gao		
13-14	50	Free	23.37	30-Mar-89	COLO- AD	Richelle Depold at New Haven Zones		
	100	Free	50.98	30-Mar-89	COLO- AD	Richelle Depold at New Haven Zones		
	200	Free	1:52.32	11-Mar-10	ALBS- AD	Kina Y. Zhou at NE 2010 March Speedo Champions Series		
	500	Free	5:03.79	2-Apr-09	ALBS- AD	Olivia N. Samson at 2009 Eastern Zone SC Swimming Championships		
	1000	Free	10:27.33	30-Mar-17	ALBS- AD	Lillian B. Bushway at 2017 Eastern Zone SC Swimming Championships		
	1650	Free	17:21.07	2-Apr-09	ALBS- AD	Olivia N. Samson at 2009 Eastern Zone SC Swimming Championships		
	100	Back	56.55	9-Dec-15	SCHE- AD	Yunfan Dong at 2015 Speedo Winter Jr. Champio		
	200	Back	2:01.25	30-Mar-02	SCHE- AD	KARLY Brooks at Time Trials		
	100	Breast	1:02.10	14-Feb-15	CPP- AD	Olivia Jack at AD Region 1 Championships		
	200	Breast	2:17.75	14-Dec-06	SCHE- AD	Briana L. Borgolini at MIT Prelims & Finals Meet 2006		
	100	Fly	57.14	13-Feb-15	CPP- AD	Olivia Jack at Region 1 Championships		
	200	Fly	2:06.20	4-Apr-02	SCHE- AD	KARLY Brooks at Eastern Zones SC '02		
	200	IM	2:04.54	4-Apr-02	SCHE- AD	KARLY Brooks at Eastern Zones SC '02		
	400	IM	4:25.12	4-Apr-02	SCHE- AD	KARLY Brooks at Eastern Zones SC '02		
	200	Free Relay	1:39.04	30-Mar-02	SCHE- AD	Schenectady - Yan, Catroppa, Morris, Brooks		
	400	Free Relay	3:35.97	4-Apr-02	SCHE- AD	Schenectady - D. Stein, H. Morris, S. Yan, K. Brooks		
	800	Free Relay	7:56.99	16-Feb-02	SCHE- AD	Schenectady - Yan, Catroppa, Stein, Brooks		
	200	Medley Relay	1:51.83	6-Mar-16	SCHE- AD	Schenectady Swim Club M. Williams, A. Bacon, E. Wang, M. Conway		
	400	Medley Relay	3:59.31	6-Apr-02	SCHE- AD	Schenectady - Brooks, Stein, Catroppa, Yan		
	15-18	50	Free	22.88	15-Mar-90	COLO- AD	Richelle Depold at Nashville TN	
100		Free	50.87	15-Mar-90	COLO- AD	Richelle Depold at Nashville TN		
200		Free	1:51.02	24-Mar-11	ALBS- AD	Aimee Hooper at 2011 North Region Speedo Champions Series		
500		Free	4:52.69	8-Dec-11	SCHE- AD	Katie Rowe at 2011 Speedo Short Course Junio		
1000		Free	10:01.97	25-Mar-21	SCHE- AD	Rachel Love at All-American Championship		
1650		Free	16:40.34	25-Mar-21	SCHE- AD	Rachel Love at All-American Championship		
100		Back	54.76	24-Mar-11	DELM- AD	Jenna Bickel at 2011 North Region Speedo Champions Series		
200		Back	1:58.21	6-Mar-16	ALBS- AD	Julia E. Samson at Adirondack Short Course Champi		
100		Breast	1:00.58	22-Mar-18	SCHE- AD	Olivia G. Jack at 2018 EZ North Speedo Short Course Sectionals		
200		Breast	2:13.26	22-Mar-18	SCHE- AD	Olivia G. Jack at 2018 EZ North Speedo Short Course Sectionals		
100		Fly	55.07	17-Mar-17	CPP- AD	Olivia G. Jack at 2017 Region 1 Championships		
200		Fly	2:00.91	21-Mar-13	SCHE- AD	Amy L. Bopp at 2013 CT Senior Open		
200		IM	2:02.36	6-Dec-12	ALBS- AD	Kina Zhou at 2012 Speedo Winter Jun Nationals		
400		IM	4:17.43	17-Feb-17	SCHE- AD	Magie Wyngowski at 2017 Region 1 Championships		
200		Free Relay	1:37.10	11-Mar-18	SCHE- AD	Schenectady-Saratoga Swim Club O. Jack, N. Murphy, Y. Dong, M. Conway		
400		Free Relay	3:29.29	24-Mar-11	ALBS- AD	Albany Starfish Swim Club K. Zhou, E. Terwilliger, A. Hooper, O. Samson		
800		Free Relay	7:29.33	24-Mar-11	ALBS- AD	Albany Starfish Swim Club K. Zhou, E. Terwilliger, A. Hooper, O. Samson		
200		Medley Relay	1:45.98	6-Mar-14	ALBS- AD	Albany Starfish		
400		Medley Relay	3:46.91	16-Feb-18	SCHE- AD	Schenectady Swim Club M. Williams, O. Jack, M. Conway, Y. Dong		
		50	Free	22.88	15-Mar-90	COLO- AD	Richelle Depold at Nashville TN	
		100	Free	50.87	15-Mar-90	COLO- AD	Richelle Depold at Nashville TN	
		200	Free	1:49.84	12-Mar-09	COLG- AD	Erin E. McGraw at NE 2009 Speedo Champions Series	
		500	Free	4:52.69	8-Dec-11	SCHE- AD	Katie Rowe at 2011 Speedo Short Course Junio	
		1000	Free	10:01.97	25-Mar-21	SCHE- AD	Rachel Love at All-American Championship	
		1650	Free	16:40.34	25-Mar-21	SCHE- AD	Rachel Love at All-American Championship	
		100	Back	54.76	24-Mar-11	DELM- AD	Jenna Bickel at 2011 North Region Speedo Champions Series	
		200	Back	1:58.21	6-Mar-16	ALBS- AD	Julia E. Samson at Adirondack Short Course Champi	
	100	Breast	1:00.58	22-Mar-18	SCHE- AD	Olivia G. Jack at 2018 EZ North Speedo Short Course Sectionals		

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200 Breast	2:13.26	22-Mar-18	SCHE- AD	Olivia G. Jack at 2018 EZ North Speedo Short Course Sectionals
100 Fly	54.02	12-Mar-09	COLG- AD	Erin E. McGraw at NE 2009 Speedo Champions Series
200 Fly	1:58.48	17-Feb-17	SCHE- AD	Katie Rowe at 2017 Region 1 Short Course Invitational
200 IM	2:02.12	12-Mar-09	COLG- AD	Erin E. McGraw at NE 2009 Speedo Champions Series
400 IM	4:17.43	17-Feb-17	SCHE- AD	Magie Wyngowski at 2017 Region 1 Championships
200 Free Relay	1:36.41	22-Mar-18	SCHE- AD	Schenectady-Saratoga Swim ClubA. Gray, I. Bushway, M. Conway, O. Jack
400 Free Relay	3:28.61	30-Mar-17	SCHE- AD	Schenectady Swim Club M. Conway, Y. Dong, S. Herbold
800 Free Relay	7:29.33	24-Mar-11	ALBS- AD	Albany Starfish Swim Club K. Zhou, E. Terwilliger, A. Hooper, O. Samson
200 Medley Relay	1:44.00	22-Mar-18	SCHE- AD	Schenectady-Saratoga Swim ClubM. Williams, O. Jack, M. Conway, A. Gray
400 Medley Relay	3:46.91	16-Feb-18	SCHE- AD	Schenectady-Saratoga Swim ClubM. Williams, O. Jack, M. Conway, Y. Dong

RECORDS AD SC Resident

Yards-Men

8 & U	25	Free	14.17	10-Apr-91	LEAT- AD	Oliver Ruff at DeWitt	
	50	Free	30.98	15-Feb-86	LEAT- AD	Graham Rigby at Leatherstocking	
	100	Free	1:07.58	20-Mar-86	LEAT- AD	Graham Rigby at Burnt Hills JO's	
	25	Back	16.76	10-Jun-82	NHKN- AD	Jim Wells at Horseheads	
	50	Back	35.37	20-Jan-82	NHKN- AD	Jim Wells at Mid Winter, Burnt Hills	
	25	Breast	18.82	31-Mar-14	DELM- AD	Brayden Henkel at Dolphins Spring Fling	
	50	Breast	40.65	31-May-14	DELM- AD	Brayden Henkel at Dolphins Spring Fling	
	25	Fly	16.10	20-Aug-72	WATER- AD	Bob Hraback at Colonie Districts	
	50	Fly	34.62	20-Jan-99	CLIN- AD	Judd Simon	
	100	IM	1:17.68	20-Mar-99	CLIN- AD	Judd Simon at RPI JO's	
	100	Free Relay	1:05.90	20-Mar-82	NHKN- AD	New Hartford - Lauterback, Davis, Holicky, Wells	
	100	Medley Relay	1:12.99	9-Dec-00	NPH- AD	Hawks - H. BARTLETT, S. DELAREDE, L. STROTHENKE, Z. ACOSTA	
	9-10	50	Free	26.38	4-Apr-98	ALBS- AD	Julio Vidal at Gloucester Zones
		100	Free	58.28	4-Apr-98	ALBS- AD	Julio Vidal at Gloucester Zones
200		Free	2:07.15	4-Apr-84	NHKN- AD	Jim Wells at Richmond VA Zones	
500		Free	5:41.79	1-Apr-10	HAWK- AD	Seamus Trzewik-Quinn at 2010 Eastern Zone SC Swimming Championships	
50		Back	30.09	4-Apr-84	NHKN- AD	Jim Wells at Richmond VA Zones	
100		Back	1:03.64	1-Apr-10	HAWK- AD	Seamus Trzewik-Quinn at 2010 Eastern Zone SC Swimming Championships	
50		Breast	33.34	4-Apr-98	ALBS- AD	Julio Vidal at Gloucester Zones	
100		Breast	1:15.16	20-Mar-98	ALBS- AD	Julio Vidal at RPI JO's	
50		Fly	29.44	4-Apr-93	NHKN- AD	Oliver Ruff at Buffalo Zones	
100		Fly	1:07.01	10-Nov-86	GLFY- AD	Patrick O'Keeffe at Syracuse	
100		IM	1:04.48	4-Apr-98	ALBS- AD	Julio Vidal at Gloucester Zones	
200		IM	2:23.66	1-Apr-10	HAWK- AD	Seamus Trzewik-Quinn at 2010 Eastern Zone SC Swimming Championships	
200		Free Relay	1:59.67	10-May-94	SCHE- AD	Schenectady - Osit, Bielecki, Gaydusek, Brown	
400		Free Relay	4:32.25	11-Mar-18	SCHE- AD	Schenectady-Saratoga Swim ClubK. Baird, R. Karaca, J. Gregory, Q. Nelson	
200		Medley Relay	2:15.28	28-Jan-01	SCHE- AD	Schenectady Swim Club	
11-12		50	Free	23.19	17-Mar-00	ALBS- AD	JULIO R. VIDAL at Adirondack Short Course Champi
	100	Free	51.50	17-Mar-00	ALBS- AD	JULIO R. VIDAL at Adirondack Short Course Champi	
	200	Free	1:51.56	31-Mar-05	SCHE- AD	SHAYNE P. BUCKLEY at Eastern Zone SC Swimming Champ	
	500	Free	4:58.10	17-Dec-16	GLFY- AD	David Walton at NE YMCA Winter Champs	
	1000	Free	10:23.66	17-Dec-16	GLFY- AD	David Walton at NE YMCA Winter Champs	
	1650	Free	17:01.78	17-Dec-16	GLFY- AD	David Walton at NE YMCA Winter Champs	
	50	Back	26.71	30-Mar-00	ALBS- AD	JULIO R. VIDAL at Eastern Zones SC '00	
	100	Back	58.53	5-Apr-86	LEAT- AD	Jim Wells at Pittsburgh Zones	
	200	Back	2:06.13	17-Dec-16	GLFY- AD	David Walton at NE YMCA Winter Champs	
	50	Breast	28.45	29-Mar-18	ALBS- AD	Brayden Henkel at 2018 Eastern Zone SC Swimming Championships	
	100	Breast	1:03.24	29-Mar-18	ALBS- AD	Brayden Henkel at 2018 Eastern Zone SC Swimming Championships	
	200	Breast	2:20.96	29-Mar-18	ALBS- AD	Brayden Henkel at 2018 Eastern Zone SC Swimming Championships	
	50	Fly	25.42	24-Jul-21	USAM- AD	Christian V. Jerome at Delmar Dolphins July Time Trials	
	100	Fly	57.71	24-Jul-21	USAM- AD	Christian V. Jerome at Delmar Dolphins July Time Trials	
	200	Fly	2:05.19	24-Jul-21	USAM- AD	Christian V. Jerome at Delmar Dolphins July Time Trials	
	100	IM	57.97	29-Mar-18	ALBS- AD	Brayden Henkel at 2018 Eastern Zone SC Swimming Championships	
	200	IM	2:03.45	31-Mar-05	SCHE- AD	SHAYNE P. BUCKLEY at Eastern Zone SC Swimming Champ	
	400	IM	4:23.90	17-Dec-16	GLFY- AD	David Walton at NE YMCA Winter Champs	
	200	Free Relay	1:45.63	12-Mar-17	ALBS- AD	Albany Starfish Swim Club	
	400	Free Relay	3:51.88	17-Mar-00	SCHE- AD	Schenectady Swim Club - Manor, DeRocco, SantaMaria, Ahern	
	200	Medley Relay	1:56.05	17-Mar-00	SCHE- AD	Schenectady	

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11-12	400	Medley Relay	4:21.19	20-Jan-96	SCHE- AD	Schenectady - Liebers, Lin, Osit, Brown
13-14	50	Free	21.91	4-Apr-88	LEAT- AD	Jim Wells at Buffalo Zones
	100	Free	47.34	30-Mar-94	SCHE- AD	Duane Couture at Princeton Zones
	200	Free	1:43.37	28-Mar-19	BFIN- AD	Sam Brown at 2019 EZ North Speedo Short Course Sectionals
	500	Free	4:39.55	10-Mar-19	BFIN- AD	Sam Brown at Adirondack Gold Short Course Championships
	1000	Free	9:50.59	2-Apr-09	ALBS- AD	Antonio Lanzi at 2009 Eastern Zone SC Swimming Championships
	1650	Free	16:22.25	4-Apr-02	SCHE- AD	Rob Manor at Eastern Zones SC '02
	100	Back	51.12	10-Mar-19	BFIN- AD	Sam Brown at Adirondack Gold Short Course Championships
	200	Back	1:49.34	28-Mar-19	BFIN- AD	Sam Brown at 2019 EZ North Speedo Short Course Sectionals
	100	Breast	1:00.26	28-Mar-19	CPP- AD	Brayden Henkel at 2019 EZ North Speedo Short Course Sectionals
	200	Breast	2:07.57	8-Mar-07	SCHE- AD	Shayne P. Buckley at NE 2007 Speedo Champions Serie
	100	Fly	50.94	10-Mar-19	BFIN- AD	Sam Brown at Adirondack Gold Short Course Championships
	200	Fly	1:54.04	10-Mar-13	ALBS- AD	Miles A. Smachlo at AD Gold Short Course Champions
	200	IM	1:56.15	15-Feb-19	BFIN- AD	Sam Brown at 2019 Region 1 Short Course Invitational
	400	IM	4:06.91	8-Mar-07	SCHE- AD	Shayne P. Buckley at NE 2007 Speedo Champions Serie
	200	Free Relay	1:32.45	10-Mar-13	ALBS- AD	Albany Starfish Swim Club F. Miao, W. Matz, M. Smachlo, L. Gordon
	400	Free Relay	3:20.95	10-Mar-13	ALBS- AD	Albany Starfish Swim Club T. Matuszyk, W. Matz, L. Gordon, M. Smachlo
	800	Free Relay	7:37.85	10-Dec-93	SCHE- AD	Schenectady - Couture, Lin, Reilly, Snyder
	200	Medley Relay	1:43.83	10-Mar-19	CPP- AD	Clifton Park-Halfmoon Piranhas C. Xiang, B. Henkel, J. Homan, L. Marshall
400	Medley Relay	3:41.98	10-Mar-13	ALBS- AD	Albany Starfish Swim Club F. Miao, W. Matz, M. Smachlo, L. Gordon	
15-18	50	Free	20.44	10-Mar-19	HAWK- AD	Leo Kuyl at Adirondack Gold Short Course Championships
	100	Free	45.51	10-Mar-19	HAWK- AD	Leo Kuyl at Adirondack Gold Short Course Championships
	200	Free	1:38.36	17-Mar-16	ALBS- AD	Miles Smachlo at NCSA
	500	Free	4:26.53	10-Dec-09	ALBS- AD	Frankie Dyer at 2009 Speedo Short Course Junior Nationals
	1000	Free	9:35.99	26-Mar-14	SCHE- AD	Bobby Rowledge at 2014 NASA Junior National Cham
	1650	Free	16:01.40	24-Mar-11	ALBS- AD	Antonio Lanzi at 2011 North Region Speedo Champions Series
	100	Back	49.58	14-Feb-14	ALBS- AD	Ryan D. Gordon at AD 2014 REGION 1 CHAMPIONSHIPS
	200	Back	1:46.33	9-Mar-14	ALBS- AD	Ryan D. Gordon at AD Gold Short Course Champions
	100	Breast	56.22	17-Mar-17	BFIN- AD	Ryan Board at AD Gold Short Course Championships
	200	Breast	2:02.55	10-Mar-13	SCHE- AD	Quinn Smith at AD Gold Short Course Champions
	100	Fly	48.59	18-Mar-16	ALBS- AD	Miles A. Smachlo at 2016 NSCA meet
	200	Fly	1:46.00	16-Mar-16	ALBS- AD	Miles Smachlo at NCSA
	200	IM	1:49.40	19-Mar-16	ALBS- AD	Miles Smachlo at NCSA
	400	IM	3:57.77	12-Mar-09	SCHE- AD	SHAYNE P. BUCKLEY at NE 2009 Speedo Champions Series
	200	Free Relay	1:27.11	16-Mar-01	BFIN- AD	Bluefins
	400	Free Relay	3:04.05	28-Mar-19	ALBS- AD	Albany Starfish Swim Club J. Gravino, B. Henkel, J. Chiarella, B. Liu
	800	Free Relay	6:55.55	12-Mar-09	SCHE- AD	Schenectady Swim Club T. Nichols, S. BUCKLEY, J. JOHNSON, M. Barno
	200	Medley Relay	1:34.30	20-Mar-14	ALBS- AD	Albany Starfish- R. Gordon, W. Matz, M. Smachlo, L. Gordon
	400	Medley Relay	3:31.65	12-Feb-10	ALBS- AD	Albany Starfish Swim Club F. Dyer, N. Resila, M. Dugan, A. Lanzi
	50	Free	20.44	10-Mar-19	HAWK- AD	Leo Kuyl at Adirondack Gold Short Course Championships
	100	Free	45.51	10-Mar-19	HAWK- AD	Leo Kuyl at Adirondack Gold Short Course Championships
	200	Free	1:38.36	17-Mar-16	ALBS- AD	Miles Smachlo at NCSA Spring Championships
	500	Free	4:26.53	10-Dec-09	ALBS- AD	Frankie Dyer at 2009 Speedo Short Course Junior Nationals
	1000	Free	9:35.99	26-Mar-14	SCHE- AD	Bobby Rowledge at 2014 NASA Junior National Cham
	1650	Free	16:01.40	24-Mar-11	ALBS- AD	Antonio Lanzi at 2011 North Region Speedo Champions Series
	100	Back	49.58	14-Feb-14	ALBS- AD	Ryan D. Gordon at AD 2014 REGION 1 CHAMPIONSHIPS
	200	Back	1:46.33	9-Mar-14	ALBS- AD	Ryan D. Gordon at AD Gold Short Course Champions
	100	Breast	56.22	17-Mar-17	BFIN- AD	Ryan Board at AD Gold Short Course Championships
	200	Breast	2:02.55	10-Mar-13	SCHE- AD	Quinn Smith at AD Gold Short Course Champions

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100 Fly	48.59	18-Mar-16	ALBS- AD	Miles A. Smachlo at 2016 NSCA meet
200 Fly	1:46.00	16-Mar-16	ALBS- AD	Miles Smachlo at NCSA
200 IM	1:49.40	19-Mar-16	SCHE- AD	Miles Smachlo at NCSA
400 IM	3:57.77	12-Mar-09	SCHE- AD	SHAYNE P. BUCKLEY at NE 2009 Speedo Champions Series
200 Free Relay	1:24.45	6-Mar-16	BFIN- AD	ADIRONDACK BLUEFINS
400 Free Relay	3:04.05	28-Mar-19	ALBS- AD	Albany Starfish Swim Club J. Gravino, B. Henkel, J. Chiarella, B. Liu
800 Free Relay	6:50.94	14-Feb-20	CPP- AD	Clifton Park-Halfmoon PiranhasA. Fabris, T. Bearor, J. Chiarella, B. Henkel
200 Medley Relay	1:34.30	20-Mar-14	ALBS- AD	Albany Starfish Swim Club R. Gordon, W. Matz, M. Smachlo, L. Gordon
400 Medley Relay	3:25.45	22-Mar-18	BFIN- AD	Adirondack Bluefins Swim Club L. Picozzi, R. Board, T. Maggs, E. McNair