

Adirondack Gold Short Course Championships - 3/13/2025 to 3/16/2025**Time Standards Report**

Event	AAAA	AAA	AA	A	BB	B	GOLD
Event 1 Women 10&U 500 Free	6:01.69	6:18.99	6:36.19	6:53.39	7:45.09	8:36.69	7:59.99
Event 2 Boys 10&U 500 Free	5:52.99	6:09.79	6:26.59	6:43.39	7:33.79	8:24.29	7:59.99
Event 3 Women 11-12 500 Free	5:27.69	5:43.29	5:58.89	6:14.49	6:45.69	7:16.89	6:39.99
Event 4 Men 11-12 500 Free	5:14.99	5:29.99	5:44.99	5:59.99	6:29.99	6:59.89	6:39.99
Event 5 Women 13-14 1650 Free	17:47.19	18:37.99	19:28.79	20:19.59	22:01.19	23:42.89	20:19.99
Event 6 Men 13-14 1650 Free	16:47.19	17:35.19	18:23.09	19:11.09	20:46.99	22:22.89	19:29.99
Event 7 Women Senior 1650 Free							19:31.89
Event 8 Men Senior 1650 Free							18:30.99
Event 9 Women 13-14 200 Free	1:55.29	2:00.69	2:06.19	2:11.69	2:22.69	2:33.59	2:12.99
Event 10 Men 13-14 200 Free	1:46.89	1:51.99	1:57.09	2:02.19	2:12.29	2:22.49	2:06.99
Event 11 Women Senior 200 Free							2:05.49
Event 12 Men Senior 200 Free							1:55.99
Event 13 Women 13-14 100 Breast	1:06.49	1:09.69	1:12.89	1:15.99	1:22.29	1:28.69	1:21.99
Event 14 Men 13-14 100 Breast	1:00.39	1:03.29	1:06.19	1:08.99	1:14.79	1:20.49	1:17.99
Event 15 Women Senior 100 Breast							1:16.99
Event 16 Men Senior 100 Breast							1:09.49
Event 17 Women 13-14 100 Fly	57.59	1:00.39	1:03.09	1:05.89	1:11.29	1:16.79	1:11.49
Event 18 Men 13-14 100 Fly	52.89	55.39	57.89	1:00.39	1:05.49	1:10.49	1:07.99
Event 19 Women Senior 100 Fly							1:06.29
Event 20 Men Senior 100 Fly							59.99
Event 21 Women 13-14 400 IM	4:34.29	4:47.39	5:00.49	5:13.49	5:39.69	6:05.79	5:09.00
Event 22 Men 13-14 400 IM	4:13.29	4:25.39	4:37.39	4:49.49	5:13.59	5:37.69	4:59.99
Event 23 Women Senior 400 IM							5:00.59
Event 24 Men Senior 400 IM							4:46.99
Event 25 Women 13-14 400 Free Relay	3:42.99	3:53.59	4:04.19	4:14.79	4:35.99	4:57.29	
Event 26 Men 13-14 400 Free Relay	3:24.89	3:34.59	3:44.39	3:54.19	4:13.69	4:33.19	
Event 27 Women Senior 400 Free Relay							
Event 28 Men Senior 400 Free Relay							
Event 29 Women 11-12 200 Back	2:14.59	2:20.99	2:27.49	2:33.89	2:46.69	2:59.49	2:46.99
Event 30 Men 11-12 200 Back	2:09.69	2:15.89	2:21.99	2:28.19	2:40.49	2:52.89	2:46.99
Event 31 Women 10&U 50 Free	28.29	29.59	30.89	32.09	35.99	39.79	36.49
Event 32 Men 10&U 50 Free	27.49	28.69	29.89	31.09	34.59	38.19	36.49
Event 33 Women 11-12 50 Breast	32.99	34.59	36.19	37.69	40.89	43.99	42.99
Event 34 Men 11-12 50 Breast	31.49	33.29	34.99	36.69	40.09	43.49	43.69
Event 35 Women 10&U 100 Breast	1:20.19	1:24.69	1:29.09	1:33.59	1:46.89	2:00.29	1:49.99
Event 36 Men 10&U 100 Breast	1:18.79	1:22.69	1:26.59	1:30.59	1:42.29	1:54.09	1:53.99
Event 37 Women 11-12 50 Fly	27.69	28.99	30.29	31.59	34.29	36.89	36.49
Event 38 Men 11-12 50 Fly	26.69	28.19	29.69	31.19	34.19	37.09	36.99
Event 39 Women 10&U 100 Fly	1:10.89	1:15.99	1:20.99	1:26.09	1:41.39	1:56.69	1:42.99
Event 40 Men 10&U 100 Fly	1:09.79	1:14.59	1:19.49	1:24.39	1:38.99	1:53.49	1:42.99
Event 41 Women 11-12 50 Free	25.79	26.99	28.09	29.29	31.69	33.99	31.59
Event 42 Men 11-12 50 Free	24.59	25.79	26.99	28.09	30.49	32.79	31.59
Event 43 Women 10&U 200 Free	2:16.19	2:23.59	2:30.99	2:38.39	3:00.59	3:22.79	2:55.99
Event 44 Men 10&U 200 Free	2:12.69	2:18.99	2:25.29	2:31.59	2:50.59	3:09.49	2:55.99
Event 45 Women 11-12 200 Free	2:01.89	2:07.69	2:13.49	2:19.29	2:30.89	2:42.59	2:31.99
Event 46 Men 11-12 200 Free	1:56.99	2:02.59	2:08.19	2:13.69	2:24.89	2:35.99	2:31.99
Event 47 Women 10&U 400 Free Relay							

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Event	AAAA	AAA	AA	A	BB	B	GOLD
Event 48 Men 10&U 400 Free Relay							
Event 49 Women 11-12 400 Free Relay	3:58.59	4:09.99	4:21.29	4:32.69	4:55.39	5:18.09	
Event 50 Men 11-12 400 Free Relay	3:50.09	4:00.99	4:11.99	4:22.89	4:44.79	5:06.79	
Event 51 Women 13-14 100 Back	57.69	1:00.49	1:03.19	1:05.89	1:11.39	1:16.89	1:10.19
Event 52 Men 13-14 100 Back	53.49	55.99	58.59	1:01.09	1:06.19	1:11.29	1:07.19
Event 53 Women Senior 100 Back							1:06.59
Event 54 Men Senior 100 Back							1:01.29
Event 55 Women 13-14 100 Free	53.29	55.79	58.29	1:00.89	1:05.89	1:10.99	1:01.99
Event 56 Men 13-14 100 Free	48.69	51.09	53.39	55.69	1:00.29	1:04.99	58.59
Event 57 Women Senior 100 Free							58.99
Event 58 Men Senior 100 Free							54.09
Event 59 Women 13-14 200 Breast	2:23.29	2:30.09	2:36.89	2:43.79	2:57.39	3:10.99	2:58.99
Event 60 Men 13-14 200 Breast	2:11.19	2:17.39	2:23.59	2:29.89	2:42.39	2:54.89	2:46.99
Event 61 Women Senior 200 Breast							2:47.99
Event 62 Men Senior 200 Breast							2:31.99
Event 63 Women 13-14 500 Free	5:09.19	5:23.89	5:38.59	5:53.39	6:22.79	6:52.19	5:52.99
Event 64 Men 13-14 500 Free	4:49.29	5:03.09	5:16.89	5:30.59	5:58.19	6:25.69	5:42.89
Event 65 Women Senior 500 Free							5:39.89
Event 66 Men Senior 500 Free							5:16.99
Event 67 Women 13-14 200 Medley Relay	1:52.39	1:57.79	2:03.09	2:08.49	2:19.19	2:29.89	
Event 68 Men 13-14 200 Medley Relay	1:43.69	1:48.59	1:53.59	1:58.49	2:08.39	2:18.19	
Event 69 Women Senior 200 Medley Relay							
Event 70 Men Senior 200 Medley Relay							
Event 71 Women 11-12 200 Fly	2:17.59	2:24.09	2:30.59	2:37.19	2:50.29	3:03.39	2:59.99
Event 72 Men 11-12 200 Fly	2:12.39	2:18.69	2:24.99	2:31.39	2:43.99	2:56.59	2:59.99
Event 73 Women 10&U 50 Back	32.59	34.39	36.19	37.99	43.29	48.59	43.59
Event 74 Men 10&U 50 Back	32.19	33.99	35.79	37.59	42.89	48.29	43.99
Event 75 Women 11-12 100 Breast	1:11.49	1:15.09	1:18.59	1:22.19	1:29.29	1:36.49	1:34.09
Event 76 Men 11-12 100 Breast	1:07.79	1:11.39	1:14.89	1:18.39	1:25.49	1:32.59	1:34.09
Event 77 Women 10&U 100 Free	1:01.79	1:04.99	1:08.29	1:11.49	1:21.09	1:30.79	1:21.99
Event 78 Men 10&U 100 Free	1:00.69	1:03.79	1:06.79	1:09.79	1:18.89	1:27.99	1:21.99
Event 79 Women 11-12 100 Free	55.99	58.69	1:01.39	1:03.99	1:09.39	1:14.69	1:08.49
Event 80 Men 11-12 100 Free	53.59	56.19	58.69	1:01.29	1:06.39	1:11.49	1:08.49
Event 81 Women 10&U 50 Breast	36.89	38.89	40.89	42.79	48.69	54.59	50.59
Event 82 Men 10&U 50 Breast	36.39	38.29	40.19	42.09	47.69	53.39	51.99
Event 83 Women 11-12 100 Back	1:02.69	1:06.19	1:09.59	1:12.99	1:19.79	1:26.59	1:19.99
Event 84 Men 11-12 100 Back	59.49	1:02.79	1:05.99	1:09.29	1:15.69	1:22.19	1:19.99
Event 85 Women 10&U 200 IM	2:32.19	2:39.99	2:47.69	2:55.49	3:18.79	3:42.09	3:17.59
Event 86 Men 10&U 200 IM	2:30.89	2:38.39	2:45.89	2:53.49	3:15.99	3:38.59	3:17.59
Event 87 Women 11-12 100 IM	1:03.89	1:06.99	1:09.99	1:13.09	1:19.09	1:25.19	1:19.59
Event 88 Men 11-12 100 IM	1:01.09	1:03.99	1:06.99	1:09.99	1:15.89	1:21.89	1:20.59
Event 89 Women 10&U 200 Medley Relay	2:16.49	2:22.99	2:29.49	2:35.99	2:55.49	3:14.99	
Event 90 Men 10&U 200 Medley Relay	2:15.39	2:21.79	2:28.29	2:34.69	2:53.99	3:13.39	
Event 91 Women 11-12 200 Medley Relay	2:00.89	2:06.69	2:12.39	2:18.19	2:29.69	2:41.19	
Event 92 Men 11-12 200 Medley Relay	1:55.59	2:01.09	2:06.59	2:12.09	2:23.09	2:34.09	
Event 93 Women 13-14 50 Free	24.39	25.59	26.69	27.89	30.19	32.49	28.79
Event 94 Men 13-14 50 Free	22.39	23.49	24.59	25.59	27.69	29.89	27.99

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Event	AAAA	AAA	AA	A	BB	B	GOLD
Event 95 Women Senior 50 Free							27.19
Event 96 Men Senior 50 Free							24.89
Event 97 Women 13-14 200 Back	2:04.79	2:10.69	2:16.69	2:22.59	2:34.49	2:46.39	2:31.99
Event 98 Men 13-14 200 Back	1:55.99	2:01.59	2:07.09	2:12.59	2:23.69	2:34.69	2:24.99
Event 99 Women Senior 200 Back							2:23.89
Event 100 Men Senior 200 Back							2:14.59
Event 101 Women 13-14 200 IM	2:08.79	2:14.99	2:21.09	2:27.19	2:39.49	2:51.79	2:29.99
Event 102 Men 13-14 200 IM	1:58.49	2:04.09	2:09.79	2:15.39	2:26.69	2:37.99	2:22.99
Event 103 Women Senior 200 IM							2:22.99
Event 104 Men Senior 200 IM							2:10.99
Event 105 Women 13-14 200 Fly	2:08.39	2:14.49	2:20.59	2:26.69	2:38.99	2:51.19	2:30.99
Event 106 Men 13-14 200 Fly	1:57.59	2:03.19	2:08.79	2:14.39	2:25.59	2:36.79	2:26.99
Event 107 Women Senior 200 Fly							2:27.99
Event 108 Men Senior 200 Fly							2:18.99
Event 109 Women 13-14 200 Free Relay	1:42.29	1:47.09	1:51.99	1:56.89	2:06.59	2:16.29	
Event 110 Men 13-14 200 Free Relay	1:33.69	1:38.19	1:42.59	1:47.09	1:55.99	2:04.89	
Event 111 Women Senior 200 Free Relay							
Event 112 Men Senior 200 Free Relay							
Event 113 Women 11-12 200 Breast	2:34.29	2:41.69	2:48.99	2:56.29	3:10.99	3:25.69	3:02.99
Event 114 Men 11-12 200 Breast	2:27.29	2:34.39	2:41.39	2:48.39	3:02.39	3:16.39	3:09.99
Event 115 Women 10&U 100 IM	1:10.99	1:14.69	1:18.39	1:22.09	1:33.19	1:44.29	1:31.99
Event 116 Men 10&U 100 IM	1:09.79	1:13.09	1:16.39	1:19.69	1:29.69	1:39.69	1:33.59
Event 117 Women 11-12 50 Back	29.09	30.49	31.79	33.19	35.99	38.79	37.59
Event 118 Men 11-12 50 Back	28.19	29.69	31.19	32.69	35.59	38.49	37.59
Event 119 Women 10&U 50 Fly	31.29	33.19	35.09	36.99	42.69	48.39	45.59
Event 120 Men 10&U 50 Fly	30.79	32.59	34.29	35.99	41.29	46.49	46.29
Event 121 Women 11-12 200 IM	2:17.89	2:24.49	2:30.99	2:37.59	2:50.69	3:03.89	2:49.99
Event 122 Men 11-12 200 IM	2:12.09	2:18.79	2:25.59	2:32.29	2:45.79	2:59.29	2:47.99
Event 123 Women 10&U 100 Back	1:10.59	1:14.49	1:18.39	1:22.29	1:33.99	1:45.79	1:34.99
Event 124 Men 10&U 100 Back	1:08.99	1:12.49	1:16.09	1:19.59	1:30.09	1:40.69	1:34.99
Event 125 Women 11-12 100 Fly	1:01.79	1:05.19	1:08.59	1:12.09	1:18.89	1:25.79	1:19.99
Event 126 Men 11-12 100 Fly	59.09	1:02.49	1:05.89	1:09.29	1:16.09	1:22.89	1:19.99
Event 127 Women 10&U 200 Free Relay	2:01.19	2:06.99	2:12.79	2:18.59	2:35.89	2:53.19	
Event 128 Men 10&U 200 Free Relay	2:00.19	2:05.89	2:11.59	2:17.29	2:34.49	2:51.69	
Event 129 Women 11-12 200 Free Relay	1:48.59	1:53.79	1:58.89	2:04.09	2:14.39	2:24.79	
Event 130 Men 11-12 200 Free Relay	1:44.39	1:49.29	1:54.29	1:59.29	2:09.19	2:19.09	