

IM-Xtremely Spooked

October 30, 2010

Duanesburg Area Community Center

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD11-001
Carolyn Manor, General Chairman

Host: Duanesburg Electric Eels

Place: Duanesburg Area Community Center, 221 Victoria Dr., Delanson, NY 12053,
6 Lane, 25 yards, - Short Course
Colorado automatic timing system with beeper start and scoreboard readouts
Depth of Pool at One Meter 9'2" and Five Meters 9'4" from Start End of Pool.
Depth of Pool at One Meter 4'1" and Five Meters 4'5" from Turn End of Pool.

Time:

Session	Age Groups	Warm-up Time	Meet Start Time
Session 1	All Age Groups	7:45am – 8:45am	9:00 AM
Session 2	All Age Groups	12:00pm - 1:00pm	1:15 PM

The 500 events and the 400 IM Require Positive Check – In by the start of Warm- ups.

Meet Director: Walter Dixon, 518-321-4058, wdixon@wildblue.net
Meet Marshall: Bill Paige
Meet Referee: Sean Caron, 698-5434 #518
Meet Entry Coordinator: Jenn Nelson, 518-895-2861 jnelson14@nycap.rr.com

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on October 30, 2010
Rules from the current USA Swimming Technical Rules will be in effect.
Entries must be submitted electronically, using the Hy-Tek Meet Manager or Team Manager Software.
Entries may be submitted on CD or Floppy Disk or via e-mail to; jennndixon@wildblue.net
Team entries must be received by Friday, **October 22, 2010 at 9pm.**
In the event the meet is oversubscribed, the meet director and meet referee will work together to determine the solution, in the best interest of the swimmers.
In order to compete for an IMX award, swimmers may enter and swim five events and 1 relay.
Events that are scored for IMX awards are listed on page 2 of this announcement.
Events will be scored by the Hy-tek single -age point system.
This meet will have 2 Sessions. There will be positive check in for the 500 events and the 400IM.

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.
ALL Swimmers MUST be Registered, for the date(s) encompassing the meet, with the AD Registrar by the Meet Entry Deadline.
All Adirondack Meets are reconciled for current USA Swimming Registration.
Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))
Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org
Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or kfurman@adirondackswimming.org

NOTE: ALL ATHLETES ATTENDING ANY SANCTIONED MEET, MUST BE UNDER THE DIRECT SUPERVISION OF A CURRENTLY REGISTERED AND CERTIFIED, USA SWIMMING COACH. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR OR AN ATTENDING COACH, IN ADVANCE, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.

This is a USA Swimming Rule, there are no exceptions.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimming Events:

All events will be swum as timed finals. Fly over starts will be in use.
A swimmer may enter and swim up to 5 individual events and a relay.
Positive Check in will be required for the 500 events by and the 400 IM by the start of warm up for that session. Those not checked in by the deadline will be scratched.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.
A warm up schedule will be posted after 10/22/10 on the Adirondack website www.adirondackswimming.org.

Timers:

Clubs will be required to provide timers based upon their number of entries. Swimmers must provide their own counters for the 500 freestyle. Lane assignments will be posted to the Adirondack Swimming website (www.adirondackswimming.org) and in the meet program.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).
If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached, Adirondack) ONLY at a fee of \$100.

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.**

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Services:

Food will be on sale throughout the meet. A meet program will be available which will cover all sessions. Smoking is NOT permitted in the building. Parents, coaches and swimmers are not to bring glass containers of any kind into the pool area. There will be swim apparel and gear available to purchase.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.50 per individual event, which includes the \$.50 AD travel fund surcharge, \$6.00 per relay, which includes the \$1.00 AD travel fund surcharge and a \$1 per swimmer surcharge

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **Duanesburg Area Community Center** and mail your check and entry summary sheet to:

Jennifer Dixon, 221 Victoria Dr., Delanson, NY 12053

Entries will be entered to the meet upon receipt of your check.

Awards/ Scoring:

All individuals will be scored on the Hy-Tek Single-Age Points System. The Top 3 in each Single Age will be awarded.

IMX Age Groups and Events: The following single age groups and event combinations will be scored:

9&under; 10-year olds:

200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly

11-year olds; 12-year olds:

200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly

13, 14, 15, 16, 17, and 18-year olds: In this age category only 5 events will be scored.

200 IM, 400 IM, 500 Free, 200 Back, 200 Breast, 200 Fly.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

Hotel Accommodations:

Mariaville Lakeside Bed & Breakfast, <http://www.mariavillelakebb.com/>

Holiday Inn Express, <http://www.hospitality88.com/>

If you have any questions please contact Jenn Dixon, 518-895-9500, jenndixon@wildblue.net

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October 30, 2010
Duanesburg Area Community Center

Saturday, October 30, 2010

Session 1

WARM-UPS 7:45AM ... SESSION BEGINS 9:00AM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
1	12 and under	400 Medley Relay	2
3	13 and over	200 IM	4
5	12 and under	200 IM	6
7	13 and over	200 Breast	8
9	12 and under	100 Breast	10
11	13 and over	200 Back	12
13	12 and under	100 Back	14
15	13 and over	200 Fly	16
17	12 and under	100 Fly	18
19	10 and under	200 Free	20
21	11 - 12	500 Free	22

Session 2

WARM-UPS/ Positive Check In by 12:00... SESSION BEGINS 1:15PM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
23	13 and over	500 Free	24
25	13 and over	400 IM	26
27	13 and over	400 Medley Relay	28

Each Swimmer May Swim A Maximum of 5 individual events and a relay.

\$3.50 Per Individual Event Per Athlete

\$1.00 Per Athlete Surcharge

\$6.00 Per Each Relay

For Manual Entries, Add \$1.00 Per Entry (individual or relay)

**“Duanesburg Electric Eels”
ENTRY FEE CALCULATION SHEET**

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October 30, 2010

Duanesburg Area Community Center

TEAM NAME _____

CONTACT PERSON _____

PHONE NUMBER _____

E-Mail ADDRESS _____

Number of Individual Entries _____ X \$3.50 = \$ _____

Number of Swimmers _____ X \$1.00 = \$ _____

Number of Relays _____ X \$6.00 = \$ _____

Number of Manual (non-electronic) Entries _____ X \$1.00 = \$ _____

Total Entry Fee Due\$ _____

Total Amount Due and Enclosed\$ _____

MAKE CHECKS PAYABLE TO “Duanesburg Area Community Center”

This form Must be returned with Entry Report and Check
(and Hy-Tek Disk if unable to email entry file)

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY**

**“Duanesburg Electric Eels” assumes no responsibility
for meet close-out due to late entries**

ENTRY DEADLINE... ”Friday, 10/22/10”

Mail Entries, Entry Report, This Form and Check to:
“Jenn Dixon, 221 Victoria Dr., Delanson, NY 12053”

*Entry File May be sent E-mail to: “jenn Dixon@wildblue.net”

*Your Team Check Must be received to have entries added to the meet.