

# 18<sup>th</sup> ANNUAL THOROUGHbred SPLASH INVITATIONAL

## January 29, 2012 Skidmore College

**Sanction:** Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD12-015  
Carolyn Manor, General Chairman

**Host:** Saratoga YMCA Stingrays

**Place:** Skidmore College Swimming Pool Saratoga Springs, New York  
Short Course 25 yard, 6 lane pool, continuous warm up pool, Colorado Starting and Timing System

**Pool Depths:** Start End at 1 meter=4'0", 5 meters=4'4" ... Turn End at 1 meter=10'0", 5 meters=9'0"

**Meet Director:** Kathie Carswell ([kathiecarswell@gmail.com](mailto:kathiecarswell@gmail.com))

**Meet Marshall:** Jim Carswell

**Meet Referee:** Kim Crouse

**Meet Entries:** Pat Bonga ([stingrays@saratogaregionalymca.org](mailto:stingrays@saratogaregionalymca.org))

### Entry Rules:

The eligibility of a swimmer will be determined by his or her age on January 29, 2012.

Rules from the current USA Swimming Technical Rules will be in effect.

Swimmers entering events with cutoff times must have entry times faster than the specified cut off time.

Entries must be submitted via email,, using Hy-Tek or compatible Software to: [stingrays@saratogaregionalymca.org](mailto:stingrays@saratogaregionalymca.org)

Teams can also send entries on CD or floppy disk.

Team entries must be received by: **January 16<sup>th</sup>, 2012.**

If the meet is oversubscribed, the meet director and meet referee will jointly determine a resolution, in the best interest of the swimmers.

### USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.

ALL Swimmers MUST be Registered, with the AD Registrar, by the Meet Entry Deadline.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site [www.adirondackswimming.org](http://www.adirondackswimming.org)

Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or [kfurman@adirondackswimming.org](mailto:kfurman@adirondackswimming.org)

NOTE: ALL ATHLETES ATTENDING ANY SANCTIONED MEET, MUST BE UNDER THE DIRECT SUPERVISION OF A CURRENTLY REGISTERED AND CERTIFIED, USA SWIMMING COACH. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR OR AN ATTENDING COACH, IN ADVANCE, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.

**This is a USA Swimming Rule, there are no exceptions.**

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### Swimming Events:

Positive check in will be required for the 500 yard freestyle only, prior to the start of Session II. This is a pre-seeded meet. All events will be swum as timed finals. A swimmer may enter FOUR (4) events plus ONE (1) relay. All qualifying times must be faster than the qualifying times listed on the events page.

### Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

• Session I	Warm-ups 7:00-7:50 AM	Session Start 8:00 AM
• Session II	Warm-ups 12:00-12:20	Session start 12:30
• Session III	Warm-ups 12:50 PM-1:40 PM	Session Start 1:45 PM

### Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets

2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).

Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Current Team Listing.

**If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at a fee of \$100.**

**DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.**

3. Coach makes the request for the entry.

4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.

5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

### Timers:

Clubs will be required to provide timers based upon their number of entries.

Swimmers have to provide their own timers for the 500 Freestyle.

**Meet Policy:**

**Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted in changing areas, rest rooms or locker rooms.** Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are required to display USA Swimming credentials (USA Swimming Membership Card) while on deck.** **If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.**

**Services:**

Meet programs will be available for sale at the entrance to the Sports Center. Swim apparel and equipment will be available for sale in the Sports Center main lobby. Hot and cold food will be on sale throughout the meet in the main lobby of the Sports Center. No food or drink will be allowed in the pool area. Smoking is NOT permitted in the facility. Parents, coaches and swimmers are not to bring containers of any sort into the pool area.

**Photographers:**

Any photographer or videographer, who intends to take pictures at an Adirondack Swimming sanctioned meet, must complete and submit a Photographer Registration Form to the Meet Director before commencing activity. Forms are available on the Adirondack Swimming website as well as from the Meet Director. [Click here for a direct link to the registration form.](#) Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

**Disabled Athletes:**

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

**Entry Fees:**

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.50 per individual event (these include the \$.50 travel fund surcharge), and \$6.00 per relay (including the \$1.00 travel fund surcharge). There is also a \$1 per swimmer surcharge. All Manual (non-electronic) entries are subject to a \$1.00 Surcharge per entry, Individual or Relay.

Make your entry check payable to **Saratoga YMCA Stingrays** and mail your check to:

*Pat Bonga, c/o YMCA of Saratoga, PO Box 4610, Saratoga Springs, NY 12866*

\*\*\*To save mailing costs and avoid damage, entries may be emailed and will be entered to the meet upon receipt of your check\*\*\*

**Awards:**

**Individual event ribbons will be awarded for 1<sup>st</sup>- 8<sup>th</sup> place. Relay event ribbons will be awarded to the 1<sup>st</sup>- 3<sup>rd</sup> place teams.**

**Officials:**

There will be an officials meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in officials' room before the start of officials meeting.

**If you have any questions please contact Pat Bonga at 583-9622 ext. 125**

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## Session I

WARM-UPS 7:00AM - 7:50 AM ... SESSION BEGINS 8:00 AM

GIRLS EVENTS	QUALIFYING TIMES Faster Than	AGE GROUP	EVENT DESCRIPTION	QUALIFYING TIMES Faster Than	BOYS EVENTS
1	1:50.00	9-10	100 Y Individual Medley	1:52.00	2
3		11-12	200 Y Individual Medley		4
5		9-10	50 Y Butterfly		6
7		11-12	50 Y Butterfly		8
9		9-10	100 Y Freestyle		10
11		11-12	100 Y Freestyle		12
13		9-10	50 Y Backstroke		14
15		11-12	50 Y Backstroke		16
17		9-10	50 Y Freestyle		18
19		11-12	50 Y Freestyle		20
21		9-10	50 Y Breaststroke		22
23		11-12	50 Y Breaststroke		24
25	2:54.00	9-10	200 Y Freestyle	2:54.00	26
27	2:35.00	11-12	200 Y Freestyle	2:35.00	28
29		9-10	200 Y Mixed Free Relay*		29
30		11-12	200 Y Mixed Free Relay*		30

## Session II

Warm-ups 12:00PM - 12:20PM ... Positive Check-in by 12:20PM ... SESSION BEGINS 12:30PM

31	6:20.00	Open	500 Y Freestyle**	6:15.00	32
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## Session III

WARM-UPS 12:50PM - 1:40PM ... SESSION BEGINS 1:45PM

33	1:44.00	8 & under	100 Y Freestyle	1:44.00	34
35	2:26.00	13 & over	200 Y Freestyle	2:24.00	36
37		8 & under	25 Y Butterfly		38
39		13 & over	100 Y Butterfly		40
41		8 & under	25 Y Backstroke		42
43		13 & over	100 Y Backstroke		44
45		8 & under	25 Y Freestyle		46
47		13 & over	100 Y Freestyle		48
49		8 & under	25 Y Breaststroke		50
51		13 & over	100 Y Breaststroke		52
53		8 & under	100 Y Individual Medley		54
55		13 & over	200 Y Individual Medley		56
57		8 & under	50 Y Freestyle		58
59		13 & over	50 Y Freestyle		60
61		8 & under	100 Y Mixed Free Relay*		61
62		13 & over	200 Y Mixed Free Relay*		62

\* Each relay team must have at least **one male** and **one female** swimmer.

\*\* Swimmers must provide their own lap counters and lane timers for the 500 Free. Flip cards will be available on deck.  
Note: The 500 Freestyle events will be swum combined, without regard to age or gender.

**Saratoga YMCA Stingrays**  
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**ENTRY FEE CALCULATION SHEET**

TEAM NAME \_\_\_\_\_  
CONTACT PERSON \_\_\_\_\_  
PHONE NUMBER \_\_\_\_\_  
E-Mail ADDRESS \_\_\_\_\_

Number of Girls Individual Entries	_____	X \$3.50 = \$	_____
Number of Girl Swimmers	_____	X \$1.00 = \$	_____
Number of Girls Relays	_____	X \$6.00 = \$	_____
Number of Boys Individual Entries	_____	X \$3.50 = \$	_____
Number of Boy Swimmers	_____	X \$1.00 = \$	_____
Number of Boys Relays	_____	X \$6.00 = \$	_____
Number of Manual Entries	_____	X \$1.00 = \$	_____

Total Entry Fee Due .....\$ \_\_\_\_\_

Total Amount Due and Enclosed .....\$ \_\_\_\_\_

**ENTRY DEADLINE: January 16th**

**MAKE CHECKS PAYABLE TO:** Saratoga YMCA Stingrays

Mail Entries, Entry Report, this Form and check to:

Pat Bonga  
c/o YMCA of Saratoga  
PO Box 4610 Saratoga Springs NY, 12866

**\*Entries should be sent by e-mail to: Pat Bonga ( [stingrays@saratogaregionalymca.org](mailto:stingrays@saratogaregionalymca.org) )**

This form must be returned with Entry Report, Check & Hy-Tek Disk

**Entries will be posted to the meet program**

**Upon RECEIPT OF CHECK ONLY**

**Saratoga YMCA Stingrays assumes no responsibility for meet close-out  
due to late entries.**

*\*Your team check must be received to have entries added to the meet*