## **Change Notice**

December Distance Meet Sunday December 11, 2011 Shenendehowa Aquatic Center Sanction # AD12-011

Due to an overwhelming response to this meet, the following changes have been made:

## Morning Session:

Meet start time is now 8:00 AM, with warm-ups starting at 7:00 AM. Positive check-in by 7:30 AM.

## Mid Session:

Meet Start is 11:15 AM with warm-ups starting immediately following the morning session, approximately 10:20 AM. Positive check-in by 10:45 AM.

Events #15 & #16, 800 Free Relays have been eliminated from the meet

## Afternoon Session

Meet Start is 3:45 PM with warm-ups starting immediately following the mid session, approximately 3:15 PM. Positive checkin by 3:15 PM

Please be certain to inform your swimmers and coaches of these changes. Thank you for your understanding.