

ADIRONDACK SILVER SHORT COURSE CHAMPIONSHIPS

March 2-4, 2012 ... RPI Robison Pool ... Troy, NY

hosted by the Delmar Dolphins Swim Club

CHANGE NOTICE

Due to better than expected subscription, the warm-ups and start times of both the Saturday and Sunday Mid-Day Sessions must be changed as follows;

Session 3 ... Saturday, March 3rd, 2012

Mid-day Warm-ups from 12:15pm to 12:45pm

Mid-day Session starts at 12:50pm

Session 6 ... Sunday, March 4th, 2012

Mid-day Warm-ups from 12:15pm to 12:45pm

Mid-day Session starts at 12:50pm