

DECEMBER DISTANCE MEET
DECEMBER 9TH 2012
SHENENDEHOWA AQUATICS CENTER

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # **AD13-010**
Carolyn Manor, General Chairman

Host: CLIFTON PARK-HALFMOON PIRANHAS

Place: SHENENDEHOWA POOL (ADJACENT TO GOWANA MIDDLE SCHOOL)
SHORT COURSE 25 YARD – 8 LANE POOL
CONTINUOUS WARM UP POOL
DAKTRONICS STARTING & TIMING SYSTEM
The competition course has not been certified in accordance with 104.2.2C(4).
POOL DEPTHS, DEEP END START, Start End, 1 meter = 14'6" 5 meters = 14'6", Turn End, 1 meter = 7'6" 5 meters = 7'6"

Time: SUNDAY DECEMBER 11
SESSION I (POSITIVE CHECK-IN BY 8:30 AM) WARM-UP 8:00AM, SESSION START 9:00AM
SESSION II WARM-UP 11:00AM, SESSION START 12:30PM
SESSION III (POSITIVE CHECK-IN BY 5:00 PM) WARM-UP 4:45PM, SESSION START 5:15 PM

Meet Director: Tom Geary, 518-877-7932, tomgeary41@yahoo.com

Meet Marshall: Jodi Marvin

Meet Referee: JoAnn Faucett, faucettjm@aol.com

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **DECEMBER 9, 2012**.

Rules from the current USA Swimming Technical Rules will be in effect.

A swimmer may enter four (4) individual events per day, plus 1 relay.

Entries must be submitted electronically, using Hy-Tek or Compatible Software. Entries may be submitted via e-mail to: rustyblue0@gmail.com

Team entries must be received by **Friday November 30, 2012**.

In the event the meet is oversubscribed, the meet director and meet referee will work together to determine the solution, in the best interest of the swimmers.

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar

ALL Swimmers MUST be registered, for the date(s) encompassing the meet, with the AD Registrar by the Meet Entry Deadline.

All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or kfurman@adirondackswimming.org

NOTE: ALL ATHLETES ATTENDING ANY SANCTIONED MEET, MUST BE UNDER THE DIRECT SUPERVISION OF A CURRENTLY REGISTERED AND CERTIFIED, USA SWIMMING COACH MEMBER. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR OR AN ATTENDING COACH, IN ADVANCE, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.

This is a USA Swimming Rule, there are no exceptions.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimming Events:

ALL Sessions will be positive check-in. All events will be swum as timed finals. All age groups need to obtain their heat and lane assignments from the heat sheets posted throughout the pool area. All events will be swum slow to fast.

Relays:

Relays will be swum as timed finals.

Scratches:

Swimmers who do not positively check in by the deadlines will be scratched. Deadline for Session I is 8:30 AM and for Session 3 is 5:00 PM.

Coaches – be sure your swimmers check-in.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Warm-up assignments will be determined by the meet committee based on the number of entries received by each team. They will be emailed to the team contacts and posted to the AD Web Site, prior to the start of the meet.

Session I – 8:00 am ... Session II – 11:00 am ... Session III – 4:45 pm *continuous warm-up/warm-down will be available throughout the meet.

Timers:

Clubs may be required to provide timers based upon their number of entries.
Swimmers have to provide their own timers for the 400 IM, and their own timers and lap counters for the 500 and 1650 Free.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).
If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, *in meets allowing Deck Entries*, to UN-AD (unattached, Adirondack) ONLY at a fee of \$100.
- DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.**
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than locker rooms or other designated areas is not appropriate and is strongly discouraged.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.**

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Photographers:

Any photographer or videographer, who intends to take pictures at an Adirondack Swimming sanctioned meet, must complete and submit a Photographer Registration Form to the Meet Director before commencing activity. Forms are available on the Adirondack Swimming website as well as from the Meet Director. [Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Services:

A concession stand will be available throughout the meet. No food is to be consumed on the pool deck.

A hospitality room will be available for officials and coaches only in the office off of the pool deck.

Host team will be selling meet t-shirts, sweatshirts and miscellaneous swimming supplies.

Smoking is not permitted in the building.

No glass containers allowed in the pool area.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.50 per individual event, which includes the \$.50 AD travel fund surcharge, \$6.00 per relay, which includes the \$1.00 AD travel fund surcharge and a \$1 per swimmer surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **CPHM Piranhas** Mail your check and entry summary sheet to:
Rusty Blue, 548 Englemore Road, Clifton Park, NY 12065 rustyblue0@gmail.com 518-373-1135
Entries will be entered to the meet upon receipt of your check.

Awards:

For individual events ribbons will be awarded for 1st - 8th place. For relays, ribbons will be awarded to the 1st - 3rd place teams.

Scoring:

The meet will not be scored.

Time Trials:

Time trials will not be offered.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact Rusty Blue, rustyblue0@gmail.com 518-373-1135

**DECEMBER DISTANCE MEET
SUNDAY DECEMBER 11TH 2011**

SESSION 1

WARM-UPS 8:00AM ... Positive Check in by 8:30AM ... SESSION BEGINS 9:00AM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
1	Open 400 Individual Medley	2
3	Open 500 Freestyle	4

SESSION 2

WARM-UPS 11:00AM ... Positive Check in by 11:30AM ... SESSION BEGINS 12:30PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
5	Open 200 Freestyle	6
7	Open 200 Butterfly	8
9	Open 200 Backstroke	10
11	Open 200 Breaststroke	12
13	Open 200 Individual Medley	14
15	Open 800 Freestyle Relay	16

SESSION 3

WARM-UPS 4:45PM ... Positive Check in by 5:00PM ... SESSION BEGINS 5:15PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
17	Open 1650 Freestyle	18

Each Swimmer May Swim A Maximum of 4 Events Per Day Plus 1 Relays

\$3.50 Per Individual Event Per Athlete for ALL Athletes

\$1.00 Per Athlete Surcharge

\$6.00 Per Each Relay

For Manual Entries , Add \$1.00 Per Entry (individual or relay)

"CLIFTON PARK-HALFMOON PIRANHAS"

ENTRY FEE CALCULATION SHEET
December Distance Meet

Shenendehowa Aquatic Center, December 9th, 2012

TEAM NAME _____

CONTACT PERSON _____

PHONE NUMBER _____

E-Mail ADDRESS _____

Number of Individual Entries	_____	X \$3.50 = \$	_____
Number of Swimmers	_____	X \$1.00 = \$	_____
Number of Relays	_____	X \$6.00 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____

Total Entry Fee Due\$ _____

Total Amount Due and Enclosed\$ _____

MAKE CHECKS PAYABLE TO "CPHM Piranhas"

This form Must be returned with Entry Report and Check
(and Hy-Tek Disk if unable to email entry file)

**Entries will be posted to the meet
program upon RECEIPT OF CHECK ONLY
"CLIFTON PARK-HALFMOON PIRANHAS"
assumes no responsibility
for meet closeout due to late entries**

ENTRY DEADLINE "Friday November 30th"

Mail Entries, Entry Report, This Form and Check to:

"Rusty Blue, 548 Englemore Road, Clifton Park, NY 12065"

*Entry File May be sent E-mail to: rustyblue0@gmail.com

**Your Team Check Must be received to have entries added to the meet.*