

Hawks Trials and Finals
January 25-27, 2013
Valley Central Natatorium
1175 Route 17K ... Montgomery, NY 12549

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # **AD13-014**
Carolyn Manor, General Chairman

Host: Hawks Swimming Association, Ltd.

Place: Valley Central Natatorium ... 1175 Route 17K ... Montgomery, NY 12549
8 Lane Indoor Short Course 25 yard pool with non-turbulent lane dividers, Colorado Timing System, 8 Lane display scoreboard
The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Start End ... 1 meter 13' 0", 5 meters 12'0" Turn End ... 1 meter 3' 6", 5 meters 4'0"

Time: Friday January 25, Saturday January 26 and Sunday January 27, 2013 Official warm-up times will be posted on the Hawks website (www.hawksswimming.org) and the Adirondack website www.adirondackswimming.org by January 21, 2013. Times will also be emailed to club contacts by January 21, 2013.

Meet Director: Chris Joyce ... (845)457-6027 cell (845) 527-2653 ... web@hawksswimming.org

Meet Marshall: Mike Gulitti

Meet Referee: Mark Amodio ... amodio@vassar.edu ... (914) 456-6791

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on January 25, 2013.
Rules from the current USA Swimming Technical Rules will be in effect.
Entries must be submitted electronically, using Hy-Tek or Compatible Software.
Entries may be submitted e-mail to; web@hawksswimming.org.
Team entries must be received by January 18, 2013.
In the event the meet is oversubscribed, the meet director and meet referee will work together to determine the solution, in the best interest of the swimmers.

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.
ALL Swimmers MUST be Registered, with the LSC Registrar, by the Meet Entry Deadline.
All Adirondack Meets are reconciled for current USA Swimming Registration.
Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))
Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org
Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or kfurman@adirondackswimming.org

NOTE: ALL ATHLETES ATTENDING ANY SANCTIONED MEET, MUST BE UNDER THE DIRECT SUPERVISION OF A CURRENTLY REGISTERED AND CERTIFIED, USA SWIMMING COACH MEMBER. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR OR AN ATTENDING COACH, IN ADVANCE, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.

This is a USA Swimming Rule, there are no exceptions.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimming Events:

Swimmers who swim exclusively in the midday sessions on Saturday and Sunday (all 10 & unders ... timed final events) may swim a maximum of 5 individual events and 1 Relay per day. Swimmers in all other sessions may swim a maximum of 3 individual events per day (prelims and finals).
The meet will be deck seeded. 500 and 1650 will be seeded fastest to slowest.

Entry Fees are as follows:

Timed Final Events: \$4.00 per entry ... Prelims and Finals Events: \$4.50 per entry.

Relays: \$6.00 per entry.

Manual Entries are subject to a \$1.00 Surcharge Per Entry

Relays:

Relay sheets will be issued during the session. Swimmers names must be listed in the order they are swimming.

Time Trials:

Time Trials will be offered as time permits. See the meet director during the AM session to schedule. Swimmers may not exceed the maximum of 3 or 5 events individual events per day including time trials

Scratches:

Positive check in is required for all timed final and prelim events. Coaches will be responsible for checking in their swimmers.
Check-in cutoff is 45 minutes prior to session start time.

Finals Scratch Procedure

1. A swimmer qualifying for a consolation final or final race following preliminaries must notify the Clerk of Course within thirty (30) minutes after the announcement of the qualifiers for that race that he/she may not intend to compete and further declare his/her final intentions within thirty (30) minutes following his/her last individual preliminary event.
2. Swimmers must compete in all final races in which he/she has qualified unless final intention to scratch is declared. Failure to compete in a consolation or final race for which a swimmer had qualified will result in the swimmer being barred from his/her next scheduled event.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Warm-up times are tentative. Final announcement of warm-up times will be emailed to the teams and posted on the Hawks and AD websites by 1/19/2013.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Current Team Listing.
If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at a fee of \$109. DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Timers:

Clubs will be required to provide timers based upon their number of entries.
Swimmers have to provide their own timers and counters for Friday night 500 and 1650 events.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than locker rooms or other designated areas is not appropriate and is strongly discouraged.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.**

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Photographers:

Any photographer or videographer, who intends to take pictures at an Adirondack Swimming sanctioned meet, must complete and submit a Photographer Registration Form to the Meet Director before commencing activity. Forms are available on the Adirondack Swimming website as well as from the Meet Director. [Click here for a direct link to the registration form.](#)
Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Services:

**Food and Beverages will be available at a concession stand.
There will be a variety of t-shirts, goggles, swim suits and other merchandise available.**

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Awards:

For all events, awards will be for 1st - 8th place

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

Note:

**NYS Law prohibits smoking on school property.
Camera cell phones & video recording devices are not permitted in the locker rooms.
Shoes or sandals must be worn by swimmers when not on deck (no Exceptions).**

If you have any questions please contact Chris Joyce (845)457-6027 cell (845) 527-2653
web@hawksswimming.org

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Friday January 25, 2013

Session 1 Friday PM ... Timed Finals

Warm-ups 3:30... Positive Check-in by 3:45 ... Session Begins 4:30

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
1	Senior 400 IM	2
3	12 & Under 200 IM	4
5	Senior 500 Freestyle	6
7	Senior 1650 Freestyle	8

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Saturday January 26, 2013

Session 2 Saturday ... Prelims

Warm-ups 8:00AM ... Positive Check-in by 8:15AM ... Session Begins 9:00AM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
9	12 & Under 100 IM	10
11	13-14 200 IM	12
13	Senior 200 IM	14
15	12 & Under 50 Backstroke	16
17	13-14 100 Backstroke	18
19	Senior 100 Backstroke	20
21	12 & Under 100 Butterfly	22
23	13-14 200 Butterfly	24
25	Senior 200 Butterfly	26
27	12 & Under 50 Breaststroke	28
29	13-14 100 Breaststroke	30
31	Senior 100 Breaststroke	32
33	12 & Under 200 Freestyle	34
35	13-14 200 Freestyle	36
37	Senior 200 Freestyle	38

Session 3 Saturday ... Timed Finals

(Tentative) Warm-ups 12:00PM ... Positive Check-in by 12:15PM ... Session Begins 1:00PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
39	10 & Under 200 IM	40
41	8 & Under 50 Backstroke	42
43	10 & Under 50 Backstroke	44
45	10 & Under 100 Butterfly	46
47	8 & Under 100 Butterfly	48
49	10 & Under 50 Freestyle	50
51	8 & Under 50 Freestyle	52
53	10 & Under 100 Breaststroke	54
55	8 & Under 100 Breaststroke	56
57	10 & Under 200 Medley Relay	58

Session 4 Saturday ... Finals

(Tentative) Warm-ups 4:00PM ... Session Begins 5:00PM

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Sunday January 27, 2013

Session 5 Sunday ... Prelims

Warm-ups 8:00AM ... Positive Check-in by 8:15AM ... Session Begins 9:00AM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
61	13-14 100 Freestyle	62
63	Senior 100 Freestyle	64
65	12 & Under 100 Backstroke	66
67	13-14 200 Backstroke	68
69	Senior 200 Backstroke	70
71	12 & Under 50 Butterfly	72
73	13-14 100 Butterfly	74
75	Senior 100 Butterfly	76
77	12 & Under 100 Breaststroke	78
79	13-14 200 Breaststroke	80
81	Senior 200 Breaststroke	82
83	12 & Under 50 Freestyle	84
85	13-14 50 Freestyle	86
87	Senior 50 Freestyle	88

Session 6 Sunday ... Timed Finals

(Tentative) Warm-ups 12:00PM ... Positive Check-in by 12:15PM ... Session Begins 1:00PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
89	10 & Under 100 IM	90
91	8 & Under 100 IM	92
93	10 & Under 100 Backstroke	94
95	8 & Under 100 Backstroke	96
97	10 & Under 50 Butterfly	98
99	8 & Under 50 Butterfly	100
101	10 & Under 100 Freestyle	102
103	8 & Under 100 Freestyle	104
105	10 & Under 50 Breaststroke	106
107	8 & Under 50 Breaststroke	108
109	10 & Under 200 Freestyle Relay	110

Session 7 Sunday ... Finals

(Tentative) Warm-ups 4:00PM Session Begins 5:00PM

Hawks Swimming Association, Ltd.

ENTRY FEE CALCULATION SHEET

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Valley Central Natatorium, Montgomery, NY 12549

TEAM NAME _____

CONTACT PERSON _____

PHONE NUMBER _____

E-Mail ADDRESS _____

Number of Individual Entries 11 & Over	_____	X \$4.50 = \$	_____
Number of Individual Entries 10 & Under	_____	X \$4.00 = \$	_____
Number of Swimmers	_____	X \$1.00 = \$	_____
Number of Relays	_____	X \$6.00 = \$	_____
Number of Manual Entries	_____	X \$1.00 = \$	_____

Total Entry Fee Due\$ _____

Total Amount Due and Enclosed\$ _____

MAKE CHECKS PAYABLE TO "Hawks Swimming Association"

This form Must be returned with, Check

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY
Hawks Swimming Association, Ltd.
assumes no responsibility
for meet close-out due to late entries**

ENTRY DEADLINE.. 1/18/2013

Mail This Form and Check to: Chris Joyce
38 Corbett Rd.
Montgomery, NY 12549

Entries Must be sent E-mail to: web@hawksswimming.org