## 2013 North Country League Championships Change Notice

Due to the large number of competitors entered in the 2013 North Country League Championships, we will have two sessions on Sunday, Feb. 10 at Union College.

Session 1 - Saturday, will remain Unchanged

- Session 2 Sunday AM, will include all the 8 and under and 9-10 events including relays. Warm-ups will be from 7:45-8:50 a.m. Session start time will be 9:00 a.m.
- Session 3 Sunday PM, will include all the 11-12, 13-14 and 15&older events including relays. Warm-ups will be from 12:30-1:45 p.m. Session start time will be 2:00 p.m.