

FOOTHILLS INVITATIONAL

JANUARY 19, 2014, GLOVERSVILLE MIDDLE SCHOOL

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD14-017
JoAnn Faucett, General Chairman

Hosts: Fulton County YMCA Flying Fish and Canajoharie Swim Club

Place: Gloversville Middle School, Gloversville, NY
6 Lane, 25 yard pool with Colorado Automatic Timing System and Display

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth at start end of the Pool 1 Meter=12 Feet 5 Meters = 11 Feet
Depth at turn end of the Pool 1 Meter=4 Feet 5 Meters = 4 Feet 6 Inches

Time: **Morning Session:** Warm-ups 7:30 – 8:25 AM. Meet will start promptly at 8:30 AM
Mid-Session: Positive Check-in by 11:30 AM Warm-ups to start 30 minutes prior to the start of the session but not before 11:30AM
Afternoon Session: Warm-ups 1:30 –2:25 PM. The Afternoon Session will start promptly at 2:30PM

Meet Director: Pete Lawrence, 774-4487, plawrence@fultoncountyyymca.org

Meet Referee: JoAnn Faucett, 496-6136

Meet Entry Coordinator: Pete Lawrence, 774-4487, plawrence@fultoncountyyymca.org

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on January 19, 2014
Rules from the current USA Swimming Technical and Administrative Rules will be in effect.
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.
Team entries must be received by the Meet Entry Coordinator by **January 11, 2014**
In the event the meet is oversubscribed, the Meet Director may cut Relays in order to achieve the desired timeline. If after removing relays, the meet is still oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind. If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.
Swimmers may enter 5 individual events and 1 relay event. Any swimmer may swim in the Open Events

USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.
ALL Swimmers MUST be USA Swimming Registered, at the time their entries are submitted.
All Adirondack Meets are reconciled for current USA Swimming Registration.
Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed.
Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org
Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

NOTE: USA Swimming Athlete Members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR OR AN ATTENDING COACH, IN ADVANCE, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

These are USA Swimming Rules, there are no exceptions.

Swimming Events:

All events will be swum as timed finals. The morning and afternoon sessions will be pre-seeded.
Positive check in for the Mid-Session only; this will be deck seeded.
The Mid-Session events will be swum combined fastest to slowest.

Scratches:

Any swimmer who does not check in for the Mid-Session will be scratched. No exceptions.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Morning Session Warm-ups 7:30 – 7:50 AM 9-10 age group, 7:50 – 8:10 AM 8 and under age group, 8:10 – 8:25 AM
Combined and Sprints

Mid-Session Positive Check-in by 11:30 AM

Afternoon Session Warm-ups to start 30 minutes prior to the start of the session but not before 11:30 AM
Warm-ups 1:30 – 1:50 PM 13 and over age groups, 1:50 – 2:10 PM 11-12 age group, 2:10 – 2:25 PM
Combined and Sprints

Timers:

Clubs will be required to provide timers based upon their number of entries.
Swimmers have to provide their own timers and counters for the Mid -Session

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.
If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.
DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than locker rooms or other designated areas is not appropriate and is strongly discouraged.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members.

Services:

Food will be available throughout the meet in the school cafeteria. No food or drink is allowed outside the cafeteria. No glass containers in the facility at all. There is NO SMOKING in the building or on school grounds. Meet program will be available for purchase.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.50 per individual event, which includes the \$.50 AD travel fund surcharge, \$6.00 per relay, which includes the \$1.00 AD travel fund surcharge and a \$1 per swimmer surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to the Fulton County Flying Fish Swim Team and mail your check and entry summary sheet to:

Pete Lawrence, Fulton County YMCA, 213 Harrison Street, PO Box 629, Johnstown NY 12095 email plawrence@fultoncountyyymca.org
Entries will be entered to the meet upon receipt of your check.

Photographers:

Any photographer or videographer, who intends to take pictures at an Adirondack Swimming sanctioned meet, must complete and submit a Photographer Registration Form to the Meet Director before commencing activity. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Awards:

For individual events ribbons will be awarded for 1st – 6th place. For relays, ribbons will be awarded to the 1st through 3rd place teams. Heat ribbons will be awarded for 12 & under swimmers only

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

Hotel Accommodations:

Holiday Inn – Johnstown	518-762-4686
Super 8 Motel – Johnstown	518-736-1800
Microtel Inn – Johnstown	518-762-5425

If you have any questions please contact the Meet Director or Meet Referee

FOOTHILLS INVITATIONAL JANAURY 19, 2014 Gloversville, NY

MORNING SESSION

Warm-ups 7:30 – 8:25 AM Meet begins at 8:30 AM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
1	8 & Under	100 Individual Medley	2
3	9 - 10	100 Individual Medley	4
5	8 & Under	25 Freestyle	6
7	9 - 10	50 Freestyle	8
9	8 & Under	25 Butterfly	10
11	9 - 10	50 Butterfly	12
13	8 & Under	50 Freestyle	14
15	9 - 10	100 Freestyle	16
17	8 & Under	25 Breaststroke	18
19	9 - 10	50 Breaststroke	20
21	8 & Under	25 Backstroke	22
23	9 - 10	50 Backstroke	24
25	8 & Under	100 Freestyle	26
27	9 - 10	200 Freestyle	28
29	8 & Under	50 Breaststroke	30
31	9 - 10	100 Breaststroke	32
33	8 & Under	100 Freestyle Relay	34
35	9 - 10	200 Freestyle Relay	36

MID-SESSION

Warm-ups start 30 minutes prior to the start of the session but not before 11:30 AM

Positive check-in by 11:30 AM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
37	OPEN	500 Freestyle	38
39	OPEN	400 Individual Medley	40

AFTERNOON SESSION

Warm-ups 1:30 – 2:25 PM Afternoon Session will start at 2:30 PM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
41	13 & over	200 Individual Medley	52
43	11 - 12	200 Individual Medley	44
45	Open	200 Backstroke	46
47	13 & over	50 Freestyle	48
49	11 - 12	100 Freestyle	50
51	Open	200 Breaststroke	52
53	13 & over	100 Butterfly	54
55	11 - 12	50 Butterfly	56
57	Open	200 Freestyle	58
59	13 & over	100 Breaststroke	60
61	11 - 12	50 Breaststroke	62
63	13 & over	100 Freestyle	64
65	11 - 12	50 Freestyle	66
67	Open	200 Butterfly	68
69	11 - 12	50 Backstroke	70
71	13 & over	100 Backstroke	72
73	11 - 12	200 Freestyle Relay	74
75	13 & over	200 Freestyle Relay	76

**Swimmers may enter up to 5 individual events and 1 relay.
Any age swimmer may enter open events**

Foothills Invitational

ENTRY FEE CALCULATION SHEET

Foothills Invitational, Gloversville Middle School, January 19, 2013

TEAM NAME _____

CONTACT PERSON _____

PHONE NUMBER _____

E-Mail ADDRESS _____

Number of Individual Entries _____ X \$3.50 = \$ _____

Number of Swimmers _____ X \$1.00 = \$ _____

Number of Relays _____ X \$6.00 = \$ _____

Number of Manual (non-electronic) Entries _____ X \$1.00 = \$ _____

Total Entry Fee Due\$ _____

Total Amount Due and Enclosed\$ _____

ENTRY DEADLINE.. January 11, 2014

MAKE CHECKS PAYABLE TO Fulton County YMCA Flying Fish

Email your entries to the Meet Entry Coordinator

**This form Must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

Pete Lawrence

Fulton County YMCA, 213 Harrison Street, Johnstown, NY 12095

Plawrence@fultoncountyyymca.org

848-3447

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY
Fulton County YMCA Flying Fish assumes no responsibility
for meet close-out due to late entries**