

CHRIS GOODY MINI-MEET

Saturday January 3, 2015 – Union College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD15-012
JoAnn Faucett, General Chairman

Host: Schenectady-Saratoga Swim Club

Place: Union College, Alumni Gym, Schenectady, NY
Short Course 25 Yard Pool, 8 lanes, continuous warm-up pool. Colorado Automatic Timing and Beeper
The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: **Union College Pool – Water Depths for Shallow Start**
From Start End of Pool, depth of Pool at One (1) Meter is **4'0"** and at Five (5) Meters is **4'3"**.
From Turn End of Pool, depth of Pool at One (1) Meter is **7'0"** and at Five (5) Meters is **6'9"**.

Time: **Saturday, January 3, 2015**
Session 1 – Warm-Up at 8:30 AM – Meet Start at 9:15 AM

Meet Director:	Kara Haraden	518-365-6516	hondamen@aol.com
Meet Referee:	Sean Caron	518-698-5434	
Meet Entry Coordinator:	Arianna Arazi	512-658-7729	entries@schenectadyswimclub.org

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **Saturday, January 3, 2015**. Rules from the current USA Swimming Technical and Administrative Rules will be in effect. Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**. Team entries must be received by the Meet Entry Coordinator by **Tuesday, December 16, 2014, 5:00 PM**. **Please be certain you receive a reply confirming receipt of your entries; follow up if you do NOT receive a reply.** All events in the mini-meet will be timed finals. Swimmers may enter a maximum of 5 individual events plus 1 relay. Entries will be accepted on a first come, first served basis. Once the meet is full, no additional entries will be accepted. The host team reserves the right to enter its swimmers in the meet at any time. If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may be rescheduled. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded. If you have any questions or need any help please contact the meet entry coordinators Arianna Arazi at 512-658-7729 or at entries@schenectadyswimclub.org.

NOTE: The 11 & Over section of the meet is designed for new swimmers; entry times must be slower than cut-off time. The host team reserves the right to enter its swimmers who do not meet the cut-off requirement.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

ALL Swimmers MUST be USA Swimming Registered, as provided in Article 302, at the time their entries are submitted. Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#)) Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

Swimming Events:

All events will be pre-seeded and swum as timed finals. Starts will be flyover starts; please inform your swimmers prior to the meet.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Bull Pen:

Swimmers who are 8 & under will be expected to line up in the bull pen area for the 25 yard events only.

Timers:

Clubs will be required to provide timers based on their number of entries. Lane assignments will be posted on the Adirondack Swimming website <http://www.adirondackswimming.org> (click the "Meets" tab) and in the meet program.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).

Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted in changing areas, rest rooms or locker rooms. Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

Services:

Food will be on sale throughout the meet. A meet program will be available for purchase. A swimming equipment vendor will be selling equipment during the meet. Smoking is NOT permitted in the building. Glass containers of any kind are strictly prohibited in the pool area.

PLEASE DO NOT pack any glass containers when going to any pool.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$4.50 per individual event, which includes the \$.50 AD travel fund surcharge, \$7.00 per relay, which includes the \$1.00 AD travel fund surcharge and a \$1 per swimmer surcharge

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **Schenectady-Saratoga Swim Club** and mail your check and entry summary sheet to the **Meet Entry Coordinator: Arianna Arazi, 25 Forestbrook Drive, Ballston Lake, NY 12019.**

Entries will be entered to the meet upon receipt of your check.

Photographers:

Any photographer or videographer, who intends to take pictures at an Adirondack Swimming sanctioned meet, must complete and submit a Photographer Registration Form to the Meet Director before commencing activity. Forms are available on the Adirondack Swimming website as well as from the Meet Director. [Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Awards:

Individual events ribbons will be awarded 1st through 8th place finishers. Relay events ribbons will be awarded to 1st through 3rd place teams.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact the Meet Director or Meet Referee

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WARM UP BEGINS AT 8:30 AM – MEET STARTS AT 9:30 AM

GIRLS	CUT-OFF TIME	EVENT DESCRIPTION	CUT-OFF TIME	BOYS
1		8 & Under 100 Freestyle		2
3		10 & Under 100 IM		4
5	1:25.29	11 & Over 100 IM	1:23.69	6
7		8 & Under 25 Butterfly		8
9		9 – 10 50 Butterfly		10
11	37.79	11 & Over 50 Butterfly	38.19	12
13		8 & Under 25 Backstroke		14
15		9 – 10 50 Backstroke		16
17	39.59	11 & Over 50 Backstroke	39.49	18
19		8 & Under 25 Breaststroke		20
21		9 – 10 50 Breaststroke		22
23	44.09	11 & Over 50 Breaststroke	44.29	24
25		8 & Under 25 Freestyle		26
27		9 – 10 50 Freestyle		28
29	34.09	11 & Over 50 Freestyle	33.09	30
31		10 & Under 200 Freestyle Relay		32

Entries must have a time **SLOWER** than the cut-off time.

Each Swimmer May Swim A Maximum of 5 Events Per Day Plus 1 Relay

\$4.50 Per Individual Event Per Athlete for ALL Athletes

\$1.00 Per Athlete Surcharge

\$7.00 Per Each Relay

For Manual Entries, Add \$1.00 Per Entry (individual or relay)

Ribbons awarded to 1st through 8th place finishers in individual events

Ribbons awarded to 1st through 3rd place teams in relay events

SCHENECTADY-SARATOGA SWIM CLUB

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TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Individual Entries	_____	X \$4.50 = \$	_____
Number of Swimmers	_____	X \$1.00 = \$	_____
Number of Relays	_____	X \$7.00 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____

Total Amount Due and Enclosed\$_____

ENTRY DEADLINE

TUESDAY, DECEMBER 16, 2014 BY 5:00 PM

MAKE CHECKS PAYABLE TO SCHENECTADY-SARATOGA SWIM CLUB

Email your entries to the Meet Entry Coordinator

**This form Must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

Arianna Arazi, 25 Forestbrook Drive, Ballston Lake, NY 12019
entries@schenectadyswimclub.org Ph: 512-658-7729

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY**