## IM X-tremely Spooked Meet, October 25, 2014 Change Notification

# The following changes have been made to the Session Start times

Session 1:

- NO CHANGE.
- Warmups start at 7:30AM
- Session 1 starts at 8:00AM

#### Session 2:

- NO CHANGE
- Warmups start at 10:30 AM
- Session 2 starts at 11:00 AM
- Positive Check is required for the 500 yard freestyle by 10:15 AM
- Reminder: All Swimmers swimming the 500 yard freestyle must provide their own lap counters and timers

#### Session 3:

- Warmups will start immediately following the end of Session 2.
- Session 3 will start 30 minutes following end of session 2, but not earlier than 1:30 PM
- Positive Check in is required for the 400 IM by 12:45 PM
- Reminder: All Swimmers swimming the 400 IM must provide their own timers.

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### FINDING DUANESBURG AREA COMMUNITY CENTER...

## Please notify all of your coaches, swimmers, and parents of these changes. We apologize for any inconvenience these changes may cause.

Jenn Nelson Meet Manager, Duanesburg Electric Eels