

SHARKS 12 & UNDER MINI MEET

December 19, 2015 – Union College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD16-008
JoAnn Faucett, General Chairman
It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: SCHENECTADY-SARATOGA SWIM CLUB

Place: Union College, Alumni Gym, Schenectady, NY
Short Course 25 Yard Pool, 8 lanes, continuous warm-up pool. Colorado Automatic Timing and Beeper
The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 4'0" and Five (5) Meters 4'3" from Start End of Pool.
Depth of Pool at One (1) Meter 7'0" and Five (5) Meters 6'9" from Turn End of Pool.

Time: Saturday, December 19, 2015

	Warm-Up Start Time	Meet Start Time
Session 1 – 10 & Under	10:00 AM	10:45 AM
Session 2 – 11-12	2:15 PM	2:45 PM

Session durations for both sessions will be approximately 3 hours. Specific warm-up instructions will be posted to the AD Web site after all entries have been received.

Meet Directors: Kara Haraden, 518-365-6516, hondamen@aol.com AND
Sara Gregory, 518-256-5556, saradgregory@hotmail.com
Meet Referee: Sean Caron, 518-698-5434, scaron@nycap.rr.com
Meet Entry Coordinator: Arianna Arazi, 512-658-7729, entries@schenectadyswimclub.org

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **DECEMBER 19, 2015**.
Rules from the current USA Swimming Technical and Administrative Rules will be in effect.
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.
Team entries must be received by the Meet Entry Coordinator by **MONDAY, DECEMBER 7, 5:00pm**
Please be certain you receive a reply confirming receipt of your entries; follow up if you do NOT receive a reply.

Session 1 swimmers (10 & Under) may enter a maximum of 4 individual events plus 1 relay.

Session 2 swimmers (11-12) may enter a maximum of 5 events plus 1 relay.

Entries will be accepted on a first come first served basis. Once a session is full, no additional entries will be accepted for that session. The host team reserves the right to enter its swimmers at any time. If the meet is oversubscribed or undersubscribed, in an effort to keep session duration at approximately 3 hours, Events may have to be cut, and Meet and/or Session Start Times may be rescheduled. A decision regarding any changes will be made by the Meet Director AND the Meet Referee and will be made in consideration of the swimmers' best interest. **Attending teams will be notified of any changes and/or cuts, and these will also be posted on the AD Web site.** Any fees paid for cut entries will be refunded. If you have any questions or need any help please contact the meet entry coordinator Arianna Arazi at entries@schenectadyswimclub.org or 512-658-7729.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

ALL Swimmers MUST be USA Swimming Registered, as provided in Article 302, at the time their entries are submitted.
Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration.
Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))
Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org
Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

Swimming Events:

The meet will be pre-seeded and all events will be timed finals.

Starts will be Flyover Starts; please inform your swimmers prior to the meet.

8 & Under swimmers are to line up in the bull pen area for 25 yard events only.

Session 1 relays will be 10 & Under.

If necessary, to allow for sufficient rest, 5-minute breaks between events may be added into Session 2.

Relays:

Session 1 relays will be 10 & Under.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries. Lane assignments will be posted on the AD Web site.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members.

Services:

Food will be on sale throughout the meet. A meet program, covering both sessions, will be available for purchase. A swimming equipment vendor will be selling equipment during the meet. Smoking is NOT permitted in the building. Glass containers of any kind are strictly prohibited in the pool area. **DO NOT pack any glass containers when going to any pool.**

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$4.50 per individual event, which includes the \$.50 AD travel fund surcharge, \$7.00 per relay, which includes the \$1.00 AD travel fund surcharge and a \$1 per swimmer surcharge

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **SCHENECTADY-SARATOGA SWIM CLUB** and mail your check and entry summary sheet to the **Meet Entry Coordinator**. Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Individual event ribbons will be awarded to 1st through 8th place finishers. Relay event ribbons will be awarded to 1st through 3rd place teams.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact the Meet Director or Meet Referee

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Session 1 – 10 & Under

WARM-UPS 10:00AM SESSION BEGINS 10:45AM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
1	8 & Under 50 Freestyle	2
3	9-10 50 Freestyle	4
5	8 & Under 25 Butterfly	6
7	9-10 Butterfly	8
9	8 & Under 25 Backstroke	10
11	9-10 50 Backstroke	12
13	8 & Under 25 Breaststroke	14
15	9-10 50 Breaststroke	16
17	8 & Under 25 Freestyle	18
19	9-10 100 IM	20
21	8 & Under 100 IM	22
23	10 & Under 200 Freestyle Relay	24

Session 1 swimmers (10 & Under) may swim a maximum of **4 individual events plus 1 relay**.

Session 2 – 11-12

WARM-UPS 2:15PM SESSION BEGINS 2:45PM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
25	11-12 100 Freestyle	26
27	11-12 50 Butterfly	28
29	11-12 50 Backstroke	30
31	11-12 50 Breaststroke	32
33	11-12 50 Freestyle	34
35	11-12 100 IM	36
37	11-12 200 Freestyle Relay	38

Session 2 swimmers (11-12) may swim a maximum of **5 individual events plus 1 relay**.

\$4.50 Per Individual Event Per Athlete for ALL Athletes
\$1.00 Per Athlete Surcharge
\$7.00 Per Each Relay
For Manual Entries, Add \$1.00 Per Entry (individual or relay)

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TEAM NAME _____

CONTACT PERSON _____

PHONE NUMBER _____

E-Mail ADDRESS _____

Number of Individual Entries _____ X \$4.50 = \$ _____

Number of Swimmers _____ X \$1.00 = \$ _____

Number of Relays _____ X \$7.00 = \$ _____

Number of Manual (non-electronic) Entries _____ X \$1.00 = \$ _____

Total Amount Due and Enclosed\$ _____

ENTRY DEADLINE:

Monday, December 7, 2015 at 5:00PM

MAKE CHECKS PAYABLE TO SCHENECTADY-SARATOGA SWIM CLUB

Email your entries to the Meet Entry Coordinator

**This form Must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

Arianna Arazi
25 Forestbrook Drive
Ballston Lake NY 12019

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY.
SCHENECTADY-SARATOGA SWIM CLUB assumes no
responsibility for late entries**