

SCHENECTADY-SARATOGA SWIM CLUB

2016 SHARKS SUMMER INVITE

COLGATE UNIVERSITY, HAMILTON NY – JULY 1 – 3, 2016

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD16-028
 JoAnn Faucett, General Chairman
 It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Schenectady-Saratoga Swim Club

Place: Lineberry Natatorium Colgate University, Hamilton, NY
 6 Lane, 50 Meter indoor pool with retractable roof, Warm-up pool.
 Colorado Timing System
 Water depths Start: 1m-6.5ft 5m-6.5ft... Turn: 1m-4ft 5m-4.33ft
 The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA-S

Pool Depths: 6'6" at one (1) meter and 6'6" at five (5) meters from start end of pool.
 4'0" at one (1) meter and 4'4" at five (5) meters from turn end of pool.

Time:

	Positive Check-in / Scratch Deadline	Warm-Up	Session Start Time
Session 1: Friday PM — Open	Start of Warm-Up, 4:00 P.M.	4:00 p.m.	4:45 p.m.
Session 2: Saturday AM – 12 & Under	For Events 1-2 only, Friday 7/1/16 by 5:30	8:30 a.m.	9:15 a.m.
Session 3: Saturday PM – 13 & Over	N/A	12:45 p.m.	1:45 p.m.
Session 4: Sunday AM – 12 & Under	N/A	7:30 a.m.	8:15 a.m.
Session 5: Sunday PM – 13 & Over	Positive check-in for 400's is due by end of Session 3 - Saturday PM	First Warm-Up 10:45 p.m. Second Warm-Up Following 400's at approx. 12 noon	400's start at 11:20 a.m. Session resumes following second warm up at approx. 12:30 p.m.

NOTE: Session and warm-up start times are subject to change based on meet subscription and/or pool availability. Teams will be notified of any changes and a change notice will be posted on the meets page of the Adirondack Web site.

Meet Director: Kara Haraden – 518-365-6516 – hondamen@aol.com
Meet Referee: Sean Caron – 518-698-5434 – scaron@nycap.rr.com
Meet Entry Coordinator: Arianna Arazi – 512-658-7729 – entries@schenectadyswimclub.org

Entry Rules:

This meet is limited to swimmers from Schenectady-Saratoga Swim Club (SCHE-AD), Crimson Aquatics (CRIM-NE), Duaneburg Electric Eels (EELS-AD), Adirondack Bluefins (BFIN-AD), Lake Champlain Waves (WAVE-AD), Fairport Area Swim Team (FAST-NI), Victor Swim Club (VICT-NI), Clarence Swim Club (CLSC-NI), Green Mountain Aquatics (GMA-NE) and other teams or swimmers invited by the host.

The eligibility of a swimmer will be determined by his or her age on **July 1, 2016**.

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.

Team entries must be received by the Meet Entry Coordinator by **Monday, June 20, 2016, 7 p.m.**

Teams must e-mail their entries to entries@schenectadyswimclub.org. Please follow-up if your entries are not acknowledged within 48 hours.

Swimmers may enter and swim one (1) event on Friday, and up to 3 individual events plus one (1) relay on Saturday and Sunday. All entries must be submitted with LC meter seed times.

In the event of meet oversubscription, the meet director will work with the meet referee and in cooperation of coaches from the invited teams to determine a resolution in the best interest of the swimmers. All teams will be notified if any cuts occur due to oversubscription, and entry fees for any cut events will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

Swimming Events:

Session 1 – The Open Mixed 1500 Freestyle will be seeded boys and girls combined based on entry times. Heats will be in order of slowest to fastest. 1500 Freestyle may be swum 2 swimmers per lane, if necessary, in which case manual times will be used. Entries for this session may be limited by time constraints; teams will be notified if entry cuts are necessary. Fees for all cut entries will be refunded.

The 200 and 400 Freestyle – Heats for the 400 Freestyle will be in order of slowest to fastest. The 200 and 400 Freestyle events may be swum 2 swimmers per lane, if necessary, in which case manual times will be used.

Session 5 – There will be a 30-minute break following Event 101 (Mixed 13 & Over 400 Freestyle). Pool will be available for second warm-up.

Time Trials:

Time trials for National-level meets may be offered at the conclusion of Session 1 (Friday P.M.session); time trials of 800 Freestyle may be limited to one heat.

Additional time trials may be offered at the conclusion of Session 2 (Saturday AM session), at the discretion of the meet director and meet referee.

Time trial sessions may be limited in duration depending on pool availability and other constraints.

The time trial fee is \$10 per event per swimmer.

USA Swimming Registration:

ALL Swimmers MUST be USA Swimming Registered, as provided in Article 302, at the time their entries are submitted.

Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

Scratches / Positive Check-In:

Coaches will be responsible for turning in scratch sheets by the deadlines specified in the schedule below:

Session	Scratch Deadline
Session 1 – Friday PM – Open	Scratch sheets due by start of warm-up, Friday 7/1/16 4:00 P.M. <i>Scratches can be sent by e-mail to entries@schenectadyswimclub.org, or submitted by phone/text to 512-658-7729</i>
Session 2 – 12&Under 400 Freestyle	Scratch sheets due by Friday 7/1/16 by 5:30 P.M.
Sessions 5 – 13&Over 400 Freestyle	Scratch sheets due by Saturday 7/2/16, end of Session 3 <i>Scratches can be sent by e-mail to entries@schenectadyswimclub.org, or submitted by phone/text to 512-658-7729 by Saturday at 4:00 p.m.</i>

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries. A timers' schedule will be posted on the Meets page of the Adirondack Swimming Web site.

Swimmers must provide their own timers for the 1500 Freestyle, 13&Over 400 Freestyle, and all Time Trial events. Session timers will time for the 12&Under 400 Freestyle.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.
Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.
No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.
All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.
If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250. Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.
Each team is responsible for supervising its members.

Services:

Food will be on sale throughout the meet.
Heat sheets will be available for purchase for Sessions 2-5. Heat sheets for Session 1 will be available and posted at a number of locations around the pool.
A swimming equipment vendor will be on site during on Sunday 7/3.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$6.00 per individual event, which includes the \$.50 AD travel fund surcharge, \$8.50 per relay, which includes the \$1.00 AD travel fund surcharge, and a \$1 per swimmer surcharge
ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **Schenectady-Saratoga Swim Club** and mail your check and entry summary sheet to the **Meet Entry Coordinator: Arianna Arazi, 25 Forestbrook Drive, Ballston Lake, NY 12019.**
Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.
[Click here for a direct link to the registration form.](#)
Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.
Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards and Scoring:

This meet will not be scored and no awards will be given.

Officials:

There will be an officials' meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in officials' room before the start of officials meeting.

Hotel Accommodations:

Colgate University will have on-campus housing available for the teams. Information will be forwarded to invited teams.

If you have any questions please call:

Kara Haraden 518-365-6516 or hondamen@aol.com

Jerry Adams 518-755-3271 or jerry@schenecladyswimclub.org

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COLGATE UNIVERSITY, HAMILTON NY – JULY 1 – 3, 2016

Session 1 – Friday, July 1, 2016		
WARM-UPS 4:00 P.M.... SESSION BEGINS 4:45 P.M.		
Positive Check-in by start of warm-up, 4:00 P.M.		
100	Mixed Open	1500 Freestyle <small>May be swum 2 swimmers per lane</small>
<i>Swimmers must provide their own timer in this session.</i>		

Session 2 – Saturday, July 2, 2016			
WARM-UPS 8:30 AM ... SESSION BEGINS 9:15 AM			
Scratches for 400 Freestyle due by Friday 5:30 P.M.			
GIRLS	AGE GROUP	EVENT	BOYS
1	12 & Under	400 Freestyle <small>May be swum 2 swimmers per lane</small>	2
3	12 & Under	50 Backstroke	4
5	12 & Under	100 Butterfly	6
7	12 & Under	50 Breaststroke	8
9	12 & Under	200 Backstroke	10
11	12 & Under	100 Freestyle	12
13	12 & Under	200 Breaststroke	14
15	12 & Under	200 Freestyle Relay	16

Session 3 – Saturday, July 2, 2016			
WARM-UPS 12:45 AM ... SESSION BEGINS 1:45 P.M.			
GIRLS	AGE GROUP	EVENT	BOYS
17	13 & Over	200 Freestyle	18
19	13 & Over	100 Breaststroke	20
21	13 & Over	100 Backstroke	22
23	13 & Over	200 Butterfly	24
25	13 & Over	50 Freestyle	26
27	13 & Over	200 Freestyle Relay	28

Swimmers in Session 2 may enter a maximum of 4 events per day, plus 1 relay
Swimmers in Session 3 may enter a maximum of 3 events per day, plus 1 relay
 \$6.25 Per Individual Event Per Athlete for ALL Athletes in Sessions 1
 \$6.00 Per Individual Event Per Athlete for ALL Athletes in Sessions 2-3
 \$1.00 Per Swimmer Surcharge
 \$8.50 Per Each Relay
 For Manual Entries, Add \$1.00 Per Entry (individual or relay)

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Session 4 – Sunday, July 3, 2016			
WARM-UPS 7:30 AM ... SESSION BEGINS 8:15 AM			
GIRLS	AGE GROUP	EVENT	BOYS
29	12 & Under	200 Freestyle <small>May be swum 2 swimmers per lane</small>	30
31	12 & Under	100 Backstroke	32
33	12 & Under	200 Butterfly	34
35	12 & Under	50 Freestyle	36
37	12 & Under	100 Breaststroke	38
39	12 & Under	50 Butterfly	40
41	12 & Under	200 IM	42
43	12 & Under	200 Medley Relay	44

Session 5 – Sunday, July 3, 2016			
WARM-UPS 11:15 AM ... SESSION BEGINS 12:00 Noon			
Scratches for Event 101 (400 Freestyle) due by end of Session 3 Saturday P.M. Session			
GIRLS	AGE GROUP	EVENT	BOYS
101	Mixed 13&Over	400 Freestyle <small>May be swum 2 swimmers per lane</small>	
30-Minute Break / 2nd Warm-Up			
45	13 & Over	200 Backstroke	46
47	13 & Over	200 Breaststroke	48
49	13 & Over	100 Butterfly	50
51	13 & Over	100 Freestyle	52
53	13 & Over	200 IM	54
55	13 & Over	200 Medley Relay	56

Swimmers in Session 4 may enter a maximum of 4 events per day, plus 1 relay
 Swimmers in Session 5 may enter a maximum of 3 events per day, plus 1 relay
 \$6.00 Per Individual Event Per Athlete for ALL Athletes
 \$1.00 Per Swimmer Surcharge+
 \$8.50 Per Each Relay
 For Manual Entries, Add \$1.00 Per Entry (individual or relay)

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ENTRY FEE CALCULATION SHEET

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Individual Entries for Session 1	_____	X \$6.25 = \$	_____
Number of Individual Entries for Sessions 2-5	_____	X \$6.00 = \$	_____
Number of Swimmers	_____	X \$1.00 = \$	_____
Number of Relays	_____	X \$8.50 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____

Total Entry Fee Due\$_____

Total Amount Due and Enclosed\$_____

ENTRY DEADLINE: JUNE 20, 2016 by 7 p.m.

MAKE CHECKS PAYABLE TO Schenectady-Saratoga Swim Club

Email your entries to the Meet Entry Coordinator

**This form Must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

Arianna Arazi
25 Forestbrook Drive
Ballston Lake, NY 12019

**Entries will be posted to the meet program upon
RECEIPT OF CHECK ONLY**

**Schenectady-Saratoga Swim Club assumes no responsibility
for meet close-out due to late entries**