

Starfish Fall Splash and Dash

November 6, 2016 R-C-S Aquatic Center

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction #AD17-007
JoAnn Faucett, General Chair.
It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Starfish Swim Club

Place: Ravena High School, (2025 US RT 9W), Ravena, NY, (12143), Short Course, 25 Yard Pool, 6 Lanes, Daktronics Automatic timing System, starting system and scoreboard system.

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 13'0" and Five (5) Meters 13'0" from Start End of Pool.
Depth of Pool at One (1) Meter 4'4" and Five (5) Meters 4'8" from Turn End of Pool.

Time: Session 1: WarmUp: 8:00 AM, Meet Start: 9:00 AM

Meet Directors: Josh Wolin & Dan Tanski (Coachjosh@albanystarfish.org and Coachdan@albanystarfish.org)
Meet Referee: Jill DeMaria
Meet Entry Coordinator: Josh Wolin

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **November 6, 2016**
Rules from the current USA Swimming Technical and Administrative Rules will be in effect.
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.
Team entries must be received by the Meet Entry Coordinator by **October 24, 2016**
Entry Limit: 3 Individual Entries and 2 Relays or 4 Individual Entries and 1 Relay, with a meet limit of 5 total Entries.

In the event the meet is oversubscribed, the Meet Director may cut Relays in order to achieve the desired timeline. If after removing relays, the meet is still oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind.

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

ALL Swimmers MUST be USA Swimming Registered, as provided in Article 302, at the time their entries are submitted.
Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration.
Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))
Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org
Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

Swimming Events:

All events will be pre-seeded and swum as timed finals. All age groups need to obtain their heat and lane assignment from the heat sheets behind the starting blocks in the pool area. All 25Y events will be swum from the bulkhead to the touchpad.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.
Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.
Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.
All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.
If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.
Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.
Each team is responsible for supervising its members.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).
Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.
If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.
DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$4.50 per individual event, which includes the \$.50 AD travel fund surcharge, and a \$1 per swimmer surcharge

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to "**Starfish Swim Club**" and mail your check and entry summary sheet to the **Meet Entry Coordinator**.
Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Heat Winner Awards will be given.

Scoring:

This meet will not be scored.

Services:

There will be a small concession stand available during the meet.

Officials:

There will be an official's meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact the Meet Director or Meet Referee.

Starfish Splash and Dash
November 6, 2016, Niskayuna High School
SESSION 1

WARM-UPS 8:00 AM, SESSION BEGINS 9:00 AM

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
1	12 & Under 200 Freestyle	2
3	8 & Under 25 Yard Freestyle	4
5	9-10 50 Yard Freestyle	6
7	11-12 50 Yard Freestyle	8
9	10 & Under 50 Yard Breaststroke	10
11	12 & Under 100 Yard Breaststroke	12
13	8 & Under 25 Yard Backstroke	14
15	9-10 50 Yard Backstroke	16
17	11-12 50 Yard Backstroke	18
19	10 & Under 50 Yard Butterfly	20
21	12 & Under 100 Yard Butterfly	22
23	12 & Under 100 Yard Freestyle	24
25	8 & Under 25 Yard Breaststroke	26
27	11-12 50 Yard Breaststroke	28
29	12 & Under 100 Yard Backstroke	30
31	8 & Under 25 Yard Butterfly	32
33	9-10 50 Yard Butterfly	34
35	11-12 50 Yard Butterfly	36
37	10 & Under 100 Yard IM	38
39	12 & Under 100 Yard IM	40
41	10 & Under 200 IM	42
43	12 & Under 200 IM	44
45	8 & Under 100 Freestyle Relay	46
47	10 & Under 200 Freestyle Relay	48
49	12 & Under 200 Freestyle Relay	50
51	12 & Under 500 Yard Freestyle	52

**Each Swimmer May Swim A Maximum of 3 Individual Events and 2 Relays
or 4 Individual Events and 1 Relay Per Day**

with a total entry combination of no more than 5 Entries

\$4.50 Per Individual Event Per Athlete for ALL Athletes

\$1.00 Per Athlete Surcharge

\$7.00 Per Relay Team Entry

For Manual Entries, Add \$1.00 Per Entry (individual or relay)

Starfish Swim Club
ENTRY FEE CALCULATION SHEET
2016 Starfish Splash and Dash
Starfish Swim Club, R-C-S Aquatic Center

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Individual Entries	_____	X \$4.50 = \$	_____
Number of Swimmers	_____	X \$1.00 = \$	_____
Number of Relay Entries	_____	X \$7.00 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____
Total Amount Due and Enclosed			\$ _____

ENTRY DEADLINE.. October 24, 2016

MAKE CHECKS PAYABLE TO "Starfish Swim Club"

Email your entries to the Meet Entry Coordinator

**This form must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

Joshua Wolin, coachjosh@albanystarfish.org

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY
Starfish Swim Club assumes no responsibility
for meet close-out due to late entries**