2016 Pilgrims Pride Swim Meet Saturday, November 12, 2016

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD17-003

JoAnn Faucett, General Chairman

Host: Adirondack Bluefins

Place: RPI Robison Pool, Troy, NY

Short Course 25 Yard Pool, 8 lanes

Colorado Automatic Timing and Beeper System

RPI Pool Depths - Start End 1 meter-4'0", 5 meters-4'10" ... Turn End 1 meter-6'10", 5 meters-6'7"

The competition course has not been certified in accordance with 104.2.2C(4).

Time: Warm-ups (Boys-Girls Combined) Meet Start

Session 1 – Saturday AM 7:00 AM 8:00 am Session 2 – Saturday PM 12:30 PM 1:30 pm

Meet Director:Caitlyn JoyceJoyceca7554@gmail.comMeet Referee:JoAnn Faucettfaucettjm@aol.comMeet Entry Coordinator:Caitlyn JoyceJoyceca7554@gmail.com

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on November 12, 2016.

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Swimmers may enter up to four (4) individual events plus 1 relay

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the Meet Entry Coordinator

Team entries must be received by **November 4, 2016**

Entries received after this deadline will be accepted only at the discretion of the meet directors.

All entries will be confirmed by email to the team contact and/or the person emailing the entries.

Please contact Margaret Schmidt if you do not receive confirmation by November 6, 2016.

Entries per session will be limited by the 4-hour session rule.

In the event the meet is oversubscribed, the meet director and meet referee will work together to determine the solution,

in the best interest of the swimmers.

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal quardian to ensure compliance with this requirement

USA Swimming Registration:

ALL Swimmers MUST be USA Swimming Registered, as provided in Article 302, at the time their entries are submitted. Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. (Click Here for More Information)
Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org
Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

Swimming Events:

The entire meet will be pre-seeded. All events will be swum as timed finals. All age groups need to obtain their heat and lane assignments from the heat sheets posted throughout the pool area.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

- 1. Deck Entries are NOT Allowed during Championship Meets
- 2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).

Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass. If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached)

at an LSC fee of \$60.00 plus the current USA Swimming Registration fee. DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

- 3. Coach makes the request for the entry.
- 4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
- 5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck. If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director. Click here for a direct link to the registration form.

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Services:

There will be a large selection of food items available for all sessions.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$4.50 per individual event (these include the \$.50 travel fund surcharge), and \$7.00 per relay (including the \$1.00 travel fund surcharge). There is also a \$1 per swimmer surcharge. ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO

A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to Adirondack Bluefins and mail your check to

Caitlyn Joyce ... 2100 Grand Blvd ... Niskayuna, NY 12309

Awards:

For individual events Ribbons will be awarded for 1st - 8th place. For relays, ribbons will be awarded to the 1st - 3rd place teams. Heat ribbons will be awarded for all 8 & Under, 9-10 & 11-12 Age Groups.

Officials:

There will be an official's meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact the Meet Director or Meet Referee

2016 Pilgrims Pride Swim Meet Saturday, November 12, 2016

Robison Pool at RPI, Troy, NY

Morning Session WARM-UPS 7:00 AM ... SESSION BEGINS 8:00AM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
1	13 & Over	100 Backstroke	2
3	8 & U	50 Backstroke	4
5	13 & Over	100 Fly	6
7	8&U	50 Fly	8
9	13 & Over	200 IM	10
11	8&U	100 IM	12
13	13 & Over	100 Breaststroke	14
15	8&U	50 Breaststroke	16
17	13 & Over	100 Free	18
19	8&U	50 Free	20
21	13 & Over	200 Freestyle Relay	22
23	8&U	100 Freestyle Relay	24

Afternoon Session WARM-UPS 12:30 PM ... SESSION BEGINS 1:30 PM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
25	11-12	50 Backstroke	26
27	9-10	50 Backstroke	28
29	11-12	50 Fly	30
31	9-10	50 Fly	32
33	11-12	100 IM	34
35	9-10	100 IM	36
37	11-12	50 Breaststroke	38
39	9-10	50 Breaststroke	40
41	11-12	50 Free	42
43	9-10	50 Free	44
45	11-12	200 Free Relay	46
47	9-10	200 Free Relay	48

Adirondack Bluefins

ENTRY FEE CALCULATION SHEET

2016 Pilgrims Pride Swim Meet, Robison Pool at RPI, Troy, NY, November 12, 2016

TEAM NAME CONTACT PERSON		
PHONE NUMBER		
E-Mail ADDRESS		
Number of Individual Entries	X \$4.50 =	\$
Number of Swimmers	X \$1.00 =	
Number of Relays	X \$7.00 =	\$
Number of Manual Entries	X \$1.00 =	\$
Total Amount Due and Enclo	sed	\$

MAKE CHECKS PAYABLE TO "Adirondack Bluefins"
This form must be returned with Check and Entry Report

Entries will be posted to the meet program upon RECEIPT OF CHECK ONLY.

"Adirondack Bluefins" assumes no responsibility for meet close-out due to late entries.

ENTRY DEADLINE.. "November 4, 2016"

Mail Entries and Check to:

Caitlyn Joyce 2100 Grand Blvd. Niskayuna, NY 12309

*Entries must be sent E-mail to the Meet Entry Coordinator

*This form and Your Team Check Must be received to have entries added to the meet.